BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

13-19 SEPTEMBER 2025

TV & Satellite Week

NEW

Coldwater

Andrew Lincoln stars in the creepiest thriller of the year

England/ Wales issue 37/526

LIVE

WORLD ATHLETICS

Keely's going for gold

NEW

BLACK RABBIT

Jason Bateman and **Jude Law** are on the run from gangsters

HotList This week's 28

Saturday 13

World Athletics Championships

***ATHLETICS** BBC1, BBC2 & TNT Sports 3*

Coverage from Tokyo, where Dina Asher-Smith (above) is set to take part in the 100m heats. *See Sport Week, page 28*

• ***Daily highlights at 7pm on BBC3***

Premier League

***FOOTBALL** TNT Sports 1, Sky Sports Main Event & Sky Sports Premier League*

Top-flight action is back with live coverage of Arsenal v Nottingham Forest (kick-off 12.30pm), West Ham v Spurs (5.30pm) and Brentford v Chelsea (8pm).

Die Alone

***HORROR** Sky Premiere, 6.25pm & 1.40am*

This drama sees Douglas Smith as a man searching for his girlfriend after a virus outbreak leaves humans as zombies – trouble is, he has amnesia. Carrie-Anne Moss (above) co-stars. *See review, page 23*

Lost in the Jungle

***FACTUAL** National Geographic, 10pm*

The incredible survival story of four siblings, aged 13, nine, five and 11 months, after the small plane they were on crashed in the Colombian rainforest. With contributions from the survivors themselves.

■ Full listings start on **p35**

Sunday 14

Premier League

***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League*

Liverpool travel to Premier League new boys Burnley (kick-off 2pm), before the Manchester derby between City and United at the Etihad Stadium (4.30pm).

Rob and Rylan's Passage to India

***FACTUAL** BBC2, 9pm (box set, BBC iPlayer)*

Following their BAFTA-winning series *Grand Tour*, Rylan Clark and Rob Rinder (both above) explore the wonders of India. *See Documentaries, page 21*

Coldwater

***DRAMA** ITV1, 9pm (box set, ITVX)*

Andrew Lincoln (above, right) stars in this dark thriller as a man who moves to a Scottish village, where he is befriended by his new neighbour (Ewen Bremner)... Continues tomorrow. *See feature, page 4*

Y Golau: Dŵr

***DRAMA** S4C, 9pm (box set, BBC iPlayer)*

The past is raked up when doubts are raised about the conviction of a murderer in the second series of the Welsh-language thriller, starring Mark Lewis-Jones (above, right). *See feature, page 7*

■ Full listings start on **p45**

Monday 15

Wild Cards

***CRIME DRAMA** Paramount+*

As Season 2 starts, back-on-the-force cop Ellis is still coming to terms with con woman Max's betrayal, but how will he react when she tells him she has information about his brother's death?

Twiggy

***FACTUAL** BBC2, 9pm*

Looking at the life and career of Twiggy (above), the model who became one of the most famous faces of the Swinging Sixties. Contributors include Sir Paul McCartney and Dame Joanna Lumley.

Kevin Costner's The West

***DOCUMENTARY** Sky History, 9pm*

The actor (above) delves into the history of the Wild West, which has been the basis of much of his life's work, including *Dances with Wolves* and the more recent *Yellowstone*. *See Documentaries, p20*

Trying

***COMEDY** BBC1, 10.40pm & 11.05pm (times vary)*

A comedy series following couple Nikki (Esther Smith) and Jason (Rafe Spall) as they decide to adopt a baby.

• ***Previously on Apple TV+ in 2020***

■ Full listings start on **p55**

Tuesday 16

Champions League

***FOOTBALL** TNT Sports 1 & Prime Video, kick-offs 5.45pm & 8pm*

The league phase begins with games including Athletic Bilbao v Arsenal (k-o 5.45pm, TNT Sports 1), and Spurs taking on Villarreal (8pm, Prime Video).

Michael Portillo's 200 Years of the Railways

***DOCUMENTARY** BBC2, 8pm (box set, BBC iPlayer)*

In a new series, Portillo (above) takes us on a journey back in time to learn how the railways have shaped the world.

Michael Palin in Venezuela

***TRAVELOGUE** 5, 9pm*

The presenter (above) journeys to what some call the most dangerous country in South America, starting in the capital city of Caracas. *See feature, page 8*

The Sky Arts Awards

***AWARDS** Sky Arts & Sky Showcase, 9pm*

Bill Bailey (above) presents the annual awards show from London's Roundhouse, which honours outstanding achievement across the arts, from classical music to literature and theatre. *See feature, p11*

■ Full listings start on **p65**

HOW TO ORDER AND ACCESS BACK ISSUES: IF YOU ARE AN ACTIVE SUBSCRIBER, YOU HAVE INSTANT ACCESS TO BACK ISSUES THROUGH YOUR iOS OR ANDROID DEVICES. YOU WILL ONLY BE ABLE TO ACCESS THE DIGITAL BACK ISSUES AS LONG AS YOU ARE AN ACTIVE SUBSCRIBER. TO PURCHASE SINGLE BACK ISSUES (PRINT FORMAT ONLY), VISIT: MAGAZINESDIRECT.COM (CLICK ON 'SINGLE ISSUES' TAB), OR EMAIL: HELP@MAGAZINESDIRECT.COM. MAGAZINESDIRECT.COM IS OWNED AND OPERATED BY FUTURE PUBLISHING LIMITED

Facebook.com/TVSatelliteWeekMagazine

best shows

NEW SUBSCRIPTION OFFER
GET SIX ISSUES FOR £1!
Visit tvsatsubs.co.uk/D67K

Wednesday 17

Gen V

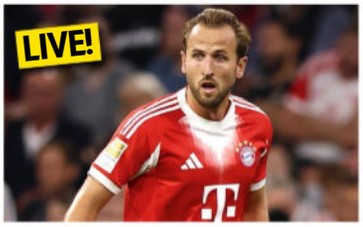
***SUPERHERO DRAMA** Prime Video*

The Boys spin-off returns, with Marie (Jaz Sinclair, above centre) and co returning to Godolkin to continue their training, while humans are on the brink of war with the Supes. *See Your Watchlist, page 14*

The Morning Show

***DRAMA** Apple TV+*

Reese Witherspoon (above) and Jennifer Aniston are back in the fourth series of the drama, which picks up the events at the network two years on from the UBA-NBN merger. *See Your Watchlist, p17*



Champions League

***FOOTBALL** TNT Sports, kick-offs 8pm*

Chelsea face Harry Kane (above) and Bayern Munich, and Liverpool host Atlético Madrid. Meanwhile, defending champions Paris Saint-Germain welcome Atalanta to the Parc des Princes.

Doc

***DRAMA** Sky Witness, 9pm*

After a brain injury erases the last eight years from Dr Amy Larsen's (Molly Parker, above) memory, both her personal and professional lives look very different in this new medical drama. *See feature, p12*

■ Full listings start on **p75**

Thursday 18

Black Rabbit

***DRAMA** Netflix*

Jude Law plays Jake, the owner of a New York City nightspot, who has to juggle old traumas and new dangers with the return of his brother Vince (Jason Bateman, above with Law). *See feature, page 6*

Champions League

***FOOTBALL** TNT Sport, kick-offs 8pm*

Manchester City start their competition against Napoli – with Kevin De Bruyne (above) no doubt getting a warm welcome. Newcastle take on Barcelona, whose squad includes Marcus Rashford.

Long Lost Family

***FACTUAL** ITV1, 9pm*

Davina McCall and Nicky Campbell (both above) return to help reunite more families, and first up is the heart-warming story of brothers Peter and Trevor who were separated in 1966 as small children.

Juice

***COMEDY** BBC3, 9pm & 9.25pm (box set, BBC iPlayer)*

The comedy written by and starring the BAFTA-winning Mawaan Rizwan (above) returns for a second series, which finds Jamma jobless, sofa-surfing and single.

■ Full listings start on **p85**

Friday 19

Swiped

***DRAMA** Disney+*

Lily James (above) stars in this drama as Whitney Wolfe Herd, the founder of the women-focused dating app Bumble, set up in response to problems with online dating. *See Your Watchlist, page16*

The Reluctant Traveller

***TRAVELOGUE** Apple TV+*

Eugene Levy has ticked off two seasons' worth of must-do experiences, from ice-fishing in Finland to celebrating midsummer in Sweden. What adventures are in store for Series 3?

Wolf Man

***HORROR** Sky Premiere, 12.45pm & 8pm*

Following his 2020 adaptation of *The Invisible Man*, writer-director Leigh Whannell turns his hand to another classic horror story. Julia Garner (above) leads the cast. *See review, page 24*

Fawlty Towers: The Play

***COMEDY** U&Gold, 9pm*

To mark the 50th anniversary of John Cleese and Connie Booth's classic sitcom, here's a chance to see the stage adaptation of the show, starring the West End's original cast. *See feature, page 12*

■ Full listings start on **p95**

13-19 SEPTEMBER 2025

4 Cover story
Andrew Lincoln, Eve Myles, Ewen Bremner and Indira Varma star in ITV1 thriller *Coldwater*

6 TV Week
Jude Law and Jason Bateman in Netflix thriller *Black Rabbit*, Sky's new medical drama *Doc*, travel with *Michael Palin in Venezuela*, plus *Fawlty Towers: The Play*

9 Soap diary
The week's top stories

14 Your Watchlist
Superhero drama *Gen V* and the return of *The Morning Show*

20 Documentaries
Kevin Costner's The West and *Rob and Rylan's Passage to India*

22 Films
Bob Odenkirk returns in action comedy *Nobody 2*

28 Sport
World Athletics Championships

35 TV guide
Day-by-day TV listings

105 Kids' TV, Puzzle

106 Coming Soon

ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: MARK MAINZ/ITV, ALEX TELFER/ITV, GETTY, COURTESY OF NETFLIX. HOTLIST WORDS: LYNETTE BRIGHTON, RACHEL PRICE. HOTLIST PHOTOS: DISNEY, GETTY

DON'T MISS AN ISSUE!
Download a digital issue to your tablet or phone
Available on iPad, iPhone and Android devices
You can also subscribe to the magazine at magazinesdirect.com

Rebecca
Eve Myles
Tommy's wife is the local pastor, and knows more about her husband's sinister ways than she lets on.

Tommy
Ewen Bremner
Tommy is seemingly a pillar of the community and man of faith – but has some horrifying secrets.

DEVIL NEXT

Andrew Lincoln falls under the influence of his menacing new neighbour in a dark and twisty thriller

NEW DRAMA
Coldwater
Sunday & Monday, 9pm, ITV1 (box set, ITVX)

As lawman Rick Grimes in zombie drama *The Walking Dead*, we've been used to seeing Andrew Lincoln as a courageous hero and leader, keeping his friends and family safe from hordes of terrifying walkers.

But it's a very different character we meet as Lincoln makes his long-awaited return to British screens in ITV1's dark and mysterious thriller *Coldwater*.

In the six-part series, he plays repressed and cowardly stay-at-home dad John, who suffers a crisis when he fails to intervene in a violent altercation at a children's playground.

'This is a bit of a palate cleanser from Rick Grimes,' says Lincoln. 'It was a great opportunity to play someone diametrically opposed to a hero and to look at another version of masculinity. But I was quite scared about playing a character that's so unpleasant, weak and emasculated.'

Desperate to escape London and memories of his embarrassing lack of action, John convinces his author wife Fiona (*The Capture*'s Indira Varma) to relocate their young family to the quiet Scottish town of Coldwater, where they hope to make a new start and relight the spark in their failing marriage.

However, they soon find their marital problems have followed them to Scotland in this week's opening two episodes.

John and Fiona with their children

'The show looks at a form of masculinity we don't often see,' says Lincoln, who turns 52 on 14 September. 'John's a middle-aged man who's struggling with his place in the world. He is a man in free fall – he's lost a sense of himself and subsequently he and Fiona are at an impasse. They've lost a sense of who they are as a couple.'

DEEP TROUBLE

John quickly falls under the spell of his new neighbour, Tommy (Ewen Bremner), a seemingly charming man with some dark secrets. However, Fiona is immediately suspicious of her husband's creepy pal.

'Tommy is a very dominant alpha male of the town,' explains

WORDS: SEAN MARLAND. PHOTOS: ITV

Fiona
Indira Varma
John's wife hopes the move to Coldwater can rekindle their marriage, and takes an instant dislike to Tommy.

John
Andrew Lincoln
The stay-at-home father-of-two is easily impressed and influenced by his friendly new neighbour Tommy.

DOOR

Trainspotting star Bremner, 53. 'He likes to mark his territory so he tries to win John's loyalty and adopts him like a younger brother. John has no idea that Tommy sees him as a project – someone to create as a mirror image of himself.'

When John's long-repressed rage comes to a head during a nasty confrontation with a local youth, he's relieved when Tommy steps in to help. But it's not long before John realises he's in the debt of a dangerous individual.

Equally manipulative is Tommy's wife Rebecca (Eve Myles). As the local preacher, she exerts a sinister hold over people in the community. 'Rebecca and Tommy think of themselves as a bit like the Romeo and Juliet of Coldwater,' says *Keeping Faith* and *The Guest* star Myles, 47. 'They're committed to each other and share a very unique connection, but she's one of the most manipulative characters I've ever played. *Coldwater* is a very different road for me. The show is like a Scottish version of *Twin Peaks* or *Fargo*.'

Bremner and Lincoln

After spending over a decade in *The Walking Dead*, this is Lincoln's first role on British television for nearly 15 years.

'There were options to go back to America and do other things, but I couldn't walk away from *Coldwater*,' he explains. 'I loved David Ireland's scripts as soon as I read them. They made me laugh in all the wrong places, squirm with recognition and constantly surprised me with the unpredictability of the characters.

'I knew it was going to be frightening and difficult to thread the needle, but I thought I'd learn something and grow a bit by playing a character like John.'

WHO'S WHO IN *COLDWATER*

Catriona
Lois Chimimba
Catriona works at the local shop and is very much aware of Tommy's manipulative behaviour.

Cameron
Samuel Bottomley
Tommy and Rebecca's son takes against John after a run-in with local yob Angus (Lorn Macdonald).

Moira-Jane
Abigail Lawrie
Tommy and Rebecca's adopted daughter has fallen out with her family and moved to Glasgow.

Jake and Vince on the run

Double jeopardy

NEW FROM NETFLIX

Jude Law and Jason Bateman are New York brothers under threat from gangsters

NEW DRAMA

Black Rabbit

From Thursday 18 Sept, Netflix

Stars Jason Bateman and Jude Law

You're invited to the hottest nightspot in New York City as *Black Rabbit* opens its doors on Netflix. The gritty eight-part drama stars Jude Law and Jason Bateman as two very different brothers who find themselves torn between family loyalty and ambition as they get drawn into the criminal underworld of the city that never sleeps.

The series sees Law play Jake Friedken, the charismatic owner of the Big Apple's coolest restaurant and VIP lounge, Black Rabbit. But when his wayward brother Vince unexpectedly returns to the business he helped set up, old traumas and new dangers threaten to destroy everything they've built…

'It's about two brothers who love each other but don't match – one's a screw-up, the other is much more buttoned-up, or is better at hiding his dysfunction,' says *Ozark* star Bateman, who directs the first two episodes.

'When Jude and I were first talking about our roles, there wasn't a decision yet about who was going to play which part,' he reveals. 'I usually play the character who doesn't make bad decisions, so I thought it would be interesting if I did something different this time. Vince makes a bunch of mistakes and is risky to have around, but he's well meaning. You have empathy for a guy who is trying to make the right decision, but who just can't get out of his own way.'

On the run from gangsters to whom he owes thousands of dollars, a desperate Vince visits Jake, the person he's always relied on, to bail him out. But with Black Rabbit to manage, a new business venture in the pipeline, plus child maintenance and school fees to pay for his young son, Jake is hiding his own struggles. Will he be forced to risk it all?

TAKING STOCK

'Jake and Vince had success in their 20s [flashbacks reveal the brothers were in a band in the 1990s called Black Rabbit] and now we find them in their 50s,' says Law. 'They're tasting success but, in truth, they're running on empty and running on the past. It's about realising, when you evaluate your life, whether you're living your own dream or someone else's.'

Shot entirely in New York, the series stars *Gangs of London*'s Sope Dirisu as Black Rabbit co-owner Wes, *The Responder*'s Amaka Okafor as the nightspot's star chef Roxie, and *Dopesick*'s Cleopatra Coleman as celebrated interior designer Estelle.

> 'It's about two brothers who love each other but don't match'
> JASON BATEMAN

'The only way to ensure an authentic New York atmosphere is to shoot on the streets of the city,' says Law. 'The inspiration for this story came from a couple of restaurants I frequented in New York in the 1990s. I knew the folks who ran them and I loved the idea of recreating the hustle and bustle of them.

'It's a really interesting and honest slice of a certain New York establishment and, therefore, a slice of life of many New Yorkers within that. At the heart, I hope audiences are hooked by the complicated, loving, volatile relationship of these two brothers.'

Estelle (Cleopatra Coleman) and Wes (Sope Dirisu)

Amaka Okafor as Roxie

Eve (Nia Roberts), Caryl (Sian Reese-Williams) and Rhys (Mark Lewis Jones)

KILLER secrets

Mark Lewis Jones is a troubled ex-con as the Welsh-language thriller returns

NEW DRAMA

Y Golau: Dŵr

Sunday, 9pm, S4C (box set, BBC iPlayer)

Anti-reservoir protests

Buried secrets going back decades are blown open in new six-part Welsh thriller *Y Golau: Dŵr*, starring Mark Lewis Jones as Rhys Owen, who was jailed 30 years ago for the murder of his cousin, Llyr.

Now back in his home town of Llanemlyn, Rhys' case comes to the attention of student journalist Caryl Huws (Sian Reese-Williams), who has doubts about his conviction and is convinced the potential miscarriage of justice is connected to the controversial 1995 expansion of a local reservoir – and the secrets it buried.

RAKING OVER THE COALS

'Rhys is incredibly lonely. He spent a long time in prison and doesn't have anyone in his life,' says Jones, 61, who has appeared in *Outlander*, *Gangs of London* and *Baby Reindeer*. 'When he comes back he has no intention of raking up the past, but then he meets Caryl and they form an alliance.

'There's this whole secret that everyone, including him, has buried and it slowly gets revealed, like peeling an onion.'

Meanwhile, simmering tensions in Llanemlyn are reignited following news of another controversial reservoir expansion plan, and it doesn't take long for a web of family betrayal to unravel with dangerous consequences.

SINISTER REVELATIONS

'It's set in an ordinary town with ordinary people going about their everyday lives and yet there's something much darker going on beneath the surface,' says Jones. 'Every character has something they're not disclosing.'

Filmed in Welsh with English subtitles, the drama is a follow-up to last year's *Y Golau* (also broadcast in English as *The Light in the Hall*) and features a brand new cast including *Sherwood*'s Robert Glenister.

'It was wonderful because I walked on set and knew 90% of the people there!' says Jones, who lives in Cardiff.

'I love working away from home, but I also feel very lucky to be able to work in Wales. I'm not sure I'd want to do something where you have to film in Mexico for five months. But I've been acting for 40 years and being on set is still my happy place.'

WORDS: HANNAH DAVIES, VICTORIA WILSON. PHOTOS: NETFLIX, S4C

Viva VENEZUELA!

Sir Michael Palin embarks on a colourful tour of carnivals, waterfalls and stunning rainforest...

NEW TRAVELOGUE

Michael Palin in Venezuela

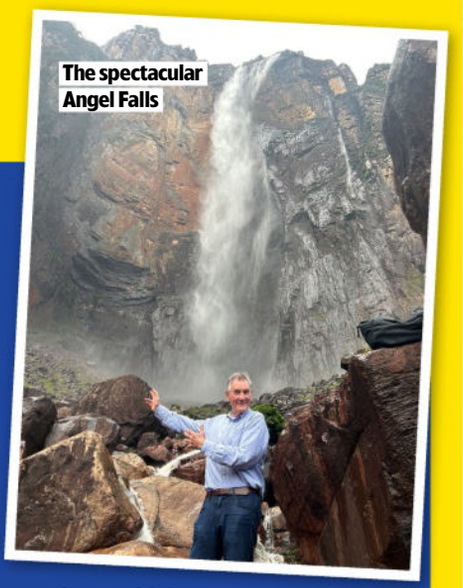
Tuesday, 9pm, 5

With his engaging, easy-going nature and enthusiasm for adventures off the beaten track, Sir Michael Palin has been charming viewers with his globe-trotting travels since the 1980s. Now, the veteran broadcaster is broadening his horizons once again in *Michael Palin in Venezuela*.

The Monty Python star criss-crosses this little-explored part of the world – regarded by many as one of the most dangerous places in South America – and discovers a nation of paradoxes, from breathtaking beauty to extreme poverty.

Here, Palin, 82, shares his fascinating experiences…

WORDS: ELAINE REILLY; JOHNATHON HUGHES. PHOTOS: ALAMY; BBC; 5; ITV


The spectacular Angel Falls

EPISODE ONE
Caracas to Canaima

Landing in Caracas with a sense of trepidation, Palin finds a capital city coming to terms with the controversial re-election of President Nicolás Maduro and witnesses squalid conditions at the infamous Petare slums.

'After the collapse of the Venezuelan economy in the 2010s, millions of people left the country because they couldn't make a living,' he says. 'Petare has a fearsome reputation as the most violent slum in South America.'

He then heads to Canaima's Amazon Rainforest to visit Angel Falls, which plunges more than 800m. 'Being helicoptered to the tallest waterfall in the world was one of the most exciting moments of the entire journey, but I did think, "Maybe I shouldn't be doing this!"'

Palin and the rangers holding the anaconda

EPISODE TWO
Los Roques to Mérida

A 1,000-mile road trip includes a stop to sample rum in Aragua and meet gang members whose lives are being transformed by rugby. But events take a darker turn when the film crew is detained at gunpoint for seven hours in Sabaneta.

'Things got quite heavy when we were stopped from filming by the police,' Palin recalls. 'While we were waiting to hear our fate, the guards found an interview with me and John Cleese and decided I wasn't very funny – until they got on to Monty Python's fish-slapping dance! They finally released us, but I did think we could end up in jail.'

Back on the road, Palin gets to grips with an anaconda, one of the world's largest snakes, before arriving in the Venezuelan Andes. 'Holding an anaconda was surreal. They squeeze their prey to death, so I was glad I had three rangers holding it with me!'

EPISODE THREE
Zulia to Caracas

In the final episode, Palin travels to Zulia state, which borders Colombia. It's on the UK's no-visit 'red list' due to gang warfare, but in fact, his visit is cut short by an invasion of toxic moths.

'We were supposed to visit a fishing village on stilts on Lake Maracaibo, but it was beset by a plague of moths,' says Palin, who finishes his journey by learning why beauty contests are big business, and taking part in carnival season.

'My lasting impression of Venezuela is the size and scale – enormous stretches of forest, towering mountains, the Andes with steep wonderful views,' he reflects. 'In the last 20 years, the country has presented an unwelcoming face to the world, which is completely at odds with the people themselves. It is a beautiful place in every way.'

A carnival procession in Caracas

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Becky spots daughter Betsy

CORONATION STREET

'Dead' Becky eyes a reunion with Betsy...

» **Lisa's life has** been turned upside-down after discovering that cop wife Becky – who she was led to believe was killed in the line of duty four years ago – is still alive. Confronting her dodgy boss, DI Costello, she threatens to speak to the press if he doesn't give her some answers.

Back on the cobbles, meanwhile, Lisa's new partner Carla puts Kit in the picture, who has long suspected that Costello has been hiding something and warns Carla that Lisa needs to be careful. With more people now in the know, Carla believes that Lisa and Becky's daughter Betsy needs to be brought up to speed about her mum, but Lisa's having none of it, desperate to protect the fragile teen.

Becky, too, is on Lisa's case, and begs her to let her see their girl, having missed out on a chunk of her life. Lisa refuses, saying Betsy's suffered enough, but later Becky spots Betsy from afar, in the precinct.

Will she reach out? And if so, how will Betsy react to seeing her 'dead' mum?

Lisa wants to protect Betsy

» **PLUS** Tyrone fears he's paralysed after last week's hit-and-run, Theo's jealous streak strikes again as he moves into the corner shop flat with Todd, and the florist shop is trashed after Tracy demands her hush money from Abi and Carl.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» Will Vinny be a no-show at his wedding to Gabby (above)? April is in danger when she stands up to Ray, Liam tells Claudette he has a problem with his waterworks, Dylan has a job interview at the depot, and Moira does a deal with Celia.

EASTENDERS

» Zoe thinks she might have killed Greg and takes Stacey to try and track him down (above), Ravi vows to get George out of the way as his suspicions about Harry grow, Vicki turns to Julie for help with Joel, and Jack wants to confess.

UP TO 50% OFF* British-made Riser Chairs and Beds

HURRY, FREE READING LIGHT AVAILABLE IN SEPTEMBER ONLY!

Riser Recliners

- Wide range of riser recliner chairs and adjustable beds
- Enjoy temporary positional relief

Matching Sofas

- FREE Delivery and installation
- VAT-FREE for qualifying customers
- Handmade in the UK

Adjustable Beds

- Over 25 years' experience
- 100's of fabrics to suit all styles and tastes

TVSAT09/09/25c

For our latest brochure or to book a free home demonstration:

Call: **0800 854 330** Visit: **willowbrook.co.uk**

willowbrook
THE HOME OF COMFORT

*Up to 50% OFF applies to selected items, excludes Home Care range. †Free reading light applies to riser recliners only. Limited to dual motor extending footrest model only. Optional extras charged as per retail price list. Cannot be used in conjunction with any other offer. Offer ends 30/09/25.

Top of the Bill

Bill Bailey puts on his glad rags to host The Sky Arts Awards

NEW AWARDS

The Sky Arts Awards
Tuesday, 9pm, Sky Arts & Sky Showcase

TV show *Adolescence*, singer Charli XCX and author Sally Rooney are all nominated at this year's Sky Arts Awards, hosted by Bill Bailey from London's Roundhouse.

The ceremony – now in its second year – honours achievements from TV, film, comedy, music, literature and more, making the versatile Bailey the perfect man for the job.

We caught up with the comedian and actor for an exclusive chat…

How are you feeling about hosting? I don't often get asked to host awards ceremonies, so I'm excited. I've done a comedy gig and recorded TV shows at the Roundhouse; it's a great venue with lots of history. There's something in the fabric of the building that helps create a special atmosphere – it'll be a great night.

Singer Charli XCX

Adolescence stars Owen Cooper (left) and Stephen Graham

Author Sally Rooney

Do you enjoy getting dressed up for awards ceremonies? I've never really been one for a suit, but now I don't mind getting spruced up. When you put on a suit, you carry yourself in a different way. Since I got rid of my long hair, I can look a bit smarter – and not like a roadie at a court appearance!

Will you be performing on the night? Having all these different artists in one place feeds into the creative process, so we're looking at the possibility of me doing some collaborations. We're just figuring out how it will work – but I'll certainly bring along the keyboards and guitars and hopefully there's room for some new instruments, too.

What cultural events have you enjoyed recently? I went to one of The Proms concerts at the Royal Albert Hall – it was a very British evening with music from composers like Benjamin Britten. I also saw Oasis at Wembley. I felt a wonderful wave of nostalgia for the band, the music and for that whole mid-90s era. I did my first solo comedy gig in 1995 and, hearing that music again, I felt the same surge of energy. It brought back fond memories.

You won *Strictly* in 2020. Have you managed to keep dancing? Winning the Glitterball was a surreal moment. At family gatherings now, they'll put on *Rapper's Delight*, say, 'Come on, Uncle Bill', and shove me on the dance floor. I always try to include some paso doble or Charleston in my live shows to keep myself sharp. Whether I dance at the Sky Arts Awards depends if I've got my dancing shoes on – but I'm not going to rule it out.

Strictly winners Oti Mabuse and Bill Bailey

WORDS: VICTORIA WILSON. PHOTOS: BBC, GETTY, NETFLIX, SANCHESNET1/STOCK.ADOBE.COM

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Billy Magnussen

Elsbeth

Monday, 9pm, Sky Witness

Born in New York City in 1985, Billy Magnussen starred in BBC2's *The People v. O.J. Simpson: American Crime Story*, playing witness Kato Kaelin in 2016. Other credits include *Black Mirror* episodes and heist movie *Lift*, both on Netflix, while he portrayed Robert Redford in Paramount+'s *The Offer*, about the making of *The Godfather*, and played superhero actor Adam in Armando Iannucci's movie-set satire *The Franchise* on Sky Comedy.

HIS NEW ROLE

In the penultimate episode of *Elsbeth*'s second season, Magnussen guest-stars as thrill-seeking playboy Rod Bedford, who is busy ticking off items on his bucket list – including 'getting away with murder'. But when he kills a seemingly homeless person on the streets of New York, he later discovers his victim was a European prince... Meanwhile, there's a shock in store for Elsbeth (Carrie Preston) that has huge consequences for her future.

Billy Magnussen as Rod Bedford

Larsen has amnesia following an accident

Forgive and forget

Molly Parker plays a doctor rebuilding her life after a brain injury

NEW DRAMA

Doc

Wednesday, 9pm, Sky Witness

Part family drama, part medical procedural, Sky Witness' new US series *Doc* stars Molly Parker as Dr Amy Larsen, a brilliant physician who's forced to piece her life back together when a car crash erases the last eight years of her memory.

Over 10 episodes, as she recovers from amnesia, Amy comes to depend on her family and friends to fill in the blanks. But that means being cruelly reminded of the tragic death of her son, Danny, which caused her to push her loved ones away.

Meanwhile, she wakes up from her injuries still in love with her boss, Michael (Omar Metwally), whom she doesn't remember divorcing four years ago.

'When Amy wakes up from her accident with this retrograde amnesia, she becomes a detective in her own life,' explains Parker, 53. 'She's looking for the clues that will fill in these gaps, and those clues, for the most part, come from what other people tell her.

HOME TRUTHS

'What's quite difficult is that she's told over and over again what an awful person she's been – someone who was demanding, and who had no compassion for her patients or the people

The televised play features the West End theatre cast

NEW COMEDY

Fawlty Towers: The Play

Friday, 9pm, U&Gold

Basil's back!

Fawlty Towers reopens its doors in the **stage version** of the classic sitcom

Fifty years ago, the BBC aired the first episode of *Fawlty Towers*, the sitcom co-written by and starring John Cleese as irascible Torquay hotelier Basil Fawlty, alongside Prunella Scales as his wife Sybil, co-writer Connie Booth as maid Polly, and Andrew Sachs as confused Spanish waiter Manuel.

The show, which only ran for two series, would become one of the all-time favourite comedies, and has since been reimagined as a hit stage play. And to mark the anniversary, a recording of the West End production is being shown on U&Gold.

Combining three classic episodes into one storyline, *Fawlty Towers:*

WORDS: NICK CANNON, HANNAH DAVIES, REBECCA FLETCHER. IAN MACEWAN, RICHARD MCCLURE. PHOTOS: ALAMY, BBC, SKY, U&GOLD

Molly Parker as Dr Amy Larsen

she was working with.'

As Amy slowly returns to work as a medic at the fictitious Westside Hospital in Minneapolis, she must face up to all the painful discoveries and unwanted truths, including the fact she was having a steamy affair with her colleague Dr Jake Heller (Jon Ecker) before the accident. But the hardest part is bonding with her estranged 17-year-old daughter Katie (Charlotte Fountain-Jardim) who she remembers as a nine-year-old.

'Her relationship with Katie was changed by her grief following the loss of her son,' says Parker, who has starred in *Deadwood* and *House of Cards*.

'Amy abdicated her role of parent a little bit, but there's a rebirth. I'm always drawn to characters who we meet when they lose everything, when their lives fall apart. Because essentially at that point you have two choices – you either give up on life or you change.'

The Play stars original theatre cast members Adam Jackson-Smith, Anna-Jane Casey, Victoria Fox and Hemi Yeroham as Basil, Sybil, Polly and Manuel, with veteran singer and actor Paul Nicholas as long-term hotel resident the Major.

The 85-year-old former Monty Python star John Cleese decided on *The Hotel Inspectors*, *The Germans* and *Communication Problems* as the episodes he wanted to use for the play, which is just finishing a second run in the West End.

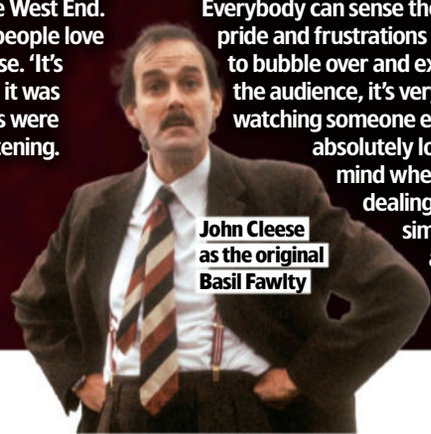
'I tell you what people love about it,' says Cleese. 'It's nostalgic, because it was a time when things were not quite so threatening.

'Watching the theatre audience was a wonderful feeling. It has been fantastic to see people rocking with laughter. When people leave the theatre, everyone is in a good mood.'

Jackson-Smith admits it was daunting to step into Cleese's shoes, and he watched the TV original as part of his preparation.

'I am not John and I'm not 6ft 5, but it's inevitable that you have an awareness of him in that role and some of the elements that he brought,' he says.

'Everybody can relate to Basil. Everybody can sense their own pride and frustrations threatening to bubble over and explode! For the audience, it's very cathartic watching someone else absolutely lose their mind when you're dealing with similar stresses and strains. Basil is universal.'



John Cleese as the original Basil Fawlty

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW

Trying

Monday, 10.40pm & 11.05pm (times vary), BBC1

This comedy drama about a couple's efforts to have a family lands on BBC1 this week with a double bill. When call-centre worker Nikki (Esther Smith) and her teacher partner Jason (Rafe Spall) learn they are unable to conceive naturally, they decide to pursue adoption. But will the selection panel agree that they are ready to be parents? Imelda Staunton plays social worker Penny and Phil Davis is Jason's straight-talking dad, Vic.

• *Previously shown on Apple TV+ in 2020*

Last Night of the Proms

Saturday, 6.55pm, BBC2, & 9pm, BBC1

LIVE

There'll be plenty of pomp as the world's biggest classical-music festival closes with its traditional flag-waving finale at London's Royal Albert Hall. Soprano Louise Alder joins the BBC Symphony Orchestra for a packed programme that includes renditions of *Rule, Britannia!*, *Jerusalem* and *Land of Hope and Glory*, plus other orchestral pieces.

Juice

Thu, 9pm & 9.25pm, BBC3 (box set, BBC iPlayer)

NEW

As the surreal comedy returns, Jamma (played by creator Mawaan Rizwan, right) is working as a clown (or a 'balloon-based events entertainment facilitator'). When he outstays his welcome with his brother Isaac and partner Winnie, Winnie helps him connect with ex-boyfriend Guy (Russell Tovey). Will they rekindle their romance?

The Great British Sewing Bee

Tuesday, 9pm, BBC1

LAST ONE

This year's contest reaches its grand final as the remaining three stitchers face their toughest tasks yet, including a trompe l'oeil creation. 'The trompe l'oeil is an optical illusion that tricks you into seeing something else on the garment,' explains co-judge Patrick Grant. 'It makes for a very competitive final!'

The Supes in *Gen V*

BAD education

A **shadowy new principal** takes over at Godolkin as *The Boys* spin-off returns

prime Gen V

NEW *Available:* Wednesday 17 Sept
Genre: Sci-fi fantasy *Season:* 2
Episodes: 8 (first three episodes from Wednesday 17 September, then weekly)

Class is back in session as *The Boys* spin-off *Gen V* – following college-aged superheroes, AKA 'Supes' – returns for a second semester laced with bloody chaos, corruption and Compound V.

We last saw Supes-in-training Marie Moreau (Jaz Sinclair), Jordan Li (played by both Derek Luh and London Thor) and Emma Meyer (Lizze Broadway) locked away in a mysterious facility, while Cate Dunlap (Maddie Phillips) and Sam Riordan (Asa Germann) were hailed as Guardians of Godolkin University after a campus massacre.

As Season 2 picks up months later, America is adjusting to Supe leader Homelander's (Antony Starr) authoritarian rule, while Godolkin is now under the terrifying tutelage of a sinisterly charming new principal, Dean Cipher (Hamish Linklater).

Cipher's militarised curriculum promises to empower students to become soldiers not scholars. But with a war currently brewing between Supes and humans, Marie and the gang uncover a secret, decades-old programme at Godolkin that could change everything…

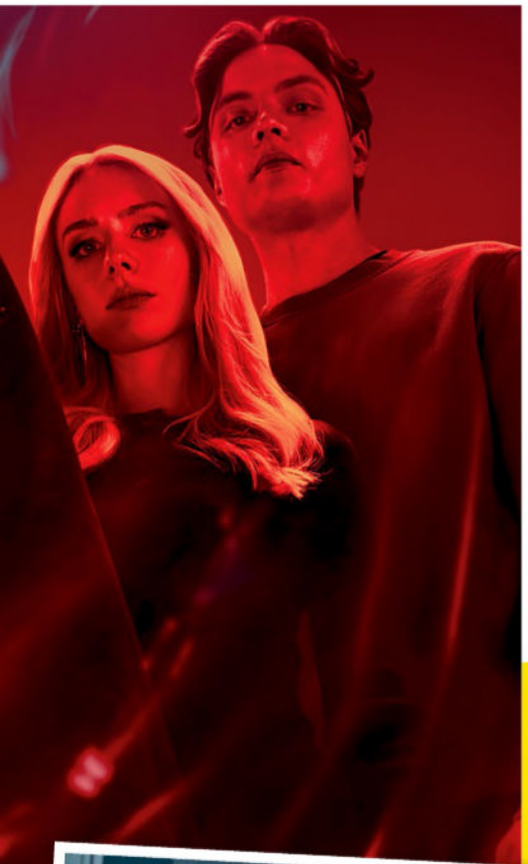
DRAMATIC CHANGES

'We pick up where *The Boys* Season 4 left off: Homelander is taking over and you feel that on campus right away,' says Sinclair, 31. 'Being back at Godolkin is bittersweet for Marie. She started Season 1 pretty doe-eyed and trusting, but excited. Now, she's more suspicious of the school and everyone in general.

'Marie is such an underdog and the expansion of her powers is really exciting,' she adds. 'I loved working with Erin Moriarty [who plays Annie January, AKA Starlight] this time, too. Every time we work with *The Boys* cast it's so much fun. It's like getting to meet your heroes, so to speak.'

As *Gen V*'s new run bridges the gap between *The Boys* Season 4 and its upcoming fifth and final chapter, fans can expect even more crossover, with appearances from The Deep (Chace Crawford), Black Noir (Nathan Mitchell) and Sister Sage (Susan Heyward).

'The shows talk to each other, and now Homelander has taken over America, we get to see what that looks like for the country and the school,' says showrunner Michele Fazekas. 'There will be important cameos and questions like, "Where are some of *The Boys*' characters now?" will be answered.



Hamish Linklater as Dean Cipher

We'll see how they all play into the resistance against Homelander.'

Season 2 will also see Sean Patrick Thomas reprise his role as Polarity, plus *Wicked*'s Ethan Slater joins as the school's founder, Thomas Godolkin, in flashbacks.

FITTING TRIBUTE

Storylines will also honour Season 1 star Chance Perdomo, who played young Supe Andre Anderson, after the 27-year-old actor died in a motorbike accident in March 2024.

'It felt really important,' says Fazekas about paying tribute to Perdomo. 'The thing I'm most proud of, when you watch the season, is that he's there the whole way, in a way that feels real. I'm proud that we honoured him, beginning to end.'

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX Hostage

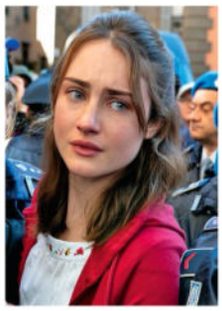
Genre: Thriller Season: 1
Episodes: 5

Suranne Jones (left) plays British Prime Minister Abigail Dalton in a political thriller that, at times, may stretch credibility but is fast-paced, compelling and highly entertaining. As Abigail welcomes French President Vivienne Toussaint (*Before Sunrise*'s Julie Delpy) to the UK for critical talks, her doctor husband Alex (Ashley Thomas) is abducted while on a humanitarian mission. With his kidnappers demanding that she resigns, Abigail turns to Vivienne for help, but her French counterpart is being blackmailed...

Disney+ The Twisted Tale of Amanda Knox

Genre: Drama Season: 1
Eps: 8 (released weekly)

In 2009, US student Amanda Knox was wrongfully convicted of the murder of flatmate Meredith Kercher. Grace Van Patten (right) stars in a drama based on Knox's memoir.



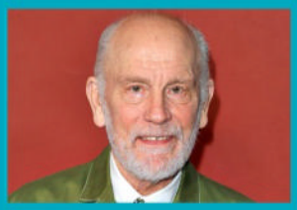
NETFLIX The Truth About Jussie Smollett?

Genre: Documentary
Episodes: One-off

Was *Empire* actor Jussie Smollett (right) the victim of a 2019 hate crime or did he stage the attack? This documentary from the producers of *The Tinder Swindler* re-examines the case.

Now in production...

Three upcoming shows to look out for soon



tv+ Bad Monkey

John Malkovich (above) is joining the cast of Apple TV+'s Florida-set comic crime drama for its second series. He'll play the leader of a criminal gang who crosses paths with cop-turned-health inspector Andrew Yancy (Vince Vaughn) during an investigation.

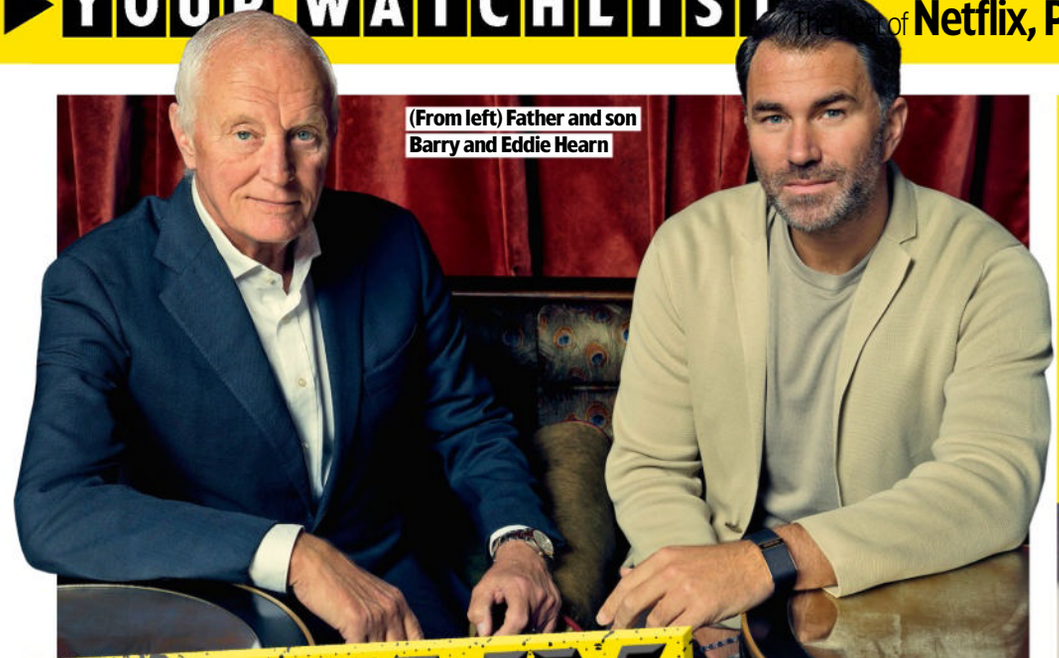
MGM+ The Institute

MGM+'s thriller, based on Stephen King's novel and starring Ben Barnes (above) as an ex-detective who encounters an organisation for children with paranormal powers, will be back for a second run as fresh threats await those who have managed to escape.

prime LOL: Last One Laughing UK

The return of Prime Video's series, following comedians as they try to make each other laugh, will see David Mitchell, Diane Morgan and Romesh Ranganathan among the competitors, while previous winner Bob Mortimer (above) returns.

WORDS: CAREN CLARK, JUDY EWENS, REBECCA MAHONEY PHOTOS: ©2025 DISNEY AND ITS RELATED ENTITIES GETTY, NETFLIX, PRIME VIDEO



(From left) Father and son Barry and Eddie Hearn

HEAVY hitters

Barry and Eddie Hearn welcome the cameras inside their sporting empire

NETFLIX Matchroom: The Greatest Showmen

NEW *Available: Wednesday 17 September*
Genre: Factual Season: 1 Episodes: 6

Netflix takes us behind the scenes of Barry and Eddie Hearn's sporting empire in this candid reality series following day-to-day life at Matchroom Sport, the Essex-based boxing, darts and snooker promotion company which works with stars such as boxer Anthony Joshua, darts ace Luke Littler and snooker legend Ronnie O'Sullivan.

Ronnie O'Sullivan

We sat down with the company's founder and president, Barry Hearn, 77, and his son, Matchroom chairman Eddie Hearn, 46, to hear more...

Why did you decide it was the right time to let cameras inside Matchroom Sport?

Barry It was Eddie's idea, and my first reaction was, 'Not on your nelly,' because we're a private company and I knew that if we were going to do it properly, it would be really intrusive.

Eddie I watched the success of Netflix's Formula One series, *Drive to Survive*, and I thought a show like that for boxing would be brilliant. But when the production company came to take a look, they decided they wanted to do something on the whole of Matchroom.

How important was it to give the cameras access to all areas?

Eddie It was a real leap of faith. I was miked up for the best part of two years, so you see all kinds of discussions. When I watch some parts back, you feel like it's a bit cringey, but that's us.

Barry We wanted to capture the unique relationship between me and Eddie, which is father and son, having a row in the car park, then sensible discussions in the boardroom. We wanted to show the size of the business and the handover of power, which most people don't really understand.

Some people have compared the series to Sky Atlantic's *Succession*...

Barry It's totally *Succession*, and I'm the old grey-haired geezer who started it all. In fact, we were joking that if we do Series 2, I should die half way through!

Eddie I've got big shoes to fill if I take over the business, but the biggest challenge for people who have successful parents is to try and build something in your own name. I think I've done that, which is my biggest achievement.

Luke Littler (left) and Barry Hearn

Date with destiny

Lily James plays the brains behind dating app Bumble

Herd finds a way to succeed

Disney+ Swiped

NEW *Available: Friday 19 September*
Genre: True-life drama

Lily James stars as real-life US tech entrepreneur Whitney Wolfe Herd in Disney+'s new deal-making, boardroom-battling movie *Swiped*.

The biopic follows college graduate Herd as she helps to dream up online dating platform Tinder, only to resign from the business after becoming disillusioned, and striking out on her own to set up a rival platform where women are given more control over messaging.

As Herd sets up new dating app Bumble in 2014, she focuses on hiring female employees,

Dan Stevens plays Andrey Andreev

and soon becomes the world's youngest self-made female billionaire at the age of 31.

The cast includes James' former *Downton Abbey* co-star Dan Stevens as Russian investor Andrey Andreev, along with *Industry*'s Myha'la as Herd's sharp operator colleague.

'I've never been on a dating app, but to research the character, I went on a friend's Bumble account to get a sense of the app that I'm pretending I created,' reveals James, 36.

'One of *Swiped*'s producers met her partner on Bumble, and my best friend met her husband on it, too. When you start talking about it, you realise how many matches there have been. That's the profound effect that these dating apps – Bumble in particular – have had.'

WORDS: CAREN CLARK, SEAN MARLAND, RICHARD MCCLURE. PHOTOS: APPLE TV+, BBC, C4, ITV, NETFLIX, SKY ©2025 DISNEY AND ITS RELATED ENTITIES

Reese Witherspoon and Jennifer Aniston as Bradley and Alex

Breaking news

The broadcasters face **fresh turmoil** as the drama returns

tv+ The Morning Show

NEW *Available: Wed 17 Sept*
Genre: Drama Season: 4
Episodes: 10 (released weekly)

Devious office politics and shrewd power plays interweave with a determined quest for journalistic truth in the fourth run of award-winning newsroom drama *The Morning Show*.

Set in 2024, two years on from the previous season, it finds New York-based TV network UBA, which broadcasts the titular breakfast show, now merged with its rival NBN to form UBN. And Stella Bak (Greta Lee), who is now president of the news division, and ruthless new board president Celine Dumont (Marion Cotillard) are keen to avoid any more headline-grabbing scandals.

But when seasoned broadcaster Alex Levy (Jennifer Aniston), who is also now a UBN executive, prepares to anchor coverage of the Paris Olympics, there are ructions after she interviews an Iranian fencer and her scientist father who want to defect. Meanwhile, as the series explores the role of artificial intelligence, a deepfake video threatens Alex's career.

'It's a hard line for Alex to walk, especially since the institution of the newsroom was established to tell the truth,' says Aniston, 56.

Jeremy Irons as Martin

Elsewhere, the return of her ex-lover, tech billionaire Paul Marks (Jon Hamm), rocks Alex, and Jeremy Irons joins the cast as her estranged law-lecturer father Martin, who brings added strife.

'It's fun to see powerful people revert to their younger selves when navigating complicated relationships with their parents,' shares Aniston. 'This season really digs deep into that.'

NEWSROOM TROUBLES

Gung-ho ex-presenter Bradley Jackson (Reese Witherspoon) was last seen leaving the network and handing herself in to the FBI after she hid the involvement of her brother in the January 6 Capitol riots. She is now teaching in West Virginia, and when a new opening emerges on *The Morning Show*, a comeback awaits.

But after Bradley receives a tip-off about UBN having been involved in a cover-up of an environmental scandal, her investigation has a ripple effect that has an impact on UBA's former CEO Cory Ellison (Billy Crudup), who still holds a torch for her and is struggling to rebuild his life in Hollywood after being ousted from the company.

Will Cory also make his way back to the Big Apple and recover his mojo?

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER

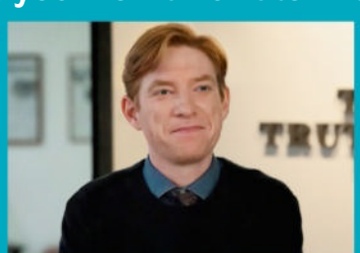
The Guest

In BBC1's thriller, downtrodden Ria (Gabrielle Creevy) is offered a job as a cleaner by wealthy Fran (Eve Myles). The two women grow close as Fran mentors Ria, but a shocking event occurs that uproots both their lives.

itvX

I Fought the Law

ITV1's true-crime drama follows Ann Ming (Sheridan Smith), who battles to get answers from the police after her daughter Julie goes missing. But Ann later discovers Julie's murdered body hidden behind a bath in her home.



sky box sets · Virgin · NOW

The Paper

Salesman Ned (Domhnall Gleeson) takes over a struggling newspaper in Sky Max's follow-up to the US version of *The Office* – and with a tight budget, he decides to turn his admin staff into reporters.

4

Educating Yorkshire

The return of C4's fly-on-the-classroom-wall series after more than a decade away sees Thornhill Community Academy's dedicated staff try to deal with Year 8 pupil Riley, who has become disruptive.

UK Government

Are you receiving Income-related
Employment and **Support Allowance?**

Keep things smooth by making the move to Universal Credit

It's not automatic, so look out for your letter telling you what to do. Visit **gov.uk/ucmove** for more information.

Eligibility criteria apply

UC Universal Credit

Pick of the new releases

The best new shows to enjoy this week on streaming services...

Safe Home
Saturday 13 September

Australian drama. Communications specialist Phoebe (Aisha Dee) leaves her job at a prominent legal firm and begins work at a community law centre that offers free assistance to victims of family violence.

A Historic Concert from Vatican City
Saturday 13 September

Pharrell Williams and Andrea Bocelli perform at this concert – the first to be held at St Peter's Square in Vatican City. Other artists appearing include John Legend, Teddy Swims and Jelly Roll. Streaming live from 8pm.

Wild Cards
Monday 15 September

The second season of the Canadian crime drama about by-the-book, sardonic detective Cole Ellis (*Grey's Anatomy*'s Giacomo Gianniotti) and spirited, clever con woman Max Mitchell (*Riverdale*'s Vanessa Morgan) who have been assigned to work together by the Vancouver police.

Futurama
Tuesday 16 September

Following its revival in 2023, the animated sci-fi comedy from Matt Groening returns for its 10th series with 10 new episodes of mind-bending adventures for the crew as they orbit around the sun.

Rebel Royals: An Unlikely Love Story
Tuesday 16 September

Documentary about the 2024 wedding of Princess Märtha Louise of Norway, the daughter of King Gerard V, to a self-professed shaman, American Durek Verrett. The couple have faced criticism for both their relationship and beliefs.

Haunted Hotel
Friday 19 September

Adult animated comedy. A woman struggling to run a hotel that's haunted gets help from her estranged brother who just happens to be a ghost. The voice cast includes *The Four Seasons*' Will Forte and *The Residence*'s Eliza Coupe.

The Morning Show
Wednesday 17 September

Jennifer Aniston and Reese Witherspoon return in the fourth season of the drama about the inner workings of a TV news show. Oscar-winner Marion Cotillard joins the cast. See feature, page 17.

Electric Bloom
Wednesday 17 September

Musical comedy. The three members of mega-famous pop group Electric Bloom look back on how they became the biggest band in the world starting with the day the girls met in high school and became best friends. Starring Lumi Pollack, Carmen B Sanchez and Ruby Marino.

Matchroom: The Greatest Showmen
Wednesday 17 September

Docuseries about Barry and Eddie Hearn, the Essex father-son duo who run Matchroom, a billion-pound sports promotion company. The series goes behind the scenes, and there are appearances from Luke Littler, Anthony Joshua and Ronnie O'Sullivan, among others. See feature, page 16.

Gen V
Wednesday 17 September

The second season of the superhero spin-off from *The Boys*. While the US experiences Homelander's reign, Marie (Jaz Sinclair) and co return to Godolkin University, where a new dean (Hamish Linklater) trains Supes into soldiers. See feature, page 14.

Black Rabbit
Thursday 18 September

Jude Law stars as Jake Friedken, the owner of a New York City hotspot, who allows his chaotic brother Vince (*Ozark*'s Jason Bateman) back in his life, but in doing so he opens the door to escalating dangers which threaten to bring down everything he's built. See feature, page 6.

Sounds of Summer
Thursday 18 September

A Swedish comedy drama that tells the 'nearly true' story of Swedish pop group Gyllene Tider fronted by Roxette singer, guitarist and songwriter Per Gessle.

Start Over
Friday 19 September

French crime drama from Walter Presents. When surgeon Marc Honoré is found murdered, three key people – Marc's ex-wife, his ambulance-driver friend and a police lieutenant – are mysteriously transported back a year back in time via a hospital elevator.

Lego Star Wars: Rebuild the Galaxy – Pieces of the Past
Friday 19 September

Downton Abbey's Dan Stevens joins the voice cast for this animated sequel as Solitus, a fallen Jedi who is seeking access to a secret realm full of discarded pieces of the past.

Pharrell Williams

Swiped
Friday 19 September

Biographical drama on Whitney Wolfe Herd (Lily James), the founder of online dating platform Bumble, which charts her journey in a male-dominated industry and her path to being the youngest self-made female billionaire. See feature, page 16.

Billionaires' Bunker
Friday 19 September

Spanish thriller from the creators of *Money Heist*. With World War Three about to break out, a group of billionaires take refuge in a luxury bunker where a feud resurfaces between two families.

Night of the Reaper
Friday 19 September

Horror. Exactly one year after a teenage babysitter was brutally murdered by a killer dubbed The Reaper, the victim's sister is roped into babysitting the son of the sheriff.

High Potential
Wednesday 17 September

The second season of the crime drama. Kaitlin Olson stars as Morgan Gillory, a consultant for the LAPD who uses her high IQ and acute observational skills to help the detectives, including Adam Karadec (Daniel Sunjata), solve murder cases.

WORDS: JUDY EWENS. PHOTOS: GETTY; NETFLIX. ©2025 DISNEY AND ITS RELATED ENTITIES

Documentaries

WILD frontier

Kevin Costner traces the history of the American West

NEW HISTORY

Kevin Costner's The West

Monday, 9pm, Sky History

Kevin Costner's 1991 Oscar-winning western *Dances with Wolves* saw the Hollywood star play a Union army soldier who is transferred to the American frontier, where he forms a close bond with Sioux Native Americans.

Now, in a new eight-part documentary series, the actor and producer of contemporary western *Yellowstone* joins historians to tell the story of the westward expansion of the United States, from the first white settlers through the Civil War and right up to the present day.

'I am drawn to history and I am drawn to the West,' explains the 70-year-old, who has also played legendary lawman Wyatt Earp. 'I want to come back to what drove us across this country, and the drama that came with it.'

A FRESH LOOK

The series uses dramatic reconstructions and starts with the 1783 Treaty of Paris, which saw Britain cede land all the way to the Mississippi River to the newly formed United States after the Revolutionary War.

Although President George Washington's original plan was to purchase land from indigenous

Madeleine McCann: Searching for the Prime Suspect

Wednesday, 9pm, ITV1

This documentary criminally profiles 48-year-old convicted rapist Christian Brückner, the prime suspect in the disappearance of Madeleine McCann (above) in 2007. Criminologist Dr Graham Hill speaks about his 18-year involvement in the case.

Twiggy

Monday, 9pm, BBC2

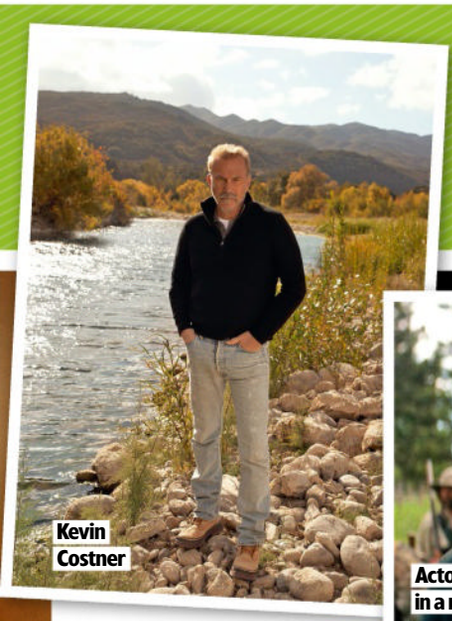
Sir Paul McCartney, Dame Joanna Lumley and Dustin Hoffman are among the contributors to this profile of the original supermodel. Born Lesley Hornby in Neasden, Twiggy (right) exploded onto the fashion scene as a teenager with her cropped hairstyle, came to epitomise the Swinging Sixties, and remains a cultural icon to this day, aged 75.

Long Lost Family

Thursday, 9pm, ITV1

Davina McCall and Nicky Campbell start the new series with the reunions of two sets of brothers. Lee Sharp always believed he was a foundling, but the experts unearth his birth certificate and trace his older sibling Stephen. Meanwhile, Peter MacDonald (pictured above with McCall) has not seen his brother Trevor since he was a baby.

WORDS: NATASHA HOLT, IAN MACEWAN, STEVEN PERKINS
PHOTOS: 5, BBC, BITSANDSPLITS/STOCK.ADOBE.COM, ITV, SHUTTERSTOCK, SKY


Kevin Costner

Actor Dane Thrun in a reconstruction

people, unscrupulous settlers were soon encroaching, and a confederacy of Native tribes, led by Chief Little Turtle, set about the defence of their territory.

Costner appreciates that many people's view of the Wild West is derived from TV series and films – and it isn't the full picture.

'When we first started making westerns, you didn't see the exploration and the confrontation, which was inch-by-inch and usually ended in blood,' he says. 'People didn't want to see the fear, slaughter and cultures clashing.'

Costner hopes that the series will in some ways help to debunk the romanticised view of the Wild West and drive home just how tough an environment it was to live in.

'Going into land that was untamed and uncharted, and dragging your families with you, was harder than anyone could imagine,' he says. 'It was truly wild and dangerous. Whereas Europe had established itself over thousands of years with cities, civilisations and customs, if you look back just 150 years, our land didn't have a building over one storey tall.'

TRUE STORIES

To humanise the history, the series tells eight individual stories, including that of Cynthia Ann Parker, who was abducted by a Native American tribe as a child during a raid on Fort Parker in Texas in 1836, and ended up marrying the chief and bearing his children, before being forcibly returned to her birth family against her will.

'She was not the only captive who had that experience,' says Costner. 'That was a way of life in the West, and if you can absorb that, you have a better chance of absorbing what the West is really about. It was tragic, heroic and, in some ways, inevitable.'

Yorkshire Great and Small with Dan and Helen

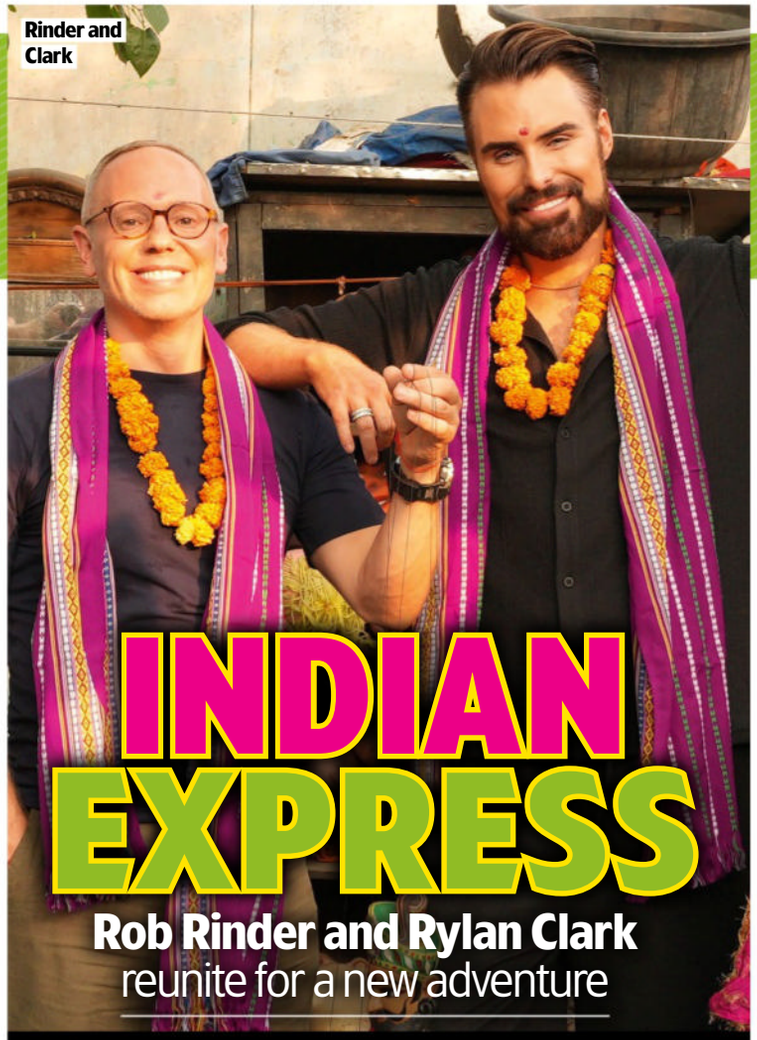
Thursday, 8pm, 5

Helen Skelton and Dan Walker discover more of Yorkshire's hidden gems in a second series of their travelogue. The pair start their journey in Great Ayton, where explorer Captain Cook grew up, before Walker explores an ancient arboretum and Skelton visits a 600-year-old monastery.

Michael Portillo's 200 Years of the Railways

Tue, 8pm, BBC2 (box set, BBC iPlayer)

The first steam-powered passenger train travelled on the Stockton and Darlington Railway 200 years ago. To celebrate this milestone, Michael Portillo's latest travelogue takes the former politician to northern England to explore the history of our rail network, and what its future might look like.


Rinder and Clark

INDIAN EXPRESS

Rob Rinder and Rylan Clark reunite for a new adventure

NEW FACTUAL

Rob and Rylan's Passage to India

Sunday, 9pm, BBC2 (box set, BBC iPlayer)

When former barrister Rob Rinder and presenter Rylan Clark followed in the footsteps of Lord Byron to explore the cultural highlights of Italy in *Rob and Rylan's Grand Tour* last year, the pair weren't sure how the show would be received.

'When I saw the first cut, I said, "We'll either get cancelled or win a BAFTA,"' recalls Clark, 36. 'I was worried it looked like we were off on a jolly, an all-expenses-paid travelogue, but it wasn't like that, and people really connected with it.'

As it turned out, Clark's second prediction came true and the show was awarded the Best Factual Entertainment trophy at the BAFTA TV Awards in March. Now, the friends are embarking on a three-part follow-up trip, this time inspired by EM Forster's 1924 novel *A Passage to India*.

'It's a book I really love, but some people now think it's problematic in that we see India through Forster's lens,' says Rinder, 47. 'In the series, we get the great gift of hearing from Indians. That reframes what we think we know about India as it grows in wealth and importance.'

A NEW OUTLOOK

Their adventure begins in Delhi, where rapper Naveen Koomar, a member of India's marginalised Dalit caste who uses his music to call out the injustices of the caste system, invites them to perform alongside him in a street market.

'When I watch it back, I feel ill – I look like David Brent on steroids,' laughs Rinder. 'But I'm still so glad I took part. Naveen is an extraordinary person.'

Later episodes see the pair travel to Rajasthan and Varanasi, where they mingle with royalty and explore the role that death plays in Indian culture – an experience Clark admits has changed his outlook.

'The only thing that's certain is we're all going to die – it's taken me 36 years to realise that,' he says. 'Now, I'm just trying to live and enjoy it, because you know, one day, you won't be here.'

Trying out a tuk-tuk

Films Our pick of this

MOVIE OF THE WEEK

NOBODY 2

Bob Odenkirk returns as the world's most unlikely action hero

ACTION COMEDY

From Monday, to buy or rent from digital stores, including Sky Store and Prime Video ★★★★

Reprising his role, Bob Odenkirk is back as the meek suburban dad whose self-effacing manner gives no clue to his past as a deadly government assassin in this equally entertaining sequel to 2021's darkly comic, deeply violent, deliberately ridiculous action thriller. The formula remains the same here as Odenkirk's Hutch takes his family on a vacation to the tacky amusement park he once visited as a child, only to run into trouble immediately after a local thug picks on his teenage son.

Things quickly escalate when it turns out that the park is a key part of a criminal empire run by a murderous psychopath Lendina (played with hammy gusto by Sharon Stone). Connie Nielsen as Hutch's wife, Christopher Lloyd as his cranky elderly father and rapper RZA as his adopted brother also get in on the act, but the film wouldn't work without Odenkirk's hilariously deadpan demeanour.

A further sequel is more or less inevitable, by which time the joke will almost certainly have worn thin, but for now watching Odenkirk's unlikely action man go ballistic still remains an absolute blast. 2025, 15, 89MIN

WORDS: JASON BEST, NIGEL PIZEY

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

More premieres and Day by Day planner>>>

week's Best Movies

COMEDY DRAMA

Good Luck to You, Leo Grande

Wednesday, 9pm, Film4 ★★★★

'It's all a dance!' says sex worker Leo Grande (Daryl McCormack), who's in a hotel room with widowed former teacher Nancy (Emma Thompson). 'I don't know the steps!' she replies, smartly establishing their inverted tutor-pupil relationship. Smooth and confident, Leo appears to hold all the cards in a two-hander that unfolds over the course of four clandestine assignations. Nancy, however, is a woman determined to have the orgasm she never experienced in 31 years of marriage. Both stars make the most of Katy Brand's perceptive script, though it's Thompson who shines brightest in a welcome display of her formidable talent. 2022, 15, 97MIN

Bedding in: Daryl and Emma

Hovering: Adam leads a stacked cast

SCI-FI EPIC

Megalopolis

Available now, Mubi ★★★★

Sometimes a film simply has to be seen to be believed, especially when it comes with the furore that followed *Megalopolis*, Francis Ford Coppola's self-funded magnum opus. It's an allegorical tale set in the future but looking to Roman history, where New York is now New Rome and obscenely wealthy familes duke it out for top spot. Above this is Adam Driver's inspirational, utopian architect. It's a maddeningly inconsistent movie, with beautiful visuals clashing with cheap-as-chips CGI and an impressive cast (including Aubrey Plaza, Giancarlo Esposito, Shia LaBeouf and Nathalie Emmanuel) battling an erratic script. But even with its numerous faults you can't help but be mesmerised by it, the sheer ambition on show to be applauded. Yes, it's quite the experience. 2024, 15, 138MIN

HORROR

Die Alone

Saturday, 3pm & 10.15pm, Sky Premiere ★★★★

An intriguing blend of *Memento* and *Night of the Living Dead*, this smart, affecting Canadian drama has Douglas Smith searching for his girlfriend while a zombie-like plague has hit the world. Trouble is, he has cyclical amnesia, so every time he sleeps his memory goes. Luckily, he stumbles across Carrie-Anne Moss' stoic survivalist, who takes him in. What seems like a fairly routine zombie thriller morphs into something far more surprising, mining a deep emotional core that is helped by a fine cast, one that includes a revealing cameo from Frank Grillo. 2024, 15, 90MIN

End times: Frank, Carrie-Anne and Douglas

Having a blast: Xolo

SUPERHERO

Blue Beetle

Available now, Prime Video ★★★★

One of DC's lesser-known crimefighters is given a sprightly Latin-American makeover in this exuberant, lighthearted superhero film. Things kick off when Gotham University graduate Jaime Reyes (Xolo Maridueña) is transformed into a flying bug symbiote by an ancient relic that baddie Victoria Kord (Susan Sarandon) wants to use to create an army of ultra-soldiers. As Jaime gets to grips with his new powers, his family (including his fabulous nana, played by Adriana Barraza) get in on the action, too, providing a winning line in humour and personality. 2023, 12, 127MIN

Films

Dad's going through something: Matilda

HORROR

Wolf Man

Friday, 12.45pm & 8pm, Sky Premiere ★★★

The whiskery 1941 horror classic is the latest Universal monster movie to get a modern makeover from Australian director Leigh Whannell, maker of 2020's brilliantly chilling updating of *The Invisible Man* starring Elizabeth Moss. Unfortunately, *Wolf Man* isn't in that league, but it's a solidly made addition to the genre.

Christopher Abbott plays the eponymous werewolf, Blake Lovell, a San Francisco house husband who returns with his journalist wife (Julia Garner) and young daughter (Matilda Firth) to his childhood home in the remote werewolf-haunted woods of Oregon after his long-missing father is finally declared dead. Naturally, it isn't long before a terrifying encounter with a strange figure leaves Blake with a beast of an infection...

Relying on practical effects and Abbott's acting rather than on CGI, *Wolf Man* effectively depicts the stages of the protagonist's gruesome transformation but the script's lack of bite means the end result is more grisly than scary. 2024, 15, 103MIN

Hidden gems Great movies you might have missed...

CREATURE FEATURE

Godzilla Minus One

Netflix ★★★★

The 30th live-action *Godzilla* film to be made in Japan is basically a prequel to the original 1954 classic. Set after World War Two, the giant lizard appears out of the ocean and starts heading for the mainland, so ex-kamikaze pilot Ryunosuke Kamiki joins a small band of heroes who race to halt the beast. *Minus One* shows Hollywood not just how to make a monster movie, but how make you give a damn about the people involved, too. It's a beast of a tale. Subtitled. 2023, 12, 126MIN

COMEDY DRAMA

Sing Street

Prime Video ★★★★

In recession-hit 1985 Dublin, downwardly mobile 15-year-old schoolboy Conor (Ferdia Walsh-Peelo) forms a band and recruits 16-year-old wannabe model Raphina (Lucy Boynton) to appear in their shoestring pop videos. Writer-director John Carney's sweet and exuberant teen movie is an absolute delight; a heart-warming celebration of the joys and solace of making music. And the songs are infectiously catchy, too. 2016, 12, 106MIN

DRAMA

The Virgin Suicides

StudioCanal Presents ★★★★

An ethereal experience about the confusion and complications of what it is to be a teenager, Sophia Coppola's first film, based on Jeffrey Eugenides' novel, is a beautiful mood piece. In the mid-1970s, the local boys become transfixed by a five young sisters (including Kirsten Dunst), who rather mysteriously end up taking their own lives. Not as morbid as it sounds, this is more a poetic tract on the angst, loves and lusts of youth that casts an entrancing spell. 1999, 15, 96MIN

Saturday 13 September

ACTION

Meg 2: The Trench

Available now, Prime Video ★★★

Sex ●●● Violence ●●● Language ●●●

Seeing the return of Jason Statham and a massive prehistoric shark (joined this time by a pair of equally toothsome chums and a giant squid), this sequel to the 2018 hit has guilty pleasure written all over it. It lacks the original's sense of goofy fun, but there is enough to savour as Statham's 'green James Bond' plunges back to the ocean's floor, where illegal mining is endangering the beasts' habitat. Scenes of frogmen racing against time and diminishing oxygen supplies is exciting stuff, while what follows is basically a rerun of the first film with Statham and pals Cliff Curtis, Page Kennedy and Jing Wu making sushi of the monsters. 2023, 12, 111MIN

Sharking about: Jason

SCI-FI THRILLER

Dual

11am, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

This drily witty, entertainingly oddball sci-fi thriller stars Karen Gillan as Sarah, who orders a clone of herself when she learns she's terminally ill. Then it transpires that she's not so unwell after all and has to fight her double, which her boyfriend (Beulah Koale) and mum (Maija Paunio) prefer, in a duel to the death – because in this Darwinian future it's the law that only one version of a person is allowed to exist. Cue Aaron Paul's Trent, who has all the lethal skills Sarah requires to vanquish her inconvenient doppelganger in 12 months. 2022, 15, 94MIN

HORROR

The Pope's Exorcist

9pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

While this chiller is preposterous and borrows heavily from other movies (including, unsurprisingly, *The Exorcist*), it is a very entertaining romp. Russell Crowe delivers a ripe performance as Gabriele Amorth, a real-life priest who was the Vatican's chief exorcist, although the film's entirely fictional. An American family moves to an abbey in Spain to convert into their new home, but young Peter DeSouza-Feighoney becomes possessed by a particularly powerful demon and needs Amorth to shake it. Overacting and wild times ensue. 2023, 15, 143MIN

ANIMATION

Early Man

3.10pm, BBC1 (not Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Claymation maestro Nick Park's first feature film since 2005's *The Curse of the Were-Rabbit* is a typically daffy comedy adventure about a plucky caveman who rallies his misfit Stone Age tribe to save their valley from Bronze Age invaders by taking them on at football. The silly visual gags and groan-inducing puns ('Jurassic Pork' anyone?) come thick and fast. Eddie Redmayne heads the top-flight voice cast, which also includes Tom Hiddleston, Maisie Williams, Timothy Spall, Richard Ayoade and Miriam Margolyes. 2018, PG, 88MIN

COMEDY DRAMA

Empire Waist

3.15am, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

This amusing teen comedy drama sees introverted plus-size high-schooler Mia Kaplan learn to come out of her shell when Jemima Yevu rocks up. This is a girl for whom the term 'body confident' was created, and through Kaplan's caring parents (Rainn Wilson and Missi Pyle), the pair become firm friends, with Yevu persuading Kaplan to put her secret fashion ideas into the world. Large chunks of the movie revert to overly used tropes, but its message is loud, clear and essential. 2024, 12, 97MIN

■ Full listings start on p35

Sunday 14 September

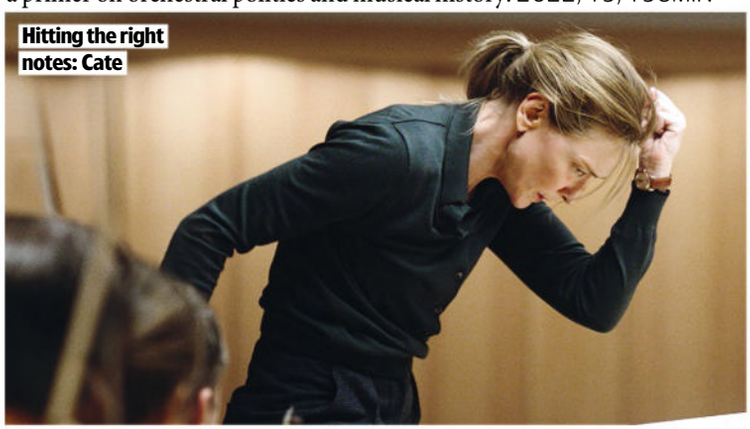
DRAMA

Tár

10pm, BBC2 (11pm Northern Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Incendiary on stage, renowned conductor Lydia Tár (Cate Blanchett) is predatory, provocative and abrasive off it. As she preps for a performance of Mahler's 5th Symphony in Berlin, rumours of impropriety (sexual, political and professional) dog her as she wrestles with pretenders to her throne (Mark Strong, excellent), social media and her fascination with cellist Sophie Kauer, despite being in a relationship with violinist Nina Hoss. Blanchett is sensational in Todd Field's drama, which asks pertinent questions about cancel culture, artistic integrity and gender, while providing a primer on orchestral politics and musical history. 2022, 15, 158MIN



Hitting the right notes: Cate

ANIMATION

Happy Feet Two

7.30am, Sky Animation ★★★

Sex ●●● Violence ●●● Language ●●●

Elijah Wood and his band of hip-hop penguins return with Robin Williams' comic sidekick for a lively sequel with a sing-a-long plot that wraps its broad-based climate-change message in lots of kid-friendly ice-capades. The feel-good story focuses on Mumble's son Erik and his fear of dancing, but after some cute moments and father-son-bonding, it soon segues into a more ambitious tale that has Antarctica and its creatures uniting to stop the ice from melting, while the Northern Lights are drafted in to add colour to all those frosty hues. 2011, U, 103MIN

CLASSIC DRAMA

Brief Encounter

3pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Rachmaninov piano music pounds on the soundtrack, steam trains whistle and two ultra-respectable lives collide when prim housewife Celia Johnson gets a speck of dust in her eye at Milford Junction railway station and married doctor Trevor Howard helps remove it. So the scene is set for some regular Thursday meetings... Still one of the screen's great romantic dramas, this classic, adapted from Noël Coward's stage play *Still Life*, is a masterpiece of restrained passion and sees director David Lean at his most intimate and imaginative. 1945, PG, 86MIN

ROMCOM

Love Actually

8pm, Sky 00s ★★★

Sex ●●● Violence ●●● Language ●●●

Set in a fairy-tale London, writer-director Richard Curtis' corny romcom is a treat for romantics. Telling several intertwined stories, its main focus is on prime minister Hugh Grant falling for Martine McCutcheon. Other strands include Liam Neeson dealing with his child's first crush, pop star Bill Nighy releasing a cheesy festive record and Emma Thompson thinking husband Alan Rickman is unfaithful. Colin Firth, Keira Knightley, Martin Freeman and Kris Marshall are among the other big names on board and they all get into the festive spirit. 2003, 15, 135MIN

HORROR

Halloween

10.50pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

It's 40 years since John Carpenter's horror classic and Jamie Lee Curtis reprises her iconic role as Laurie Strode for another showdown with bogeyman Michael Myers. Then a teen babysitter, she's now a hard-ass gran protecting her estranged daughter (Judy Greer) and teen granddaughter (Andi Matichak) after Myers escapes from custody. With director David Gordon Greene ensuring there are jumps, scares and laughs in all the right places, this is a fright fest to savour. 2018, 18, 106MIN

■ Full listings start on p45

Weekday movies over page

Monday 15 September

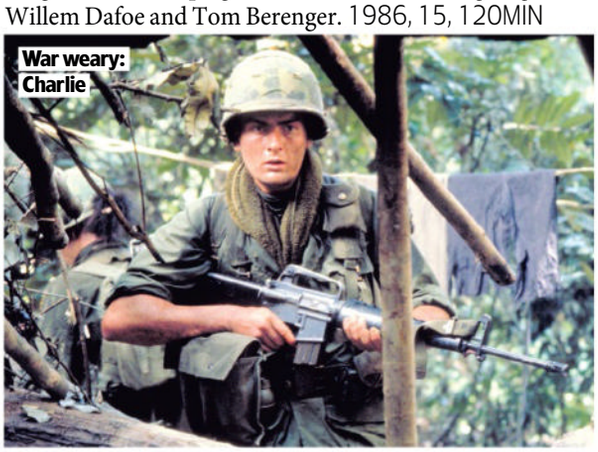
WAR DRAMA

Platoon

11.10pm, ITV4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A group of American soldiers fights both the enemy and each other in the jungles of 1968 Vietnam. Writer-director Oliver Stone (drawing on his own wartime experiences) impressively conveys the confusion and fear of fighting a war that has become meaningless and the larger issues come in for a sophisticated treatment, too, with rookie Charlie Sheen (in probably still his best performance) caught in a moral quagmire between contrasting sergeants Willem Dafoe and Tom Berenger. 1986, 15, 120MIN



War weary: Charlie

COMEDY

Blithe Spirit

10.40am, Sky Family ★★★

Sex ●●● Violence ●●● Language ●●●

Frazzled author Dan Stevens is struggling with writer's block – but that's just the start of his problems after eccentric medium Judi Dench unwittingly summons the ghost of his dead first wife (Leslie Mann) who causes all sorts of mischief for his second wife (Isla Fisher). This is nowhere near as good as the 1945 film and Stevens and Fisher are overly frantic, but Dench and Mann are fun and the sets and costumes look a treat. 2020, 12, 96MIN

THRILLER

Red Dragon

8pm, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

Previously filmed by Michael Mann as *Manhunter* in 1986, this is a slick adaptation of Thomas Harris' novel. Anthony Hopkins is cannibal Hannibal Lecter and Edward Norton's the FBI man who needs his help to catch a serial killer (Ralph Fiennes). Emily Watson and Philip Seymour Hoffman also make their roles count, but the film belongs to a lip-smacking Hopkins, slicing the menacing ham all the way to his final line. 2002, 15, 124MIN

FAMILY

Harold and the Purple Crayon

4.20pm, Sky Family ★★★

Sex ●●● Violence ●●● Language ●●●

In this amusing film of the much-loved picture book of the same name, anything that Harold (Zachary Levi) draws with his magic crayon becomes real, much to the delight of his newfound young friend Mel (Benjamin Bottani). Director Carlos Saldanha's big-hearted, well put-together mix of live action and animation entertains the whole family with its colourful, chaotic slice of kid-friendly fun. 2024, PG, 90MIN

HORROR

Bones and All

11.15pm, BBC3 ★★★★

Sex ●●● Violence ●●● Language ●●●

Taylor Russell's shy Reagan-era teen struggles to make connections at her Virginia school then, when a sleepover goes bloodily south, she ends up on the road, searching for her absent biological mum while running into other 'eaters', including Timothée Chalamet. Luca Guadagnino's film is an achingly cool mix of horror and romance, though won't suit all palates. 2022, 18, 131MIN

■ Full listings start on p55

Tuesday 16 September

THRILLER

Red Eye

10.40pm, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Rachel McAdams plays a plane passenger on a night flight who discovers that the seemingly amiable stranger (Cillian Murphy) in the seat next to her is actually a psychotic hitman planning a political assassination – and that she is vital to his scheme, or her dad (Brian Cox) will die… You could fly a jumbo jet through the holes in the plot of this thriller, but what the film lacks in credibility it makes up for in sheer suspense, which director Wes Craven cranks up until the breathless white-knuckle climax. 2005, 12, 85MIN

Up in the air: Rachel and Cillian

SUPERHERO

The Amazing Spider-Man

3.15pm, Sky 10s ★★★

Sex ●●● Violence ●●● Language ●●●

Andrew Garfield is Peter Parker, the geeky teen-turned-web-slinging superhero in this relaunch. The action lacks the zip of his predecessor Tobey Maguire's 2002 outing, despite offering a fresh take on the character's origins. But Garfield is excellent, churning with splendid teenage angst, and his courtship of schoolmate Gwen Stacy (Emma Stone) is full of spark. The sequel follows at 5.35pm. 2012, 12, 136MIN

MUSICAL COMEDY

Mean Girls

8pm, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

Returning to her canny 2004 film (catch it at 11.40pm) via Broadway, writer-star Tina Fey's film is an enjoyable redo. Angourie Rice is the brainy new kid at school infiltrating Reneé Rapp's Plastics to get revenge on behalf of Auli'i Cravalho and Jaquel Spivey's outsiders. The cookie-cutter songs make for a saggy second half, but Rice and Rapp contrast nicely and the adults (including Jon Hamm) have fun. 2023, 12, 112MIN

DRAMA

It Ends with Us

8pm, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

A story involving domestic violence and coercive control comes with an incongruously glossy sheen in this take on Colleen Hoover's bestseller. Blake Lively plays Lily, who falls for neurosurgeon Ryle (Justin Baldoni, also directing) despite warning signs of his volatile streak. Christy Hall's screenplay is admirably astute, but Baldoni's lush melodrama has a surface superficiality that's too content to wallow in fantasy. 2024, 15, 125MIN

HORROR COMEDY

Zombieland

9pm, Comedy Central ★★★★

Sex ●●● Violence ●●● Language ●●●

America's been overrun by zombies and mismatched survivors, nervy Jesse Eisenberg and gun-toting Woody Harrelson, are heading for California. Along the corpse-strewn road, they come across con artists Emma Stone and Abigail Breslin. This hilarious horror comedy is a joy from start to finish and just wait for Bill Murray's hysterical cameo. 2009, 15, 88MIN

■ Full listings start on p65

Wednesday

COMEDY DRAMA

Babylon

10.55pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Over the course of three lurid, frenetic hours, writer-director Damien Chazelle's film follows starlet Margot Robbie, gifted trumpeter Jovan Adepo, eager dreamer Diego Calva and hedonistic silent film star Brad Pitt, whose days are numbered

COMEDY DRAMA

Save the Cinema

7.40am, Sky Family ★★★

Sex ●●● Violence ●●● Language ●●●

Inspired by a true story, this sweet, if routine, film follows a Welsh community trying to stop its beloved picture house being levelled to make way for a shopping centre – and finding an unlikely saviour in Steven Spielberg when *Jurassic Park* shared its 1993 London premiere with a screening in Carmarthen. A game cast is led by Samantha Morton and Tom Felton as the heroes and Adeel Akhtar and Colm Meaney as the baddies. 2021, 12, 109MIN

PERIOD DRAMA

The Aftermath

12m't, BBC1(12.30am Scotlnd, not Northern Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Raw from the loss of her son during the war, Keira Knightley's grieving mum travels to war-shattered occupied Hamburg in 1946 to join her army husband (Jason Clarke), sharing a requisitioned home with its owner, Alexander Skarsgård's widowed German architect. As her husband goes about his job of putting the country back together, a compelling romance, fraught with tension and peril, unfolds. 2019, 15, 109MIN

17 September

in 1920s Hollywood. Parties, premieres and mishap-ridden shoots conjure up an immersive vision of Tinseltown's golden era that reveals the depths to which those seduced by it will descend. The result is a chunk of cinema culminating in an extraordinary psychedelic montage on the evolution of the moving image. 2022, 18, 189MIN

Star struck: Diego, Margot, Brad and Jovan

DRAMA

Words on Bathroom Walls

12m't, BBC3 ★★★★

Sex ●●● Violence ●●● Language ●●●

A touching and perceptive drama, based on Julia Walton's hit novel and starring Charlie Plummer as schizophrenic teen Adam. His world falls apart after a major psychotic episode, then, sent to a new school, he falls for high-achiever Maya (Taylor Russell) who has a secret of her own. The ending is a little forced, but otherwise this is amusing, tender and lighthearted – and the leads are terrific. 2020, 12, 110MIN

BIOPIC

American Sniper

3.45am, Sky 10s ★★★★

Sex ●●● Violence ●●● Language ●●●

Bradley Cooper is superb in this thrilling and troubling biopic of Chris Kyle, the Navy SEAL whose prowess with a rifle in Iraq won him renown as the most lethal sniper in US military history. Director Clint Eastwood gets into the heart of combat, while also telling us much about masculinity and violence, trauma and denial, and America's fatal romance with guns. 2014, 15, 132MIN

■ Full listings start on p75

Thursday 18 September

THRILLER

The Girl on the Train

6.50am & 8pm, Sky Gems ★★★★

Sex ●●● Violence ●●● Language ●●●

This gripping mystery, based on Paula Hawkins' book, moves the action from the UK to the US where Emily Blunt's self-loathing, prickly drunk, still reeling from the end of her marriage, is sent into an even greater tailspin when she's drawn into the disappearance of a woman (Haley Bennett). Director Tate Taylor does an effective job, juggling the story's time frames and points of view, and the brilliant Blunt leads an excellent cast that also includes Luke Evans, Justin Theroux and Rebecca Ferguson. 2016, 15, 116MIN

Off the rails: Emily

DRAMA

Dallas Buyers Club

6pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

By turns obnoxious, dogged, canny, compassionate and brave, Matthew McConaughey is mesmerising to watch as a Texan good 'ol boy diagnosed with Aids and given 30 days to live. So he sets up a club selling life-extending but unlicensed drugs to fellow sufferers. Set in 1985 and based on a true story, this stirring tale of underdog triumph undoubtedly simplifies the events, but McConaughey's Oscar-winning performance packs a punch. 2013, 15, 117MIN

SCI-FI ACTION

Edge of Tomorrow

8pm, Sky 10s ★★★★

Sex ●●● Violence ●●● Language ●●●

This terrific sci-fi stars Tom Cruise as a cowardly PR expert who becomes an unwilling soldier and ends up in a time loop, reliving the same day of combat against an unstoppable extraterrestrial race again and again. As Cruise gradually hones his fighting skills, he teams up with Emily Blunt's warrior in a bid to defeat the tentacle-waving enemy. The darkly comic early scenes are the best, but Cruise is a winner all the way. 2014, 12, 113MIN

ACTION

The Contractor

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Chris Pine looks the part as a discharged special forces sergeant who finds work with a private contracting firm run by Kiefer Sutherland's veteran soldier. Director Tarik Saleh gathers together a strong cast – Eddie Marsan, Nina Hoss and Ben Foster all feature – though the plot is familiar mission-going-awry stuff. However, Pine is predictably reliable as the family man becoming caught up in corruption and criminality. 2022, 15, 103MIN

COMEDY

Miss Congeniality

9.45pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Sandra Bullock is ideally cast as a slobbish FBI agent who has to glam up when she goes undercover as a Miss United States beauty pageant contestant to thwart a bomber. Bullock is effortlessly funny, Michael Caine is good value as her grooming advisor and William Shatner is a hoot as the contest's master of ceremonies. 2000, 12, 109MIN

■ Full listings start on p85

Friday 19 September

BIOPIC

Selma

11pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

This impassioned portrait of Martin Luther King Jr is dominated by David Oyelowo, who brilliantly conveys King's gifts, and also his all-too-human frailties. The film focuses on a single, highly charged episode in the Civil Rights struggle: the 1965 march from Selma to Montgomery in Alabama demanding equal voting rights for America's black citizens. But appalling mayhem ensues when barbed-wire club and bullwhip-wielding white cops attack protesters on the Edmund Pettus Bridge. 2014, 12, 128MIN

Taking a stand: David and co

CRIME DRAMA

He Went That Way

6am & 12.30am, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

Based on a 1963 true story, this odd but beautifully shot drama stars Jacob Elordi as a serial killer who hitches a ride with Zachary Quinto and his performing chimp partner. The film follows their three-day trip across the US, as Elordi's affection for the ape effectively keeps Quinto alive. Quinto's character lacks depth, but Elordi shines as a confused kid who's both quick-tempered and vulnerable. 2023, 15, 95MIN

SUPERHERO

Aquaman

6.15am & 4.45am, Sky DC ★★★

Sex ●●● Violence ●●● Language ●●●

Following supporting turns alongside Batman, Superman and Wonder Woman, Jason Momoa's superhero dives into his first solo adventure in an ostentatiously kitsch origin tale. Momoa's buoyant humour keeps the film afloat as it wades through oceans of mythology and back story as Amber Heard's subaquatic princess sends out a call for him to claim the Atlantean throne. 2018, 12, 143MIN

FANTASY

Legion

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

This well-made, entertaining, over-the-top and visually striking fantasy motors along on its tongue-in-cheek sense of humour and ridiculous premise. Dennis Quaid plays a desert diner owner who, with his son (Lucas Black) and customers, is stuck in the middle when fallen angel Paul Bettany arrives on the scene to save mankind and initiates an apocalyptic scrap to the death with Kevin Durand. 2010, 15, 100MIN

ROMCOM

Knocked Up

10.40pm, BBC1 (11.10pm Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Katherine Heigl's TV presenter finds herself pregnant after a one-night stand with Seth Rogen's slacker. While he gets set to accept the responsibilities of parenthood, she frets about the effect pregnancy will have on her career. There are laughs galore in this warm-hearted, often hysterically funny mix of quirky romcom and gross-out comedy. 2007, 15, 129MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the action

LIVE ATHLETICS

Sat-Fri, BBC1, BBC2 & TNT Sports

Team GB finished seventh in the medal table at the last World Athletics Championships, in Budapest two years ago, when Josh Kerr and Katarina Johnson-Thompson returned home with golds as part of a 10-medal haul.

They'll be out to better that tally as Tokyo hosts this year's nine-day event, with many of the track-and-field events beginning at night or in the morning for UK viewers due to the eight-hour time difference. Highlights will be on BBC3 (Sat-Fri, 7pm).

Here, we pick 10 home-grown and overseas stars who could set the competition alight…

World Championships

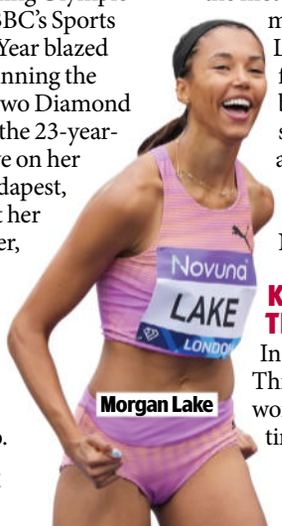
Track-and-field superstars **go for gold** in Tokyo

KEELY HODGKINSON

Having struggled with injury since sensationally winning Olympic gold in Paris, the BBC's Sports Personality of the Year blazed back in August, winning the women's 800m at two Diamond League events. As the 23-year-old tries to improve on her silver medal in Budapest, she'll be up against her GB training partner, Olympic 1500m bronze medallist Georgia Hunter Bell, who recently clocked a PB at 800m, and Swiss star Audrey Werro.

MORGAN LAKE

The 28-year-old high jumper became the first British woman to clear two metres at the Diamond League final in August. She finished fourth in 2023 but bombed out in Paris – can she pose a threat to world and Olympic champion Yaroslava Mahuchikh of Ukraine, and Australia's Nicola Olyslagers?



Morgan Lake

KATARINA JOHNSON-THOMPSON

In the absence of Nafissatou Thiam, KJT became heptathlon world champion for the second time in 2023, only for the Belgian to make a winning return in Paris, claiming a third consecutive Olympic title as the Liverpudlian, 32, took silver. American Anna Hall will also pose a threat.

JOSH KERR

Only three men in World Championship history have successfully defended the men's 1500m title. The 27-year-old will be aiming to add his name to the list as he takes on Norway's Jakob Ingebrigtsen, along with USA's Olympic champion Cole Hocker and fellow Brits, 2022 world champion Jake Wightman, and world indoor silver medallist Neil Gourley.

Josh Kerr

DARYLL NEITA

The 29-year-old Londoner will be looking for more women's 4x100m relay success but also hoping for personal glory after placing fourth in the 100m and fifth in the 200m in Paris. She's aiming to outsprint her rivals: teammate Dina Asher-Smith, the USA's Melissa Jefferson-Wooden, and Olympic champion Julien Alfred of St Lucia.

WORDS: RICHARD MCCLURE. PHOTOS: ADOBE STOCK, GETTY

THE MAIN EVENT

LIVE FOOTBALL

Tuesday-Thursday, TNT Sports & Prime Video

A record six Premier League clubs are competing in the Champions League as the 36-team league phase begins this week – each side playing eight matches as they bid for a place in the knockout stage. Here's how they begin their campaigns...

Harry Kane (Bayern Munich), Kevin De Bruyne (Napoli), Viktor Gyökeres (Arsenal) and Lamine Yamal (Barcelona)

Champions League

The **English clubs** open their campaigns against tough opposition

ATHLETIC BILBAO v ARSENAL

Tue, kick-off 5.45pm, TNT Sports 1

Mikel Arteta's side begin in the Basque Country in the clubs' first competitive fixture, though they met recently in the Emirates Cup when Viktor Gyökeres netted in a 3-0 win. Bilbao are back after an 11-year absence and have tied down Spain star Nico Williams on a long-term contract.

TOTTENHAM HOTSPUR v VILLARREAL

Tuesday, kick-off 8pm, Prime Video

Coach Thomas Frank makes his debut in the tournament after Spurs claimed a Champions League place by winning the Europa League. New signing Xavi Simons will be out to impress, while Villarreal defender Juan Foyth returns to North London after three seasons as a Spurs player.

LIVERPOOL v ATLÉTICO MADRID

Wednesday, kick-off 8pm, TNT Sports 1

Having seen Arne Slot spend £415m over the summer, Liverpool fans will have high hopes of a seventh European Cup triumph. Record British signing Alexander Isak takes his place in a new-look attacking line-up that includes fellow summer acquisitions Florian Wirtz and Hugo Ekitike.

BAYERN MUNICH v CHELSEA

Wednesday, kick-off 8pm, TNT Sports 2

Vincent Kompany's six-time winners welcome the club world champions to Munich for a repeat of the 2012 final that the Blues won on penalties. Loanee Nicolas Jackson faces his former teammates, joining Harry Kane and former Liverpool star Luis Díaz in a strong Munich forward line.

NEWCASTLE UNITED v BARCELONA

Thursday, kick-off 8pm, TNT Sports 1

Eddie Howe couldn't have wished for more illustrious opponents to mark the Magpies' return to the Champions League. The Spanish giants haven't reached the final for 10 years, but boast a formidable strike force of Lamine Yamal, Raphinha, Ferran Torres and Marcus Rashford.

MANCHESTER CITY v NAPOLI

Thursday, kick-off 8pm, TNT Sports 2

After joining the Italian champions, Kevin De Bruyne will get a hero's welcome at the Etihad where he won six league titles. Manchester City will need to improve on a lacklustre start to the season which saw them lose two of their first three Premier League matches for the first time since 2004-05.

Daryll Neita, Keely Hodgkinson and Katarina Johnson-Thompson

FEMKE BOL
The Dutch hurdler claimed a fifth Diamond League triumph last month and is defending her world title in the women's 400m hurdles.

FAITH KIPYEGON
Kenya's multiple gold medallist broke her own women's 1500m world record in July.

Armand Duplantis

ARMAND DUPLANTIS
Sweden's pole vault superstar has broken his own world record three times in 2025 and is aiming for a third consecutive world title.

NOAH LYLES
The American sprinter is finding form at the right time as he defends his men's 100m and 200m world titles.

BEATRICE CHEBET
The Kenyan holds world records and Olympic titles in both the women's 5000m and 10,000m. But can she win her first world title?

LIVE CRICKET

Ireland v England: T20s

Wed & Fri, play starts 1.30pm, TNT Sports 1

England's Jacob Bethell

At just 21, Jacob Bethell becomes the youngest player to captain his country when the all-rounder skippers England in a three-match T20 series against Ireland. There's more white-ball action on Saturday when Edgbaston stages the T20 Blast Finals Day, beginning with the first semi-final at 10.30am (Sky Sports Cricket) with defending champions Gloucestershire having crashed out in the group stage.

LIVE RUGBY UNION

Women's Rugby World Cup

Sat & Sun, BBC1 & BBC2

Scotland's Francesca McGhie

England, Scotland and Ireland have made it through to the quarter-finals, along with Canada, New Zealand, South Africa and France. The match-ups had yet to be decided as we went to press, but the Red Roses looked set for a showdown on Sunday against Scotland, who have reached the last eight for the first time since 2010. The first semi-final takes place on Friday (kick-off 7pm, BBC2).

LIVE BOXING

Canelo Álvarez v Terence Crawford

Saturday 13 Sept, Netflix

Álvarez and Crawford

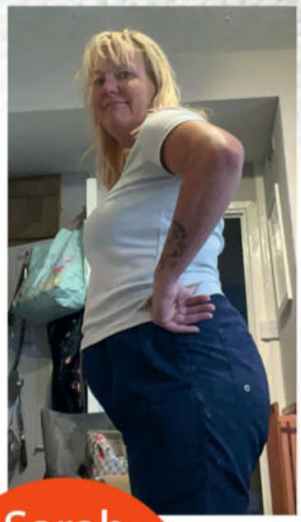
After its last two boxing matches drew massive audiences, Netflix is streaming another hard-hitting showdown on Saturday when Mexico's undisputed champion Canelo Álvarez puts his super-middleweight belts on the line against US challenger Terence Crawford. The American has won all 41 of his fights, with 31 of them by knockout, and will be stepping up from light-middleweight for the bout.

Sport A-Z and football planner »»

diet Chef
enjoy losing weight

Weight loss made simple

with £100 off*



Sarah
Lost
2st 9lbs

Reach your goals with our chef-prepared meals delivered to your door

Simple

Get 28 ready-made breakfasts, lunches, dinners, and snacks – delivered straight to your door.

Stress-free

Our meals are chef-prepared, at the right amount of calories. No cooking, no counting, just heat and eat.

Save more

Lose weight from just £2.27 per meal. Every plan includes FREE delivery!

EXCLUSIVE OFFER!

WAS £319, **NOW ONLY £219**

Save an extra £100 on all plans with code **TV100**

Visit **dietchef.co.uk** or call **0131 608 0105**

TERMS AND CONDITIONS: *An extra £100 off applies to the first month of all plans and includes free standard delivery. Additional charge for Saturday delivery. Offer not applicable for orders on www.dietchefkitchen.com. Discount code must be used at the time of ordering. Only one code per order. Code cannot be applied to any other offer and closes 31st October 2025. New customers only. Photograph of Sarah courtesy of Eddie Judd Photography.

Sport week A-Z GUIDE

AMERICAN FOOTBALL

LIVE Notre Dame Fighting Itish v Texas A&M Aggies
Sat 8.30pm Sky Sports NFL

LIVE Detroit Lions v Chicago Bears
Sun 5.30pm Sky Sports NFL & 7.30pm Sky Sports Main Event
The NFL match from Ford Field.

LIVE Dallas Cowboys v New York Giants
Sun 5.30pm Sky Sports+
The NFL game from AT&T Stadium.

LIVE Miami Dolphins v New England Patriots
Sun 6.30pm 5
NFL fixture at Hard Rock Stadium.

LIVE Indianapolis Colts v Denver Broncos
Sun 9pm Sky Sports+
The NFL week two match staged at Lucas Oil Stadium.

LIVE Kansas City Chiefs v Philadelphia Eagles
Sun 9.15pm Sky Sports Main Event & Sky Sports NFL
The NFL week two match from GEHA Field at Arrowhead Stadium.

LIVE Minnesota Vikings v Atlanta Falcons
Sun 1.10am Sky Sports Main Event & Sky Sports NFL
The NFL game at U.S. Bank Stadium.

LIVE Houston Texans v Tampa Bay Buccaneers
Mon 11.45pm Sky Sports NFL & 12m't Sky Sports Main Event
The NFL fixture at NRG Stadium.

LIVE Las Vegas Raiders v Los Angeles Chargers
Mon 2.45am Sky Sports+, 3am Sky Sports Main Event & Sky Sports NFL
The NFL game at Allegiant Stadium.

LIVE NFL
Thu 12m't Sky Sports Main Event & Sky Sports NFL

ATHLETICS

LIVE World Championships
Sat 9.30am & 11.55pm, Sun 10am, Mon & Tue 11am & 1pm, Wed & Fri 11am, Thu 10.30am, Fri 10am & 1am BBC2; Sat 10am TNT Sports 4; Sat 11.45am, Sun 12.15pm & 12.05am, Mon & Tue 12.15pm, Wed & Thu 2pm BBC1; Sat 12m't, Sun 10.30am & 12m't, Mon & Tue 11.30am, Wed & Thu 11am, Fri 9.30am & 11.30pm TNT Sports 3
Days one to eight staged at Japan National Stadium, Tokyo. See p28.

SUBSCRIPTION OFFER
6 issues for £1*
ONLY 17p AN ISSUE

visit: tvsatsubs.co.uk/D67K
Terms and Conditions: *Offer closes 31 October 2025. After your first six issues, your subscription will continue on at £31.25 every three months. For full T&Cs, visit magazinesdirect.com/terms.

Rugby league
Hull KR have been the form side in Super League – can star Mikey Lewis engineer a win over Wakefield on Saturday?

AUSTRALIAN RULES

LIVE Port Adelaide v Melbourne
Sat 6am TNT Sports 3

LIVE AFL first semi-final
Sat 7am TNT Sports 1

LIVE GWS Giants v Western Bulldogs
Sat 7.30am TNT Sports 4

LIVE Richmond v Geelong Cats
Sat 4am TNT Sports 1

LIVE Brisbane Lions v North Melbourne Tasmanian Kangaroos
Sun 6am TNT Sports 1

LIVE Fremantle v West Coast Eagles
Sun 8am TNT Sports 1

LIVE AFL first preliminary final
Fri 10am TNT Sports 1

LIVE Collingwood v Hawthorn
Fri 3.30am TNT Sports 1

LIVE Port Adelaide v Geelong Cats
Fri 4am TNT Sports 2

LIVE North Melbourne Tasmanian Kangaroos v Carlton
Fri 5.30am TNT Sports 3

BASEBALL

LIVE Boston Red Sox v New York Yankees
Sat 9pm TNT Sports 2
The MLB fixture.

LIVE San Francisco Giants v Los Angeles Dodgers
Sat 2am TNT Sports 2
The MLB match.

LIVE Boston Red Sox v New York Yankees
Sun 6.30pm TNT Sports 2
The MLB game.

LIVE San Francisco Giants v Los Angeles Dodgers
Sun 9pm TNT Sports 4
The MLB fixture.

LIVE MLB
Sun 12m't, Tue 12m't & 3am TNT Sports 1

LIVE Houston Astros v Texas Rangers
Mon 1am TNT Sports 1

LIVE New York Mets v San Diego Padres
Wed 12m't TNT Sports 1
The MLB fixture from Citi Field.

LIVE Baltimore Orioles v New York Yankees
Thu 12m't TNT Sports 1
The MLB match at Camden Yards.

LIVE Los Angeles Dodgers v San Francisco Giants
Thu 3am TNT Sports 2

LIVE Detroit Tigers v Atlanta Braves
Fri 11.30pm TNT Sports 1
The MLB match at Comerica Park.

BOXING

LIVE Canelo Álvarez v Terence Crawford
Sat 8.30pm Netflix
The super-middleweight bout at Allegiant Stadium. See p29.

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 9pm TNT Sports 1

LIVE Diego Lopes v Jean Silva
Sat 11pm TNT Sports 1

CRICKET

LIVE T20 Blast
Sat 10.30am Sky Sports Cricket
The first semi-final from Edgbaston.

LIVE T20 Blast
Sat 2.15pm Sky Sports Cricket & 3pm Sky Sports Main Event
The second semi-final at Edgbaston.

LIVE T20 Blast
Sat 6.15pm Sky Sports Cricket
The final at Edgbaston, Birmingham.

LIVE England v South Africa
Sun 2pm 5 & Sky Sports Cricket, 2.30pm Sky Showcase
The third T20 from Trent Bridge.

LIVE Guyana Amazon Warriors v Barbados Royals
Sun 11.30pm TNT Sports 2

LIVE County Championship
Mon 10.20am, Tue-Thu 10.25am Sky Sports Cricket

LIVE Ireland v England
Wed 1pm TNT Sports 1
The first T20 at the Village. See p29.

LIVE CPL
Wed 12.30am TNT Sports 2
Eliminator play-off in Guyana.

LIVE CPL
Thu 12.30am TNT Sports 3
The first qualifier play-off.

LIVE Ireland v England
Fri 1pm TNT Sports 1
The second T20 at the Village.

CYCLING

LIVE Vuelta a España
Sat 11.45am & Sun 3.15pm TNT Sports 3; Sat & Sun 3.15pm TNT Sports 1
The 20th and 21st stages.

LIVE UCI Mountain Bike World Championship
Sun 12.15pm TNT Sports 1

LIVE Grand Prix Montreal
Sun 7.30pm TNT Sports 3

LIVE Tour of Slovakia
Wed 2pm & Fri 12noon TNT Sports 4; Thu 12noon TNT Sports 2

LIVE Tour of Luxembourg
Wed 2.45pm TNT Sports 3; Thu 2pm TNT Sports 2; Fri 2pm TNT Sports 4

LIVE UCI Mountain Bike World Series
Fri 4pm TNT Sports 3 & 5.15pm TNT Sports 1

DARTS

LIVE World Series
Sat & Sun 11.45am & 6pm ITV4
Days two and three at AFAS Arena.

GOLF

LIVE PGA Championship
Sat & Sun 8.30am Sky Sports Golf
Days three and four in Surrey.

LIVE Swiss Ladies Open
Sat 1pm Sky Sports Mix
Day three at Golfpark Holzhausern.

LIVE Kroger Queen City Championship
Sat & Sun 6pm Sky Sports Golf
Days three and four from Ohio.

LIVE Procore Championship
Sat 11pm Sky Sports Main Event; Sat & Sun 11pm Sky Sports Golf
The third and fourth days at Silverado Country Club in California.

LIVE Fedex Open de France
Thu 12.30pm & Fri 3.15pm Sky Sports Main Event; Thu & Fri 12.30pm Sky Sports Golf
The first and second days in Paris.

LIVE La Sella Open
Thu & Fri 2pm Sky Sports Mix; Thu 2.30pm & Fri 2pm Sky Sports+
The first and second days in Spain.

LIVE Walmart NW Arkansas Championship
Fri 9pm Sky Sports Golf & 10.30pm Sky Sports Main Event
Day one at Pinnacle Country Club.

HORSE RACING

LIVE Doncaster
Sat 1pm & Sun 2.15pm ITV1
Days three and four of St Leger Festival.

ICE HOCKEY

LIVE Glasgow Clan v Manchester Storm
Wed 7.15pm Premier Sports 1

MOTORCYCLING

LIVE MotoGP
Sat 7.30am & 11.45am TNT Sports 2
Grand Prix of San Marino second free practice and qualifying sessions.

LIVE Grand Prix of San Marino MotoGP sprint race
Sat 1.45pm TNT Sports 2

LIVE MotoGP Rookies Cup
Sat 3.45pm & Sun 7.30am TNT Sports 2
The Grand Prix of San Marino races.

LIVE FIM Speedway Grand Prix
Sat 5.30pm TNT Sports 2

LIVE MotoGP
Sun 8.30am TNT Sports 2
Grand Prix of San Marino warm-up.

LIVE Grand Prix of San Marino Moto3 race
Sun 9am TNT Sports 2

LIVE Grand Prix of San Marino Moto2 race
Sun 11am TNT Sports 2

LIVE Grand Prix of San Marino MotoGP race
Sun 12.15pm TNT Sports 2
Round 16 of the season at Misano World Circuit Marco Simoncelli.

LIVE British Speedway
Mon 7.30pm TNT Sports 2; Thu 7.45pm TNT Sports 3

MOTORSPORT

LIVE MotoE Grand Prix of San Marino
Sat 11am & 3pm TNT Sports 2

LIVE World Rally Championship
Sat 3pm & Sun 5pm TNT Sports 4; Sat 6.45pm & 9pm TNT Sports 3

LIVE NASCAR
Sat 12m't Premier Sports 1

LIVE Motocross World Championship
Sat 5am & Sun 8am TNT Sports 3

LIVE V8 Supercars Championship
Sun 5.15am TNT Sports 4

LIVE European Le Mans Series
Sun 10.30am TNT Sports 4
The Four Hours of Silverstone.

LIVE Formula 2
Fri 6.55am Sky Sports F1
Azerbaijan Grand Prix practice.

LIVE Formula 1
Fri 9am Sky Sports Main Event & Sky Sports F1
Azerbaijan Grand Prix first practice.

LIVE Formula 2
Fri 10.55am Sky Sports F1
Azerbaijan Grand Prix qualifying.

LIVE Formula 1
Fri 12.45pm Sky Sports F1 & 1pm Sky Sports Main Event
Azerbaijan Grand Prix second practice session at Baku City Circuit.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 3

RUGBY LEAGUE

LIVE NRL second qualifying final
Sat 7.05am Sky Sports Mix

LIVE NRL first elimination final
Sat 10.50am Sky Sports Mix

Sport A-Z and football planner >>>

TV&Satellite week

TRAVEL OFFERS

2026 RIVER CRUISE SALE - SAVE £100 PER PERSON

4* MS Verdi by rail or air - code AM4

● **Departs 9 April 2026**

ITINERARY

Amsterdam & Keukenhof Gardens > Rotterdam > Kinderdijk > Hoorn > Enkhuzen > Amsterdam

4* MS Otello by rail or air - code RB9

● **Departs 20 Sept 2026**

ITINERARY Cologne, Germany > Rüdesheim > Speyer > Strasbourg, France > Basel, Switzerland & optional Lucerne visit > Breisach & optional Colmar visit > Koblenz & optional Boppard Wine Festival visit > Cologne

4* MS Carmen by air - code DB5

● **Departs 30 May 2026**

ITINERARY Budapest, Hungary > Bratislava, Slovakia > Dürnstein > Linz & optional Salzburg visit > Melk > Vienna, Austria > Budapest

ALL CRUISES INCLUDE ● Escorted rail travel from London St Pancras, or flights from UK airports, and transfers abroad (Danube by air only) ● Standard, en-suite lower deck cabin - singles & upgrades available ● Full-board & FREE local brands of beer, wine and soft drinks at lunch, dinner & 6pm to midnight each night ● Entertainment every night featuring top UK music artists ● Selection of optional excursions (Keukenhof Gardens included on Dutch cruise)

GN Holidays & Voyages — Quality Holidays Since 1997

Call 01895 83 33 33

9am to 5.30pm weekdays. Book online at **gnholidays.com**

ABTA Y0291 ATOL 9362

Holidays operated by GN Holidays & Voyages (ATOL 9362 ABTA Y0291). Price shown is per person and based on travel by rail (flight supplement may apply) and two people sharing a lower deck cabin – single cabins and upgrades available. Over 40s only.

100% FINANCIAL PROTECTION

GOLD BRITISH TRAVEL AWARDS 2024

Football planner

LIVE Wakefield Trinity v Hull Kingston Rovers
Sat 5pm Sky Sports+ (kick-off 5.30pm) Super League match from DIY Kitchens Stadium.

LIVE Wests Tigers v New Zealand Warriors
Sat 3am Sky Sports Mix

LIVE Newcastle Knights v St George Illawarra Dragons
Sat 4.45am Sky Sports Mix

LIVE NRL second elimination final
Sun 7.05am Sky Sports+

LIVE NRL first semi-final
Fri 10.50am Sky Sports+

LIVE Wigan Warriors v Leeds Rhinos
Fri 7.30pm Sky Sports+ (kick-off 8pm) Super League match at the Brick Community Stadium.

LIVE NRLW
Fri 5am Sky Sports Mix

RUGBY UNION

LIVE New Zealand v South Africa
Sat 7.55am Sky Sports Main Event & Sky Sports+

LIVE Women's World Cup opening quarter-final
Sat 12.30pm BBC2 (kick-off 1pm) From Sandy Park, Exeter. See p29.

LIVE Women's World Cup second quarter-final
Sat 3.30pm BBC2 (kick-off 4pm) From Ashton Gate, Bristol.

LIVE Women's World Cup third quarter-final
Sun 12.15pm BBC2 (kick-off 1pm) From Sandy Park, Exeter.

LIVE Women's World Cup fourth quarter-final
Sun 3.30pm BBC1 (kick-off 4pm) From Ashton Gate, Bristol.

LIVE Racing 92 v Bordeaux
Sun 8pm Premier Sports 2

LIVE Taranaki v Hawke's Bay
Fri 8am Sky Sports Mix

LIVE Women's World Cup opening semi-final
Fri 6.30pm BBC2 (kick-off 7pm) From Ashton Gate, Bristol. See p29.

SNOOKER

LIVE Home Nations Series English Open
Mon 1pm & 7pm, Tue & Thu 1pm, Fri 6.45pm TNT Sports 1; Tue-Thu 7pm TNT Sports 4; Wed 1pm & Fri 11.45am TNT Sports 2

TENNIS

LIVE Ireland v China
Sat 12noon & 2.05pm, Sun 11am, 1.20pm & 3.25pm Premier Sports 2

LIVE Sao Paulo Open
Sat 5pm & Sun 7pm Sky Sports Tennis

LIVE Guadalajara Open
Sat 12m't & Sun 1am Sky Sports+ & Sky Sports Tennis

LIVE Korea Open
Mon & Tue 6am Sky Sports Main Event, Sky Sports+ & Sky Sports Tennis

LIVE WTA and ATP Tours
Wed-Fri 6am Sky Sports+ & Sky Sports Tennis The WTA Korea Open, ATP Chengdu Open and ATP Hangzhou Open.

LIVE Laver Cup
Fri 9pm & 3am TNT Sports 4

LIVE PREMIER LEAGUE

Manchester City v Manchester United

Sunday, kick-off 4.30pm, Sky Sports Main Event & Sky Sports Premier League

As the league resumes after the international break, both Manchester sides are mid-table and each has signed a new keeper. Gianluigi Donnarumma and Senne Lammens could make their debuts today.

LIVE EFL CUP

Sheffield Wednesday v Grimsby Town

Tuesday, kick-off 7.45pm, Sky Sports+ streaming

Grimsby's reward for their sensational victory over Manchester United is a third-round trip to Hillsborough. The Owls defeated Leeds United in the last round in a near-empty stadium as fans continued to protest the club's ownership.

LIVE EFL CUP

Brentford v Aston Villa

Tue, kick-off 8pm, Sky Sports Football & Sky Sports Main Event

This all-Premier League third-round tie should see a raft of new faces. Villa have brought in Victor Lindelöf along with loan deals for Harvey Elliott and Jadon Sancho, while the Bees have secured winger Reiss Nelson on loan from Arsenal.

Saturday 13

LIVE Charlton Athletic v Millwall
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm) Championship match at The Valley.

LIVE Arsenal v Nottingham Forest
11am TNT Sports 1 (kick-off 12.30pm) The Premier League match at Emirates Stadium.

LIVE Oxford United v Leicester City
12.25pm Sky Sports+ (kick-off 12.30pm) Championship game staged at Kassam Stadium.

LIVE Getafe v Oviedo
12.55pm Premier Sports 1 (kick-off 1pm) The LaLiga match.

LIVE West Ham United v Tottenham Hotspur
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) The Premier League game at London Stadium.

LIVE Juventus v Inter Milan
5.15pm TNT Sports 1 Serie A game at Allianz Stadium.

LIVE Hibernian v Dundee United
5.15pm Premier Sports 1 (kick-off 5.45pm) The Scottish Premiership fixture at Easter Road.

LIVE Cove Rangers v Inverness CT
5.20pm BBC Alba (kick-off 5.30pm)

LIVE Bayern Munich v Hamburg SV
5.20pm Sky Sports Football (kick-off 5.30pm) The Bundesliga match staged at Allianz Arena.

LIVE Athletic Bilbao v Alavés
5.25pm Premier Sports 2 (kick-off 5.30pm) LaLiga fixture.

LIVE North Carolina Courage v Angel City FC
5.30pm TNT Sports 4 (kick-off 5.30pm) NWSL match.

LIVE Brentford v Chelsea
7.45pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match staged at Gtech Community Stadium.

LIVE Feyenoord v SC Heerenveen
7.55pm Premier Sports 2 (kick-off 8pm) Eredivisie match.

LIVE Atlético Madrid v Villarreal
8pm Disney+ (kick-off 8pm) The LaLiga match staged at Riyadh Air Metropolitano Stadium.

LIVE Orlando Pride v Bay FC
10pm TNT Sports 4 (kick-off 10pm)

LIVE Estudiantes v River Plate
10.55pm Premier Sports 2 (kick-off 11pm)

LIVE Fluminense v Corinthians
1am Premier Sports 2 (kick-off 1am) Brasileiro Serie A.

Sunday 14

LIVE Southampton v Portsmouth
11am Sky Sports Main Event & Sky Sports Football, 11.30am ITV1 (kick-off 12noon) Championship match at St Mary's Stadium.

LIVE London City Lionesses v Manchester United
11am Sky Sports+ & Sky Showcase (kick-off 12noon) The Women's Super League fixture.

LIVE Aston Villa v Chelsea
11am Sky Sports Mix (kick-off 12noon) The Women's Super League match at Villa Park.

LIVE Celta Vigo v Girona
12.55pm Premier Sports 1 (kick-off 1pm) The LaLiga game.

LIVE Burnley v Liverpool
1pm Sky Sports Main Event & Sky Sports Premier League (kick-off 2pm) The Premier League match from Turf Moor.

LIVE Kilmarnock v Celtic
2.30pm Sky Sports Football (kick-off 3pm) The Scottish Premiership match.

LIVE Levante v Real Betis
3.10pm Premier Sports 1 (kick-off 3.15pm) LaLiga fixture.

LIVE Aberdeen v Celtic
4pm BBC Alba (kick-off 4.10pm) The Scottish Women's Premier League game at Balmoral Stadium.

LIVE Manchester City v Manchester United
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm) The Premier League game between the local rivals at Etihad Stadium.

LIVE Osasuna v Rayo Vallecano
5.25pm Premier Sports 1 (kick-off 5.30pm) LaLiga match.

LIVE AC Milan v Bologna
7.30pm TNT Sports 1 (kick-off 7.45pm) The Serie A fixture at San Siro.

LIVE Barcelona v Valencia
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match from Nou Camp.

Monday 15

LIVE Espanyol v Mallorca
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga fixture.

Tuesday 16

LIVE Athletic Bilbao v Arsenal
5pm TNT Sports 1 (kick-off 5.45pm) The match in the league phase of the Champions League at San Mames. See p29.

LIVE PSV Eindhoven v Union Saint-Gilloise
5.45pm TNT Sports 2 (kick-off 5.45pm) The game in the league phase of the Champions League staged at Philips Stadion.

LIVE Sheffield Wednesday v Grimsby Town
Sky Sports+ streaming (kick-off 7.45pm) The EFL Cup clash.

LIVE Brentford v Aston Villa
7pm Sky Sports Football & Sky Sports Main Event (kick-off 8pm) The EFL Cup third-round match from Gtech Community Stadium.

LIVE Juventus v Borussia Dortmund
7.45pm TNT Sports 2 (kick-off 8pm) The fixture in the league phase of the Champions League staged at Allianz Stadium.

LIVE Crystal Palace v Millwall
7.50pm Sky Sports+ (kick-off 8pm) The EFL Cup third-round match at Selhurst Park.

LIVE Real Madrid v Marseille
8pm TNT Sports 1 (kick-off 8pm) The game in the league phase of the Champions League at Bernabeu.

LIVE Benfica v Qarabag
8pm TNT Sports 3 (kick-off 8pm) The match game in the league phase of the Champions League staged at Estadio da Luz.

LIVE Tottenham Hotspur v Villarreal
Prime Video (kick-off 8pm) The game in the league phase of the Champions League at Tottenham Hotspur Stadium. See p29.

Wednesday 17

LIVE Olympiacos v Pafos
5.45pm TNT Sports 3 (kick-off 5.45pm) The match in the league phase of the Champions League from Karaiskakis Stadium.

LIVE Swansea City v Nottingham Forest
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The EFL Cup third-round match from Swansea.com Stadium.

LIVE Liverpool v Atletico Madrid
7pm TNT Sports 1 (kick-off 8pm) The match in the league phase of the Champions League from Anfield. See p29.

LIVE Bayern Munich v Chelsea
7pm TNT Sports 2 (kick-off 8pm) Champions League clash staged at Allianz Arena. See p29.

LIVE Paris Saint-Germain v Atalanta
7.45pm TNT Sports 3 (kick-off 8pm) Champions League action.

Thursday 18

LIVE Club Brugge v Monaco
5.45pm TNT Sports 3 (kick-off 5.45pm) The game in the league phase of the Champions League from Breydel Stadium.

LIVE Newcastle United v Barcelona
7pm TNT Sports 1 (kick-off 8pm) The Champions League game staged at St. James' Park. See p29.

LIVE Manchester City v Napoli
7pm TNT Sports 2 (kick-off 8pm) Champions League clash from Etihad Stadium. See p29.

Friday 19

LIVE Tottenham Hotspur v Manchester City
7pm Sky Sports Premier League & Sky Sports Mix (kick-off 7.30pm) The Women's Super League match staged at BetWright Stadium.

LIVE Everton v London City Lionesses
7pm Sky Mix (kick-off 7.30pm) The Women's Super League fixture staged at Goodison Park.

LIVE VfB Stuttgart v St Pauli
7.30pm BBC iPlayer (kick-off 7.30pm) The Bundesliga match staged at MHPArena.

LIVE St Johnstone v Dunfermline Athletic
7.30pm BBC Scotland (kick-off 7.45pm) The Scottish Championship match.

LIVE Middlesbrough v West Bromwich Albion
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship match.

LIVE Real Betis v Real Sociedad
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga fixture.

LIVE Orlando Pride v North Carolina Courage
1am TNT Sports 2 (kick-off 1am)

PHOTOS: ALAMY, GETTY

6 issues for £1

NEW DIGITAL ACCESS** included with your subscription

4 easy ways to subscribe

MAIL coupon below **VISIT** tvsatsubs.com/D67J **CALL** 0330 333 1113 **SCAN** QR code

Complete this coupon and send to: FREEPOST Future Publishing Limited (No further address needed. No stamp required – for UK only)

☐ ***YES!*** *I would like to subscribe to TV & Satellite Magazine*

CODE D67J

CHOOSE FROM TWO EASY PAYMENT OPTIONS:

1. UK DIRECT DEBIT: 6 issues for £1*, followed by £31.25 every 3 months (12 issues), saving 28%†

For office use only: Originator's Reference – 173594

Name of bank:

Address of bank:

Postcode:

Name of account holder:

Sort code: ☐☐-☐☐-☐☐ Account no: ☐☐☐☐☐☐☐☐

DIRECT Debit *Instruction to your bank or building society: Please pay Magazines Direct from the account detailed on this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with Magazines Direct and, if so, details will be passed electronically to my bank or building society.*

Signature *(I am over 18)*

Date:

THE DIRECT DEBIT GUARANTEE · This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits. If there are any changes to the amount, date or frequency of your Direct Debit, Magazines Direct will notify you 3 working days in advance of your account being debited or as otherwise agreed. If you request Magazines Direct to collect a payment, confirmation of the amount and date will be given to you at the time of the request. If an error is made in the payment of your Direct Debit by Magazines Direct or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society. If you receive a refund you are not entitled to, you must pay it back when Magazines Direct instructs. You can cancel a Direct Debit at any time by simply contacting your bank or building society, please notify us in advance as written confirmation may be required

2. CREDIT/DEBIT CARD/CHEQUE/POSTAL ORDER/CASH *(Circle Option)*

PLEASE TICK OFFER THAT APPLIES:

☐ **UK 1-year** Pay Only £134.49 for 12 months, saving 23%†

☐ **UK 2-year** Pay Only £249.99 for 24 months, saving 28%†

PAYMENT DETAILS

☐ Payment Enclosed: £ _____

☐ Charge My *(please circle)*

Visa / Mastercard / Amex :£ _____ Only

Card no: ☐☐☐☐-☐☐☐☐-☐☐☐☐-☐☐☐☐

Expiry date ☐☐/☐☐

Signature *(I am over 18)*

Date:

TERMS AND CONDITIONS: Offer closes 31 October 2025. Offer open to new UK subscribers only. Direct Debit offer is available to UK subscribers only. *After your first 6 issues, your subscription will continue at £31.25 payable every 3 months (12 issues) by UK Direct Debit. †Savings based on single copy price, 51 issues per year. The subscription rate includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. Price is guaranteed for the first 6 months, please allow up to 6 weeks for the delivery of your first subscription issue (up to 8 weeks overseas). Payment is non-refundable after the 14-day cancellation period. **Access to the digital library will end with your subscription. For full terms and conditions, visit www.magazinesdirect.com/terms. For UK enquiries please call: +44 (0) 330 333 1113. Lines are open Monday-Friday 8:30am-7pm, Saturday 10am-3pm UK Time (excluding Bank Holidays) or email: help@magazinesdirect.com. Calls to 0330 numbers will be charged at no more than a national landline call, and may be included in your phone provider's call bundle.

SHIPPING DETAILS OF SUBSCRIPTION *(yourself or gift recipient)*
To give more than one subscription, please give address details on a separate sheet.

Mrs/Miss/Ms/Mr *(please circle)*

Forename:

Surname:

Address:

Postcode:

BILLING DETAILS

Mrs/Miss/Ms/Mr *(please circle)*

Forename:

Surname:

Address:

Postcode:

Home Telephone: *(inc area code)*

Mobile:

E-mail:

☐ *Please keep me up to date with special offers and news just by email from carefully selected companies. Your personal details will not be shared with those companies - we send the emails and you can unsubscribe at any time.*

*By submitting your information, you agree to our Privacy Policy available at www.futureplc.com/privacy-policy/. Please keep me up to date with special offers and news from **TV & Satellite** and other brands within the Future Publishing Ltd Group by ☐ email, ☐ post, ☐ telephone and/or ☐ SMS. You can unsubscribe at any time.*

Saturday

13 September

Evening Planner

Athletics

World Athletics Championships
BBC1, BBC2 & TNT Sports 3
Action from Tokyo, including GB's Laura Muir and Josh Kerr in the 1500m heats.

Football

Premier League
TNT Sports & Sky Sports
The weekend's action starts with Arsenal v Nottingham Forest, West Ham against Spurs and Brentford v Chelsea.

Horror

Die Alone
Sky Premiere, 6.25pm & 1.40am
Horror starring Douglas Booth and Carrie-Anne Moss. A man searches for his girlfriend amid a zombie apocalypse.

Factual

Lost in the Jungle
National Geographic, 10pm
The amazing true story of four young siblings who survived for 40 days in the Amazon jungle after a plane crash.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.25 Michael...	7.25 Pointless Celebrities	8.10 Casualty		9.00 Last Night of the Proms: The Finale			10.30 News
	102 BBC2	‹ 6.55 Last Night of the Proms				9.00 Iron Maiden: Live in Concert		10.00 Film: Iron Maiden: Flight 666	
	103 ITV1	‹ 4.40 Film: Harry...	7.30 Win Win with People's Postcode Lottery	8.30 You Bet! On Tour			9.35 It's Clarkson on TV	10.15 News	10.30 One Night
	104 CHANNEL 4	‹ 5.35 Film: Star Trek		8.00 Britain's Railway Empire in Colour		9.00 Film: The Pope's Exorcist			
	105 5	‹ 6.05 Glamis...	7.30 The Royal Rich List: Who's Worth the Most?			9.00 Zara and Mike: the Royal and the Rugby Player			10.30 When TV...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 An Idiot Abroad 2		9.00 Film: Sherlock Holmes: A Game of Shadows			
ENTERTAINMENT	115 BBC3	7.00 Athletics...	7.30 EastEnders				9.30 Gavin & Stacey		
	116 BBC4	7.00 Golf: PGA Championship		8.00 Miss Marple: They Do It with Mirrors				9.50 Parkinson Meets Duke Ellington	
	118 ITV2	‹ 6.05 Film: Wonder Woman 1984				9.00 Film: Kingsman: The Golden Circle			
	136 MORE4	‹ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Blue Bloods		10.00 Elsbeth	
	108 SKY ATLANTIC	‹ 6.35 Game of Thrones				9.00 Atomic		10.00 The White Lotus	
	110 U&GOLD	7.05 Only Fools and Horses							
	111 U&DAVE	‹ 6.55 Gavin & Stacey				9.00 I'm Alan Partridge			10.20 Not Going Out
	119 ITV3	‹ 6.25 Film: Downton Abbey: A New Era				9.00 Downton Abbey Celebrates the Grand...		10.00 Vera	
	120 ITV4	‹ 6.00 World Series of Darts – Live: Further coverage of day two						10.00 The Motorbike Show	
	112 COMEDY CENTRAL	7.00 Bradley & Barney Walsh: Breaking Dad		8.00 Michael McIntyre's Big Show		9.00 Film: Zombieland			10.40 Police...
	139 SKY SCI-FI	7.00 Star Trek: Enterprise							
	113 SKY MAX	7.00 Joe Lycett's United States of...		8.00 An Idiot Abroad 2		9.00 Peacemaker		10.05 A League of Their Own: Mexican...	
	109 U&ALIBI	7.00 Maisie Raine		8.00 Father Brown		9.00 Death in Paradise			
	124 SKY ARTS	‹ 6.10 Film: ABBA The Movie		8.00 Paul Weller: May Love Travel with You		9.00 Record On			10.40 The Jam
	132 U&W	7.00 Pete Wicks: For Dogs' Sake				9.00 Multiple Birth Wards			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Divers				9.00 In the Eye of the Storm		10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 The Zoo		10.00 Tanked: Unfiltered	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Lost in the Jungle	
	123 SKY HISTORY	7.00 Secrets in the Ice				9.00 The Other 300: Army of Lovers			
	155 U&YESTERDAY	7.00 Bangers & Cash							
	121 SKY DOCS	‹ 5.00 Billy Joel: And So It Goes	7.50 JFK Revisited: Through the Looking Glass					10.00 The Zen Diaries of Garry Shandling	
FILMS - Sky Cinema	301 PREMIERE	‹ 6.25 Die Alone		8.00 Nosferatu					10.15 The Brutalist
	302 00s	‹ 6.00 Snakes on a Plane		8.00 Snatch			9.45 American Gangster		
	303 GEMS	‹ 6.00 Bob Marley: One Love		8.00 A Star Is Born					10.20 Chicago
	304 GREATS	‹ 5.35 Superman		8.00 Superman II				10.10 Superman III	
	305 ANIMATION	‹ 5.55 Happy Feet Two	7.40 Hotel Transylvania			9.20 The Ogglies			
	306 FAMILY	‹ 6.00 The Spiderwick...	7.40 Hook					10.05 My Penguin Friend	
	307 SPIDER-MAN	‹ 6.05 Spider-Man 2		8.15 Spider-Man 3					10.35 Madame...
	308 COMEDY	‹ 6.15 Anyone But You		8.00 Daddy's Home 2			9.45 Baywatch		
	309 THRILLER	‹ 6.00 The Bikeriders		8.00 Vanilla Sky					10.20 Law Abiding Citizen
	310 DRAMA	‹ 6.00 Dunkirk		8.00 Chicago				10.05 The Great Escaper	
	311 SCI-FI	‹ 6.10 Annabelle		8.00 Annabelle: Creation				10.00 Event Horizon	
	313 FILM4	‹ 6.45 Charlie's Angels				9.00 The Lost City			
SPORT	401 MAIN EVENT	‹ 5.00 SNF – Live: West Ham United v Tottenham Hotspur (Kick-off 5.30); Brentford v Chelsea (Kick-off 8.00)							
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live: West Ham United v Tottenham Hotspur (Kick-off 5.30); Brentford v Chelsea (Kick-off 8.00)							
	403 FOOTBALL	‹ 5.20 Bundesliga...	7.30 EFL				9.30 WSL	10.00 EFL Highlights	
	405 CRICKET	‹ 6.15 Vitality T20 Blast Cricket – Live: The final						10.00 Best of...	10.30 One-Day...
	410 TNT SPORTS 1	7.00 The Breakdown	7.30 UEFA Magazine	8.00 MLB Highlights		9.00 UFC – Live: Coverage of the preliminary bouts for UFC Fight Night 259			
	411 TNT SPORTS 2	‹ 5.30 FIM Speedway Grand Prix – Live: The 10th round of the season in Denmark				9.00 MLB – Live: Boston Red Sox v New York Yankees (Start-time 9.10)			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

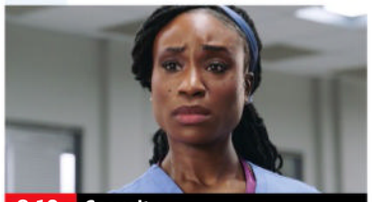
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Saturday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With guest Clare Balding. (S)
11.30 **BBC News** (S)
11.45 LIVE **Athletics: World Championships** Further coverage of the second session on day one of the biennial event, held this year at Japan National Stadium in Tokyo. *See feature, page 28.* (S)
2.45 PM **Escape to the Country** (S)(R)
3.10 FILM **Early Man** Animated comedy with the voice of Eddie Redmayne. (S)(AD) (2018, PG, 80min) ★★★★
4.30 **Final Score** Results round-up. (S)
5.20 **BBC News** (S)
5.30 **Local News** (S)
5.40 **The Hit List** Series finale 9/9. With Kola and Yinka Bokinni, Tyger Drew-Honey, Ramona Marquez, Stacey Dooley and Kevin Clifton. (S)



8.10 Casualty

6 PM

6.25 **Michael McIntyre's Big Show** Joe Lycett hands over his phone for a Send to All like no other, and Bradley Walsh is rudely awoken in the Midnight Gameshow. Plus, music from Beverley Knight. (S)(R)

7 PM

7.25 **Pointless Celebrities** David Seaman, Frankie Seaman, Dr Alex George, Dr Sara Kayat, Eddie Kadi, Slim, Chemmy Alcott and Sarah Lindsay compete for charity in a star-studded version of the general knowledge quiz. (S)(R)

8 PM

8.10 **Casualty** The ED staff must remain professional as they treat a divisive patient, Iain runs away from his problems, and Ngozi prepares to say goodbye. (S)(AD)

9 PM

9.00 LIVE **Last Night of the Proms: The Finale** Further coverage from the Royal Albert Hall of the climax of the classical music festival, including a brand-new, specially commissioned version of *Bohemian Rhapsody*. (S)

10 PM

10.30 **BBC News** (S)
10.50 **Match of the Day** Highlights of the latest Premier League matches, including Arsenal v Nottingham Forest and Everton v Aston Villa. (S)
■ More tomorrow at 10.30pm
12.20 AM **The Football Interview** New edition Kelly Somers chats to Bruno Fernandes. (S)
12.35 FILM **Mindhorn** Comedy starring Julian Barratt. Washed-up actor Richard Thorncroft helps police deal with a fugitive who will only speak to Detective Mindhorn, Thorncroft's character from a cop show. (S) (2016, 15, 80min) ★★★
1.55 **Weather for the Week Ahead** (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.10 AM **Children's Programmes**
8.30 **Gardeners' World** (S)(R)
9.30 LIVE **Athletics: World Championships** Coverage of the second session on day one from Tokyo. *See feature, page 28. Coverage continues on BBC1.* (S)
11.45 **Football Focus** (S)
12.30 PM LIVE **Rugby Union: Women's World Cup** Ugo Monye presents coverage of the opening quarter-final as the winners of Pool C face the Pool D runners-up at Sandy Park, Exeter. Kick-off is at 1.00. (S)
3.00 **Hairy Bikers' Best of British** (S)(R)
3.30 LIVE **Rugby Union: Women's World Cup** Gabby Logan presents coverage of the second quarter-final as the winners of Pool B face the Pool A runners-up at Ashton Gate in Bristol. Kick-off is at 4.00. (S)

3.30 Women's Rugby World Cup

6.10 **Flog It!** In Kent, Catherine Southon falls for a colourful brooch while Jonathan Pratt unearths a horn beaker used by Winston Churchill. (S)(R)
6.55 LIVE **Last Night of the Proms** Katie Derham hosts coverage from the Royal Albert Hall of the climax of the classical music festival, with performances from conductor Elim Chan and the BBC Symphony Orchestra, soprano Louise Alder and trumpeter Alison Balsom's final performance after an illustrious career. Pieces include Dukas's *Sorcerer's Apprentice*, Hummel's *Trumpet Concerto* and Mussorgsky's *A Night on the Bare Mountain*. (S)
■ Continues on BBC1
9.00 **Iron Maiden: Live in Concert** Highlights of the band's concert performances from their tour in 2008, featuring songs including *Fear of the Dark, Wasted Years* and *Number of the Beast*. (S)(R)
10.00 FILM **Iron Maiden: Flight 666** Rock documentary following heavy metal band Iron Maiden on and off stage during the first leg of their 2008 *Somewhere Back in Time* tour. The bandmates fly around the world in a private jet co-piloted by lead singer Bruce Dickinson, performing sell-out gigs to their die-hard fans. (S) (2009, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.55 LIVE **Athletics: World Championships** Coverage of the opening session on day two of the biennial event, held this year at Japan National Stadium in Tokyo, including the women's marathon. (S)
4.00 **to 6.05** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Simply Raymond Blanc** (S)(R)
6.30 **The Chase** Quiz show. (S)(R)
7.30 **Cooking with the Stars** (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** Series finale (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Ore Oduba. (S)
11.40 **Nisha Katona's Home Kitchen** New edition Lamb raan. (S)
12.40 PM **ITV News** (S)
1.00 LIVE **Racing** Coverage of the third day of the St Leger Festival from Doncaster. Plus, action from Chester and Leopardstown. (S)
4.10 **ITV News** (S)
4.30 **Local News** (S)
4.40 FILM **Harry Potter and the Philosopher's Stone** Fantasy adventure starring Daniel Radcliffe. (S)(AD) (2001, PG, 170min) ★★★★

7.30 Win Win

FILM **Harry Potter and the Philosopher's Stone** (film started at 4.40pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.30 **Win Win with People's Postcode Lottery** New edition Mel Giedroyc and Sue Perkins host the interactive quiz show in which viewers get the chance to win the same prizes as the contestants playing in the studio. (S)
8.30 **You Bet! On Tour** New edition 3/6. Stephen Mulhern hosts the game show as it travels around the UK to find ordinary people taking on extraordinary challenges for the chance to win £5,000. (S)(AD)
9.35 **It's Clarkson on TV** Jeremy Clarkson takes a look at the highs and lows of the small screen, examining garden makeovers, Cornwall and Matt Hancock's trousers, as well as revealing his ultimate royal crush. (S)(R)(AD)
10.15 **ITV News** (S)
10.30 **One Night** New episode *Hat:* 5/6. Anxious about the repercussions of the book, Hat refuses to withdraw her legal action against Simone and the publishers of *One Night*. (S1) (S)(AD)
■ Entire series on ITVX
11.30 **English Football League Highlights** A round-up of action from the latest EFL fixtures. (S)
12.55 AM **Teleshopping**
3.00 **The Twelve** (S1) (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.10 AM **Cheers** 8-11/26. (S10) (S)(R)
7.55 **Everybody Loves Raymond** 24&25/26. (S3) (S)(R)(AD)
8.55 **Frasier** 1&2/24. (S3) (S)(R)(AD)
9.55 **The Simpsons** (S)(R)(AD)
10.50 **Come Dine with Me: The Professionals** (S)(R)
11.50 **A Place in the Sun** (S)(R)
12.55 PM **George Clarke's Amazing Spaces** George turns a scissor lift into a cabin in the sky. (S)(R)(AD)
1.55 **Location, Location, Location** House-hunting in Sussex. (S)(R)
3.00 **Kirstie and Phil's Love It or List It** From Newcastle. (S)(R)(AD)
4.00 **Worst House on the Street** (S)(R)
5.05 **News** (S)
5.35 FILM **Star Trek** Sci-fi adventure starring Chris Pine, Zachary Quinto and Zoe Saldaña. (S)(AD) (2009, 12, 145min) ★★★★

8.00 Britain's Railway Empire...

FILM **Star Trek** (film started at 5.35pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.00 NEW SERIES **Britain's Railway Empire in Colour** 1/2. To mark the 200th anniversary of the birth of rail, this series reveals the story of how Britain gave railways to the world. (S)(AD)
9.00 FILM **The Pope's Exorcist** Horror starring Russell Crowe. Father Gabriele Amorth, chief exorcist for the Vatican, investigates the possession of a young boy. With Daniel Zovatto, Alex Essoe and Peter DeSouza-Feighoney. (S)(AD) (2023, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.00 FILM **The Last Stand** Action thriller. (S) (2012, 15, 120min) ★★★
1.00 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.50 **Huge Homes with Hugh Dennis** A labyrinthine home. (S)(SL)(R)(AD)
2.45 **Extraordinary Escapes with Sandi Toksvig** (S)(SL)(R)(AD)
3.40 **George Clarke's Amazing Spaces** Building a boat hotel. (S)(R)(AD)
4.35 **The Simpsons** (S)(R)(AD)
5.20 **Find It, Fix It, Flog It** (S)(R)
5.25 **to 6.20** AM **Location, Location, Location** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.45 **SpongeBob SquarePants** (S)(R)
9.00 **Entertainment News** (S)
9.10 **Bargain-Loving Brits in the Sun** Double bill. (S)(R)(AD)
11.00 **Susan Calman's Grand Day Out** Double bill. (S)(R)
1.00 PM **Secret Life of the Forest** Doible bill of editions. (S)(R)
3.00 **Michael Portillo in Andalucia** Michael explores the region of Andalucia in southern Spain, beginning with Granada. (S)(R)
4.00 **Michael Portillo in Andalucia** Michael visits Malaga – just in time for August's feria – and the hilltop town of Ronda. (S)(R)
5.00 **News** (S)
5.10 **Great Gardens of Europe** Series finale 4/4. A look at Trsteno Arboretum in Croatia. (S)

5.10 Great Gardens of Europe

6.05 **Glamis Castle: A Royal Retreat** Documentary looking at the castle in Angus, which was the childhood home of Queen Elizabeth, the Queen Mother, and playground for her daughter Elizabeth, the future queen. (S)(R)

7.30 **NEW The Royal Rich List: Who's Worth the Most?** Top finance and royal experts lift the velvet curtain on the fortunes of one of the richest families in the world, with assets, including Buckingham Palace and the Crown Jewels, estimated to come to a total worth of over £21 billion. (S)

9.00 **NEW Zara and Mike: The Royal and the Rugby Player** Charting the story of Zara, Queen Elizabeth II's eldest granddaughter, and rugby hero Mike Tindall, and how they cemented their places in the hearts of the public. (S)

10.30 **When TV Goes Horribly Wrong** Fern Britton narrates a selection of TV's most memorable guests, including appearances by Jonathan Ross, Piers Morgan, Stormzy, Shirley Bassey, Bez, Lembit Opik and Kathy Burke. (S)(R)

12.25 AM **Rescue 999: Seconds to Save a Life** 1/6. Cameras follow UK rescue teams. (S)(R)
1.15 **PlayOJO Live Casino Show** (S)
3.15 **Secrets of Your Takeaway** 1/3. Documentary. (S)(R)
4.50 **to 5.40** AM **Nick Knowles' Big House Clearout** (S)(SL)(R)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Ready Eddie Go!** (S)(R)(AD)
6.30 **Emerald** (S)(R)(AD)
6.40 **The Brilliant World of Tom Gates 2** (S)(R)(AD)
6.50 **Silly Animals** (S)(R)
7.00 **Monkey Life** (S)(R)
8.00 **The Simpsons** (S)(R)
10.00 **Africa's Hunters** (S)(R)(AD)
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up** A look ahead to today's matches.
3.00 PM **Gillette Labs Soccer Saturday** Stay up to speed with the afternoon's football up and down the country.
5.00 **The Great British Dig: History in Your Back Garden** Hugh Dennis and the team attempt to solve a 17th-century mystery in King's Lynn. (S)(R)

9.00 Sherlock Holmes: A Game...

6.00 **Bone Detectives** Archaeologist Scotty Moore examines a body unearthed at Bamburgh Castle in Northumberland that appears to be a young man with a crushed skull. (S)(R)

7.00 **The Simpsons** *Bart Gets an F:* Bart pulls out all the stops to pass a school exam. (S)(R) **7.30** *Simpson and Delilah:* Homer discovers a powerful hair-restorative. (S)(R)

8.00 **An Idiot Abroad 2** 4/8. Karl Pilkington heads to Alaska, where Ricky Gervais and Stephen Merchant have arranged for him to watch whales and take part in other activities. (S)(R)(AD)

9.00 **FILM Sherlock Holmes: A Game of Shadows** Guy Ritchie's rollicking action adventure sequel starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to thwart Professor Moriarty, the evil genius behind a wave of bombings and assassinations across Europe. With Noomi Rapace and Jared Harris. (S) (2011, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.20 **The Paper** 3/10. Oscar is forced to stick his neck out at a budget meeting. (S)(R)(AD) **11.55** 4/10. Ned and Esmeralda team up to take on a high-school blogger. (S1) (S)(R)(AD)
12.30 AM **The Office (US)** (S2) (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Road Wars** (S)(R)
4.00 **Nothing to Declare** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
4.30-5.20pm Sportscene: Open All Mics (S) **12.20am** Sportscene: Premiership Highlights (S)(R) **1.35** The Football Interview New edition (S) **1.50** Weather for the Week Ahead (S) **1.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
3.10pm Nigel Slater's Dish of the Day (S)(R) **3.30** Back in the Day (S)(R) **4.00-4.30pm** SOS: Extreme Rescues (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
6.10pm Paula McIntyre's Hamely Kitchen USA (S)(R) **6.40-6.55pm** Suzie Lee's Great Food Made Simple (S)(R)

WALES
Sky 968, Freesat 968
3.00-3.30pm Weatherman Walking (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Help Llaw **10.15** Teulu'r Castell **11.15** Codi Pac **11.45** Cymry ar Gynfas **12.15pm** Prosiect Pum Mil **1.15** Efaciwis (AD) **2.15** Taith Bywyd (AD) **3.15** Am Dro! **4.15** Garddio a Mwy **4.45** 3 Lle: Ffion Dafis **5.15** Hen Dy Newydd (AD) **6.15** Triathlon Cymru – Y Barri **7.15** Newyddion a Chwaraeon **7.30** Cymry ar Gynfas **8.00** Noson Lawen **9.00** Bocsio Byw **11.30pm-12.35am** Prosiect Pum Mil

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Athletics: World Championships Highlights** Sarah Mulkerrins presents action from day one of the biennial event, held this year at Japan National Stadium in Tokyo.
7.30 **EastEnders** Rumours spread about the dramatic events of Zoe's return. **8.00** Nigel and Phil go on a day trip to the countryside. **8.30** Johnny tries to build a bridge between Callum and Jonno against Elaine's advice. **9.00** Nigel and Phil help Julie prepare for a job interview at the school.
9.30 **Gavin & Stacey** 7/8. Nessa goes into labour a month early in Barry. **10.00** 8/8. Gavin and Stacey make a surprise announcement. (S2)
11.00 **Two Pints of Lager and a Packet of Crisps** (S3)
1.00 AM **Ibiza: Secrets of the Party Island** 1&2/4.
2.30 **to 4.00** AM **Two Pints of Lager and a Packet of Crisps**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Golf: PGA Championship** Action from day three of the DP World Tour event at Wentworth in Surrey.
8.00 **Miss Marple** *They Do It with Mirrors:* Mystery drama starring Joan Hickson. The sleuth visits the country house of an old friend's sister, where a heated argument in a locked room ends with a gunshot that leaves a man dead. With Jean Simmons and Joss Ackland.
9.50 **Parkinson Meets Duke Ellington** The TV presenter sits down for a conversation with his special guest, the American musician, composer and bandleader Duke Ellington.
10.55 **The Good Life** Tom and Barbara consider a holiday.
11.25 **Yes, Minister** Jim has to develop a government transport policy.
11.55 **Miss Marple** As 8.00pm.
1.50 **to 2.50** AM **The Mary Rose: A Timewatch Guide**

MORE4

136/137 127 147 18 124 15

8.55 AM **Ugly House to Lovely House with George Clarke**
9.55 **George Clarke's Amazing Spaces** From Warwickshire.
11.00 **George Clarke's Old House, New Home**
12.00 NOON **Love It or List It New Zealand** New edition Erin and Christian are divided over their 1920s bungalow in West Auckland.
1.00 PM **Four in a Bed**
3.40 **Come Dine with Me** Five editions of the culinary contest from Bristol and Bath.
6.20 **Four in a Bed** The competition begins at Lodge Duxford in Cambridgeshire. **6.50** The second visit of the week is to Emerald Stays in Stratford-upon-Avon. **7.25** The third visit is to The Barn in North Yorkshire. **7.55** The final visit is to Dilham Hall Retreats, Norfolk. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A young cyclist experiencing bouts of unconsciousness is sent for a CT scan.
10.00 **24 Hours in A&E** The medics treat a 40-year-old doorman who was stabbed multiple times outside the social club where he works.
11.05 **999: On the Front Line**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **The Goldbergs**
8.25 **Lego Masters Australia**
9.45 **Ramsay's Kitchen Nightmares USA**
11.40 **The Big Bang Theory**
1.15 PM **FILM Teenage Mutant Ninja Turtles** Fantasy adventure starring Megan Fox. (2014, 12, 101min) ★★
3.10 **FILM Home Alone 2: Lost in New York** Comedy sequel starring Macaulay Culkin and Joe Pesci. (1992, PG, 120min) ★★
5.30 **The Simpsons** Triple bill.
7.00 **The Simpsons** *Guess Who's Coming to Criticise Dinner:* Homer becomes a food critic. **7.30** *Treehouse of Horror X:* Homer's computing error plunges Earth into chaos. **8.00** *E-I-E-I-(Annoyed Grunt):* The family relocate to an abandoned farm. **8.30** *Hello Gutter, Hello Fadder:* Homer bowls a perfect 300 game and becomes a local hero.
9.00 **Celebrity Gogglebox** Famous face appraise *Millionaire Hoarders* and *Celebrity Bridge of Lies*.
10.00 **Gogglebox** Opinions on *Love is Blind, Strictly Come Dancing* and *Boiling Point*.
11.05 **Gogglebox**
12.05 AM **First Dates**
2.10 **The Big Bang Theory**
3.30 **The Goldbergs**
4.50 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

Saturday primetime

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Law & Disorder**
7.00 **Sun, Sea and A&E**
8.00 **Motorway Patrol**
9.00 **Stop, Search, Seize**
10.00 **Send in the Dogs**
11.00 **The Force: Manchester**
12.00 NOON **Stop, Search, Seize**
1.00 PM **Bondi Rescue** Two people's lives are at risk due to a miscommunication. **1.30** Harrison's own life is put in danger when he attempts to save a brother and sister.
2.00 **Nothing to Declare** Ten editions of the documentary.

9.00 Blue Bloods

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Blue Bloods** *Close to Home:* 15/21. Danny works with Texas Ranger Waylon Gates. (S13)

10 PM
10.00 **Elsbeth** *I Know What You Did 33 Summers Ago:* 18/20. The lawyer tries to prove that Milton Crawford is a killer. (S2)
11.00 **Law & Order: SVU** 6/13. (S25)
12.00 M'T **Bull** 10/16. (S5)
1.00 AM **The Cleaning Lady** (S3)
2.00 **Caught on Dashcam** New edition Road disasters.
3.00 **FBI** 10/15. (S3)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **Westworld** 1–5/10. (S2)
2.05 PM **Game of Thrones** 6/10. Gilly meets Sam's family. **3.10** 7/10. Jaime confronts a hero, and Olenna Tyrell plans to leave King's Landing. **4.15** 8/10. Jaime weighs up his options, and Tyrion's plans start to bear fruit. **5.25** 9/10. As the Starks prepare to fight, Davos loses something dear. **6.35** 10/10. Walder Frey and Jaime celebrate. (S6)

7.50 Game of Thrones

7.50 **Game of Thrones** *Dragonstone:* 1/7. Jon organises the North's defences, Cersei tries to even the odds, and the Night King makes his way south. (S7)

9.00 **Atomic** *Little Boy:* 4/5. Max and JJ prepare for the uranium exchange with the cartel, all under the eye of Cassie. (S1)

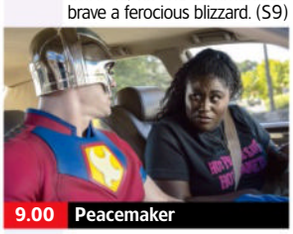
10.00 **The White Lotus** *Special Treatments:* 2/8. Rick shares trauma during meditation, and Chelsea bonds with Chloe. (S3)
11.10 **The Sopranos** 10/13. A witness poses a threat to Tony. **12.15** AM 11/13. Tony is advised to spend time at one of his legitimate businesses. **1.15** Triple bill. (S2&3)
4.20 **Julia** 6/8. (S1)
5.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **SEAL Team** 8–11/20. (S3)
10.00 **Grimm** 9–12/22. (S1)
2.00 PM **The Walking Dead** 12/16. A rescue mission has deadly consequences. **3.00** 13/16. Daryl's daring rescue mission forces Alpha to unleash a group of her own. **4.00** 14/16. An outsider's arrival forces Alexandria to reopen devastating old wounds. **5.00** 15/16. All four communities come together for the first time in years. **6.00** 16/16. The communities brave a ferocious blizzard. (S9)


9.00 Peacemaker

7.00 **Joe Lycett's United States of Birmingham** 4/4. Joe's mission takes him to his final Birmingham in Alabama.

8.00 **An Idiot Abroad 2** 4/8. Karl Pilkington heads to Alaska, where he watches whales and takes part in other activities.

9.00 **Peacemaker** *Need I Say Door:* 4/8. Superhero comedy spin-off from the *Suicide Squad* movie, starring John Cena. (S2)

10.05 **A League of Their Own: Mexican Road Trip** 1/6. The gang set out on an adventure around Mexico.
11.05 **The Paper** 3&4/10. (S1)
12.15 AM **Resident Alien** (S4)
2.00 **S.W.A.T.** New episode 9/22. The squad must race to uncover a dangerous enemy intent on revenge, while Deacon and Tan clash over changes to the academy. (S8)
3.00 **Warrior** 4/10. (S2)
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.15 **Dress to Impress**
9.20 **Dinner Date**
10.20 **Sam and Billie: Sister Act**
11.25 **Deal or No Deal**
2.30 PM **FILM Stuart Little** Fantasy adventure featuring the voice of Michael J Fox, and co-starring Geena Davis. (1999, U, 84min) ★★★★★
4.15 **FILM Madagascar** Animated comedy featuring the voices of Ben Stiller and Chris Rock. (2005, U, 86min) ★★★

6.05 Wonder Woman 1984

6.05 **FILM Wonder Woman 1984** Fantasy sequel starring Gal Gadot and Pedro Pascal. Diana Prince must contend with Maxwell Lord, whose desire for extreme wealth sends the world down a path of destruction. (2020, 12, 151 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Kingsman: The Golden Circle** Comedy adventure sequel starring Taron Egerton and Colin Firth. Secret agents Eggsy and Merlin join forces with their US counterparts to bring down a psychotic femme fatale. (2017, 15, 141 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **Family Guy** 2/21. Peter discovers that he has a vestigial twin. (S12) **12.20** AM 17/20. Peter ends up in a coma. (S18)
12.50 **American Dad!** (S14)
1.45 **Deal or No Deal**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **A Touch of Frost**
8.15 **Doc Martin** 1&2/9. (S10)
10.20 **The Darling Buds of May**
12.35 PM **Agatha Christie's Marple** *The Mirror Crack'd from Side to Side:* A film fan is poisoned at a party held by a famous Hollywood actor.
2.30 **Vera** *Telling Tales:* DCI Vera Stanhope investigates an 11-year-old murder case.
4.25 **Midsomer Murders** *Blood on the Saddle:* A land dispute leads to murder. Guest stars Kenneth Cranham.

6.25 Downton Abbey: A New Era

6.25 **FILM Downton Abbey: A New Era** Drama spin-off starring Hugh Bonneville and Maggie Smith. The Crawley family go on a journey to the south of France to uncover the mystery of the dowager countess's villa. (2022, PG, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **NEW Downton Abbey Celebrates the Grand Finale** The cast of *Downton Abbey* toast the drama's final chapter.

10.00 **Vera** *The Moth Catcher:* DCI Stanhope investigates when two people are murdered at a remote country house.
11.50 **Shetland** 3/6. Perez heads to Glasgow in an attempt to crack the case. **1.00** AM 4/6. The detective pays Morag Dunwoody a visit in an attempt to extract further information. (S5)
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including Rangers v Hearts.
8.30 **Martin Compston's Scottish Fling** Martin and Phil MacHugh travel through the Central Belt. **9.00** Martin and Phil end their tour of Scotland in the Lowlands.
9.30 **Two Doors Down** 5/6. Michelle invites the locals over for a takeaway. (S7)
10.00 **Gary: Tank Commander** 6/6. Gary auditions for an army advertising campaign. (S2)
10.30 PM **to 12.00** M'T **Since Yesterday: The Untold Story of Scotland's Girl Bands** The female bands who challenged a male-dominated industry.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S4)
10.15 **Veep** (S4&5)
12.55 PM **Sex and the City**
4.00 **Will & Grace** (S2)
6.30 **The Office (US)** 17/22. Dwight is named salesman of the year. **7.00** 18/22. Michael strikes up a peculiar new friendship. **7.30** 19/22. Michael decides to celebrate his birthday by taking the staff ice-skating. **8.00** 20/22. Dwight discovers marijuana in the company car park. **8.30** 21/22. Michael takes over conflict resolution duties. (S2)
9.00 **Chris Rock: Kill the Messenger** Compilation from the award-winning comedian's shows.
10.30 **And Just Like That...**
12.05 AM **FILM Disaster Movie** Spoof comedy. (2008, 12, 86min) ★
1.50 **Girls** 1–3/10. (S2)
3.50 **to 5.00** AM **Entourage**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Pavarotti in Central Park**
8.15 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Neil Diamond: Under a Tennessee Moon** From 1996.
2.00 **42nd Street**
4.15 **Garbo: Where Did You Go?** Documentary.
6.10 **FILM ABBA The Movie** Musical featuring the Swedish pop superstars. (1977, U, 93min) ★★★
8.00 **Paul Weller: May Love Travel with You** The singer-songwriter performs at London's Royal Festival Hall.
9.00 **Record On** Paul Weller's 1993 album *Wild Wood*.
10.40 **The Jam: Live at Rockpalast** From 1980.
12.10 AM **White Riot**
2.00 **Live at the Waterfront**
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **Discovering Music**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Let's Game**
8.25 **Silly Pets**
8.35 **Impossible Animals**
8.45 **Isadora Moon**
9.00 **Nothing to Declare**
11.00 **Kenya Wildlife Diaries**
12.00 NOON **Arctic Secrets**
1.00 PM **Uptown Otters**
3.00 **David Attenborough's Wild City** Documentary.
4.00 **Secret World of Sound with David Attenborough**
5.00 **Orangutan Jungle School** Documentary
6.00 **Nature's Mass Attacks**
7.00 **Planet Weird**
8.00 **Caught on Dashcam**
9.00 **FILM Hotel Mumbai** Fact-based thriller. (2018, 15, 123min) ★★★★
11.30 **FILM Antebellum** Horror. (2019, 15, 105min) ★★
1.40 AM **World's Most Evil Killers** Robert Lee Yates.
2.35 **Nothing to Declare**
5.00 **to 6.00** AM **The Force: Manchester**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Deal or No Deal: Celebrity Special** Motsi and Oti Mabuse compete to win big money for charity.
3.00 **Tenable** Double bill hosted by Warwick Davis.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Nikki tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
9.00 **Wheel of Fortune** Game show hosted by Graham Norton.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** (S4)
1.00 PM **Little House on the Prairie** (S4)
4.00 **A Fine Romance** *Keep Them Apart:* 6/7. (S1)
4.30 **FILM Six Days Seven Nights** Romantic comedy starring Harrison Ford and Anne Heche. (1998, 12, 101 min) ★
6.40 **FILM Twister** Disaster drama starring Helen Hunt and Bill Paxton. (1996, PG, 114min) ★★★
9.05 **FILM The Rock** Action thriller starring Sean Connery, Nicolas Cage and Ed Harris. (1996, 15, 136min) ★★★★
12.00 M'T **FILM Beverly Hills Cop II** Comedy thriller sequel with Eddie Murphy and Brigitte Nielsen. (1987, 15, 99min) ★★★
2.15 AM **The Avengers**
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
6.30 **The Best of Saint & Greavsie**
9.30 **Racing: The Opening Show** A preview of the St Leger.
10.30 **The Big Match Revisited**
11.30 **The Best of the 90s**
11.45 LIVE **World Series of Darts** Coverage of the second day at AFAS Arena in Amsterdam.
4.00 PM **Great Racehorses**
4.25 **River Monsters** Jeremy Wade returns to Fitzroy River.
4.55 **The Motorbike Show** Henry Cole jets off to South Africa for some dual sport touring.

11.00 River Monsters

6.00 LIVE **World Series of Darts** Jacqui Oatley presents further coverage of day two of the finals held at AFAS Arena in Amsterdam, featuring the second-round matches. Analysis from Chris Mason, Alan Warriner-Little and Mark Webster, and commentary by Stuart Pyke, John Rawling and Ned Boulting.

10.00 **The Motorbike Show** Henry Cole starts the nickel plating on the Harley-Davidson, and travels to South Africa.
11.00 **River Monsters**
12.00 M'T **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling – including Jon Moxley and Chris Jericho.
2.00 AM **The Protectors**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **2025 Armageddon** Sci-fi adventure with Anthony Jensen. (2022, 12, 90min) ★★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **4.00** 15/26. A computerised race takes over the *Enterprise*. **5.00** 16/26. The *Enterprise* escorts an admiral. (S1)
6.00 **Star Trek: Enterprise** 4/26. The crew excitedly form their first landing party. (S1)

11.00 The Walking Dead

7.00 **Star Trek: Enterprise** *Unexpected:* 5/26. Tucker falls pregnant after sharing an intimate moment with a female engineer.

8.00 **Star Trek: Enterprise** *Terra Nova:* 6/26. The crew members investigate Terra Nova, a mysterious human colony.

9.00 **Star Trek: Enterprise** *The Andorian Incident:* 7/26. T'Pol joins the crew on a visit to an ancient Vulcan monastery.

10.00 **Star Trek: Enterprise** *Breaking the Ice:* 8/26. Archer tries to deal with a Vulcan vessel watching the ship. (S1)
11.00 **The Walking Dead** 19/24. Eugene goes on the run after the Founders' Day incident. **12.00** M'T 20/24. Pamela asks Yumiko to prosecute Eugene on behalf of the Commonwealth. (S11)
1.00 AM **True Blood** 1-3/10. Triple bill of the fantasy drama. (S7)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S18)
10.00 **Inspector Alleyn Mysteries**
12.05 PM **Inspector George Gently**
2.00 **Father Brown** Four episodes of the drama, including at: **4.00** *The Wayward Girls:* Bunty and Father Brown investigate a dark secret at a girls' borstal. **5.00** *The Red Death:* Lady Felicia's lavish New Year ball is ruined when a VIP guest is found murdered.
6.00 **Maisie Raine** 5/6. Maisie helps a man who borrowed £2,000 from a pair of villains. (S2)

6.00 Maisie Raine

7.00 **Maisie Raine** *To Sleep:* 6/6. Maisie organises an operation to infiltrate a highly professional ring of automobile thieves. (S2)

8.00 **Father Brown** *The Deserving Poor:* Father Brown investigates when his old friend Blind 'Arry is arrested for murder.

9.00 **Death in Paradise** *An Unpleasant Homecoming:* 4/8. The team join Naomi in Saint Barnabas when her friend's father is killed.

10.00 **Death in Paradise** *On the Sanctity of Children:* 5/8. The team investigate when a former children's home resident is killed. (S12)
11.00 **The Company You Keep** 10/10. Emma and Charlie partner with Daphne to form a plan to take down the Maguires once and for all. (S1)
12.00 M'T **Father Brown**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Only Fools and Horses**
12.30 PM **Only Fools and Horses** Ten episodes, including at: **3.10** Rodney joins the residents' committee. **3.50** Rodney goes it alone. **4.30** Del Boy plans a spot of salmon-poaching. **5.10** Del Boy falls for a glamorous antiques dealer. **5.50** Rodney causes a crisis by bringing home a stranger who claims to be a friend of Del's. **6.30** Rodney tries to help a drunken woman on the street, but his good deed backfires.

10.55 Blackadder: The Lost Pilot

7.05 **Only Fools and Horses** Feature-length Christmas special from 1988. Del Boy embarks on a new romance with Raquel, an actress he meets through a computer dating agency.

9.00 **Only Fools and Horses** Christmas special from 1989. The Trotter brothers go on a lads' day out to Margate, but they end up stranded in the seaside town overnight.
10.55 **Blackadder: The Lost Pilot** Tony Robinson introduces the previously unseen pilot episode.
12.15 AM **Knowing Me, Knowing You – With Alan Partridge**
1.35 **The Thin Blue Line**
2.25 **Knowing Me, Knowing You – With Alan Partridge**
3.25 **to 4.00** AM **The Thin Blue Line**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Pointless** Quiz show.
8.10 **Storage Hunters UK**
8.40 **Railroad Australia**
10.40 **Top Gear**
11.40 **World's Most Dangerous Roads** Series highlights.
12.40 PM **Guy Martin: Last Flight of the Vulcan Bomber**
2.00 **Alison & Larry: Billericay to Barry** The final leg.
3.00 **Would I Lie to You?** Six editions, including at: **6.15** With guest panellists Bob Mortimer, Ore Oduba, Susie Dent and Stacey Solomon.

9.00 I'm Alan Partridge

6.55 **Gavin & Stacey** The gang get together for Neil's christening **7.35** Dave is unhappy about Nessa's plans to let Smithy see the baby. **8.15** The Essex boys plan a big night out in Cardiff, but Smithy is concerned about seeing Nessa again.

9.00 **I'm Alan Partridge** Alan attempts to join Norwich's social elite. **9.40** Alan plans to spend his weekend watching all of the James Bond films.
10.20 **Not Going Out** Lee waits on a hospital ward for surgery on his gallbladder.
11.00 **Not Going Out** Double bill.
12.15 AM **Would I Lie to You? The Unseen Bits** Out-takes.
12.55 **Would I Lie to You? At Christmas** With Sara Pascoe.
1.35 **Would I Lie to You?**
2.20 **QI XL** With Nish Kumar,.
3.10 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

Saturday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A Place in the Sun**
9.30 **Four in a Bed**
12.00 NOON **Come Dine with Me** Five editions from Southend-on-Sea.
2.30 PM **A Place in the Sun** Six editions, including at: **7.00** Joan and Andrew search for a holiday home in Costa Calida. **8.00** **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters in Bath and Bristol. **9.00** Kirstie and Phil help retired painters and first-time buyers find new homes in Sussex.
10.00 FILM **American Pie 2** Teen comedy sequel starring Jason Biggs and Shannon Elizabeth. (2001, 15, 106min) ★★★
12.05 AM **Gogglebox**
2.05 **8 Out of 10 Cats Does Countdown: Best Bits**
3.10 **Taskmaster**
4.10 **to 4.40** AM **Mitchell and Webb Are Not Helping**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2)
1.00 PM **NCIS** 5-9/16. (S18)
6.00 **NCIS** *Watchdog:* 10/16. A case involving a dog-fighting ring sends Gibbs past his breaking-point. **7.00** *Gut Punch:* 11/16. McGee, Torres and Bishop are assigned to COVID compliance duty. **8.00** *Sangre:* 12/16. Torres meets his father. Guest stars Pam Dawber and Steven Bauer. (S18)
9.00 **Criminal Minds** *Cure:* 13/22. A killer is leaving cryptic messages inside the victims' mouths. **10.00** *Miasma:* 14/22. A mass grave is discovered in a New Orleans cemetery. (S13)
11.00 **Law & Order: Special Victims Unit** (S20&19)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.10 **Friends** 1-3/25. (S3)
9.45 **Shoplifters: Caught Red Handed**
1.45 PM **Nightmare Tenants, Slum Landlords** Five editions, including at: **4.45** A tenant whose behaviour led to the police being called. **5.45** Cases featured in previous editions.
6.50 FILM **Unknown** Conspiracy thriller starring Liam Neeson. (2011, 12, 113min) ★★★
9.00 FILM **Cold Pursuit** Drama with Liam Neeson. (2019, 15, 119min) ★★★
11.20 FILM **13** Thriller remake. (2010, 15, 87min) ★★
1.10 AM **Banged Up Abroad**
2.05 **Casualty 24/7: Every Second Counts**
3.00 **Friends** 4/25. (S3)
3.25 **Highway Patrol**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Motorway Patrol**
9.45 **MacGyver** 5-9/23. (S2)
2.30 PM FILM **Flame of the Barbary Coast** Western with John Wayne. (1945, b/w, U, 91min) ★★
4.25 FILM **Man Without a Star** Western starring Kirk Douglas. (1955, PG, 89min) ★★
6.15 FILM **Mackenna's Gold** Western adventure with Gregory Peck. (1968, 15, 136min) ★★★
9.00 FILM **Extraction** Action thriller starring Kellan Lutz and Bruce Willis. (2015, 15, 88min) ★
10.55 **Belmarsh: Serial Killers & High Security** 1/2. Life in London's toughest high security prison. **11.55** 2/2. How this inner-city prison is a melting pot of inmates.
12.55 AM **Fights, Camera, Action!** Triple bill.
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **Ambulance Australia** Four editions.
7.00 **Pete Wicks: For Dogs' Sake** Pete Wicks immerses himself in the emotional world of dog care at Basildon's Dogs Trust rehoming centre. **8.00** Pete meets a litter of puppies known as the Potato Pups.
9.00 **Multiple Birth Wards** 1/2. Following the highs and lows of life for couples during multiple pregnancies, including two sets of parents-to-be expecting triplets. **10.00** 2/2. A Liverpool couple expecting their second set of twins.
11.00 **First Responders**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.15 AM **Birds of a Feather**
8.25 **Lovejoy**
11.50 **Father Brown**
1.50 PM **Call the Midwife**
3.05 **New Tricks**
5.05 **Signora Volpe**
7.00 **The Brokenwood Mysteries** *The Scarecrow:* 3/4. A man dies shortly after an altercation with his neighbour. (S4)
9.00 **The Count of Monte Cristo** New episode 7/8. Edmond locates Gaston, Villefort's illegitimate child, who has grown up to be a thief. (S1)
■ Entire series on U
10.10 **Judge John Deed** *Hard-Gating:* A seemingly racially motivated murder in a jail cell is blamed on overcrowding by the prison service.
12.45 AM **Call the Midwife**
1.45 **Birds of a Feather**
2.20 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

SATURDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Celebrity Fantasy Homes** Toyah Willcox.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector** Alex Polizzi returns to Rosehill House in Burnley to see if the owners have turned the business around.
7.00 **The Hotel Inspector: The Walkout** Alex helps the landlord of the Crown Inn in the Wiltshire village of Aldbourne.
8.00 **Saving Lives at Sea** In Thurso, the crew race to the rescue of an ocean-going rower.
9.00 **The Yorkshire Auction House** Triple bill.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
130/131 159 139 48 142 43

7.00 AM **The Chase**
8.00 **Pointless Celebrities**
9.00 **Bruce's Price Is Right**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Dickinson's Real Deal** From Troon.
1.00 PM **The Crystal Maze**
2.50 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** With Aldo Zilli, Mark Billingham, Lucy Pargeter and Joey Essex. **5.00** With Sam Quek, Basil Brush, Andi Peters and Charlie Higson.
6.00 **The Chase** Triple bill of the quiz show.
9.00 **The Chase Celebrity Special** With guests Andi Osho, Alex Beresford, Jane Moore and Mark Ramprakash.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

Great! Action
323 319 426 42 33

9.00 AM **Tombstone Territory** Western.
9.30 **The High Chaparral**
11.30 FILM **Decision at Sundown** Western. (1957, PG, 77min) ★★
1.20 PM FILM **The Tall Men** Western with Clark Gable. (1955, PG, 122min) ★★★
3.55 FILM **The Gunfighter** Western drama. (1950, b/w, U, 84min) ★★★★
5.50 FILM **Yellow Sky** Western. (1948, b/w, PG, 98min) ★★★
8.00 FILM **Hell Is for Heroes!** World War Two action drama. (1962, b/w, 12, 90min) ★★★
10.00 FILM **The Sand Pebbles** Adventure starring Steve McQueen. (1966, 15, 193min) ★★
1.35 AM **The Persuaders!**
3.35 FILM **Super Collider** Thriller with Robin Dunne. (2013, PG, 90min) ★★
5.00 **to 5.50** AM **Cops Uncut**
+1hour 324

Great! Mystery
321 318 425 50 48

7.10 AM **Hart to Hart**
8.10 **Diagnosis Murder**
11.10 FILM **Lost Letter Mysteries: Second Chances** Crime drama. (2014, PG, 85min) ★★
1.05 PM FILM **Lost Letter Mysteries: Reconcilable Differences** Drama. (2014, 12, 87min) ★★
3.00 **Ruth Rendell Mysteries: Lake of Darkness**
5.10 **Morning Show Mystery: Mortal Mishaps**
7.05 FILM **Mystery 101: Playing Dead** Drama. (2019, PG, 90min) ★★
9.00 **Hailey Dean Mysteries**
10.55 FILM **A Kind of Murder** Crime drama. (2016, 15, 95min) ★★★
1.10 AM FILM **Flirting with Danger** Mystery thriller. (2006, PG, 90min) ★★
2.50 FILM **A Deadly Lullaby** Thriller. (2020, 12) ★
4.25 **Police Ten 7**
5.15 **to 6.00** AM **Hart to Hart**
+1hour 322

Great! Christmas
319 317 424 52 47

8.00 AM FILM **Crashing Through the Snow** Drama. (2021, PG) ★★
10.00 FILM **Hometown Holiday** Drama. (2017, PG) ★★
12.00 NOON FILM **Reunited at Christmas** Drama. (2018, PG, 84min) ★★
2.00 PM FILM **The Last Christmas Home** Drama. (2018, PG, 76min) ★★
4.00 FILM **Christmas Joy** Drama. (2018, U) ★★
5.55 FILM **Christmas in Evergreen: Letters to Santa** (2018, PG) ★★
8.00 FILM **Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
9.55 FILM **A Merry Christmas Match** (2019, U) ★
12.00 M'T FILM **Marry Me at Christmas** Drama. (2017, PG, 90min) ★★
1.55 AM FILM **Santa's Secret** Drama. (2014, PG) ★★
3.30 **to 4.50** AM FILM **The Last Christmas Home**
+1hour 320

Rewind TV
182 81 141

6.00 AM **Sherlock Holmes**
7.00 **I Dream of Jeannie**
8.00 **A Sharp Intake of...**
9.30 **Jokers Wild**
10.00 **Please Sir!** (S3)
11.30 **Jokers Wild**
12.00 NOON **Carry On...**
1.00 PM **The Doctors: 30 Years of Time Travel and Beyond**
2.20 **We Had One of Those**
2.30 **Don't Drink the Water**
4.00 **Bubblegum & Cheese**
5.00 **A Sharp Intake of Breath** 4-6/6. (S4)
6.30 **Please Sir!** (S3)
8.00 **The Doctors: 30 Years...**
9.20 **Police Woman** (S1)
10.20 **Stereo Underground**
11.20 **Don't Drink the Water**
12.50 AM **Jokers Wild**
1.20 **We Had One of Those**
1.30 **Classix Nouveaux**
2.00 **Carry On Laughing**
3.00 **Jokers Wild**
4.00 **Stereo Underground**
5.00 **to 6.00** AM **Bubblegum & Cheese**

DMAX
159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Gem Hunters Down Under** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive** The story of former model Louise, who once mixed with Hollywood's elite, and now needs to tackle her compulsive hoarding problem. **8.00** The story of Joanne, whose hoarding is so extreme she has already been sent to jail four times.
9.00 **This Came Out Of Me** Helping a mechanic who has impaled his hand with a sharp tool. **10.00** The team try to remove a shard of metal from an eyeball.
11.00 **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
12.00 NOON **Nigel Slater's Simple Cooking**
1.00 PM **James Martin's Great British Adventure**
3.00 **Rick Stein's Food Heroes** Eight editions.
7.00 **Jamie's Easy Meals for Every Day** Double bill.
8.00 **Diners, Drive-Ins and Dives** Guy Fieri tucks into Cajun jambalaya. **8.30** Guy stops by a barbecue joint that cooks brisket tacos. **9.00** Guy tries arepas. **9.30** Guy has coal-fired pizza in Nashville.
10.00 **Cutthroat Kitchen: Knives Out** New edition The chefs must create a campsite slider feast with limited ingredients.
11.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**
+1hour 240/241 154

Legend
148 156 149 41 137 38

7.00 AM FILM **Dark Storm** Sci-fi action thriller. (2006, 15, 89min) ★★
9.00 **Charlie's Angels** (S1)
2.00 PM FILM **Between Heaven and Hell** Psychological drama. (1956, PG, 94min) ★★
3.50 FILM **The Purple Plain** Wartime drama. (1954, PG, 100min) ★★★
5.50 FILM **The 39 Steps** Adventure remake. (1959, U, 93min) ★★★
8.00 **The Twilight Zone**
9.00 FILM **Rambo** Action drama sequel starring Sylvester Stallone. (2008, 18, 90min) ★★★
10.55 FILM **Daylight** Thriller with Sylvester Stallone and Amy Brenneman. (1996, 12, 114min) ★★★
1.05 AM FILM **Best of the Best** Action drama. (1989, 15, 100min) ★★
3.00 **to 4.50** AM FILM **Eye of the Tiger** Thriller. (1986, 18, 90min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM FILM **Super Cyclone** Disaster movie. (2012, 12, 90min) ★
8.00 FILM **Shark Season** Shark-attack thriller. (2020, PG, 87min) ★★
10.00 FILM **Beware! The Blob** Sci-fi comedy sequel. (1972, 15, 87min) ★★
12.00 NOON FILM **Arctic Apocalypse** Thriller. (2019, PG, 90min) ★
2.00 PM FILM **Monster Hunters** Action thriller starring Tom Sizemore. (2020, 15, 88min) ★
4.00 **Andromeda** (S1)
9.00 FILM **Empire State** Crime action thriller with Liam Hemsworth and Dwayne Johnson. (2013, 15, 90min) ★★
10.55 FILM **Born to Raise Hell** Action thriller starring Steven Seagal. (2010, 18, 92min) ★★
1.00 **to 3.00** AM FILM **Empire State** (2013)
+1hour 318 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Container Wars**
8.00 **Pawn Stars**
10.00 **Strange Evidence**
12.00 NOON **World's Most Unexplained...**
1.00 PM **Strangest Things**
2.00 **Cursed Histories**
3.00 **Royal Murder Mysteries**
4.00 **Alien Files: Unsealed**
7.00 **Ancient Aliens** Whistle-blower accounts about extraterrestrial presence on Earth.
8.00 **The Proof Is Out There** The mystery of a sea serpent known as Caddy the Cadborosaurus.
9.00 **Secrets in the Sky: The Untold Story of Skunk Works** Highly classified military aircraft design secrets.
10.55 **National Park Mysteries**
11.20 **Weird or What? with William Shatner**
1.10 AM **The UnXplained with William Shatner**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT
153 166 138 46 133 30

9.00 AM **Entertainment News**
9.15 **The Yorkshire Vet**
9.50 **All Creatures Great and Small** Double bill.
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **London's Greatest Bridges with Rob Bell**
7.00 **The Pacific War in Colour** Double bill.
9.00 **Churchill** Documentary exploring the life of one of Britain's most iconic Prime Ministers, Winston Churchill. **10.00** The little-known drama of Churchill's World War One. **11.00** The story of Churchill's return from the political wilderness.
12.00 M'T **Drain the Oceans**
1.00 AM **Sunken Warships: Secrets from the Deep**
2.05 **Forged in Fire**
3.00 **Forged in Fire Armed Forces Tournament**
3.45 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **A Place in the Sun**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Five editions of the property series following people as they search for their ideal rural retreats.
8.00 **My Dream Derelict Home** Couple David and Rosie have trouble with a colony of bats as they renovate a Methodist chapel in Derbyshire. **9.00** Presenter Simon O'Brien visits Matt and Margareta, whose dreams of converting a former dairy have been thwarted by problems concerning planning permission.
10.00 **Escape to the Country** Triple bill following people as they search for rural retreats.
1.00 **to 4.00** AM **Home Town**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Say Yes to the Dress**
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
4.00 **My 600lb Life: Where Are They Now?**
5.00 **The Family Chantel**
6.00 **Say Yes to the Dress: Atlanta** Reality series.
7.00 **sMothered**
8.00 **Dr Pimple Popper** Roger hopes Dr Lee can help with his nose. **9.00** Gabriel has a huge growth on his clavicle. **10.00** Kaitlin has blue marks and scars due to long-term drug use. **11.00** Bradley has a concerning growth.
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** As 8.00pm.
9.00 **Friends** (S3&4)
1.00 PM **Friends** (S3&4)
7.00 **Bradley & Barney Walsh: Breaking Dad**
8.00 **Michael McIntyre's Big Show** With Rita Ora and Michael Bublé.
9.00 FILM **Zombieland** Horror comedy starring Woody Harrelson. (2009, 15, 84min) ★★★★
10.40 **Police Squad!** (S1)
11.40 **Iain Stirling's Roast the Internet** With Guz Khan.
12.40 AM FILM **Piranha 3D** Horror remake. (2010, 18, 88min) ★★★
2.20 **CC Live: Stand Up**
2.50 **8 Out of 10 Cats**
3.40 **Whose Line Is It Anyway? USA**
4.30 **Rosie Jones Tries to Help** With Sophie Duker.
4.35 **to 5.00** AM **Most Ridiculous**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** (S8)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S8&9)
7.00 PM **Friends** 6/24. Chandler gets on more intimate terms with Joey's girlfriend. **7.30** 7/24. Chandler tries to stop Joey from discovering the truth. **8.00** 8/24. Monica visits Richard's son, who finds her every bit as attractive as his father did. **8.30** 9/24. Rachel is offered a promotion. **9.00** 10/24. Ross starts a long-distance relationship. **9.30** 11/24. Phoebe's half-brother makes an announcement. (S4)
10.00 **Friends** 12-19/24. (S4)
2.00 AM **Impractical Jokers**
3.00 **Utopia** 4&5/8. (S1)
3.45 **Key & Peele**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay
152 160 156

7.00 AM **Four Weddings**
8.00 **NCIS: New Orleans**
1.00 PM **UK Border Force**
5.00 **Hold the Front Page**
8.00 **Caught on Dashcam**
10.00 **SEAL Team** *The Graveyard of Empires:* 21/22. The crash survivors race to shelter in a farmhouse. **11.00** *The Cost of Doing Business:* 22/22. Jason leads the team on a mission to bring down the Halani network. (S1) **12.00** M'T *Fracture:* 1/22. Militants take hostages on an oil rig. **1.00** AM *Never Say Die:* 2/22. The unit are sent to Saudi Arabia. **2.00** *The Worst of Conditions:* 3/22. Jason is faced with a decision about his future. (S2)
3.00 **A League of Their Own: Mexican Road Trip**
5.00 **to 6.00** AM **Celebrity Four Weddings**

MTV
126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.15 **Teen Mom OG**
11.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **7.00** Ibraheem doesn't know that Tee is lying about her name. **8.00** Sasha seeks help finding out the truth about Essence.
9.00 NEW **Isle of MTV** Alok, Damano David and Ella Henderson perform at Isle of MTV in Malta.
10.00 FILM **Bring It On** Teen comedy starring Kirsten Dunst and Eliza Dushku. (2000, 12, 99min) ★★★★
12.00 M'T **Lindsay Lohan's Beach Club** Triple bill.
2.45 AM **Catfish: The TV Show** Nev and Kamie help Eric get answers.
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Alaska: Homestead Rescue** Triple bill of editions.
12.00 NOON **Naked and Afraid**
3.00 PM **Naked and Afraid: Last One Standing** Elite survivalists battle each other and the Australian outback for one month. **4.00** A legend suffers a third-degree burn and faces immediate elimination.
6.00 **Deadliest Catch** Sig prompts Rick to search for secret fishing grounds, and Johnathan risks 20ft seas at the entrance to St George Harbour.

3.00 Naked and Afraid: Last...

7.00 **Gold Divers** Part one of two. Tensions erupt as Chris faces off against an alleged claim jumper.
8.00 **Gold Divers** Part two of two. A massive explosion on the *Mistress* threatens the Kellys' season.
9.00 **In the Eye of the Storm** The story of Hurricane Ida, which slammed the Louisiana coast in 2021.
10.00 **Marooned with Ed Stafford** Extreme temperatures cause problems for Ed in Argentine Patagonia.
11.00 **Expedition Bigfoot** The team are led to a discovery they have never seen before.
12.00 M'T **Deadliest Catch** As Sig is injured, Mandy takes the helm to face a disgruntled crew.
1.00 AM **Deadliest Catch**
4.00 **to 5.00** AM **How Do They Do It?**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Two cats that are ferocious when together. **4.00** Jackson Galaxy comes to the aid of a family in Portland.
5.00 **Treehouse Masters** Pete Nelson builds an outside-in treehouse in Alaska.
6.00 **Saved by the Barn** As spring arrives in Michigan, the Barn Sanctuary prepares to open.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How cats can detect an earthquake. **7.30** A look into why elephants have trunks.
8.00 **Extinct or Alive** Forrest returns to his childhood home in Zimbabwe after sightings of a lion thought to be extinct.
9.00 **The Zoo** A 14-year-old otter is not her usual self, and the staff of the New York Aquarium move their sharks to a new exhibit.
10.00 **Tanked: Unfiltered** Constructing a tank for a communications company in need of an interactive aquarium.
11.00 **Alaska: The Last Frontier** The Kilchers go fishing, and they need to catch hundreds of pounds of fish for them to eat and barter with.
12.00 M'T **Life at Vet University**
2.00 AM **Alaskan Bush People**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
10.00 **Air Crash Investigation**
1.00 PM **WW2: Hell Under the Sea** Double bill of editions.
3.00 **WWI Wrecks: Drain the Oceans** Wreckage of ships from the Battle of Jutland.
4.00 **Liberation: D-Day to Berlin** Hitler's surprise attack into liberated Belgium. **5.00** The end of World War Two in Western Europe.
6.00 **Construction Fails** A tour of some of the world's most expensive and useless airports.

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** A turboprop nearly crashes after being struck by lightning, temporarily blinding the crew.
8.00 **Air Crash Investigation** The case of Sriwijaya Air Flight 182, which crashed into the Java Sea after a hard left bank.
9.00 **Air Crash Investigation** An investigation into the crash of TANS Peru Flight 204 on the approach to Pucallpa airport in 2005.
10.00 NEW **Lost in the Jungle** The story of four children, including a one-year-old, who survived a plane crash that killed all the other passengers, and endured 40 days in the Amazon jungle.
12.00 M'T **Air Crash Investigation** Double bill of editions.
2.55 AM **Food Factory** Double bill.
3.45 **To Catch a Smuggler**
4.35 **to 5.00** AM **Money Meltdown**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
7.00 **Storage Wars** Four editions.
9.00 **Curse of Skinwalker Ranch**
10.00 **Beyond Skinwalker Ranch**
11.00 **Weird Britain** Double bill.
1.00 PM **Pawn Stars** Four editions of the series, including at: **4.00** A bar of soap that doubles up as an obesity cure.
5.00 **The Great British Dig: History in Your Back Garden** Hugh Dennis and the team solve a 17th-century mystery.
6.00 **Bone Detectives** Examining a body with a crushed skull.

9.00 The Other 300

7.00 **Secrets in the Ice** Fascinating history frozen in ice, from the body of a legendary mountaineer, to the discovery of a virus.
8.00 **Secrets in the Ice** Featuring an ancient mummy with fantastical tattoos, and the remains of an infant woolly rhino.
9.00 **The Other 300: Army of Lovers** The story of elite Greek army the Sacred Band, which was formed by the city of Thebes in 379BCE to defend itself from Sparta.
11.00 **History's Greatest Mysteries** The fortunes of explorer Percy Fawcett, who became convinced that a long-lost city existed in the Amazon jungle.
12.00 M'T **Forged in Fire** The Celtic Anthropomorphic Sword. **1.00** AM One of the Ottoman Empire's most lethal sabers.
2.00 **Secrets in the Ice** Double bill.
4.00 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **American Pickers**
10.00 **Bangers & Cash**
11.00 **Find It, Fix It, Flog It**
1.00 PM **'Allo 'Allo!**
1.40 **One Foot in the Grave**
3.00 FILM **The Quiller Memorandum** Espionage thriller starring George Segal. (1966, PG, 104min) ★★★★
5.20 **'Allo 'Allo!** Last episode. The war draws to a close.
6.00 **Flipping Bangers** Will and Gus buy a VW Golf GTI.

6.00 Flipping Bangers

7.00 **Bangers & Cash** Derek picks up a 1925 Calthorpe that he thinks is more of a work of art than anything produced by Picasso.
8.00 **Bangers & Cash** Derek and Jack head to Sheffield to collect a 1929 Riley Monaco and a 1924 Alvis 12/50 tourer.
9.00 **Bangers & Cash** Derek auctions off a first for him – a two-seater plane.
10.00 **Bangers & Cash** An Aston Martin DB6 in need of total restoration looks set to break the auction record.
11.00 **Bangers & Cash** Derek picks up some 'emerging' sporting classics from the Far East, and an unusual lot arrives that runs on caterpillar tracks. **12.00** M'T Derek auctions off some vehicles that were used in the TV show *Heartbeat*.
1.00 **to 3.00** AM **Bangers & Cash**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Cars** The best rally cars.
7.00 **British Superbikes**
8.00 **Mike Brewer: Born Dealer**
9.00 **Wheeler Dealers**
2.00 PM **Mike Brewer: Born Dealer**
3.00 **MotoGP** The Sprint Race at the Grand Prix of San Marino.
4.00 **Shed and Buried**
6.00 **Shed and Buried: Classic Cars**
7.00 **Cycling: Vuelta a España** Stage 20.
8.00 **Shed and Buried: Classic Cars** A vintage Oldsmobile hot rod.
9.00 **Massive Engineering Mistakes** Double bill.
11.00 **Gem Hunters Down Under** Double bill.
1.00 AM **Ancient Unexplained Files**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Say Yes to the Dress**
11.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Crime Scene Confidential**
9.00 **Murder on CCTV** New edition CCTV footage unlocks the identity of a gunman.
10.00 **Crime Scene Investigators** New edition An artist and mother-of-three disappears in New York.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** A monster tornado roars through Kansas.
7.00 **Secrets of a Murder Detective** DI Steve Keogh uncovers secrets in the 1991 murder of Terry Daddow. **8.00** The team look into Sinead Healy's murder by her former partner Kenneth Lynch.
9.00 **Descent of a Serial Killer** A look into the case of Randy Kraft. **10.00** The case of Lonnie Franklin Jr, who was dubbed the 'Southside Slayer'.
11.00 **See No Evil** Atlanta entrepreneur Terry Porter is shot dead.
12.00 M'T **Secrets of a Murder Detective**
2.00 AM **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Cold Cases Reopened** Documentary.
10.00 **The Truth About My Murder** Four editions.
2.00 PM **Fraud Squad** An accounts worker at a hospital syphons a large amount of NHS money. **3.00** An organised crime gang attempt to swindle £13million.
4.00 **Wrongly Accused** 1/2. Featuring the stories of people accused of crimes they did not commit, starting with 21-year-old Barri White. **5.00** 2/2. The team prove that the evidence in the case against Barri White is flawed, and conviction against him is overturned.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Fraud Squad**
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **The Force: Manchester** Double bill.
8.00 **Highway Patrol**
9.00 **Snapped** Documentary.
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **How I Caught the Killer** Garry Malone.
1.00 PM **The Real Manhunter**
2.00 **Forensics: Catching...**
3.00 **Killer in My Village**
4.00 **Killing Mum and Dad**
5.00 **Britain's Most Evil Killers**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Forensics: Catching the Killer** True-crime.
9.00 **Killer in My Village**
10.00 **Forensics: Catching...**
11.00 **World's Most Evil Killers**
12.00 M'T **The Killer Within**
1.00 AM **Murder Uncut**
2.00 **Murdered at First Sight**
3.00 **Love You to Death**
4.00 **Road Wars**
5.00 **to 6.00** AM **Send in the Dogs**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Berlin: Stories of the City** Double bill.
10.40 **Los Angeles: Stories from the City**
1.00 PM **America the Bountiful** Documentary.
1.35 **The Rise and Fall of the Rust Belt**
4.00 **Berlin: Stories of the City** Double bill.
6.15 **Los Angeles: Stories from the City**
8.35 **The Fall and Rise of New York** Exploring the history of crime in New York City.
9.55 **A Nation Denied: Ukraine's Battle for History** Tracing 1,000 years of Ukraine's history. **10.55** Exploring Ukraine's history in the turbulent 20th century.
12.00 M'T **The Fall and Rise of New York** As 8.35pm.
1.15 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

SATURDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Glenn Close**
7.00 **Discovering: Tim Robbins**
8.00 **The Directors**
9.00 **Jane Fonda in Five Acts**
11.30 **I Am Alfred Hitchcock**
1.10 PM **After the Bite**
2.50 FILM **Going Clear: Scientology and the Prison of Belief** Documentary looking at the history of the Church of Scientology's leaders. (2015, 15, 120min) ★★★★
5.00 **Billy Joel: And So It Goes** 1/2. A look at the singer-songwriter's life and career, featuring interviews, performances, home movies and personal photographs.
7.50 **JFK Revisited: Through the Looking Glass** Documentary examining the assassination of US president John F Kennedy.
10.00 **The Zen Diaries of Garry Shandling** 1&2/2. An intimate portrait of the iconic American comedian, Garry Shandling.
2.40 AM **Kings of Coke**
4.20 **The Great Horsemeat Scandal**
5.00 **to 6.00** AM **The Directors**

Sky Nature

145 113/114 189 354 369

6.00 AM **Monkey Island**
9.00 **Woodpeckers: The Hole Story**
10.00 **Africa's Hunters**
12.00 NOON **Deep Dive North America** Documentary.
1.00 PM **Coral City**
2.00 **Land of Gremlins**
5.00 **David Attenborough's Global Adventure** Triple bill.
8.00 **Battle of the Alphas** Battles between elephant seals and humpback whales. **8.30** Animal battles in Canada involving bison, bald eagles and polar bears.
9.00 **Attack and Defend** Prey that have outwitted their adversaries. **9.30** The underwater battles involving lethal sharks, clever cuttlefish and shoals of fish.
10.00 **City Wildlife Rescue** A curious raccoon sticks its head a little too far into a peanut butter jar.
10.30 **City Wildlife Rescue**
12.00 M'T **Battle of the Alphas**
1.00 AM **Attack and Defend**
2.00 **Woodpeckers: The Hole Story**
3.00 **The Great Elephant Tale**
4.00 **to 6.00** AM **Great Lakes Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Battle 360** Triple bill.
11.00 **Digging for Britain**
2.00 PM **Craig Charles: UFO Conspiracies** Double bill.
4.00 **Battle 360** Double bill.
6.00 **Digging for Britain** Alice Roberts visits archaeological digs in the east of Britain. **7.00** Alice attends an archaeological dig in the west. **8.00** Alice uncovers a rare Bronze Age weapons hoard.
9.00 **Gangland Chronicles** The rise and fall of Pablo Escobar's Medellin Cartel. **9.30** How Oakland Hells Angels president Sonny Barger transformed the club into an organised crime syndicate.
10.00 **Secrets of the Hells Angels** A Hells Angel proves his loyalty to the gang by leading a mass slaughter of their enemies – but he soon wrestles with his conscience and seeks an exit.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Digging for Britain**
3.00 **to 6.00** AM **Battle 360**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Hometown Tragedy**
1.05 PM **Meet, Marry, Murder**
3.00 **#Textmewhenyougethome**
4.00 **Cold Case Files**
5.00 **Accident, Suicide or Murder?** Triple bill, including at: **7.00** A young pastor grieves after his wife dies in a fire.
8.00 **Lie Detector: Truth or Deception** In 2016, a suspect in his parents' murder takes a polygraph test.
9.00 **Last Night Out** Jessie Blodgett is killed by her ex-boyfriend.
10.00 **Laura Whitmore on Britain's Killer Teens** A teenager who killed his ex-girlfriend.
11.00 **#Dead2Me** Damien Bendall.
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Cold Case UK** New edition Investigations that went cold.
3.00 **#Textmewhenyougethome**
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Bizarre Animal Friends**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo: North Carolina** Documentary.
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Tiger Queen of Taru**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Heartland Docs** Ben and Erin make sure a rescued raccoon knows how to fish.
8.00 **Secrets of the Zoo** A newborn sea lion pup struggles to stay alive, and a zebra named Holly hits the spa. **9.00** A naughty red panda mum makes a play for attention, and a cherished cheetah hits a milestone.
10.00 **Asia's Killer Hornets** Insects that will sacrifice everything to help raise legions of grubs.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: North Carolina** Double bill.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** Investigating an invisible scaffold of dark matter known as the Cosmic Web. **7.00** The risk to manned space exploration of cosmic rays. **8.00** Exploring how Earth's past is marked by one cosmic disaster after another, forging the path of human evolution. **9.00** Experts explore the most astonishing discoveries of the *Voyager* spacecraft, and they examine how the operation has transformed into the ultimate mission. **10.00** Some of the brightest minds on the planet explore the limits of human knowledge.
11.00 **Mega Engineering**
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **David Attenborough's Natural Curiosities**
1.00 PM **David Attenborough's Natural Curiosities**
7.00 **David Attenborough's Natural Curiosities** The regenerating powers of salamanders and moose. **7.30** A look into the animal kingdom's bizarre hybrids. **8.00** Animals with odd means of finding their way around. **8.30** The eccentricities of birth in the animal kingdom. **9.00** Creatures that spin. **9.30** How hyena packs are dominated by the females. **10.00** Evolutionary anomalies. **10.30** A cheetah's top speed. **11.00** How some animals are able to make tools. **11.30** A look at animals that are able to expand their bodies.
12.00 M'T **David Attenborough's Natural Curiosities**
4.40 AM **Anthony Bourdain: Parts Unknown** The cuisine of Iran.
5.25 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Diabolical: Deadly Love**
10.00 **Evil Lives Here**
12.00 NOON **Forbidden: Dying for Love** Double bill of editions.
2.00 PM **Death by Fame**
4.00 **The Perfect Murder**
6.00 **Faking It: Tears of a Crime** The murder of Cambridgeshire 10-year-olds Holly Wells and Jessica Chapman. **7.00** The cases of Tracie Andrews and Mike Gifford-Hull.
8.00 **American Monster** The double lives of the US's most terrifying killers and abductors.
9.00 **The Playboy Murders** A waiter catapults to stardom when featured in a *Playboy* pictorial. But after a surprise goes wrong, she becomes a victim in a double murder.
10.00 **Mean Girl Murders** Behind closed doors, envy, greed and lust take over a congregation.
11.00 **The Big Swindle**
12.00 M'T **Seduced to Slay**
2.00 AM **Broken Trust** Double bill.
4.00 **to 6.00** AM **Murder Chose Me**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
10.00 **How It's Made: Dream Cars**
11.00 **G.A.S. Extreme Customs**
12.00 NOON **Kindig Customs** Eight editions, including at: **5.00** PM Dave designs a Mustang to compete in the Optima Challenge. **6.00** The 1965 Mustang makes its way through the metal shop and is now ready for paint and final assembly, but making it function will test the crew. **7.00** Dave has decided that the time is right to design his own concept car from scratch.
8.00 **Massive Engineering Mistakes** The container ship that blocked the Suez Canal for six days. **9.00** In Pennsylvania, a catastrophic landslide devastates a community.
10.00 **Scrapyard Dynasty** Terry hopes to make some money on a Toyota Corolla to raise the funds for an anniversary gift.
11.00 **Wrecks to Riches**
1.00 **to 5.00** AM **Extreme RVs**

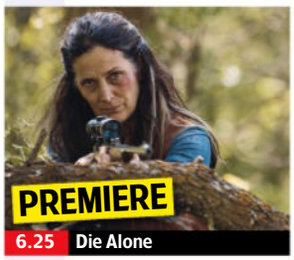
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.55 AM **The Lord of the Rings: The War of the Rohirrim** Animation. (2024, 12) ★★★★
9.15 **One of Them Days** (2025)
10.55 **Amongst the Wolves** Thriller. (2024, 15, 102min) ★★★
12.45 PM **Nosferatu** As 8.00pm.
3.00 **The Surfer** Psychological thriller starring Nicolas Cage. (2024, 15, 100min) ★★★★
4.45 **One of Them Days** Comedy. (2025, 15, 97min) ★★★
6.25 PREMIERE **Die Alone** (2024)



6.25 Die Alone

8.00 **Nosferatu** Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult Aaron Taylor-Johnson and Willem Dafoe. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Brutalist** Epic drama starring Adrien Brody. When a couple flee Europe in 1947, their new lives in America are changed by a strange client. With Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.40 AM PREMIERE **Die Alone** Zombie apocalypse drama starring Carrie-Anne Moss. (2024, 15, 91min) ★★★★ *See review, page 23.*
3.15 **The Surfer** As 3.00pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Gems

303 303 403 503 517

6.40 AM **The Cinema List: SNL**
6.55 **Ouija** Horror. (2014, 15) ★★
8.30 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
10.35 **Pitch Perfect** (2012) ★★★★
12.30 PM **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
2.30 **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
4.15 **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★
6.00 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★

10.20 Chicago

8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. With Sam Elliott and Andrew Dice Clay. (2018, 15, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Chicago** Musical starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. In 1920s Chicago, a showgirl and a wannabe musical star become celebrities on Murderess Row – with help from a slick lawyer. (2002, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Dreamgirls** Musical. (2006, 12, 130min) ★★★★
2.40 **The Invisible Man** Thriller. (2020, 15, 124min) ★★★★
4.55 **to 6.50** AM **Pompeii** Disaster movie. (2014, 12, 104min) ★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Young at Heart** Musical. (1954, U, 117min) ★★★
9.10 **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
11.00 **The Convert** Action drama. (2024, 15, 119min) ★★★★
1.15 PM **There Will Be Blood** Drama. (2007, 15, 158min) ★★★★★
4.05 **I Used to Be Funny** Comedy drama starring Rachel Sennott. (2023, 15, 105min) ★★★
6.00 **Dunkirk** Christopher Nolan's drama with Kenneth Branagh. (2017, 12, 106min) ★★★★★
8.00 **Chicago** Musical starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
10.05 **The Great Escaper** Fact-based drama starring Michael Caine and Glenda Jackson. A war veteran sneaks out of his care home in Hove to attend a D-Day commemoration in Normandy. (2023, 12, 96min) ★★★★
11.45 **Meet Joe Black** Supernatural romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★
2.45 AM **Saturday Night Fever** Dance drama with John Travolta. (1977, 18, 119min) ★★★★
4.45 **to 6.30** AM **The Good Half** Drama. (2023, 15, 96min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.35 AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★
9.15 **I.S.S** Sci-fi drama with Ariana DeBose. (2023, 15, 95min) ★★★
11.00 **Dual** Thriller with Karen Gillan. (2022, 15, 94min) ★★★★
12.45 PM **AfrAid** Horror starring John Cho. (2024, 15, 84min) ★★
2.20 **Riddick** Sci-fi thriller sequel starring Vin Diesel and Jordi Mollà. (2013, 15, 122min) ★★★
4.30 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
6.10 **Annabelle** Horror spin-off with Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★
8.00 **Annabelle: Creation** Horror starring Anthony LaPaglia. (2017, 15, 109min) ★★★
10.00 **Event Horizon** Sci-fi horror starring Laurence Fishburne. The crew of a recovery vessel encounter an evil presence. (1997, 18, 96min) ★★★
11.40 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★
1.20 AM **Friday the 13th Part III** Stalk 'n' slash horror sequel. (1982, 18, 95min) ★
3.05 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
5.05 **to 6.45** AM **AfrAid** As 12.45pm.

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.30 AM **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
9.05 **Bookworm** Comedy adventure. (2024, 12, 103min) ★★★★
10.55 **Johnny English Reborn** Comedy. (2011, PG) ★★★
12.40 PM **Bean** (1997, PG) ★★★
2.15 **The Flintstones** Comedy. (1994, U, 93min) ★★★
3.55 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
6.00 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★

7.40 Hook

7.40 **Hook** Steven Spielberg's fantasy adventure starring Robin Williams and Dustin Hoffman. A middle-aged Peter Pan has to rediscover his former self to save his children from his old enemy, Captain Hook. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **My Penguin Friend** Drama starring Jean Reno and Adriana Barraza. A fisherman finds a friend in a lost penguin. (2024, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
1.30 AM **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
3.20 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
5.10 **to 7.40** AM **A.I. Artificial Intelligence** Sci-fi fantasy. (2001, 12, 145min) ★★★★

Sky Cinema Spider-Man

307 307 407 507 521

6.45 AM **Spider-Man 2** As 6.05pm.
8.55 **Spider-Man 3** As 8.15pm.
11.15 **The Amazing Spider-Man**
1.35 PM **The Amazing Spider-Man 2** Fantasy sequel. (2014, 12, 142min) ★★★
4.00 **Spider-Man** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. (2002, 12, 121min) ★★★★
6.05 **Spider-Man 2** Adventure sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★

4.00 Spider-Man

8.15 **Spider-Man 3** Fantasy sequel starring Tobey Maguire. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. He must conquer his inner demons before he can defeat two new adversaries. With Kirsten Dunst and James Franco. (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Madame Web** Fantasy adventure starring Dakota Johnson. A paramedic is granted the gift of foresight while trying to protect three young women from a killer. (2024, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Amazing Spider-Man** Fantasy starring Andrew Garfield. (2012, 12, 136min) ★★★
2.55 **The Amazing Spider-Man 2**
5.20 **to 7.25** AM **Spider-Man**

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **My Big Fat Greek Wedding 2** (2016, 12) ★★
8.10 **We're the Millers** Comedy. (2013, 15, 110min) ★★★★
10.15 **Parenthood** (1989, 15) ★★★★
12.30 PM **The Nutty Professor** Comedy. (1996, 12) ★★★
2.15 **Nutty Professor II: The Klumps** (2000, 12) ★★★
4.15 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
6.15 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★

6.15 Anyone But You

8.00 **Daddy's Home 2** Comedy sequel starring Will Ferrell and Mark Wahlberg. Having settled their differences, Brad and Dusty must now deal with their own intrusive fathers during the holidays. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

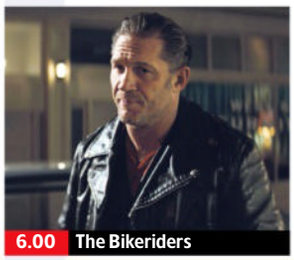
9.45 **Baywatch** Action comedy starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer in an attempt to scupper a criminal scheme. (2017, 15, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★
1.25 AM **David Brent: Life on the Road** Mockumentary comedy. (2016, 15, 96min) ★★
3.15 **Empire Waist** Comedy drama. (2024, 12, 94min) ★★★
4.55 **to 6.50** AM **Finding Your Feet** Comedy drama. (2017, 12, 109min) ★★

Sky Cinema Thriller

309 309 409 509 523

7.35 AM **Patriot Games** As 2.15am.
9.35 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
11.50 **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
1.50 PM **The Accountant** Thriller. (2016, 15, 123min) ★★★
4.00 **Now You See Me** Thriller. (2013, 12, 115min) ★★★
6.00 **The Bikeriders** Drama starring Tom Hardy and Jodie Comer. (2023, 15, 116min) ★★★★


6.00 The Bikeriders

8.00 **Vanilla Sky** Romantic fantasy drama starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Law Abiding Citizen** Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system for letting off one of the criminals who killed his wife and daughter. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Equalizer 2** Thriller sequel with Denzel Washington. (2018, 15, 121min) ★★★
2.15 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
4.25 **to 6.20** AM **Psycho** Horror chiller. (1998, 15, 100min) ★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Hue and Cry** Classic Ealing adventure comedy. (1946, b/w, U, 82min) ★★★
12.45 PM **Ferdinand** Animation. (2017, U, 102min) ★★★
2.55 **Babe** Family comedy drama. (1995, U, 92min) ★★★★★
4.45 **Babe: Pig in the City** Family comedy drama sequel. (1998, U, 96min) ★★★★
6.45 **Charlie's Angels** Comedy thriller. (2019, 12, 118min) ★★

2.55 Babe

Charlie's Angels (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Lost City** Adventure comedy starring Sandra Bullock and Channing Tatum. A novelist on a book tour with her cover model gets swept up in a kidnapping attempt that lands both in danger. With Daniel Radcliffe. (2022, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **The Shape of Water** Fantasy drama starring Sally Hawkins. A mute cleaning lady makes a life-changing discovery while working at a secret government lab in the 1960s. (2017, 15, 123min) ★★★★★
1.40 **to 3.40** AM **Werewolves Within** Horror comedy starring Sam Richardson. (2021, 15, 97min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 00s

302 302 402 502 516

6.30 AM **Cinema List: Clever Kids**
6.50 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
8.30 **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's adventure. (2008, 12, 122min) ★★★
10.35 **Ghost Rider** Fantasy adventure. (2006, 12, 106min) ★★★
12.30 PM **Hellboy** Comic-book horror. (2004, 12, 122min) ★★★★

2.50 **King Kong** Adventure starring Naomi Watts and Jack Black. (2005, 12, 187min) ★★★★
6.00 **Snakes on a Plane** Thriller starring Samuel L Jackson. (2006, 15, 105min) ★★★
8.00 **Snatch** Guy Ritchie's crime comedy starring Jason Statham, Brad Pitt and Benicio Del Toro. (2000, 18, 102min) ★★★★
9.45 **American Gangster** Ridley Scott's drama starring Denzel Washington and Russell Crowe. (2007, 18, 157min) ★★★★

12.25 AM **The Da Vinci Code** Conspiracy thriller starring Tom Hanks. (2006, 12, 149min) ★★★
2.55 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
5.15 **to 6.40** AM **Rugrats in Paris** Animated family adventure. (2000, U, 79min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.55 AM **The Money Pit** Romantic comedy. (1985, 15, 91min) ★★★
8.30 **Twins** Action comedy. (1988, PG, 107min) ★★★
10.20 **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★
12.10 PM **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
1.55 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★

3.40 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
5.35 **Superman** Fantasy adventure starring Christopher Reeve. (1978, PG, 143min) ★★★★
8.00 **Superman II** Fantasy adventure sequel starring Christopher Reeve and Gene Hackman. (1980, PG, 127min) ★★★
10.10 **Superman III** Fantasy adventure sequel starring Christopher Reeve and Richard Pryor. (1983, PG, 123min) ★★★

12.20 AM **Superman IV: The Quest for Peace** Fantasy adventure sequel starring Christopher Reeve. (1987, PG, 90min) ★
2.00 **Midnight Run** Comedy thriller. (1988, 18, 122min) ★★★★
4.15 **to 6.10** AM **Congo** Adventure. (1995, 12, 108min) ★★★

Sky Cinema Animation

305 305 412 500 514

7.30 AM **Home** Animated adventure. (2014, U, 94min) ★★★
9.10 **Trolls** Animated musical. (2016, U, 92min) ★★★
10.50 **Hotel Transylvania** As 7.40pm.
12.25 PM **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★
2.20 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★

4.00 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
5.55 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
7.40 **Hotel Transylvania** Animated comedy. (2012, U, 91min) ★★★★
9.20 **The Ogglies** Animated family adventure with the voice of Ben Young. (2021, PG, 85min) ★★★
11.00 **Barnyard** Animated comedy. (2006, PG, 90min) ★
12.35 AM **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★

2.15 **Teen Titans Go! to the Movies** Animated family adventure. (2018, PG, 84min) ★★★
3.55 **The Nut Job** Animated family comedy. (2014, U, 85min) ★★★
5.30 **to 7.30** AM **The Adventures of Tintin: The Secret of the Unicorn** As shown at 12.25pm.

Movies 24

312 313 419

7.00 AM **Heart of the Manor** Comedy. (2021, PG, 85min) ★★
9.00 **Sense and Sensibility** Drama. (2024, U, 84min) ★★
11.00 **Made for Each Other** Romantic fantasy. (2023, PG, 84min) ★★
1.00 PM **The Heiress and the Handyman** Romantic comedy. (2024, PG, 84min) ★★
3.00 **Wish Upon a Wedding** Drama. (2023, PG, 85min) ★★

5.00 **Learning to Love** Comedy drama. (2023, PG, 89min) ★★
7.00 **Our Take on Love** Drama starring Lesa Wilson and Russell Quinn. (2022, PG, 87min) ★★
9.00 **The Professional Bridesmaid** Romantic drama starring Hunter King. A woman who works as a bridesmaid-for-hire must keep her professional status a secret at a high-society wedding. (2023, PG, 90min) ★★
11.00 **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★

1.00 AM **Romantic Rewrite** Romantic comedy with Kristina Cole. (2022, PG, 82min) ★★
3.00 **to 5.00** AM **The Engagement Back-Up** Romantic comedy. (2022, PG, 91min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Beau Geste** 8/8. (S1)
6.35 **Champion the Wonder Horse**
7.10 **South of the Rio Grande** Western with Duncan Renaldo. (1945, b/w, PG, 62min) ★★
8.25 **Space Patrol** 27/39. (S1)
9.00 **Batman** 34/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 22/26. (S1)
10.30 **Thunderbirds** 5/26. (S1)
11.30 **The Adventures of Robin Hood**

12.00 NOON **Fiend Without a Face** Chiller. (1958, PG, 75min) ★★
1.35 PM **Look at Life**
1.50 **One Step Beyond** 9/39. (S2)
2.25 **Biggles: Adventure in Time** Adventure. (1986, PG) ★★
4.15 **Out of the Fog** (1962, PG) ★★
5.35 **The Embezzler** Crime drama. (1954, b/w, PG, 61min) ★★
6.50 **Look at Life** Documentary.
7.00 **Maigret** 13/13. (S1)
8.00 **A Family at War** 17/19. (S2)
9.00 **Sherlock Holmes: The Sign of Four** Feature-length drama.

11.05 **Confessions from a Holiday Camp** Comedy. (1977, 18) ★
12.50 AM **Arizona Dream** Offbeat comedy. (1993, 15, 136min) ★★
3.40 **Laboratory** Sci-fi thriller. (1980, PG, 100min) ★
5.25 **Glimpses: Rollercoaster**
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

7.35 AM **Rugby Greatest Games**
7.55 LIVE **The Rugby Championship New Zealand v South Africa.** Coverage of the match staged at Sky Stadium in Wellington. Kick-off 8.05am.
9.55 **International Rugby Union**
10.00 **Soccer Saturday Pre-Match**
11.00 LIVE **EFL Charlton Athletic v Millwall.** Coverage of the Championship match from the Valley. Kick-off 12.30pm.
3.00 PM LIVE **Vitality T20 Blast Cricket** Coverage of the second semi-final from Edgbaston.
5.00 LIVE **SNF West Ham United v Tottenham Hotspur.** The Premier League match at London Stadium. Kick-off is at 5.30pm.
7.45 LIVE **SNF Brentford v Chelsea.** The Premier League match at Gtech Community Stadium. Kick-off is at 8.00pm.
11.00 LIVE **PGA Tour Golf** Day three of the Procore Championship at Silverado Country Club. American Patton Kizzire is the reigning champion after he finished on an overall score of 20-under-par.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **Fantasy Football Countdown**
10.00 **Saturday Social**
11.00 **Soccer Saturday Pre-Match**
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF West Ham United v Tottenham Hotspur.** Coverage of the Premier League match staged at London Stadium. Kick-off is at 5.30pm.
7.45 LIVE **SNF Brentford v Chelsea.** Coverage of the Premier League match at Gtech Community Stadium. Brentford have expereinced a mixed start in the league, losing to Nottingham Forest and Sunderland either side of a 1-0 win at home to Aston Villa, while the Blues are unbeaten so far, having drawn with Crystal Palace before beating West Ham and Fulham. Kick-off 8.00pm.
11.00 **Premier League Highlights**
3.30 AM **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League Highlights**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
6.15 **WSL** West Ham United v Arsenal.
6.45 **EFL** Derby County v West Brom.
8.45 **EFL Greatest Games**
9.15 **WSL** West Ham United v Arsenal.
9.45 **EFL Highlights**
10.00 **Saturday Social**
11.00 LIVE **EFL Charlton Athletic v Millwall.** Coverage of the Championship game at the Valley. These London rivals have not met since the 2019/20 season, when Millwall claimed victory home and away as the Addicks were relegated. Kick-off is at 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 **Gillette Soccer Saturday: Reaction** Post-match analysis.
5.20 LIVE **Bundesliga Bayern Munich v Hamburg SV.** Coverage of the German top-flight match staged at Allianz Arena. Kick-off is at 5.30pm.
7.30 **EFL** Charlton Athletic v Millwall.
9.30 **WSL** West Ham United v Arsenal.
10.00 **EFL Highlights** Championship.
12.45 AM **WSL** Recent action.
1.15 **EFL Highlights**
2.00 **EFL** Newport v Tranmere.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Best of England v South Africa** Action from 2005.
6.30 **Vitality T20 Blast Cricket** Somerset v Birmingham Bears.
10.00 **Best of England v South Africa**
10.30 LIVE **Vitality T20 Blast Cricket** Coverage of the opening semi-final from Edgbaston.
2.15 PM LIVE **Vitality T20 Blast Cricket** Coverage of the second semi-final staged from Edgbaston in Birmingham.
5.45 **Best of England v South Africa**
6.15 LIVE **Vitality T20 Blast Cricket** Coverage of the final from Edgbaston in Birmingham. Gloucestershire were the winning team last year, defeating Somerset by eight wickets to win this title for the first time in their history.
10.00 **Best of England v South Africa**
10.30 **One-Day International Cricket** England v South Africa: Action from the first one-dayer in the three-match series at Headingley.
11.30 **One-Day International Cricket**
1.30 AM **Best of England v South Africa** Archive highlights.
2.00 **Vitality T20 Blast Cricket**
5.45 **to 6.00** AM **Best of England v South Africa**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Legends Tour Golf**
7.00 **Ladies European Tour Golf**
8.00 **Countdown to the Ryder Cup**
8.30 LIVE **DP World Tour Golf** The BMW PGA Championship day three at Wentworth Club, Surrey.
6.00 PM LIVE **LPGA Tour Golf** Coverage of day three of the Kroger Queen City Championship at TPC River's Bend in Ohio.
9.00 **DP World Tour Golf**
9.30 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
10.00 **Tales from the Ryder Cup**
11.00 LIVE **PGA Tour Golf** Day three of the Procore Championship at Silverado Country Club in Napa.
2.00 AM **Legends Tour Golf**
3.00 **DP World Tour Golf**
4.00 **Countdown to the Ryder Cup**
4.30 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **Ryder Cup**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **WTA All Access**
7.00 **US Open Tennis** Singles finals.
9.00 **WTA Tennis** Tour highlights.
5.00 PM LIVE **WTA Tennis** The semi-finals on day six of the Sao Paulo Open at Parque Villa-Lobos.
9.00 **US Open Tennis**
10.00 **Tennis** Cincinnati Open.
12.00 M'T LIVE **WTA Tennis** Coverage of the semi-finals on day six of the Guadalajara Open in Mexico.
4.00 AM **ATP Best of Jack Draper**
4.15 **WTA & ATP Tennis**
4.45 **Bitesize Tennis** Stuttgart Open.
5.00 **to 6.00** AM **US Open Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling: La Vuelta Men**
7.00 LIVE **AFL** The first semi-final.
10.00 **Premier League Preview**
10.30 **Match Officials Mic'd Up**
11.00 LIVE **Premier League Arsenal v Nottingham Forest.** The top-flight clash at the Emirates Stadium. Kick-off 12.30pm.
3.00 PM **Xtra Time** Analysis.
3.15 LIVE **Cycling: La Vuelta Men** Coverage of the 20th stage, a 156km route from Robledo de Chavela to Bola del Mundo.
5.00 **Playing for Our Future**
5.15 LIVE **Serie A Juventus v Inter Milan.** Coverage of the Italian top-flight game at Allianz Stadium.
7.00 **The Breakdown**
7.30 **Champions League Magazine**
8.00 **MLB Highlights**
9.00 LIVE **UFC** The preliminary bouts.
11.00 LIVE **UFC Diego Lopes v Jean Silva.** The featherweight bout at Frost Bank Center in San Antonio.
2.30 AM **UFC Connected**
3.00 **Serie A** Juventus v Inter Milan.
4.00 **to 6.00** AM LIVE **AFLW Richmond v Geelong Cats.** Coverage of the match staged at IKON Park. Bounce-up 4.05am.

TNT Sports 2

411 414 522 409 431

6.00 AM **British Speedway**
7.00 **MotoGP** From San Marino.
7.30 LIVE **MotoGP** Coverage from the Grand Prix of San Marino.
11.00 LIVE **MotoE** The Grand Prix of San Marino opening race.
11.45 LIVE **MotoGP** Coverage from the Grand Prix of San Marino.
2.45 PM **MotoGP Rewind**
3.00 LIVE **MotoE** The Grand Prix of San Marino second race.
3.45 LIVE **MotoGP Rookies Cup** Grand Prix of San Marino race one.
4.45 **British Superbikes Rewind**
5.00 **Onboard** Ocean Race Europe.
5.30 LIVE **FIM Speedway Grand Prix** Round 10 from Denmark.
9.00 LIVE **MLB Boston Red Sox v New York Yankees.** From Fenway Park. Start-time 9.10pm.
12.15 AM **UEFA Champions League**
12.30 **UCI Mountain Bike World Championship** From Valais.
1.00 **MotoGP** From San Marino.
1.30 **MLB Plays of the Week**
2.00 LIVE **MLB San Francisco Giants v Los Angeles Dodgers.**
5.15 **TNT Sports Reload**
5.30 **to 6.00** AM **World Rally Championship**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
10.30 **NFL Gameday** The latest news.
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **NFL Gameday**
1.30 **NFL Bitesize Highlights**
2.00 **NFL Highlights**
3.00 **A Philly Special**
3.30 **NFL Gameday** The latest American football news and a look ahead to forthcoming matches.
4.00 **NFL Highlights** Philadelphia Eagles v Dallas Cowboys. **5.00** Highlights from Atlanta Falcons v Green Bay Packers. **6.00** Green Bay Packers v Washington Commanders. **7.00** Action from Green Bay Packers v Detroit Lions.
8.00 **NFL Bitesize Highlights** Atlanta Falcons v Tampa Bay Buccaneers. **8.15** Action from Seattle Seahawks v San Francisco 49ers.
8.30 LIVE **NCAA College Football Notre Dame Fighting Itish v Texas A&M Aggies.** Coverage of the match staged at Notre Dame Stadium in Indiana.
12.00 M'T **NFL Bitesize Highlights**
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

7.35 AM **Rugby Greatest Games**
7.55 LIVE **The Rugby Championship New Zealand v South Africa.** Coverage of the match from the fourth round of fixtures staged at Sky Stadium in Wellington. Kick-off 8.05am.
9.55 **International Rugby Union**
10.00 **Soccer Saturday Pre-Match**
11.00 **EFL Build-Up**
12.25 PM LIVE **EFL Oxford United v Leicester City.** Coverage of the Championship match at Kassam Stadium. Kick-off is at 12.30pm.
3.00 **Gillette Labs Soccer Saturday**
5.00 LIVE **Super League Wakefield Trinity v Hull Kingston Rovers.** Coverage of the match from the 26th round of fixtures staged at DIY Kitchens Stadium. Kick-off is at 5.30pm.
7.45 **British and Irish Lions Tour**
7.50 **Rugby Greatest Games**
8.00 **Match Centre** A look ahead.
10.00 **Sky Sports Catch Up**
12.00 M'T LIVE **WTA Tennis** Coverage of the semi-finals on day six of the Guadalajara Open, a hard-court tournament at Panamerican Tennis Center in Mexico.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.30 AM **My Icon** Denise Lewis.
7.00 **Rugby Greatest Games**
7.05 LIVE **NRL** Coverage of the second qualifying final.
9.05 **Super League Highlights**
9.20 **Women's Super League**
9.35 **US Open Tennis**
10.35 **My Icon** Deta Hedman.
10.50 LIVE **NRL** Coverage of the opening elimination final.
12.50 PM **Rugby Greatest Games**
1.00 LIVE **Ladies European Tour Golf** Coverage of day three of the VP Bank Swiss Ladies Open.
4.00 **30 Years of the PDC World Champs** A celebration.
4.30 **HotelPlanner Tour Golf**
5.00 **Premier League Darts**
9.30 **Super League Highlights**
9.45 **Women's Super League**
10.00 **Formula 1** The Italian Grand Prix.
11.00 **Super League** A match replay.
1.45 AM **30 Years of the PDC World Champs** A celebration.
2.15 **PL Greatest Games**
3.00 LIVE **NRLW Wests Tigers v New Zealand Warriors.** From Campbelltown Sports Stadium in Sydney. Kick-off is at 3.00am.
4.45 **to 6.30** AM LIVE **NRLW Newcastle Knights v St George Illawarra Dragons.** At McDonald Jones Stadium. Kick-off 4.45am.

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **AFLW Port Adelaide v Melbourne.** B-u 6.05am.
8.00 **Premier League Preview**
8.30 **Porsche Supercup**
9.30 **World Rally Championship**
10.00 **eSports Show** The latest news.
10.30 **TNT Sports Reload**
10.45 **Cycling: La Vuelta Men**
11.45 LIVE **Cycling: La Vuelta Men**
5.00 PM **TNT Sports Reload**
5.15 **eSports Show** The latest news.
5.45 **FIA World Endurance C'ship**
6.45 LIVE **World Rally Championship** The Rally Chile.
8.45 **TNT Sports Reload**
9.00 LIVE **World Rally Championship** The Rally Chile.
10.30 **Cycling: La Vuelta Men**
11.30 **World Rally Championship**
12.00 M'T LIVE **Athletics World Championship** In Tokyo.
4.00 AM **UCI Mountain Biking**
4.30 **MotoGP** From San Marino.
5.00 **to 6.00** AM LIVE **Motocross World Championship**

TNT Sports 4

414 416 524 411 434

7.30 AM LIVE **AFLW GWS Giants v Western Bulldogs.** From Canberra. Bounce-up 7.35am.
9.30 **Onboard** Ocean Race Europe.
10.00 LIVE **Athletics World Championship** The opening day in Tokyo. *See feature, page 28.*
2.30 PM **CPL Highlights**
3.00 LIVE **World Rally Championship** The Rally Chile.
4.30 **European Rally Championship**
5.00 **MLB Plays of the Week**
5.30 LIVE **NWSL North Carolina Courage v Angel City FC.**
7.45 **UEFA Champions League**
8.00 **AFL** The first semi-final.
9.30 **MotoGP** From San Marino.
10.00 LIVE **NWSL Orlando Pride v Bay FC.** Kick-off is at 10.00pm.
12.15 AM **Serie A** Juventus v Inter.
1.15 **UCI Mountain Bike World Championship** From Valais.
2.45 **V8 Supercars Highlights**
4.45 **to 5.15** AM **World Rally Championship**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting Championship** Highlights.
7.00 **Transworld Sport** Magazine.
8.00 **Eredivisie Highlights**
9.00 **World Surf League**
10.00 **Motorsport Highlights**
11.25 **Scottish Rally Championship**
11.55 **LaLiga Match Highlights**
12.55 PM LIVE **LaLiga Getafe v Oviedo.** Coverage from Estadio Coliseum. Kick-off 1.00pm.
3.00 **LaLiga Specials**
3.30 **NASCAR Highlights**
4.30 **Football's Greatest**
5.00 **LaLiga Specials**
5.15 LIVE **SPFL Hibernian v Dundee United.** Coverage of the Scottish Premiership match from Easter Road. Kick-off 5.45pm.
8.15 **Football Highlights**
11.30 **Michelin Le Mans Cup**
12.00 M'T LIVE **NASCAR** Coverage of the Bass Pro Shops Night Race.
4.30 AM **Motorsport** Valentino Rossi.
5.00 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Highlights**
11.00 **FastZone** Motorsports highlights.
11.30 **GP Confidential** F1 news.
12.00 NOON LIVE **Davis Cup Ireland v China.** Coverage from Dublin.
1.55 PM **LaLiga Match Highlights**
2.05 LIVE **Davis Cup Ireland v China.**
4.00 **FastZone** Motorsports highlights.
4.30 **LaLiga Highlights**
5.25 LIVE **LaLiga Athletic Bilbao v Alavés.** Kick-off is at 5.30pm.
7.30 **LaLiga Highlights**
7.55 LIVE **Eredivisie Feyenoord v SC Heerenveen.** K-o 8.00pm.
10.00 **LaLiga Match Highlights**
10.10 **Bike World** Magazine.
10.40 **LaLiga Specials**
10.55 LIVE **Argentine Primera Division Estudiantes v River Plate.** Kick-off is at 11.00pm.
1.00 AM LIVE **Brasileiro Serie A Fluminense v Corinthians.**
3.00 **Football's Greatest**
3.30 **to 6.00** AM **Highlights**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **Formula 1** Recent action.
7.00 PM **Formula 1** Canadian Grand Prix at Circuit Gilles Villeneuve. **8.00** Highlights of the Austrian Grand Prix from Red Bull Ring. **9.00** Highlights from the British Grand Prix at Silverstone. **10.00** The Spanish Grand Prix at Circuit de Barcelona-Catalunya.
11.00 **Formula 1** Highlights.
2.00 **to 6.00** AM **The Home of F1**

Sunday

14 September

Evening Planner

Football

Premier League
Sky Sports Main Event & Sky Sports Premier League
Coverage of Burnley v Liverpool before Manchester City v Manchester United.

Factual

Rob and Rylan's Passage to India
BBC2, 9pm (box set, BBC iPlayer)
Rob Rinder and Rylan embark on a trip around India, starting in the city of Delhi.

Drama

Coldwater
ITV1, 9pm (box set, ITVX)
Andrew Lincoln makes his return to British TV, playing a hard done by man who uproots his family to rural Scotland.

Drama

Y Golau: Dwr
S4C, 9pm (box set, BBC iPlayer)
Doubts are raised about the conviction of a murderer, in the second series of the Welsh thriller. Stars Sian Reese-Williams.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Antiques Roadshow		8.15 Freddie Flintoff's Field of Dreams...	9.15 King & Conqueror		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Saving Lives at Sea		8.00 Living Next Door to Putin		9.00 Rob and Rylan's Passage to India		10.00 Film: Tár	
	103 ITV1	◂ 6.55 M&S: Dress the Nation		8.00 Beat the Chasers		9.00 Coldwater		10.00 News	10.20 Film: Jack Reacher
	104 CHANNEL 4	7.00 Inside McVitie's		8.00 Educating Yorkshire		9.00 The Inheritance		10.00 Gogglebox	
	105 5	◂ 6.30 NFL Big Game Night – Live: Miami Dolphins v New England Patriots					9.30 Rich Holiday, Poor Holiday		10.25 Inside the Four...
	106 SKY SHOWCASE	7.00 David Attenborough's Conquest of the		8.00 An Idiot Abroad 2		9.00 S.W.A.T.		10.00 The Sopranos	
ENTERTAINMENT	115 BBC3	7.00 Athletics...	7.30 Horrible...	7.45 Film: Early Man		9.00 Stranded on Honeymoon Island			
	116 BBC4	7.00 Golf: PGA Championship		8.00 Unmissable Moments at the Proms				10.00 Jessye Norman at the BBC	
	118 ITV2	◂ 6.15 Film: Jurassic World: Dominion				9.00 Olivia Attwood's Bad Boyfriends		10.05 The Only Way Is Essex	
	136 MORE4	◂ 6.50 Four in a Bed				9.00 Surgeons: Life in Their Hands		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Moonfall			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Matlock		10.00 The Rookie	
	108 SKY ATLANTIC	◂ 6.30 Game of Thrones				9.00 Task			10.15 True Detective
	110 U&GOLD	◂ 6.00 Only Fools and Horses					9.20 Dad's Army	10.00 Only Fools and Horses	
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal		8.00 Alison & Larry: Billericay to Barry		9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	◂ 6.00 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	◂ 6.00 World Series of Darts – Live: The semi-finals and final						10.00 English Football League Highlights	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Mr Bean's Holiday			10.40 Iain...
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine							
	113 SKY MAX	7.00 Grimm		8.00 Rob & Romesh Vs		9.00 S.W.A.T.		10.00 Film: Blacklight	
	109 U&ALIBI	7.00 Beyond Paradise		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	◂ 6.30 Eric Clapton: 24 Nights				9.00 The Pretenders: The Isle of View			10.40 INXS...
	132 U&W	7.00 Inside the Ambulance				9.00 Inside the Operating Theatre		10.00 Stacey Dooley Sleeps Over	
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Land Rush		10.00 Street Outlaws: Locals Only	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Treetop Cat Rescue		9.00 The Zoo		10.00 Tanked	
	129 NAT GEO	7.00 Genghis Khan: The Secret History of...		8.00 Engineering Europe		9.00 Egypt's Sun King: Secrets and Treasures		10.00 Lost Tombs of the Pyramids	
	123 SKY HISTORY	7.00 National Park Mysteries				9.00 Forged in Fire			
	155 U&YESTERDAY	7.00 Wilderness with Simon Reeve		8.00 Flipping Bangers		9.00 Bangers & Cash		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Luther: Never Too Much				9.00 Death of a Showjumper		10.00 The Girl Who Caught a Killer	
FILMS - Sky Cinema	301 PREMIERE	◂ 6.25 Die Alone		8.00 Nosferatu					10.15 Spin the Bottle
	302 00s	◂ 5.45 The Holiday		8.00 Love Actually					10.15 Lost in Translation
	303 GEMS	◂ 5.40 A Star Is Born		8.00 Mean Girls				9.55 You, Me and Dupree	
	304 GREATS	◂ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	305 ANIMATION	◂ 5.50 How to Train...	7.35 Hotel Transylvania 2			9.15 Rugrats in Paris			
	306 FAMILY	◂ 6.00 Peter Rabbit	7.45 The Golden Compass					9.45 Nutty Professor II: The Klumps	
	307 SPIDER-MAN	◂ 6.40 Spider-Man			8.45 Spider-Man 2				
	308 COMEDY	◂ 6.00 You've Got Mail		8.00 Two Weeks Notice				9.50 Pitch Perfect	
	309 THRILLER	◂ 5.50 Collateral		8.00 Patriot Games					10.05 The Equalizer 2
	310 DRAMA	◂ 5.35 A League of Their Own		8.00 Valentine's Day					10.10 Black Dog
	311 SCI-FI	◂ 6.15 Men in Black		8.00 Dune: Part Two					
	313 FILM4	◂ 6.45 The Devil Wears Prada				9.00 Morbius			
SPORT	401 MAIN EVENT	◂ 4.00 Super...	7.30 NFL – Live: Detroit Lions v Chicago Bears (Kick-off 6.00)				9.15 NFL – Live: Kansas City Chiefs v Philadelphia Eagles (Kick-off 9.25)		
	402 PREMIER LEAGUE	◂ 4.00 Super...	7.30 The Big Interview	8.00 PL Stories	8.30 PL Highlights	9.00 SNF		10.00 Premier League Highlights	
	403 FOOTBALL	7.00 EFL				9.00 WSL	9.30 EFL Goals		10.30 EFL Highlights
	405 CRICKET	7.00 One-Day International Cricket						10.00 Best of England v South Africa	
	410 TNT SPORTS 1	◂ 3.15 La Vuelta...	7.30 Serie A – Live: AC Milan v Bologna (Kick-off 7.45)					9.45 UEFA Magazine	10.15 I Believe in Miracles
	411 TNT SPORTS 2	◂ 6.30 MLB – Live: Boston Red Sox v New York Yankees						9.45 MLB Highlights	

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

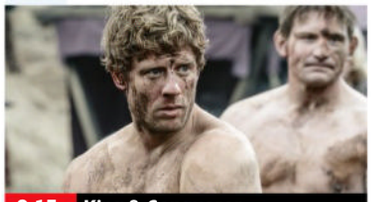
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
7.30 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 NEW SERIES **Prayer and Reflection** 1/4. Religious services from various faiths. (S)
11.00 **Bargain Hunt** (S)(R)
11.25 **Songs of Praise** New edition (S)
12.00 NOON **BBC News** (S)
12.15 PM LIVE **Athletics: World Championships** Further coverage of day two from Tokyo. (S)
2.45 **Escape to the Country** (S)(R)(AD)
3.10 **BBC News** (S)
3.20 **Local News** (S)
3.30 LIVE **Rugby Union: Women's World Cup** Gabby Logan presents coverage of the fourth quarter-final from Ashton Gate in Bristol. Kick-off is at 4.00. (S)



9.15 King & Conqueror

6 PM
6.15 **Countryfile** New edition Matt Baker and Charlotte Smith visit the Worcestershire village that provided the inspiration for *The Archers*, and continues to inspire storylines on the radio soap to this day. (S)

7 PM
7.15 **Antiques Roadshow** New edition Fiona Bruce presents the show from Shuttleworth House in Bedfordshire, where she delves into the history of the house's traction engine collection and gets to see one in action. (S)

8 PM
8.15 **Freddie Flintoff's Field of Dreams: Ultimate Test** New edition 2/4. Freddie heads to Manchester and discovers one of the most dilapidated clubs he has ever seen. (S)(AD)
■ Entire series on BBC iPlayer

9 PM
9.15 **King & Conqueror** New episode 5/8. Harold and Edith risk their lives to bargain with William but get a guarded reception. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** Kelly Cates presents highlights of the latest Premier League matches, featuring Manchester City v Manchester United and Burnley v Liverpool. (S)
11.25 **The Women's Football Show** Highlights of the latest matches in the Super League, including West Ham United v Arsenal and Aston Villa v Chelsea. (S)
12.05 AM LIVE **Athletics: World Championships** Coverage of the opening session on day three at Japan National Stadium, Tokyo. (S)
4.05 **Weather for the Week Ahead** (S)
4.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.05 AM **Take a Hike** (S)(R)
6.35 **Countryfile** (S)(R)
7.30 **Breakfast** (S)
9.00 **Beechgrove Garden** (S)(R)
9.30 **Hairy Bikers' Best of British** (S)(R)
10.00 LIVE **Athletics: World Championships** Coverage of the second session on day two from Tokyo. *Continues on BBC1.* (S)
12.15 PM LIVE **Rugby Union: Women's World Cup** Coverage of the third quarter-final from Sandy Park in Exeter. Kick-off is at 1.00. (S)
3.15 FILM **Brief Encounter** Classic romantic drama starring Celia Johnson and Trevor Howard. (S) (1945, b/w, PG, 85min) ★★★★★
4.45 **The Wonder of Animals** (S)(R)
5.15 **The Great British Sewing Bee** 9/10. The semi-finalists make 1920s-style fashion. (S)(R)(AD)

10.00 Tár

6.15 **Flog It!** At Culzean Castle in Ayrshire, experts Anita Manning and Natasha Raskin Sharp find a local watercolour and a handwoven blanket. (S)(R)

7.00 **Saving Lives at Sea** A woman alerts the lifeguards after six teenagers are cut off by the tide in Watergate Bay, north Cornwall. The Anstruther crew race to the rescue of a paddleboarder. (S)(R)(AD)

8.00 **Living Next Door to Putin** 1/2. Katya Adler travels along the Russian border to investigate the consequences of Putin's war on the west and how life is changing for the people living there. (S)(R)(AD)

9.00 NEW SERIES **Rob and Rylan's Passage to India** 1/3. Rob Rinder and Rylan Clark discover the art, culture and ancient wisdom of India. *See feature, page 21.* (S)(AD)
■ Entire series on BBC iPlayer

10.00 FILM **Tár** Drama starring Cate Blanchett. When accusations surface about conductor Lydia Tár and a graduate of her academy, every aspect of the tutor's life comes under scrutiny. (S)(AD) (2022, 15, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **International T20 Cricket** England v South Africa. (S)
1.00 **Sign Zone: The Guest** (S)(R)(AD)
2.00 **Sign Zone: Here We Go** (S)(R)(AD)
2.30 **Sign Zone: Chess Masters: The Endgame** (S)(R)
3.00 **Sign Zone: Panorama – Fighting the Cocaine Cartels** (S)(R)
3.30 **Sign Zone: Great British Railway Journeys** Double bill. (S)(R)(AD)
4.30 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Simply Raymond Blanc** (S)(R)
6.30 **James Martin's Saturday Morning** With Ore Oduba. (S)(R)
8.25 **Katie Piper's Weekend Escape** New edition With Davina McCall. (S)
9.25 **ITV News** (S)
9.30 **Love Your Garden: Grow Your Own Special** (S)(R)
10.30 **In for a Penny** (S)(R)(AD)
11.15 **ITV News** (S)
11.30 LIVE **Football: EFL** Southampton v Portsmouth: Coverage of the Championship match between the local rivals at St Mary's Stadium. Kick-off is at 12.00. (S)
2.15 PM LIVE **Racing** Coverage from Doncaster and The Curragh. (S)
5.00 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
5.30 **You Bet! On Tour** 3/6. Game show with Stephen Mulhern. (S)(R)(AD)

6.55 M&S: Dress the Nation

6.30 **ITV News** (S)
6.45 **Local News** (S)
6.55 NEW SERIES **M&S: Dress the Nation** 1/5. AJ Odudu and Vernon Kay host as nine amateur designers go head to head in a competition to win a dream job as a fashion designer for high street giant M&S. (S)

8.00 **Beat the Chasers** New edition Bradley Walsh hosts as contestants from across the UK take on Jenny Ryan, Anne Hegerty, Shaun Wallace, Mark Labbett, Darragh Ennis and Paul Sinha. (S)(AD)

9.00 NEW SERIES **Coldwater** 1/6. Thriller starring Andrew Lincoln. John moves his family to rural Scotland, but their new neighbours harbour a secret. *See feature, page 4.* (S1) (S)(AD)
■ Continues tomorrow

10.00 **ITV News** (S)
10.20 FILM **Jack Reacher** Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike and Richard Jenkins. (S) (AD) (2012, 15, 145min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Teleshopping**
3.00 **Motorsport UK** (S)(R)
3.50 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Nisha Katona's Home Kitchen** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.20 AM **Cheers** 12-15/26. (S10) (S)(R)
8.05 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 3&4/24. (S3) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With Hamza Yassin, Craig David, Conor Benn, Gbemisola Ikumelo, Oti Mabuse and Lara Lewington. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.25 **Four in a Bed** The contest kicks off at the Art Bank in Dalbeattie, Dumfries and Galloway. (S)(R)
2.55 From the Tithe Barn Hotel in Cockermouth, Cumbria. (S)(R)
3.25 The third visit is to The Sanderling in Morecambe. (S)(R)
3.55 From the Curious Fox in Skipton, North Yorkshire. (S)(R)
4.25 Payment Day arrives. (S)(R)
5.00 **News** (S)
5.30 **The Great British Bake Off** 2/10. Biscuit Week arrives. (S)(R)(AD)

8.00 Educating Yorkshire

6.30 **The Great British Bake Off** (started at 5.30pm)

7.00 **Inside McVitie's** Documentary going behind the scenes of one of Britain's best-known brands, McVitie's, as they gear up for their busiest time of year. (S)(R)(AD)

8.00 **Educating Yorkshire** New edition A student finds his dreams of rugby stardom in jeopardy if his attitude does not improve. One of his classmates struggles with fears of being dropped down a set. (S)(AD)

9.00 **The Inheritance** New edition 7/12. Two players are cut from the will, and the Deceased sets a request that pushes the remaining players further than ever. (S)(AD)
■ Continues tomorrow

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 **My Massive C**k** (S)(R)(AD)
12.00 M'T NEW **Walter Presents: Isolated** 1/8. Finnish thriller. (S1)
■ Entire series on C4 streaming
12.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.45 **24 Hours in A&E** (S)(R)(AD)
2.40 **999: On the Front Line** (S)(R)
3.35 **The Donald Trump Show** (S)(R)
4.30 **Find It, Fix It, Flog It** (S)(R)
4.35 **The Simpsons** (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

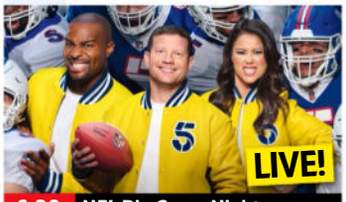
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.50 **SpongeBob SquarePants** (S)(R)
9.00 **Entertainment News** (S)
9.05 **Holidaying with Jane McDonald** Triple bill. (S)(R)
12.05 PM **My Cornwall with Fern Britton** Fern delves into the pagan roots that may explain why Cornwall is awash with tales of witchcraft and pixies. (S)(R)
1.00 **Cumbria: The Lakes & the Coast** In Brampton, Michelin-starred chef Hrishikesh Desai reinvents his menu and cooks up a dish using ingredients from his garden. (S)(R)
2.00 LIVE **Cricket: International T20** England v South Africa: Coverage of the third and final T20 of the series, which comes from Trent Bridge, Nottingham.



6.30 NFL Big Game Night

6.30 LIVE **NFL Big Game Night** Miami Dolphins v New England Patriots: Coverage of the week two match between the AFC East teams, held at Hard Rock Stadium, joining in progress 30 minutes after kick-off. Both teams missed out on the play-offs last season, with the Dolphins finishing second in the division, but some distance behind Buffalo Bills, with an 8-9 record, and the Patriots ending the campaign with just four wins all season. Tonight's coverage will also feature the 'game within a game' quiz element, whenever the NFL game stops in the US. (S)

9.30 **Rich Holiday, Poor Holiday** 1/8. Support worker Cheryl and her son Harvey trade holidays with entrepreneurs Marco and Paul, with Cheryl and Harvey jetting off to Dubai, and Marco and Paul going motorhoming in Surrey and Southend-on-Sea. (S)(R)

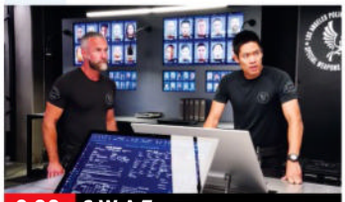
10.25 **Inside the Four Seasons: Park Lane** Andrea saves an anniversary with some heart-shaped balloons, and chef Benjamin celebrates the 150th visit of a superfan diner. (S)(R)
11.25 **The Hotel Benidorm** (S)(R)
12.25 AM **Murdered at First Sight** The murder of Carlie Brucia. (S)(R)
1.25 **PlayOJO Live Casino Show** (S)
3.25 **Agatha Christie: 100 Years of Poirot & Miss Marple** (S)(R)
4.40 **Nick Knowles' Big House Clearout** In Marlow. (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Ready Eddie Go!** (S)(R)(AD)
6.30 **Emerald** (S)(R)(AD)
6.40 **The Brilliant World of Tom Gates 2** (S)(R)(AD)
6.50 **Silly Animals** (S)(R)
7.00 **Monkey Life** (S)(R)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **The Office (US)** 20&21/22. Double bill. (S2) (S)(R)
11.00 LIVE **Football: WSL** London City Lionesses v Manchester United: The top-flight match from Copperjax Community Stadium. Kick-off 12.00.
2.30 PM LIVE **Cricket: International T20** England v South Africa: Coverage of the third and final T20 of the series, which comes from Trent Bridge, Nottingham.



9.00 S.W.A.T.

6.30 **The Simpsons** *Itchy & Scratchy & Marge:* Marge protests about TV violence, convinced *The Itchy & Scratchy Show* is turning Maggie into a thug. (S)(R)

7.00 **David Attenborough's Conquest of the Skies** The broadcaster turns his attention to creatures that dominate today's skies, including hummingbirds, vultures and bats. (S)(R)(AD)

8.00 **An Idiot Abroad 2** 4/8. Karl Pilkington heads to Alaska, where Ricky Gervais and Stephen Merchant have arranged for him to watch whales and take part in other activities. (S)(R)(AD)

9.00 **S.W.A.T.** New episode *Open Season:* 9/22. The squad race to uncover a dangerous enemy intent on revenge, while Deacon and Tan clash over the academy. (S8) (S)

10.00 **The Sopranos** *Boca:* 9/13. Tony is pleased to find Carmela has heard intimate details of Junior's love life and soon realises he could use them to his advantage. (S1) (S)(R)

11.05 **The Sopranos** 10/13. Tony's henchmen kill a Colombian drug dealer. (S1) (S)(R)
12.10 AM **Brassic** 7/7. Vinnie and the gang learn of some sad news. (S6) (S)(R)(AD)
1.10 **The Force: North East** (S)(R)
2.05 **Road Wars** (S)(R)
3.00 **S.W.A.T.** 21/22. (S6) (S)(R)(AD)
4.00 **Road Wars** (R)
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **11.25pm** Sportscene: Premiership Highlights (S)(R) **12.25-4.05am** LIVE Athletics: World Championships (S)
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics Northern Ireland (S)
WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm NEW Abandoned Ulster (S) **10.30** Sunday Politics Northern Ireland (S)(R) **11.00** FILM Tár (S)(AD) (2022, 15, 150min) ★★★★ **1.30-2.00am** International T20 Cricket (S)
WALES
Sky 968, Freesat 968
5.15pm Hairy Bikers' Best of British (S)(R) **5.45-6.15pm** Weatherman Walking (S)(R)

ITV1

As main ITV1 except:
WALES
5.30pm Born to Farm (S)(R) **6.00-6.30pm** Backstage New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Yn y Gwaed **10.00** Garddio a Mwy **10.30** Gareth Jones: Nofio Adre **11.30** Ceffylau, Sheikhs a Chowbois **12.00noon** Rygbi Cymru: Y Gêm yn y Gwaed **1.00pm** Triathlon Cymru – Y Barri **2.00** Arfordir Cymru: Môn **2.30** Ty Ffit **3.30** Cymry ar Gynfas **4.00** Mynyddoedd y Byd **5.00** Cranogwen gyda Ffion Hague **6.00** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **6.30** Teulu Shadog: Tymhorau'r Flwyddyn New edition (AD) **7.00** Pobol y Cwm Omnibws **7.45** Newyddion a Chwaraeon **8.00** Am Dro! New edition **9.00** NEW SERIES Y Golau: Dwr: Return of the drama. *See feature, page 7.* (AD)
■ Entire series on BBC iPlayer **10.00** Y Stiwdio Grefftau (AD) **11.00-11.35pm** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Athletics: World Championships Highlights** Sarah Mulkerrins presents a round-up of action from day two in Tokyo.
7.30 **Horrible Histories** Delving into the lives of children throughout history.
7.45 FILM **Early Man** Animation featuring the voice of Eddie Redmayne. A caveman tribe must learn to play football in order to regain its homeland from a conquering civilisation. (2018, PG, 87min) ★★★★
9.00 **Stranded on Honeymoon Island** 4/12. The couples swap partners for the day. **10.00** 5/12. An intimacy crate washes up to help the honeymooners get personal. **11.00** 6/12. A crate containing the couples' phones washes ashore.
12.00 M'T **Thailand: The Dark Side of Paradise**
2.15 AM **Angels of the North**
2.45 **Two Pints of Lager and a Packet of Crisps**
3.10 **to 4.00** AM **Ibiza: Secrets of the Party Island**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun** Seven editions, including at: **2.35** PM A Leeds couple search for a holiday home on the Greek island of Crete.
3.35 **Come Dine with Me** Five editions from Swindon and Marlborough.
6.20 **Four in a Bed** This week's competition begins at Newquay Beach Hotel. **6.50** The second visit is to Devon Heaven Hideaways. **7.25** The third visit is to Tin Can Retreat in Ceredigion.
7.55 **Four in a Bed** The final visit of the week is to the Thorverton Arms in Devon. **8.25** The winner is revealed.
9.00 NEW SERIES **Surgeons: Life in Their Hands** Cardiac ICU nurse Elio works his last shift before he goes from staff member to patient, putting faith in his friends as he undergoes surgery for a leaky heart valve.
10.00 **24 Hours in A&E** The lives of patients facing adversity head-on, including a former cancer patient now battling an aggressive ear infection, and a charity fundraiser involved in a bicycle accident.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.10 **Surgeons: Life in Their Hands** As 9.00pm.
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Golf: PGA Championship** Action from the fourth and final day of the DP World Tour event, from Wentworth, Surrey.
8.00 NEW **Unmissable Moments at the Proms** Highlights from this year's music festival, featuring performances by Anoushka Shankar, Pacho Flores, Liya Petrova and Le Consort Ensemble, and pieces by Vivaldi and Mendelssohn.
10.00 NEW **Jessye Norman at the BBC** Archive performances by American opera singer Jessye Norman, tracing her journey from spirituals and traditional folk songs to her landmark debut at the London Proms.
10.50 **Jessye Norman and the Spiritual** Featuring a selection of spiritual songs.
11.40 **River** Concert film.
12.50 AM **Buddha: Genius of the Ancient World**
1.50 **The Story of Welsh Art**
2.50 **to 3.35** AM **Jessye Norman at the BBC**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Ramsay's Kitchen Nightmares USA**
10.05 **The Big Bang Theory**
12.00 NOON **The Great British Bake Off** Biscuit Week.
1.35 PM FILM **Home Alone 3** Family comedy sequel. (1997, PG, 102min) ★
3.35 FILM **Sister Act** Comedy. (1992, PG, 102min) ★★★★
5.40 **Lego Masters Australia** New edition The teams must build minifigures living in the land of the giants.
7.00 **The Simpsons** Four episodes, including at: **8.00** *Burger Kings:* Mr Burns begins selling plant-based burgers. **8.30** *Super Franchise Me:* Marge starts her own sandwich shop.
9.00 FILM **Moonfall** Sci-fi thriller starring Patrick Wilson and Halle Berry. A mysterious force knocks the Moon from its orbit and two astronauts join forces to avert catastrophe. With Donald Sutherland and John Bradley. (2022, 12, 130min) ★★★
11.40 **Gogglebox**
12.40 AM **Open House: The Great Sex Experiment**
1.50 **First Dates**
2.55 **Ramsay's Kitchen Nightmares USA**
3.45 **The Goldbergs**
4.35 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **UK Border Force**
9.00 **Stop, Search, Seize**
10.00 **Send in the Dogs**
11.00 **The Force: Manchester**
12.00 NOON **Caught on Dashcam** Disasters captured on video by dashboard cameras.
1.00 PM **Border Patrol** Double bill following the work of customs agents in New Zealand.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

10.00 The Rookie

7 PM
7.00 **Nothing to Declare** A traveller appears to have picked up a stowaway. **7.30** A student is carrying undeclared cash bundles.

8 PM
8.00 **Caught on Dashcam** New edition Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Matlock** *No, No Monsters:* 8/19. Matty helps a nanny who has been fired on suspicion of harming the children in her care. (S1)

10 PM
10.00 **The Rookie** *A Deadly Secret:* 15/18. Documentary film-makers interview the LAPD about a missing person case. (S7)
11.00 **The Good Doctor** 5/20. (S4)
12.00 M'T **Bull** 11/16. (S5)
1.00 AM **Law & Order: SVU** (S25)
2.00 **Elsbeth** New episode 19/20. Legal drama. (S2)
3.00 **FBI** 11/15. (S3)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Triple bill.
9.00 **Westworld** 6-10/10. (S2)
3.05 PM **Game of Thrones** 2/7. Daenerys receives an unexpected visitor. **4.15** 3/7. Sansa receives an unexpected visitor and Sam is confronted for his actions. **5.30** 4/7. Jaime and Bronn collect the spoils from the war. **6.30** 5/7. Daenerys makes an offer to the Lords of Westeros, while Jon heeds Bran's warning about white walkers. (S7)

10.15 True Detective

7.40 **Game of Thrones** *Beyond the Wall:* 6/7. Jon and his men go beyond the wall to capture a white walker, while Daenerys has to make a tough decision. (S7)

9.00 **Task** *Crossings:* 1/7. An FBI agent heads up a task force to tackle a string of drug-house robberies in Philadelphia. (S1)

10.15 **True Detective** *Kiss Tomorrow Goodbye:* 2/8. Hays looks back at the aftermath of the 1980 Purcell case. (S3)
11.25 **The Wire** 7/13. (S1)
12.35 AM **The Last of Us** 3/9. (S1)
2.00 **Task** New episode 2/7. Tom prepares for an emotional court appearance. (S1)
3.15 **Succession** 4/9. (S3)
4.30 **In Treatment** (S2)
5.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S2)
10.00 **NCIS: Los Angeles** (S14)
11.00 **Magnum P.I.** Five episodes of the crime drama, including at: **3.00** PM 5/20. Thomas recruits Katsumoto to help find a missing tourist. (S5)
4.00 **Grimm** 13/22. Three coins have an unsettling effect on whoever possesses them. **5.00** 14/22. Nick searches for a fire-breathing monster. **6.00** 15/22. Renard orders Adalind to seduce Hank using a love potion. (S1)

10.00 Blacklight

7.00 **Grimm** *The Thing with Feathers:* 16/22. Nick takes Juliette away for a romantic weekend in the country. (S1)

8.00 **Rob & Romesh Vs** Rob Beckett and Romesh Ranganathan travel around the world taking on challenges.

9.00 **S.W.A.T.** New episode *Open Season:* 9/22. The squad race to uncover a dangerous enemy intent on revenge. (S8)

10.00 FILM **Blacklight** Thriller starring Liam Neeson. A government operative with a shadowy past finds himself in the crosshairs of the FBI director he once helped protect. (2022, 15, 104min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Brassic** 7/7. (S6)
1.00 AM **The Force**
2.00 **Road Wars**
3.00 **S.W.A.T.** 21/22. (S6)
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.15 **The Only Way Is Essex**
10.20 **Deal or No Deal**
12.25 PM **Wheel of Fortune**
1.25 **Celebrity Catchphrase**
2.25 FILM **Stuart Little 2** Fantasy adventure sequel featuring the voices of Michael J Fox and Melanie Griffith. (2002, U, 78min) ★★★★
4.10 FILM **Yes Man** Comedy starring Jim Carrey, Terence Stamp and Zooey Deschanel. (2008, 12, 100min) ★★★

9.00 Olivia Attwood's Bad...

6.15 FILM **Jurassic World: Dominion** Adventure sequel starring Chris Pratt. Operatives return to the destroyed dinosaur island on an important retrieval mission, and familiar faces make an appearance. (2022, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 NEW SERIES **Olivia Attwood's Bad Boyfriends** 1/10. Olivia trains eight bad boyfriends on her paradise island.

10.05 **The Only Way Is Essex** New edition Ella questions Jodie's loyalty at a party, and Amy's brother Wills arrives.
11.05 **Family Guy** (S12&18)
12.05 AM **American Dad!** (S14)
1.05 **Olivia Attwood's Bad Boyfriends** As 9.00pm.
2.05 **Deal or No Deal** Game show hosted by Stephen Mulhern.
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **A Touch of Frost**
8.50 **Agatha Christie's Poirot**
9.55 **Endeavour**
11.55 **The Darling Buds of May**
2.05 PM **Agatha Christie's Marple** *Greenshaw's Folly:* The sleuth helps a friend find refuge at a country house, but a murderer soon targets the strange building's various inhabitants.
4.05 **Vera** *The Crow Trap:* DCI Stanhope investigates a murder at a remote cottage in Northumberland.

8.00 Doc Martin

6.00 **Midsomer Murders** *Happy Families:* The owners of Karras Games gather for a murder mystery weekend.

8.00 **Doc Martin** 3/9. Pippa agrees to speak at the school assembly, and Morwenna is back as receptionist.

9.00 **Doc Martin** 4/9. Martin's ex-flame invites him to speak as keynote speaker, and Ruth is back from Mexico. (S10)

10.00 **Vera** *The Sea Glass:* The detective investigates the murder of a fisherman whose body was found tangled in a trawler's net.
12.00 M'T **I Fought the Law** 1/4. Ann Ming is distraught when her daughter goes missing. **1.00** AM 2/4. Ann puts pressure on the police. (S1)
2.00 **On the Buses**
2.30 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Kilmarnock v Celtic.
8.15 **Sacked in the Morning** With Tony Cottee.
8.30 **Designing the Hebrides** A crumbling bothy on the small island of Ulva.
9.00 **Strike! The Village That Fought Back** The story of Polmaise colliery.
10.00 **Still Game** 5/6. An old pal shows his face after 35 years. (S3)
10.30 **Scot Squad** 1/6. Chief Miekelson becomes the victim of an undercover tabloid sting. (S5)
11.00 **The Sunday Show** The main issues from the world of politics.
11.30 PM **to 12.00** M'T **The Scandals That Shocked Scotland** A case that put fingerprint evidence in the dock.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S4)
10.15 **Veep** 3-6/10. (S5)
12.55 PM **Sex and the City**
4.00 **Will & Grace** (S2)
6.30 **The Office (US)** 22/22. Dunder-Mifflin hosts a charity casino night. (S2) **7.00** 1/25. Michael lets slip that one of his colleagues is gay. **7.30** 2/25. Ryan goes on a double date. **8.00** 3/25. Michael lands himself in trouble when he declares it is Movie Monday. **8.30** 4/25. Michael tries grief counselling. (S3)
9.00 **Paul Chowdhry: Live Innit** Stand-up show.
10.15 **And Just Like That...** *The Real Deal:* 2/11. Chaos ensues when Miranda loses her phone. **11.05** *Chapter Three:* 3/11. Carrie conjures an excuse to get out of an audiobook taping. (S2)
11.55 **Girls** 4-8/10. (S2)
2.50 **to 5.00** AM **Entourage**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **André Rieu: Live in Maastricht VI**
8.45 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Discovering: Daniel Day-Lewis**
2.00 **Discovering: Denzel Washington**
3.00 **Guy Garvey: From the Vaults**
4.00 **Cream Reunion Concert** From 2005.
6.30 **Eric Clapton: 24 Nights**
9.00 NEW **The Pretenders: The Isle of View** The band perform in a studio setting.
10.40 **INXS: Live Baby Live** The band perform at Wembley stadium.
12.50 AM **Nothing Compares** The story of Sinéad O'Connor's rise to worldwide fame.
2.45 **Classic Albums**
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **Discovering Music**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **MC Grammar: Wonder Raps**
8.05 **Let's Game**
8.25 **Silly Pets**
8.35 **Impossible Animals**
8.45 **Isadora Moon**
9.00 **Star Trek: The Next Generation** (S3)
1.00 PM **Caught on Dashcam**
3.00 **Border Security: Canada's Front Line**
5.00 **Caught on Dashcam**
6.00 **Caught Red Handed**
8.00 **The Rookie** 13&14/22. Double bill. (S5)
10.00 **NCIS: New Orleans** *We All Fall:* 4/16. The mayor asks Pride to join her new task force. **11.00** *Operation Drano – Part One:* 5/16. The team investigate a suspicious death. (S7)
12.00 M'T **Caught on Dashcam**
1.00 AM **Night Cops**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune**
3.00 **Tenable** Members of a wheelchair basketball team take part. **4.00** A team of friends from Dudley take part.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Jane tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
9.00 **Wheel of Fortune** Graham Norton hosts the game show.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.10 AM **Murder, She Wrote**
11.10 **A Fine Romance**
12.10 PM **Man About the House** 3&4/7. (S1)
1.10 **Rising Damp** (S1)
2.10 FILM **Carry On Teacher** Vintage comedy. (1959, b/w, U, 86min) ★★★
4.00 FILM **The Horse Whisperer** Romance directed by and starring Robert Redford. (1998, PG, 169min) ★★★★
7.35 FILM **Phenomenon** Fantasy starring John Travolta and Kyra Sedgwick. (1996, PG, 124min) ★★
10.10 FILM **The Juror** Legal thriller starring Demi Moore and Alec Baldwin. (1996, 18, 118min) ★
12.40 AM **The New Avengers**
1.40 **Man About the House**
2.10 **Rising Damp** 7/7. (S1)
2.35 **M*A*S*H** (S11)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **World Superbike Highlights**
8.00 **Motorsport UK**
9.00 **English Football League Highlights** Recent action.
10.30 **The Big Match Revisited**
11.35 **Football League Legends**
11.45 LIVE **World Series of Darts** Coverage of the quarter-finals. on day three from AFAS Arena in Amsterdam.
4.00 PM **Great Racehorses**
4.25 **River Monsters**
4.55 **The Motorbike Show**

6.00 World Series of Darts

6.00 LIVE **World Series of Darts** Jacqui Oatley presents coverage of the evening session on day three of the World Series of Darts Finals staged at AFAS Arena in Amsterdam, featuring the semi-finals and final, which are both played over the best of 21 legs. With analysis from Chris Mason, Alan Warriner-Little and Mark Webster.

10.00 **English Football League Highlights** A round-up of action from the latest EFL fixtures, including Oxford United v Leicester City.
11.30 **The Motorbike Show** Henry and Guy reveal their redesign.
12.30 AM **Berlin Station** 8/10. The CIA members attempt to cover their tracks after their mission with Claire. (S1)
1.30 **BattleBots**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Zodiac: Signs of the Apocalypse** Sci-fi disaster drama. (2014, PG, 120min) ★
1.00 PM **Stargate Atlantis** Five episodes, including at: **5.00** 8/20. The team encounter an extraordinary prophet named Davos. (S4)
6.00 **Star Trek: Deep Space Nine** 20/20. A religious fundamentalist criticises Keiko O'Brien for teaching science in the station's school. (S1)

11.00 The Ark

7.00 **Star Trek: Deep Space Nine** *The Homecoming:* 1/26. Part one of three. Kira risks her life to rescue a Bajoran hero.

8.00 **Star Trek: Deep Space Nine** *The Circle:* 2/26. Part two of three. Kira is dismissed and gets sent back to Bajor.

9.00 **Star Trek: Deep Space Nine** *The Siege:* 3/26. Part three of three. Kira and Dax embark on a desperate mission.

10.00 **Star Trek: Deep Space Nine** *Invasive Procedures:* 4/26. A desperate Trill takes the group hostage and confiscates the Dax symbiote. (S2)
11.00 **The Ark** 6/12. The crew must devise a plan to retrieve some much-needed fuel. **12.00** M'T 7/12. The crew discover that they're not alone. **1.00** AM 8/12. A new figure enters the equation. **2.00** 9&10/12. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Maisie Raine** 5/6. Maisie rescues a man who borrowed £2,000 from a pair of villains and has ended up doing their dirty work. **5.00** 6/6. Maisie organises an operation to infiltrate a highly professional ring of automobile thieves. (S2)
6.00 **Beyond Paradise** 3/6. A dying woman goes missing from a local fishing trawler. (S2)

6.00 Beyond Paradise

7.00 **Beyond Paradise** 4/6. A priest from a Catholic boarding school suddenly disappears. (S2)

8.00 **Death in Paradise** *An Unpleasant Homecoming:* 4/8. The team join Naomi in Saint Barnabas when her friend's father is killed.

9.00 **Death in Paradise** *On the Sanctity of Children:* 5/8. The team investigate when a former children's home resident is murdered. (S12)

10.00 **Father Brown** *The Gardeners of Eden:* A terminally ill celebrity florist brings glamour and murder to Kembleford.
11.00 **Annika** 1/6. First episode of the crime drama starring Nicola Walker. A man is found in the river with a harpoon in his head. (S1)
12.05 AM **Beyond Paradise**
2.05 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Only Fools and Horses**
1.15 PM **Only Fools and Horses** Christmas special from 1988. Del Boy embarks on a new romance with Raquel, an actress he meets through a computer dating agency. **3.00** Christmas special from 1989. The Trotters go on a lads' day out to Margate. **4.55** Part one of two. Del and Rodney leave Peckham behind for a holiday in the Florida sun. **6.00** Part two of two. The Trotters suffer a setback when their camper van is burgled.

11.10 Bottom

7.55 **Only Fools and Horses** Christmas special from 1992. Always one to jump on the latest bandwagon, Del Boy goes eco-friendly and launches his own bottled water business.

9.20 **Dad's Army** Captain Mainwaring and Sergeant Wilson become trapped in the bank vault with an unexploded bomb.

10.00 **Only Fools and Horses** Rodney wins a holiday to Majorca, but cannot understand why the trip is for three people.
11.10 **Bottom**
11.50 **Knowing Me, Knowing You – With Alan Partridge**
1.05 AM **The Thin Blue Line**
1.45 **Bottom**
2.30 **Knowing Me, Knowing You...**
3.30 **to 4.00** AM **The Thin Blue Line**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Pointless** Quiz show.
8.10 **American Pickers**
10.05 **Guy Martin: Last Flight of the Vulcan Bomber**
11.25 **Top Gear** Double bill.
1.30 PM **Storage Hunters UK**
3.00 **Hairy Bikers Everyday Gourmets** Indulgent dishes for entertaining guests. **4.00** Preparing party food.
5.00 **The Americas with Simon Reeve** The adventurer travels the length of California. **6.00** Simon travels from Texas to southern Mexico.

8.00 Alison & Larry: Billericay...

7.00 **Special Ops: To Catch a Criminal** An RSPCA Special Ops team investigate a puppy farming operation.

8.00 **Alison & Larry: Billericay to Barry** Alison Steadman and Larry Lamb try their hand at gin-making before heading to Barry Island.

9.00 **Have I Got a Bit More News for You** Mel Giedroyc hosts the quiz, with Jamie MacDonald and Anushka Asthana.

10.00 **QI XL** Maisie Adam, Susan Calman and Josh Widdicombe join regular panellist Alan Davies and host Sandi Toksvig.
11.00 **Mock the Week** With James Acaster, Ed Byrne, Rob Beckett and Holly Walsh. **11.40** With Loyiso Gola, Milton Jones and Ellie Taylor.
12.20 AM **Live at the Apollo**
1.25 **Schitt's Creek**
3.10 **to 4.00** AM **Gassed Up**

+1 hour 211/212 327 74 259

Sunday

7 PM **8 PM** **9 PM** **10 PM**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location**
3.00 **George Clarke's Amazing Spaces**
4.00 **A Place in the Sun** Four editions, including at: **7.00** Natalie and Matt from north Wales look for a holiday home on Fuerteventura.
8.00 **The Dog House** Identical twins seek a four-legged friend to join them for pub lunches.
9.00 **Gogglebox**
10.00 FILM **The Pope's Exorcist** Horror starring Russell Crowe. (2023, 15, 103min) ★★★
12.05 AM FILM **The Last Stand** Thriller starring Arnold Schwarzenegger and Forest Whitaker. (2012, 15, 107min) ★★★
2.05 **My Massive C**k**
3.05 **Brain Surgeons: Between Life and Death**
4.10 **to 4.40** AM **A Place in the Sun**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2)
1.00 PM **NCIS** (S18&19)
6.00 **NCIS** *Nearly Departed:* 2/21. The agents try to find the serial killer Gibbs was looking for. **7.00** *Road to Nowhere:* 3/21. Gibbs and Parker embark on a road trip to find one of the serial killer's victims. **8.00** *Great Wide Open:* 4/21. The team work to uncover the serial killer conspiracy. (S19)
9.00 **Wild Cards** *Show Me the Murder:* 2/10. A community outreach lecture on porch pirates turns into a murder investigation. (S1)
10.00 **Law & Order: Special Victims Unit**
1.50 AM **Criminal Minds: Evolution** 8/22. (S16)
2.55 **to 3.45** AM **Criminal Minds**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S3)
10.00 **Car Pound Cops**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Two suspected car thieves are pursued. **6.00** Some familiar faces ride into town. **7.00** A car is pursued at speeds of 100mph. **8.00** Multiple units attempt to box in a dangerous driver.
9.00 **999: Emergency Call Out** Documentary.
10.00 **The Hospital: Life on the Line** A woman waiting for a transplant.
11.00 **Banged Up Abroad**
12.00 M'T NEW SERIES **Britain's Hotel Murders** Emergency services find a burned human body.
1.00 AM **Killer at the Crime Scene** Documentary.
2.00 **Police Interceptors**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Motorway Patrol**
9.35 **Ice Road Truckers**
11.30 **Mud Mountain Haulers**
12.30 PM **Outback Truckers**
1.30 FILM **Ride Clear of Diablo** Western starring Audie Murphy. (1954, U, 80min) ★★
3.15 FILM **Rough Night in Jericho** Western starring Dean Martin and George Peppard. (1967, PG, 97min) ★★
5.30 LIVE **American Football: NFL** Miami Dolphins v New England Patriots: Coverage of the week two match from Hard Rock Stadium. Kick-off is at 6.00.
9.00 LIVE **American Football: NFL** Kansas City Chiefs v Philadelphia Eagles: The week two match from GEHA Field at Arrowhead Stadium. Kick-off is at 9.25.
12.30 AM **Cops** Documentary.
1.00 **to 4.00** AM **Fights, Camera, Action!**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.00 **999 Rescue Squad**
6.00 PM **Inside the Ambulance** Paramedics treat a woman who has fallen and hit her head. **7.00** A patient who fears he is having his third heart attack. **8.00** Paramedics treat a man who suffers from epilepsy and an elderly lady who needs to take her medication.
9.00 **Inside the Operating Theatre** A patient has keyhole surgery.
10.00 **Stacey Dooley Sleeps Over** Stacey meets single mother-of-eight Marie Buchan, who has openly shared her state-funded lifestyle.
11.00 **First Responders**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **The Bill**
12.25 PM **Kingdom**
3.25 **Catherine Cookson's The Glass Virgin**
6.55 **Call the Midwife** 6/9. Monica Joan welcomes an unusual guest into Nonnatus House. (S12)
8.15 **Sister Boniface Mysteries** *The Shadow of Baron Battenburg:* 2/12. Sam and Ruth go undercover at a spiritual retreat for couples. (S2)
9.20 **Silent Witness** *Death Has No Dominion:* A triple murder looks like the work of a known serial killer.
11.35 **New Tricks** *The Wolf of Wallbrook:* The team look into the apparent suicide of a City trader.
12.55 AM **Sister Boniface Mysteries** As 8.15pm.
1.55 **Hamish Macbeth**
2.55 **to 4.00** AM **The Count of Monte Cristo**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Really

142 150 128 17 145 18

6.00 AM **Celebrity Fantasy Homes** Kelly Hoppen.
7.00 **Teleshopping**
8.00 **Celebrity Fantasy Homes** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family: What Happened Next**
3.00 **A Place in the Sun**
7.00 **Long Lost Family** The story of a woman who was put in a children's home at two weeks old. **8.00** The stories of three men brought up in the care system who are trying to reconnect with the families that were taken from them.
9.00 **Dr Pimple Popper** Triple bill of editions.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Celebrity Fantasy Homes**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Pointless Celebrities** Quiz show.
1.00 PM **Through the Keyhole** Double bill.
2.00 **Celebrity Who Wants to Be a Millionaire?**
4.00 **The Bidding Room**
5.00 **Tenable** A pub quiz team from Oxfordshire answer questions about top 10 lists.
6.00 **The Chase Celebrity Special** Arthur Smith, Paul Young, Jade Jones and Aljaz Skorjanec compete for charity.
7.00 **The Chase** Double bill of the quiz show.
9.00 **The Chase Celebrity Special** With Faye Tozer, Jamie Theakston, Ben Cohen and Sara Pascoe.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

Great! Action

323 319 426 42 33

9.00 AM **Tombstone Territory** Western.
9.30 **The High Chaparral**
12.30 PM **FILM Von Ryan's Express** World War Two drama. (1965, PG, 117min) ★★★★
3.00 **FILM Stagecoach** Western drama starring John Wayne. (1939, b/w, U, 99min) ★★★★★
5.15 **FILM The Undefeated** Western adventure with John Wayne. (1969, PG, 120min) ★★★
7.45 **FILM Forty Guns** Samuel Fuller's cult Western. (1957, b/w, PG, 76min) ★★★
9.40 **FILM Shooter** Action thriller starring Mark Wahlberg. (2007, 15, 125min) ★★★★
12.15 AM **The Persuaders!**
3.15 **Cops Uncut** Double bill.
4.15 **to 5.40** AM **FILM Meteor Storm** Thriller. (2010, 12, 90min) ★
+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Police Ten 7**
7.50 **Hart to Hart**
8.50 **Sue Thomas: F.B.Eye**
9.50 **Ruth Rendell Mysteries: Lake of Darkness**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Unforgettable** Four episodes, including at: **8.00** 6/22. An oil heiress is murdered. (S1)
9.00 **FILM Cut Bank** Thriller with Liam Hemsworth and Billy Bob Thornton. (2014, 15, 93min) ★★
11.00 **FILM Stealing Paradise** Mystery thriller starring Rachael Leigh Cook. (2011, PG, 83min) ★★★
1.05 AM **FILM Final Verdict** Crime drama starring Erica Durance. (2009, PG, 95min) ★★
2.50 **FILM Eve of Abduction** Thriller with Sarah Lind. (2018, 12, 90min) ★★
4.25 **Police Ten 7**
5.15 **to 6.00** AM **Hart to Hart**
+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas in Toyland** (2022, PG) ★★
10.00 **FILM A Song for Christmas** Drama. (2017, PG, 90min) ★★
12.00 NOON **FILM Christmas at Graceland** Drama. (2018, U, 85min) ★★
1.55 PM **FILM Christmas Coincidence** Drama. (2018, PG, 85min) ★★
4.00 **FILM A Christmas Exchange** Drama. (2020, PG, 87min) ★★
6.05 **FILM Rocky Mountain Christmas** (2017, PG) ★
8.00 **FILM Once Upon a Holiday** (2015, PG) ★★
9.55 **FILM Christmas with a Prince** Romantic drama. (2018, PG, 90min) ★★
11.55 **FILM Christmas with a Prince: Becoming Royal** Drama. (2019, PG) ★★
1.50 AM **FILM A Starstruck Christmas** (2021, U) ★★
3.25 **to 4.50** AM **FILM Christmas Coincidence**
+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Lucky Feller**
10.00 **Jokers Wild**
10.30 **Please Sir!** (S3)
11.30 **Jokers Wild**
12.00 NOON **Carry On...**
1.00 PM **FILM Where There's a Will** Comedy. (1936, b/w, U, 81min) ★★★
2.05 **Rewind & Remember**
2.15 **Mysterious Tales**
2.20 **We Had One of Those**
2.30 **Don't Drink the Water**
3.30 **The Tony Hancock Show**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Walking Westward**
5.30 **Discovering Gardens**
6.00 **Jokers Wild**
6.30 **Please Sir!** (S3)
7.30 **Lucky Feller** (S1)
8.30 **Police Woman** (S1)
9.30 **Dark Skies** (S1)
11.30 **Hotel Amigo**
12.50 AM **Soap** 1-3/25. (S1)
2.20 **Carry On Laughing**
3.20 **Jokers Wild**
4.10 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Kindig Customs**
5.00 **Hot Rod Garage**
7.00 **Expedition Bigfoot** Russell is unnerved by a gruesome discovery. **8.00** The team uncover a potential Bigfoot kill zone.
9.00 **Paranormal: Caught on Camera** A man is startled by a giant UFO. **10.00** Apparitions and a giant portal in the sky.
11.00 **Expedition X** Phil Torres and Jessica Chobot examine the legend of Mothman. **12.00** M'T Phil and Jessica venture deep in the Cambodian jungle. **1.00** AM Phil and Jess investigate caverns believed to be portals.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**
+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
12.00 NOON **Jamie's Easy Meals for Every Day**
1.00 PM **James Martin's Great British Adventure**
3.00 **Great British Bake Off** Six editions, including at: **8.00** The five quarter-finalists face tasks involving advanced dough techniques.
9.00 **James Martin's Islands to Highlands** A culinary journey around the UK, beginning with a visit to the Isles of Scilly. **10.00** James is joined by Galton Blackiston for a tour of Cornwall. **11.00** James and Simon Hulstone head to Devon. **12.00** M'T James and Mark Jordan explore the delights of Jersey.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Biggles: Adventure in Time** Time-travel adventure. (1986, PG, 108min) ★★
9.00 **The Fall Guy** (S3&4)
2.00 PM **FILM Torture Garden** Horror thriller. (1967, 15, 96min) ★★
4.00 **FILM The Plague of the Zombies** Horror. (1966, 15, 91min) ★★★
5.50 **FILM The Count of Monte Cristo** Adventure. (1974, U, 99min) ★★
8.00 **The Twilight Zone** (S2)
9.00 **FILM The Bone Collector** Crime thriller with Denzel Washington. (1999, 15, 117min) ★★★
11.20 **FILM The Cold Light of Day** Action thriller. (2012, 12, 89min) ★★
1.10 AM **FILM The Family** Thriller starring Charles Bronson and Jill Ireland. (1970, 18, 108min) ★★
3.10 **to 5.00** AM **FILM Blood and Money** Thriller. (2020, 15, 89min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
8.00 **FILM Asteroid v Earth** Sci-fi disaster drama. (2014, 15, 91min) ★★
10.00 **FILM Zodiac: Signs of the Apocalypse** Sci-fi disaster drama. (2014, PG, 120min) ★
12.00 NOON **FILM The People That Time Forgot** Fantasy. (1977, U) ★★
2.00 PM **FILM George and the Dragon** Fantasy. (2004, PG) ★★★
4.00 **The A-Team** 13/13. (S5)
5.00 **Six Million Dollar Man**
9.00 **FILM A Reason to Live, A Reason to Die** Spaghetti Western. (1972, PG, 92min) ★★★
10.50 **FILM Vengeance: A Love Story** Thriller. (2017, 15, 99min) ★★
1.00 **to 3.00** AM **FILM A Reason to Live, A Reason to Die** (1972)
+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Auction Hunters: Pawn Shop Edition**
8.00 **Irish Pickers**
9.00 **Junk and Disorderly**
10.00 **Alien Corridors**
11.00 **Ancient Aliens**
12.00 NOON **UFOs: The Lost Evidence** Double bill.
2.00 PM **Egypt's Unexplained Files**
7.00 **History's Greatest Mysteries** Loch Ness.
8.00 **The Curse of Oak Island** The team chase a tunnel that may run below the Garden Shaft.
9.00 **Greatest Prison Escapes with Billy Hayes** Double bill.
11.00 **Queens of Ancient Egypt** Documentary.
12.00 M'T **Evidence of the Unexplained**
1.00 AM **Craig Charles: UFO Conspiracies**
2.00 **Paranormal Survivor**
3.00 **Haunted Hospitals**
4.00 **to 6.00** AM **Claw Hunters**

5SELECT

153 166 138 46 133 30

9.00 AM **All Creatures Great and Small** 2&3/6. (S5)
11.05 **Columbo** Five episodes of the drama, including at: **5.00** PM *Butterfly in Shades of Grey:* A radio host kills one of his employees and thinks he has the perfect alibi. **7.00** *Death Hits the Jackpot:* A greedy jeweller murders his lottery-winning nephew and keeps his money.
9.00 **When 80s TV Goes Horribly Wrong** Anita Dobson narrates a look back at some disastrous 1980s TV moments, including a Halloween stunt that went wrong for Paul Daniels.
11.00 **Freddie Mercury: In His Own Words** A profile of the Queen frontman.
1.00 AM **Nazi Megastructures**
2.00 **London's Greatest Bridges with Rob Bell**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Six editions of the series in which city-dwelling families, couples and individuals set out to find their ideal retreats with the help of a property expert.
7.00 **A Place in the Sun** Six editions featuring advice on buying a second home abroad.
1.00 AM **Bargain Mansions** Tamara Day renovates a 1960s home that suffers from a lack of character. **2.00** Tamara tackles a 1952 traditional home with a massive open-plan living space. **3.00 to 4.00** AM Tamara takes on a house with a neglected garden, and adds a brand-new kitchen and bathroom.
+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress**
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life: Where Are They Now?**
5.00 **The Family Chantel**
6.00 **7 Little Johnstons**
7.00 **Good Bones** Mina and Karen transform a two-storey house.
8.00 **The Bad Foot Clinic** A mother and son who suffer with the same rare genetic condition.
9.00 **It's Me or the Dog UK**
10.00 **24 Hour Baby Hospital**
11.00 **Body Bizarre**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **1000-lb Sisters**
3.00 **Body Bizarre**
4.00 **The Bad Foot Clinic**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**
+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Bradley & Barney Walsh: Breaking Dad**
9.00 **Friends** 12-17/24. (S4)
12.00 NOON **FILM The Money Pit** Romantic comedy starring Tom Hanks. (1985, 15, 91min) ★★★
1.45 PM **Friends** (S4&5)
9.00 **FILM Mr Bean's Holiday** Slapstick comedy with Rowan Atkinson. (2007, PG, 89min) ★★★
10.40 **Iain Stirling's Roast the Internet** With Guz Khan, Lara Ricote, Lou Wall and Babatunde Aléshé.
11.40 **CC Live: Stand Up Shorts** With Shalaka Kurup and Cerys Bradley.
12.10 AM **Whose Line Is It Anyway? USA**
1.10 **Mike Judge's Beavis and Butt-Head** (S3)
1.40 **South Park** (S17)
3.10 **Beavis and Butt-Head**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Most Ridiculous**
+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** (S8)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S8&9)
3.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 20/24. Chandler reaches the end of his tether over Joey's snoring. **7.30** 21/24. Ross and Rachel reminisce. **8.00** 22/24. Joey loses Ross's wedding ring. **8.30** 23/24. Ross sets off for England to marry Emily. (S4) **9.00** 12/25. Ross and Chandler bicker over who made up a joke. **9.30** 13/25. Rachel offers advice to her younger sister. (S6)
10.00 **Friends** 14-21/25. (S6)
2.00 AM **Impractical Jokers**
3.00 **The Daily Show**
4.55 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
8.00 **Highway Cops**
1.00 PM **UK Border Force**
8.00 **Caught on Dashcam** Double bill of editions.
10.00 **SEAL Team** *All That Matters:* 4/22. The team are called in when radicals kidnap a foreign service officer in Mumbai. **11.00** *Say Again Your Last:* 5/22. Bravo Team are sent in to rescue a group of students being held hostage in Mumbai. **12.00** M'T *Hold What You've Got:* 6/22. Team Bravo work with the Mexican Marines to go after one of the most powerful drugs cartels in Mexico. (S2)
1.00 AM **SEAL Team** (S2)
3.00 **A League of Their Own: Mexican Road Trip**
4.00 **Celebrity Four Weddings** Reality series.
5.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.15 **Teen Mom OG**
11.00 **Dallas Cowboys Cheerleaders**
12.00 NOON **Isle of MTV**
1.00 PM **Catfish: Catch of the Day** Reality series.
2.00 **Catfish: The TV Show**
3.00 **Catfish: On The Run**
4.00 **Catfish: The TV Show**
6.00 **Catfish: Wannabees**
7.00 **Catfish: The TV Show**
9.00 **My Lover, My Killer**
10.00 **Jersey Shore Family Vacation** The gang head to Las Vegas.
11.00 **The Challenge: Vets & New Threats** Shocking nominations expose where one player stands in the game.
12.30 AM **Caught in the Act: Double Life** The case of Taylor and Markie.
1.30 **Ink Master Redemption**
2.00 **Catfish: The TV Show**
2.45 **Catfish: On the Run**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Kindig Customs**
10.00 **Street Outlaws: Locals Only**
12.00 NOON **Building Off the Grid**
2.00 PM **Marooned with Ed Stafford** The explorer is stranded in a jungle in Borneo. **3.00** Ed tries to survive in the Carpathian Mountains. **4.00** Ed is stranded on the coast of Western Australia. **5.00** Ed tackles the dangers of Botswana's Okavango Delta in southern Africa.
6.00 **Scrap Kings** The demo crew call time on a brewing icon.

2.00 Marooned with Ed Stafford

7.00 **Alaska: Homestead Rescue** A Florida homestead is devastated by flooding and alligators. The Raneys must find inventive ways to protect the homestead and bring in new food sources.
9.00 **Land Rush** Jim is faced with the prospect of losing his house if he can't get it finished before the next snowfall.
10.00 **Street Outlaws: Locals Only** Hopefuls from Michigan compete for $5,000, and a racing wagon surprises everyone.
11.00 **Roadworthy Rescues** It's hay season in central Tennessee, and Derek needs a tractor with more horsepower. He finds a running 1978 International Harvester 1086.
12.00 M'T **Alaskan Bush People**
4.00 **to 5.00** AM **How Do They Do It?**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat so afraid of its tormentor that it lives inside a kitchen cabinet. **4.00** A woman whose cat will not tolerate strangers.
5.00 **Treehouse Masters** Pete Nelson creates an off-the-grid escape all about peace.
6.00 **Bad Dog!** A cat that steals from the neighbourhood.

9.00 The Zoo

7.00 **How Do Animals Do That?** How hyenas can eat pretty much anything. **7.30** A squirrel's ability to hide up to 10,000 nuts.
8.00 **Treetop Cat Rescue** Shaun braves wet conditions in Covington. **8.30** Tom is called out on a late-night mission.
9.00 **The Zoo** Andean bear Bouba returns from the National Zoo in Washington, DC, to reunite with his loyal mate.
10.00 **Tanked** The duo are asked to create a pipeline water tank, and also build a smoker aquarium for the Rolling Smoke BBQ.
11.00 **Alaska: The Last Frontier** Atz Lee and Eivin hunt deer.
12.00 M'T **Fish or Die** The guys head deep into Zambia, chasing reports of tigerfish.
1.00 AM **Saved by the Barn**
2.00 **Alaskan Bush People**
3.00 **Treetop Cat Rescue**
4.00 **to 5.00** AM **The Zoo**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ice Road Rescue**
11.00 **Construction Fails**
12.00 NOON **WW2 Heroes of the Sky** Documentary.
2.00 PM **Churchill's German Army**
3.00 **Hitler: The Lost Tapes of the Third Reich** Hitler retreats to the Führerbunker in Berlin.
4.00 **Apocalypse: The Rise of Hitler** The dictator's rise to power. **5.00** The run-up to Hitler becoming chancellor.
6.00 **Tucci in Italy** Stanley Tucci exposes the pioneering spirit of Italy's industrial heartland.

7.00 Genghis Khan

7.00 **Genghis Khan: The Secret History of the Mongols** Series finale How the Mongolian Empire seized the lands of Europe.
8.00 **Engineering Europe** New edition Nordic engineering wonders, including Iceland's epic lava-defying barriers.
9.00 **Egypt's Sun King: Secrets and Treasures** The first newly discovered tomb containing a body since Tutankhamen.
10.00 **Lost Tombs of the Pyramids** In the shadow of the pyramids, elite archaeologists embark on an excavation.
11.00 **Inside Melbourne Airport** A blackout halts operations.
12.00 M'T **Air Crash Investigation** The crash of a late-night cargo flight on its final approach.
1.00 AM **Lost Treasures of Arabia**
2.55 **Food Factory** Double bill.
3.45 **To Catch a Smuggler**
4.35 **to 5.00** AM **Money Meltdown**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
8.00 **Alone** Participants compete in the Great Karoo Desert.
9.00 **The UnBelievable with Dan Aykroyd** A warrior bear.
10.00 **Britain's Most Historic Towns**
1.00 PM **Storage Wars** Eight editions, including at: **4.30** Brandi and Jarrod come across a wartime oddity.
5.00 **Beyond the Myth: The SS Unveiled** A comprehensive overview of the SS. **6.00** The life and nefarious career of Heinrich Himmler.

7.00 National Park Mysteries

7.00 **National Park Mysteries** A visit to the Grand Canyon National Park. **7.30** A plane crash in the Everglades National Park.
8.00 **National Park Mysteries** Exploring Hawaii Volcanoes National Park. **8.30** UFO sightings at Joshua Tree National Park.
9.00 **Forged in Fire** Four teams of expert builders are tasked with making some of the largest and most notorious siege weapons ever seen on the battlefield.
11.00 **History's Most Shocking** Footage of the moment when three giant snakes fell out of a family's roof.
12.00 M'T **Storage Wars** The buyers visit Moreno Valley, California. **12.30** AM Shana and Edwina find their mystery box incorrectly labelled.
1.00 **Storage Wars** Six editions.
4.00 **to 6.00** AM **Ancient Aliens**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Adolf Hitler's War**
11.00 **Bangers & Cash: Restoring Classics** Double bill.
1.00 PM **Bangers & Cash**
2.00 **Flipping Bangers**
3.00 **The Blue Planet** Earth's most densely inhabited waters. **4.00** The fragile marine ecosystem of coral reefs. **5.00** The ways in which marine creatures exploit tides. **6.00** Green turtles make their annual egg-laying expedition.

7.00 Wilderness with Simon...

7.00 **Wilderness with Simon Reeve** Simon voyages across the Coral Triangle, an area of tropical seas and jungle-clad islands.
8.00 **Flipping Bangers** Car enthusiasts Will Trickett and Gus Gregory head to the West Country to buy a VW Golf GTI.
9.00 **Bangers & Cash** Derek and Jack head to Sheffield to collect a 1929 Riley Monaco and a 1924 Alvis 12/50 tourer.
10.00 **Bangers & Cash: Restoring Classics** The team buy a 1950s Austin Westminster rally car.
11.00 **Bangers & Cash: Restoring Classics** A Reliant Scimitar GTC undergoes a restoration. **12.00** M'T The team are on the hunt to restore one of the greatest names in motoring history – the Bugatti.
1.00 **to 3.00** AM **Bangers & Cash: Restoring Classics**

+1hour 255 329

Sunday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Impossible Builds**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Triple bill.
3.00 PM **The Yorkshire Auction House**
7.00 **The Yorkshire Auction House** Angus sells a woman's possessions to fund her retirement.
8.00 **Salvage Hunters** Drew and Viki hunt down some surprising items.
9.00 **The Yorkshire Auction House** Angus and Jack clear a man's collection of oil cans. **10.00** A Gibson guitar.
11.00 **Cycling: Vuelta a España** The final stage.
12.00 M'T **Massive Engineering Mistakes**
1.00 AM **Aircrash Confidential**
2.00 **Destroyed in Seconds**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Say Yes to the Dress**
11.00 **Curvy Brides Boutique**
12.00 NOON **FBI Files**
3.00 PM **American Detective with Lt Joe Kenda**
9.00 **A Killer's Mistake** When Sarah Wellgreen disappears, detectives pour all their resources into finding her. **10.00** A look into the disappearance of Jayden Parkinson.
11.00 **Murder on CCTV** The case of Richard Arenas, who was gunned down in broad daylight.
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** Police are left with little evidence to determine what happened to Ron Peterson in the snowy foothills of the Oquirrh mountains.
7.00 **Secrets of a Murder Detective** DI Keogh and DCS Whittaker probe Gary Dean's murder. **8.00** DI Keogh and the team uncover nurse Kevin Cobb's crimes.
9.00 **Killers: Caught on Camera** A hidden camera provides the vital evidence that brings a family justice. **10.00** A body is discovered in a suitcase.
11.00 **See No Evil**
12.00 M'T **Secrets of a Murder Detective**
2.00 AM **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **The Truth About My Murder** Five editions.
2.00 PM **Fraud Squad** The hunt is on for a ruthless fantasist who has defrauded the NHS of thousands of pounds. **3.00** A wealthy manager is taking the NHS for a ride, and a tax fraudster claims to be a spy.
4.00 **Wrongly Accused** 1/2. Focusing on the case surrounding the murder of Joanna Yeates, and how Christopher Jefferies found himself under arrest on suspicion of murder. **5.00** 2/2. After he is released on bail, the police and press hound Christopher Jefferies.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Fraud Squad**
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
9.00 **Brit Cops: Rapid Response** Documentary.
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **How I Caught...**
1.00 PM **The Real Manhunter**
2.00 **World's Most Evil Killers**
3.00 **Murder Uncut**
4.00 **Forensics: Catching the Killer** Documentary.
5.00 **Britain's Most Evil Killers**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Forensics: Catching the Killer** True-crime.
9.00 FILM **Tales of the Grim Sleeper** Documentary. (2014, 15) ★★★★
11.10 **Forensics: Catching...**
12.10 AM **Killer in My Village**
1.10 **The Real Manhunter**
2.10 **How I Caught the Killer**
3.05 **Love You to Death**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Send in the Dogs**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Victorian Britain on Film** As 7.40pm.
10.00 **Thirties in Colour: Countdown to War**
1.00 PM **Victorian Britain on Film** As 7.40pm.
2.35 **Edwardian Britain in Colour** Double bill.
4.35 **Thirties in Colour: Countdown to War**
7.40 **Victorian Britain on Film** A look at the first footage ever captured with the invention of the motion picture camera.
9.10 **The M Factor: Shredding the Silence on Menopause** The silent epidemic that affects millions of women.
10.25 **Victorian Britain on Film** As 7.40pm.
12.00 M'T **The M Factor: Shredding the Silence on Menopause**
1.15 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Michael Keaton** A profile of the actor.
7.00 **Discovering: John Malkovich**
8.00 **Sergio Leone: The Italian Who Invented America**
10.00 **Natalie Wood: What Remains Behind** Documentary.
12.00 NOON **Schmeichel**
2.00 PM **Hill** A profile of ex-Formula One driver Damon Hill.
3.50 **My Icon: Natasha Jonas**
4.00 **Billy Joel: And So It Goes**
6.50 **My Icon: Linford Christie**
7.00 **Luther: Never Too Much** The life of iconic musical performer Luther Vandross.
9.00 **Death of a Showjumper** New edition 2/3. Detective James Brannigan explores the past of Katie Simpson's sister's partner Johnny Cresswell and a possible motive is uncovered.
10.00 **The Girl Who Caught a Killer**
12.20 AM **1972: Munich's Black September** Documentary.
2.10 **Forced Out** Documentary.
4.00 **to 6.00** AM **FILM Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★

Sky Nature

145 113/114 189 354 369

6.00 AM **Great Lakes Wild**
8.00 **Extreme Africa**
11.00 **City Wildlife Rescue**
1.00 PM **Accidental Wilderness: Europe's Everglades**
2.00 **World's Most Toxic Animals**
4.00 **The Great Elephant Tale**
5.00 **Coral City** New edition Exploring the Great Barrier Reef during the autumn.
6.00 **Deep Dive North America** New edition Lizzie Daly explores North America's natural wonders, swimming through coral reefs and trekking through jungles.
7.00 **David Attenborough's Conquest of the Skies** The broadcaster looks at creatures that dominate the skies.
8.00 **Attenborough at 90: Behind the Lens** A profile of naturalist David Attenborough.
9.00 **Evolution Earth**
11.00 **Coral City** As 5.00pm.
12.00 M'T **Deep Dive North America**
1.00 AM **Accidental Wilderness: Europe's Everglades**
2.00 **Animals Decoded**
3.00 **to 6.00** AM **Land of Gremlins**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Battle 360** Triple bill.
11.00 **Digging for Britain**
2.00 PM **Craig Charles: UFO Conspiracies** Double bill.
4.00 **Battle 360** Double bill.
6.00 **Digging for Britain**
7.00 **Ancient Aliens** Compelling projects that have studied the UFO phenomenon. **8.00** The top 10 UFO crashes, from an acorn-shaped object found in the woods of rural Pennsylvania, to a mysterious craft washed ashore in Japan.
9.00 **Clash of Ancient Warriors** A look back at the Battle of Thermopylae, fought in 480 BC. **10.00** Rome's defeat at the Battle of Teutoburg Forest.
11.00 **Discovered by Disaster** Unexpected things revealed by catastrophic disasters. **12.00** M'T Evidence that ties a meteor strike to a Biblical tale, and the treasure-filled tunnel revealed by a sinkhole in Mexico.
1.00 AM **Digging for Britain**
3.00 **to 6.00** AM **Battle 360**

Crime+Investigation

156 142 133

6.00 AM **Robbie Coltrane's Critical Evidence** Double bill.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** True-crime.
11.00 **Nightmare in Suburbia**
1.00 PM **Killer Britain with Dermot Murnaghan** Double bill.
3.00 **Somebody's Hiding Something**
7.00 **When Missing Turns to Murder** A burnt body is discovered in an obviously staged crime scene.
8.00 **The Real Murders of Atlanta** A rendezvous in an Atlanta-area park turns deadly.
9.00 **Cold Case UK** New edition Investigations that went cold.
10.00 **Cold Case Files** The missing clue that helps police solve a double murder 13 years earlier.
11.00 **Last Night Out** Jessie Blodgett.
12.00 M'T **Fame & Fentanyl**
2.00 AM **Laura Whitmore on Britain's Killer Teens** New edition 2/6. A murder inspired by TV show *Dexter*.
3.00 **Cold Case UK** As 9.00pm.
4.00 **to 6.00** AM **Green Eyed Killers**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **The Incredible Dr Pol**
10.00 **Africa's Big Five**
11.00 **Queens** Double bill.
1.00 PM **Wild Mediterranean**
3.00 **Monster Snakes**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Critter Fixers: Country Vets** New edition The vets treat a prized overweight show rabbit.
7.00 **NEW SERIES Close Encounters of the Wild Kind** The truth behind animal encounters.
8.00 **Asia's Wild Secrets Compilation: Young and Wild** New edition Series highlights.
9.00 **Wild Mongolia: Land of Extremes** The wildlife of the Altai Mountains, where tiny pika must rely on stealth.
10.00 **Serengeti Speed Queen** A first-time mother, is forced to add strategy to speed in order to avoid predators.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: North Carolina** Double bill.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Investigating who built The Avenue of the Sphinxes. **7.00** Experts investigate Palmyra in the Syrian desert, and how its inhabitants survived. **8.00** The Dendera Temple is one of Egypt's best-preserved temples, and experts decipher its mystifying zodiac images and the ceremonial events there.
9.00 **Salvage Hunters: The Restorers** Lighting expert Jolene takes on the restoration of an unusual Empire chandelier. **10.00** Paper conservator Ashleigh is tasked with restoring a 1967 James Bond film poster. **11.00** Upholsterer Ray is challenged to rescue an Edwardian slipper chair.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Africa from Above**
1.00 PM **Africa from Above**
6.00 **Africa from Above** Exploring Ethiopia, the most populous landlocked country on Earth. **7.00** The rich biodiversity of Uganda, known as the 'Pearl of Africa', where spectacular landscapes include the glacier-tipped Rwenzori mountains. **8.00** Examining Morocco's Mediterranean coastline and the seemingly endless Sahara. **9.00** Exploring South Africa's dramatic coasts that teem with wildlife, as well as the country's bustling cities. **10.00** An in-depth look into the Kenyan Highlands, the country's vast savannahs and the waters of the Indian Ocean. **11.00** A journey following the Volta River from the Sahel savannahs of the north to the fertile cocoa-laden hills at the heart of Ghana.
12.00 M'T **Africa from Above**
5.20 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **The Killer in My Family**
10.00 **Web of Lies** Double bill.
12.00 NOON **Disappeared**
2.00 PM **Murder in the Heartland**
4.00 **Truth About Murder with Sunny Hostin** Double bill.
6.00 **Hometown Homicide** The case of missing school teacher Theresa Lockhart. **7.00** The case of Danielle Locklear, who disappeared from her North Carolina home.
8.00 **Disappeared** The case of nine-year-old Stephanie Crane.
9.00 **A Body in the Snow: The Trial of Karen Read** Karen's legal team suggest John may have been killed inside the house.
10.00 **The Playboy Murders** When Adrienne Pollack dies, her family suspect there is more to the story then meets the eye.
11.00 **Evil Lives Here: The Killer Speaks** Documentary.
12.00 M'T **Murder in the Heartland**
2.00 AM **Killer Unknown**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **G.A.S. Extreme Customs**
12.00 NOON **Shorty's Dream Shop**
5.00 PM **Richard Hammond's Workshop** Richard finds a classic Mini that needs restoring. **6.00** Some of the precious classic cars and motorbikes go to auction with no reserve.
7.00 **Wheeler Dealers** Mike finds a 1992 VW Corrado G60 smothered in aftermarket mods. **8.00** Elvis convinces Mike to buy a VW Golf convertible, but its bright colour is divisive, and it is also rusty, filthy with a busted convertible roof. **9.00** Mike and Ant restore a 1970 Volkswagen Fastback. **10.00** Mike finds a prime example of a Golf Rabbit GTi. **11.00** Mike plans to splash the cash on a custom bus. **12.00** M'T Mike and Edd work on a Volkswagen T2 panel van.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Into the Wonderwoods** Animation. (2024, U) ★★★
7.30 **Restless** Thriller. (2024, 15) ★★
9.05 **PREMIERE Spin the Bottle**
11.10 **Nosferatu** As 8.00pm.
1.25 PM **Die Alone** As 6.25pm.
3.00 **One of Them Days** Comedy. (2025, 15, 97min) ★★★
4.40 **The Surfer** Psychological thriller starring Nicolas Cage. (2024, 15, 100min) ★★★★
6.25 **Die Alone** Apocalyptic drama. (2024, 15, 91min) ★★★★

10.15 Spin the Bottle

8.00 **Nosferatu** Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult Aaron Taylor-Johnson and Willem Dafoe. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

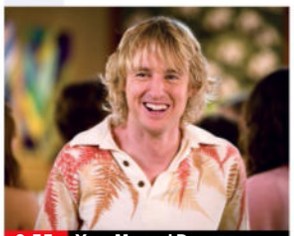
10.15 **PREMIERE Spin the Bottle** Horror thriller starring Tanner Stine. A group of friends unleash an evil spirit while playing a game of spin the bottle in a house marked by a massacre. (2024, 15, 119min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Brutalist** Epic drama. (2024, 18, 215min) ★★★★★
3.40 **Night Call** French-Belgian crime thriller. Subtitled. (2024, 15, 97min) ★★★★
5.20 **to 7.05** AM **Amongst the Wolves** Crime thriller. (2024, 15, 102min) ★★★

Sky Cinema Gems

303 303 403 503 517

6.50 AM **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★
8.35 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
10.35 **Johnny English** Comedy. (2002, PG, 88min) ★★★
12.15 PM **Johnny English Reborn** Comedy. (2011, PG) ★★★
2.15 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
3.55 **Bean** Comedy. (1997, PG) ★★★
5.40 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★



9.55 You, Me and Dupree

8.00 **Mean Girls** Musical adaptation of the 2004 teen comedy, starring Angourie Rice. Teenager Cady Heron is a hit with a school clique when she makes the mistake of falling for Aaron Samuels. (2023, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **You, Me and Dupree** Comedy starring Owen Wilson, Kate Hudson and Matt Dillon. A couple invite their homeless friend to live with them. (2006, 12, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Saturday Night Fever** Dance drama starring John Travolta. (1977, 18, 119min) ★★★★
1.55 AM **Weird Science** Fantasy. (1985, 12, 94min) ★★★
3.30 **Please Don't Destroy: The Treasure of Foggy Mountain** Comedy. (2023, 15) ★★★
5.15 **to 7.00** AM **The Men Who Stare at Goats** Comedy. (2009, 15, 89min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.30 AM **A League of Their Own**
8.40 **A Mistake** Medical drama. (2024, 15, 101min) ★★★
10.25 **Schindler's List** Epic drama. (1993, 15, 195min) ★★★★★
1.40 PM **Dunkirk** Christopher Nolan's World War Two drama. (2017, 12, 106min) ★★★★★
3.25 **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
5.35 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
8.00 **Valentine's Day** Romantic comedy about the intersecting paths of a series of LA couples on 14 February, featuring an all-star cast including Ashton Kutcher, Jennifer Garner, Anne Hathaway and Julia Roberts. (2010, 12, 125min) ★★★
10.10 **Black Dog** Chinese drama starring Eddie Peng. Subtitled. (2024, 12, 110min) ★★★
12.05 AM **Skincare** Comedy thriller. (2024, 18, 86min) ★★★
1.45 **Chicago** Oscar-winning musical starring Renée Zellweger. (2002, 12, 112min) ★★★★
3.50 **to 7.00** AM **Meet Joe Black** Supernatural romantic drama. (1998, 12, 181min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **Dual** Sci-fi thriller. (2022, 15, 94min) ★★★★
8.25 **Chappie** As shown at 12.40am.
10.30 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
12.15 PM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
2.10 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
4.25 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
6.15 **Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. (1997, PG, 94min) ★★★★
8.00 **Dune: Part Two** Sci-fi drama starring Timothée Chalamet. Freedom fighters Paul and Chani galvanise the Fremen to strike down conspirators against the Atreides dynasty. (2024, 12, 166min) ★★★★★
10.50 **Halloween** Horror with Jamie Lee Curtis and Judy Greer. (2018, 18, 106min) ★★★★
12.40 AM **Chappie** Sci-fi thriller with Dev Patel and Hugh Jackman. (2015, 15, 120min) ★★
2.50 **Haunting of the Queen Mary** Horror. (2023, 18, 125min) ★★
5.00 **to 6.40** AM **If You Were the Last** Sci-fi romantic comedy. (2023, 15, 92min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.40 AM **Robin and the Hoods**
9.25 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
11.25 **Hook** Fantasy. (1991, U) ★★★
1.50 PM **The Spiderwick Chronicles** Fantasy adventure. (2008, PG, 91min) ★★★★
3.30 **A.I. Artificial Intelligence** Fantasy. (2001, 12) ★★★★
6.00 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★
7.45 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★

7.45 The Golden Compass

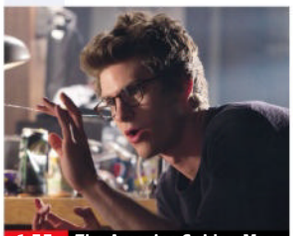
The Golden Compass (film started at 7.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Nutty Professor II: The Klumps** Comedy sequel starring Eddie Murphy and Janet Jackson. Overweight college professor Sherman Klump decides to rid himself of his troublesome alter ego by altering his DNA. (2000, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.35 **The Tiger Rising** Family drama starring Dennis Quaid and Katherine McPhee. (2022, PG, 102min) ★★★
1.30 AM **Robin and the Hoods** Comedy with Naomie Harris. (2024, PG, 101min) ★★
3.20 **Small Soldiers** Adventure starring Kirsten Dunst. (1998, PG, 99min) ★★★★
5.15 **to 7.00** AM **Ella Enchanted** Comic fantasy adventure. (2004, PG, 96min) ★★★

Sky Cinema Spider-Man

307 307 407 507 521

7.25 AM **Spider-Man 2** As 8.45pm.
9.35 **Spider-Man 3** As 10.55pm.
11.55 **Madame Web** Adventure. (2024, 12, 116min) ★★★
1.55 PM **The Amazing Spider-Man** As 1.15am.
4.15 **The Amazing Spider-Man 2** Fantasy adventure sequel starring Andrew Garfield. (2014, 12, 142min) ★★★
6.40 **Spider-Man** Fantasy adventure starring Tobey Maguire. (2002, 12, 121min) ★★★★


1.55 The Amazing Spider-Man

8.45 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity as crime-fighting superhero Spider-Man, Peter Parker finds his special powers are required to combat a new criminal adversary. With Kirsten Dunst. (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Spider-Man 3** Fantasy sequel starring Tobey Maguire. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. (2007, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.15 AM **The Amazing Spider-Man** Fantasy starring Andrew Garfield. (2012, 12, 136min) ★★★
3.35 **to 6.00** AM **The Amazing Spider-Man 2** As 4.15pm.

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **HouseSitter** Comedy. (1992, PG, 102min) ★★★
8.35 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
10.35 **Scott Pilgrim vs the World** Comedy. (2010, 12) ★★★★
12.35 PM **Two Weeks Notice** (2002)
2.20 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
4.05 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
6.00 **You've Got Mail** Comedy. (1998, PG, 114min) ★★★

6.00 You've Got Mail

8.00 **Two Weeks Notice** Romantic comedy starring Sandra Bullock and Hugh Grant. Opposites attract when a liberal lawyer goes to work for a billionaire property tycoon. With Alicia Witt. (2002, 12, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.50 **Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
1.40 AM **Mr Deeds** Comedy. (2002, 12, 96min) ★★★
3.30 **The Holdovers** Comedy drama starring Paul Giamatti. (2023, 15, 133min) ★★★★★
5.45 **to 7.35** AM **Home Delivery** Comedy. (2023, 15) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Sky Cinema Preview**
7.10 **Juror #2** As 3.40pm.
9.20 **Psycho** Horror chiller. (1960, b/w, 15, 109min) ★★★★★
11.20 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
1.20 PM **Angels & Demons** Thriller. (2009, 12, 138min) ★★
3.40 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
5.50 **Collateral** Thriller starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★

5.50 Collateral

8.00 **Patriot Games** Action thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man after foiling an assassination attempt on a British politician. With Anne Archer and Sean Bean. (1992, 15, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.05 **The Equalizer 2** Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, vigilante Robert McCall tries to avenge her death. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.15 AM **Crank** Thriller with Jason Statham and Amy Smart. (2006, 18, 88min) ★★★★
1.55 **Lawless** Prohibition-era crime drama starring Shia LaBeouf. (2012, 18, 111min) ★★★★
3.55 **Sew Torn** Comedy thriller. (2024, 15, 100min) ★★★★
5.50 **to 8.00** AM **Patriot Games**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Wonder Park** Animation. (2019, PG, 85min) ★★★★
12.50 PM **Transformers: Revenge of the Fallen** Sci-fi sequel. (2009, 12, 149min) ★★★
3.45 **Transformers: Dark of the Moon** Sci-fi adventure sequel. (2011, 12, 154min) ★★★
6.45 **The Devil Wears Prada** Satirical comedy with Meryl Streep and Anne Hathaway. (2006, PG, 109min) ★★★★

9.00 Morbius

The Devil Wears Prada (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Morbius** Comic-book adventure starring Jared Leto. A biochemist tries to cure himself of a rare blood disease, but he inadvertently infects himself with a form of vampirism. With Matt Smith and Adria Arjona. (2022, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **S.W.A.T.** Action thriller starring Samuel L Jackson and Colin Farrell. A billionaire drug lord offers $100million to anyone who can spring him from police custody. (2003, 12, 115min) ★★★
1.25 **to 3.55** AM **Capernaum** Lebanese drama starring Zain Al Rafeea. Subtitled. (2018, 15, 126min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema 00s

302 302 402 502 516

6.40 AM **Cinema List: Antiheroes**
7.00 **Ghost Rider** Adventure. (2006, 12, 106min) ★★★
9.00 **Hellboy** Comic-book horror. (2004, 12, 122min) ★★★★
11.15 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
1.15 PM **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
3.35 **The Terminal** Comedy drama. (2004, 12, 129min) ★★★★
5.45 **The Holiday** Romantic comedy. (2006, 12, 135min) ★★★
8.00 **Love Actually** Romantic comedy written and directed by Richard Curtis, starring Hugh Grant. (2003, 15, 135min) ★★★
10.15 **Lost in Translation** Romantic comedy drama directed by Sofia Coppola, starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
12.00 M'T **Black Hawk Down** Ridley Scott's wartime drama. (2001, 15, 144min) ★★★
2.30 AM **Angels & Demons** Mystery thriller. (2009, 12, 138min) ★★
4.50 **to 6.35** AM **Finding Neverland** Drama starring Johnny Depp. (2004, PG, 101min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.10 AM **Streetfighter** Action drama. (1994, 12, 102min) ★★
8.00 **Enter the Dragon** Action thriller. (1973, 18, 97min) ★★★★
9.45 **Superman** Fantasy adventure. (1978, PG, 143min) ★★★★
12.10 PM **Superman II** Fantasy sequel. (1980, PG, 127min) ★★★
2.20 **Superman III** Fantasy sequel starring Christopher Reeve. (1983, PG, 123min) ★★★
4.25 **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG, 90min) ★
6.00 **Raiders of the Lost Ark** Steven Spielberg's adventure starring Harrison Ford and Karen Allen. (1981, PG, 115min) ★★★★★
8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
12.15 AM **The Nutty Professor** Comedy starring Eddie Murphy. (1996, 12, 95min) ★★★
2.05 **Event Horizon** Sci-fi horror thriller. (1997, 18, 96min) ★★★
3.55 **Sky Cinema Preview**
4.55 **to 7.05** AM **True Grit** Western. (1969, PG, 128min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.30 AM **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
9.25 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
11.10 **Hotel Transylvania 2** (2015)
12.50 PM **Rugrats in Paris** As 9.15pm.
2.20 **Kung Fu Panda 4** Animated comedy adventure sequel. (2023, PG, 94min) ★★★
4.00 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
5.50 **How to Train Your Dragon** Animated fantasy adventure featuring the voices of Jay Baruchel and Gerard Butler. (2010, PG, 98min) ★★★★
7.35 **Hotel Transylvania 2** Animated sequel with the voices of Adam Sandler and Andy Samberg. (2015, U, 89min) ★★★
9.15 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
10.45 **Teen Titans Go! to the Movies** Animated family adventure. (2018, PG, 84min) ★★★
12.20 AM **Barnyard** Animated family comedy. (2006, PG, 90min) ★
1.55 **The Inventor** Animation. (2023, PG, 100min) ★★★
3.40 **The Swan Princess** Animated musical. (1994, U, 89min) ★★★
5.20 **to 7.05** AM **Hotel Transylvania** Animation. (2012, U) ★★★★

Movies 24

312 313 419

7.00 AM **Two Tickets to Paradise** Drama. (2022, PG, 84min) ★★
9.00 **Moriah's Lighthouse** Romantic comedy. (2022, PG, 84min) ★★
11.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
1.00 PM **Hearts Under the Olive Tree** Comedy. (2023, PG) ★★
3.00 **PREMIERE** **Love is a Dog's Best Friend** Romantic comedy. (2025, PG, 90min) ★★
5.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
7.00 **A Bridesmaid in Love** Romantic comedy starring Tori Anderson and Sean Poague. (2022, PG, 87min) ★★
9.00 **Savoring Paris** Drama starring Bethany Joy Lenz. A woman makes a soul-searching journey to Paris where she navigates love, self-discovery – and cheese. (2024, PG, 90min) ★★
11.00 **To Her, With Love** Romantic drama. (2022, PG, 84min) ★★
1.00 AM **Heart of the Manor** Romantic comedy with Ashlynn Yennie. (2021, PG, 85min) ★★
3.00 **to 5.00** AM **Sense and Sensibility** Romantic drama. (2024, U, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Bulldog Drummond's Peril** Adventure. (1938, b/w, U) ★★
7.20 **Captain Scarlett** Period adventure. (1952, U, 75min) ★★
8.55 **Invasion** Sci-fi thriller. (1966, b/w, PG, 90min) ★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **They Made Me a Fugitive** Thriller. (1947, b/w, PG) ★★
1.05 PM **Worzel Gummidge** (S3)
1.40 **Batman** 34/60. (S2)
2.15 **The Man in the Iron Mask** Swashbuckling adventure. (1976, PG, 101min) ★★★
4.20 **Look at Life** Documentary.
4.30 **The Vise** 11/39. (S1)
5.00 **The Footage Detectives**
6.00 **Look at Life** Documentary.
6.15 **St Martin's Lane** Drama. (1938, b/w, U, 84min) ★★
8.00 **Memories of Making Sergeant Cork** With William Gaunt.
8.05 **Sergeant Cork** 3/13. (S1)
9.10 **At the Wheeltappers**
9.45 **Cream: Farewell Concert**
11.25 **Star Treatment Show**
11.55 **The Heritage Chart Show**
1.00 AM **Force on Thunder Mountain** Sci-fi adventure. (1977, U, 93min) ★
2.50 **Time Warp** Drama. (1981, PG) ★
4.30 **to 6.00** AM **Scarlet Thread** Drama. (1951, b/w, PG) ★★

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports Catch Up**
7.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
11.00 LIVE **EFL Southampton v Portsmouth.** Coverage of the Championship match at St Mary's Stadium. Kick-off **12.00noon**.
1.00 PM LIVE **Super Sunday Burnley v Liverpool.** Coverage of the Premier League match at Turf Moor. Kick-off is at **2.00pm**.
4.00 LIVE **Super Sunday Manchester City v Manchester United.** Coverage of the Premier League match from the Etihad Stadium. Kick-off is at **4.30pm**.
7.30 LIVE **NFL Detroit Lions v Chicago Bears.** Coverage of the week two match staged at Ford Field, joining the game in progress.
9.15 LIVE **NFL Kansas City Chiefs v Philadelphia Eagles.** Coverage from GEHA Field at Arrowhead Stadium. Kick-off is at **9.25pm**.
12.30 AM **NBC's FNIA**
1.10 LIVE **NFL Minnesota Vikings v Atlanta Falcons.** Coverage of the week two match at U.S. Bank Stadium. Kick-off is at **1.20am**.
4.45 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
1.00 PM LIVE **Super Sunday Burnley v Liverpool.** Coverage of the Premier League match at Turf Moor. Kick-off is at **2.00pm**.
4.00 LIVE **Super Sunday Manchester City v Manchester United.** Coverage of the Premier League match between the local rivals staged at the Etihad Stadium. Both teams have made indifferent starts to the campaign, each winning just one of their first three league matches, but it was United who took the honours in last season's corresponding fixture, coming back from behind to record a 2-1 win thanks to late goals by Bruno Fernandes and Amad Diallo. Kick-off **4.30pm**.
7.30 **The Big Interview**
8.00 **Premier League Stories**
8.30 **Premier League Highlights** Newcastle United v Wolves.
9.00 **SNF** West Ham v Tottenham. **9.30** Brentford v Chelsea.
10.00 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
11.00 LIVE **EFL Southampton v Portsmouth.** Coverage of the Championship match between the local rivals at St Mary's Stadium. The last meeting between the teams came in the 2019/20 EFL Cup, when Southampton earned a comfortable 4-0 win at Fratton Park. Kick-off is at **12.00noon**.
2.30 PM LIVE **SPFL Kilmarnock v Celtic.** Coverage of the Scottish Premiership match staged at the BBSP Stadium Rugby Park. Reigning champions Celtic won all four of the meetings between the sides in all competitions last term. Kick-off is at **3.00pm**.
6.00 **WSL** Recent highlights.
7.00 **EFL** Southampton v Portsmouth.
9.00 **WSL** Action from London City Lionesses v Manchester United.
9.30 **EFL League One Goals**
10.00 **EFL League Two Goals**
10.30 **EFL Highlights** Championship.
11.00 **WSL** Action from London City Lionesses v Manchester United.
11.30 **EFL Greatest Games**
12.00 M'T **EFL** The 2019/20 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **One-Day International Cricket** England v South Africa.
7.00 **Vitality T20 Blast Cricket**
10.45 **Best of England v South Africa**
11.00 **One-Day International Cricket** England v South Africa.
2.00 PM LIVE **International T20 Cricket England v South Africa.** Coverage of the third and final T20 of the series staged at Trent Bridge in Nottingham.
6.30 **Best of England v South Africa**
7.00 **One-Day International Cricket** England v South Africa: Action from the first one-dayer in the three-match series at Headingley. **8.00** England v South Africa: Highlights from the second match in the three-game series at Lord's. **9.00** England v South Africa: Highlights of the third ODI in the three-match series at Utilita Bowl.
10.00 **Best of England v South Africa**
11.00 **One-Day International Cricket**
1.00 AM **International T20 Cricket** England v South Africa: Action from the third Twenty20 in the three-match series staged at Trent Bridge in Nottingham.
5.30 **to 6.00** AM **Best of England v South Africa**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **PGA Tour Champions**
7.00 **Ladies European Tour Golf**
8.00 **Countdown to the Ryder Cup**
8.30 LIVE **DP World Tour Golf** Coverage of the BMW PGA Championship fourth day staged at Wentworth Club in Surrey.
6.00 PM LIVE **LPGA Tour Golf** Coverage of day four of the Kroger Queen City Championship at TPC River's Bend in Ohio.
9.00 **Tales from the Ryder Cup**
10.00 **DP World Tour Golf** Day four of the BMW PGA Championship.
10.30 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
11.00 LIVE **PGA Tour Golf** Coverage of the fourth and final day of the Procore Championship staged at Silverado Country Club in Napa.
2.00 AM **PGA Tour Champions**
3.00 **DP World Tour Golf**
4.00 **Countdown to the Ryder Cup**
4.30 **The Open Zone** Women's Open.
5.00 **to 6.00** AM **Ryder Cup Memories**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **US Open Tennis**
9.00 **WTA Tennis** Tour highlights.
1.00 PM **WTA All Access**
1.30 **US Open Tennis** Event review.
2.30 **ATP Tour This Week**
3.00 **WTA Tennis** Tour highlights.
7.00 LIVE **WTA Tennis** Coverage of the Sao Paulo Open final, a hard-court tournament staged at Parque Villa-Lobos in Brazil.
9.00 **ATP Tour This Week**
9.30 **WTA All Access**
10.00 **US Open Tennis** Event review. **11.00** The singles finals.
1.00 AM LIVE **WTA Tennis** Coverage of the Guadalajara Open final from Panamerican Tennis Center.
3.00 **Bitesize Tennis** Madrid Open.
3.15 **Frances Tiafoe Podcast 2024**
3.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **AFLW Brisbane Lions v North Melbourne Tasmanian Kangaroos.** At Brighton Homes Arena. Bounce-up **6.05am**.
8.00 LIVE **AFLW Fremantle v West Coast Eagles.** Coverage of the match from Fremantle Oval in Perth. Bounce-up is at **8.05am**.
10.00 **Sign Up – Into Football**
10.45 **Cycling: La Vuelta Men**
11.45 **UCI Mountain Bike World Championship** From Valais.
12.15 PM LIVE **UCI Mountain Bike World Championship** The Men's XCO Elite from Valais.
2.30 **CPL Highlights**
3.00 **No Filter Cycling**
3.15 LIVE **Cycling: La Vuelta Men** The 21st and final stage.
7.30 LIVE **Serie A AC Milan v Bologna.** Italian top-flight match at San Siro. Kick-off **7.45pm**.
9.45 **Champions League Magazine**
10.15 **I Believe in Miracles**
12.00 M'T LIVE **MLB** Coverage of a Major League Baseball match.
3.15 AM **World Rally Championship**
3.45 **TNT Sports Reload**
4.00 **Ultimate Pool** Pairs Cup.
5.30 **to 6.00** AM **World Rally Championship**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Highlights**
7.30 LIVE **Red Bull MotoGP Rookies Cup** The Grand Prix of San Marino second race.
8.30 LIVE **MotoGP** The Grand Prix of San Marino MotoGP warm-up.
9.00 LIVE **MotoGP** The Grand Prix of San Marino Moto3 & Moto2 races.
12.15 PM LIVE **MotoGP** The Grand Prix of San Marino MotoGP race.
2.15 **MotoGP Chequered Flag**
3.15 **British Superbikes Rewind**
3.30 **Women's CPL Highlights**
4.00 **Sign Up – Into Football**
4.45 **TNT Sports Reload**
5.00 **MLB Highlights**
6.00 **MLB: Off the Bat**
6.30 LIVE **MLB Boston Red Sox v New York Yankees.** Coverage of the American League East match.
9.45 **MLB Highlights**
10.45 **TNT Sports Reload**
11.00 **CPL Highlights**
11.30 LIVE **CPL Guyana Amazon Warriors v Barbados Royals.** T20 game at Providence Stadium.
3.45 AM **TNT Sports Cricket Reload**
4.00 **FIA World Endurance Championship Highlights**
5.00 **to 6.00** AM **Porsche Supercup**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **A Philly Special**
10.30 **NFL Gameday** The latest news.
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **NFL Highlights** Action from Green Bay Packers v Washington Commanders.
2.00 **NFL Gameday** A round-up of the latest American football news and results and a look ahead to forthcoming matches.
5.00 **A Philly Special**
5.30 LIVE **NFL Detroit Lions v Chicago Bears.** Coverage of the week two match staged at Ford Field. Kick-off is at **6.00pm**.
9.15 LIVE **NFL Kansas City Chiefs v Philadelphia Eagles.** Coverage of the week two match from GEHA Field at Arrowhead Stadium. Kick-off is at **9.25pm**.
12.30 AM **NBC's FNIA** Minnesota Vikings v Atlanta Falcons preview.
1.10 LIVE **NFL Minnesota Vikings v Atlanta Falcons.** Coverage of the week two match staged at U.S. Bank Stadium in Minneapolis. Kick-off **1.20am**.
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Rugby Greatest Games**
7.05 LIVE **NRL** Coverage of the second elimination final.
9.05 **The Sunday Supplement**
11.00 LIVE **WSL London City Lionesses v Manchester United.** The top-flight match staged at Copperjax Community Stadium. Kick-off **12.00noon**.
2.30 PM **Sports Sunday**
5.30 LIVE **NFL Dallas Cowboys v New York Giants.** Coverage of the week two match staged at AT&T Stadium. Kick-off **6.00pm**.
9.00 LIVE **NFL Indianapolis Colts v Denver Broncos.** Coverage of the week two match from Lucas Oil Stadium. Kick-off **9.05pm**.
12.30 AM **Sky Sports Catch Up**
1.00 LIVE **WTA Tennis** Coverage of the Guadalajara Open final on the seventh day of the hard-court tournament from Panamerican Tennis Center in Mexico. Polish player Magdalena Frech claimed the title at last year's event, as she claimed a 7-6, 6-4 victory over Australia's Olivia Gadecki.
3.00 **Sky Sports Catch Up**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Mix

416 412 510 429 449

6.30 AM **My Icon** Denise Lewis.
7.00 **NRLW** The 2024 Grand Final.
8.00 **Ladies European Tour Golf**
9.00 **PGA Tour Champions**
10.00 **US Open Tennis** Women's final.
11.00 LIVE **WSL Aston Villa v Chelsea.** Coverage of the top-flight match staged at Villa Park. Kick-off is at **12.00noon**.
2.30 PM **Super League**
5.30 **NFL Redzone** The NFL Network show that switches between today's games.
1.00 AM **NFL Bitesize Highlights**
1.30 **The Taylor Years**
2.00 **The Greatest Final 2007: Taylor v Barneveld**
2.30 **John Part's Journey 2001-08**
3.00 **EFL Greatest Games**
4.00 **The Open Zone**
5.00 **to 6.00** AM **Ryder Cup Memories**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **Motocross World Championship** From Shanghai.
7.00 **Serie A** Juventus v Inter Milan.
8.00 LIVE **Motocross World Championship** From Shanghai.
10.00 **UCI Mountain Bike World Championship** From Valais.
10.30 LIVE **Athletics World Championship** From Tokyo.
2.30 PM **Onboard** Ocean Race Europe.
3.00 **Reframe the Game**
3.15 LIVE **Cycling: La Vuelta Men** The 21st and final stage.
7.30 LIVE **Cycling** Coverage of the men's Grand Prix Montreal.
9.15 **Sign Up – Into Football**
10.00 **Cycling: La Vuelta Men**
11.00 **UCI Mountain Bike World Championship** From Valais.
11.30 **UIM F1H2O World Championship Highlights**
12.00 M'T LIVE **Athletics World Championship** From Tokyo.
4.00 **to 6.00** AM **Superbikes**

TNT Sports 4

414 416 524 411 434

5.15 AM LIVE **V8 Supercars Championship** Airtouch 500.
8.00 **Premier League**
9.30 **European Rally Championship**
10.00 **World Rally Championship**
10.30 LIVE **European Le Mans Series** Four Hours of Silverstone.
3.30 PM **Ultimate Pool**
5.00 LIVE **World Rally Championship** Coverage of the Rally Chile power stage.
7.00 **MotoGP** From San Marino.
8.00 **MotoGP Chequered Flag**
9.00 LIVE **MLB San Francisco Giants v Los Angeles Dodgers.** Coverage of the National League West match staged at Oracle Park. Start-time is at **9.05pm**.
12.15 AM **UFC** Diego Lopes v Jean Silva.
3.15 **Serie A** AC Milan v Bologna.
4.15 **Reframe the Game**
4.30 **UCI Mountain Bike World Championship** From Valais.
5.00 **to 6.00** AM **Mass Participation World**

Premier Sports 1

419 551

6.00 AM **World Surf League**
7.00 **FIA World Endurance Championship** Highlights.
8.00 **Transworld Sport** Magazine.
9.00 **Brasileiro Serie A**
11.00 **LaLiga** Sevilla v Elche.
12.55 PM LIVE **LaLiga Celta Vigo v Girona.** Kick-off is at **1.00pm**.
3.00 **LaLiga Match Highlights**
3.10 LIVE **LaLiga Levante v Real Betis.** Kick-off is at **3.15pm**.
5.15 **LaLiga Match Highlights**
5.25 LIVE **LaLiga Osasuna v Rayo Vallecano.** Kick-off **5.30pm**.
7.30 **LaLiga Highlights**
7.55 LIVE **LaLiga Barcelona v Valencia.** Kick-off **8.00pm**.
10.00 **LaLiga Specials**
10.30 **Football's Greatest**
11.00 **Transworld Sport** Magazine.
12.00 M'T **LaLiga** A match replay.
2.00 AM **World Surf League**
3.00 **FIA World Endurance Championship** Highlights.
4.00 **to 6.00** AM **LaLiga**

Premier Sports 2

420 552

6.00 AM **FastZone** Motorsports.
6.30 **Top 14 Rugby Union**
10.30 **Bike World** Magazine.
11.00 LIVE **Davis Cup Ireland v China.** Coverage of game three of the first round match in Dublin.
1.00 PM **LaLiga Match Highlights**
1.20 LIVE **Davis Cup Ireland v China.** Coverage of game four of the first round match in Dublin.
3.15 **LaLiga Match Highlights**
3.25 LIVE **Davis Cup Ireland v China.** Coverage of game five of the first round match from Dublin.
5.30 **Temples of Sport**
6.00 **Top 14 Rugby Union**
8.00 LIVE **Top 14 Rugby Union Racing 92 v Bordeaux.** Coverage from Paris La Defense Arena. Kick-off is at **8.05pm**.
10.00 **Temples of Sport**
10.30 **Top 14 Rugby Union**
12.30 AM **NASCAR Trucks**
3.30 **GP Confidential** F1 news.
4.00 **to 6.00** AM **Top 14 Rugby Union**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
2.00 PM **Formula 1** Belgian Grand Prix. **3.00** The Hungarian Grand Prix. **4.00** The Dutch Grand Prix. **5.00** The Italian Grand Prix.
6.00 **Formula 1** Highlights of the Belgian Grand Prix from the Circuit de Spa-Francorchamps. **7.00** The Hungarian Grand Prix staged at the Hungaroring. **8.00** The Dutch Grand Prix staged at Circuit Zandvoort. **9.00** Action from the Italian Grand Prix at Monza Circuit.
10.00 **Formula 1** Highlights.
2.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

15 September

Evening Planner

Documentary

Kevin Costner's The West
Sky History, 9pm
The acting legend fronts this look at the birth of the Wild West, which forged much of the history of the United States.

Factual

Twiggy
BBC2, 9pm
Documentary looking at the life and career of Dame Lesley Lawson – better known as iconic Sixties model Twiggy.

Comedy

Trying
BBC1, 10.40pm & 11.10pm (times vary)
A couple explore their options for starting a family, in this comedy drama starring Esther Smith and Rafe Spall.

OnDemand

Paramount+

Wild Cards
Available today
The cop drama returns and Ellis (Giacomo Gianniotti, right) has to work with Max again, after her betrayal.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Policing Paradise	9.00 The Guest		10.00 News; Local News	10.40 Trying
	102 BBC2	7.00 Global Eye	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Twiggy			10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Coldwater		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Jamie: Eat Yourself Healthy		9.00 The Inheritance		10.00 First Dates	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Traffic Cops: Pursuit Squad One		9.00 Fare Dodgers: At War with the Law		10.00 Police: Night Shift 999	
	106 SKY SHOWCASE	7.00 The Office (US)		8.00 The 00s: Cinema's Greatest Decade		9.00 Film: Bridget Jones: The Edge of Reason			
ENTERTAINMENT	115 BBC3	7.00 Athletics...	7.30 Horrible...	8.00 Top Gear		9.00 Thailand: The Dark Side of Paradise			
	116 BBC4	7.00 Earth's Natural Wonders		8.00 Britain's Lost Masterpieces		9.00 Call My Bluff	9.30 Face the Music	10.00 Black and White in Colour: Television...	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Olivia Attwood's Bad Boyfriends		10.00 The Only Way Is Essex	
	136 MORE4	◂ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Our Welsh Chapel Dream		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight UK: Reunion Special			9.00 Made in Chelsea: Thailand		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 Elsbeth		10.00 Matlock	
	108 SKY ATLANTIC	◂ 6.50 Homicide: Life on the Street		7.55 Game of Thrones		9.00 Task			10.10 Mare of Easttown
	110 U&GOLD		7.10 Dad's Army	7.50 Only Fools and Horses		9.00 Fawlty Towers			10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Grace				10.00 Law & Order: UK	
	120 ITV4	7.00 The Motorbike Show		8.00 British Rally Championship		9.00 Film: Double Jeopardy			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Iain Stirling's Roast the Internet		10.00 Bradley & Barney Walsh: Breaking Dad	
	139 SKY SCI-FI	7.00 Primeval		8.00 Stargate Atlantis		9.00 The Ark		10.00 True Blood	
	113 SKY MAX	7.00 Stargate Atlantis		8.00 The 00s: Cinema's Greatest Decade		9.00 The Paper			10.10 Resident Alien
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private Investigators			
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Welcome to My World				10.00 Hans Zimmer: Live in Prague	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 The Supervet			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Mega Shippers		9.00 Mystery at Blind Frog Ranch		10.00 Salvage Dawgs	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Expedition Bigfoot		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Construction Fails		9.00 To Catch a Smuggler		10.00 Trafficked with Mariana Van Zeller	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 The Great British Dig: History in Your...		9.00 Kevin Costner's The West		10.00 Holy Marvels with Dennis Quaid	
	155 U&YESTERDAY	7.00 Tropic of Cancer with Simon Reeve		8.00 Indian Ocean with Simon Reeve		9.00 Russia with Simon Reeve		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 The Jinx: The Life and Deaths of Robert Durst				9.00 The Case Against Adnan Syed			10.15 Hatton
FILMS – Sky Cinema	301 PREMIERE	◂ 6.15 Amongst the Wolves		8.00 Nosferatu					10.15 Die Alone
	302 10s	◂ 6.00 The Huntsman: Winter's War		8.00 The Nutty Professor			9.40 Vanilla Sky		
	303 GEMS	◂ 6.00 Miss Congeniality 2: Armed and...		8.00 Vanilla Sky					10.20 My Big Fat Greek...
	304 GREATS	◂ 6.00 Patriot Games		8.00 Schindler's List					
	305 ANIMATION	◂ 5.55 Monster House	7.30 Open Season			9.05 The Inventor			
	306 FAMILY	◂ 6.00 Mr Bean's Holiday	7.40 Cats & Dogs				9.20 Sonic the Hedgehog 3		
	307 ACTION	◂ 6.15 I Am Legend		8.00 Furiosa: A Mad Max Saga					10.30 William Tell
	308 COMEDY	◂ 6.15 Borat Subsequent Moviefilm		8.00 Beetlejuice Beetlejuice			9.50 Pitch Perfect 2		
	309 THRILLER	◂ 5.55 RocknRolla		8.00 Red Dragon					10.10 Crank
	310 DRAMA	◂ 5.50 Valentine's Day		8.00 P.S. I Love You					10.10 Chicago
	311 SCI-FI	◂ 6.20 Men in Black II		8.00 Insidious				10.00 Insidious: Chapter 2	
	313 FILM4	◂ 6.50 Fisherman's Friends				9.00 Memory			
SPORT	401 MAIN EVENT	7.00 Sports Centre						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Ref Watch	8.30 Big Interview	9.00 PL Stories	9.30 PL Review		10.30 Big Interview
	403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 EFL Highlights	8.00 WSL	8.30 SPFL...	9.00 EFL Highlights			
	405 CRICKET	7.00 Best of England v South Africa		8.00 International T20 Cricket					
	410 TNT SPORTS 1	7.00 Snooker Home Nations Series English Open – Live: Coverage of the third session in the first round of the tournament							
	411 TNT SPORTS 2	◂ 6.30 Climbing...	7.30 British Speedway – Live: Coverage of the first leg of the second play-off semi-final					10.00 MotoGP	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **LIVE Athletics: World Championships** The second session on day three in Tokyo. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** Series finale (S)
2.30 **Robson Green's Weekend Escapes** With Joe McElderry. (S)(R)(AD)
3.00 **Escape to the Country** New edition North Yorkshire. (S)
3.45 **The Travelling Auctioneers** New edition From Chesterfield. (S)
4.30 **The Answer Run** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

3.45 The Travelling Auctioneers

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Zoe is still shaken by the shooting, tensions rise between Okie and Harry, while George's suspicions are raised. (S)(AD)

8 PM

8.00 **NEW Panorama: Trump and Starmer – The Special Relationship?** Current affairs report. (S)
8.30 **Policing Paradise** An American tourist is caught in possession of cannabis. (S)(R)

9 PM

9.00 **The Guest** New episode 3/4. Fran offers Ria an exciting promotion, but doubts set in when unsettling revelations come to light that call her motives into question. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **NEW SERIES Trying** 1/8. Comedy drama starring Rafe Spall and Esther Smith. A thirtysomething couple learn they will not be able to conceive a child together and pursue adoption instead. (S1) (S)(AD)
11.05 **Trying** New episode 2/8. Nikki and Jason try to present themselves in the best possible light. (S1) (S)(AD)
11.35 **Have I Got News for You** Jo Brand hosts the satirical quiz, with guest panellists Tom Peck and Nabil Abdulrashid. (S)(R)
12.05 AM **Stranded on Honeymoon Island** 4&5/12. (S)(R)(AD)
2.05 **Weather for the Week Ahead** (S)
2.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **The Travelling Auctioneers**
7.00 **Sign Zone: Antiques Roadshow** From Anglesey. (S)(R)
8.00 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
11.00 **LIVE Athletics: World Championships** The second session on day three in Tokyo. (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Athletics: World Championships** The second session on day three in Tokyo. (S)
2.45 **Hairy Bikers' Best of British** (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Cornwall: This Fishing Life** (S)(R)
5.15 **Flog It!** From Ushaw. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Coastal Railway Journeys** Michael explores the Thames and Medway estuaries. (S)(R)(AD)

8.00 Only Connect

7.00 **Global Eye** New edition Jean Mackenzie reports on the political turmoil in South Korea. (S)
7.30 **Mastermind** New edition Specialist subjects include *People Just Do Nothing* and the history of Coventry. (S)

8.00 **Only Connect** New edition The Pear Trees take on the Caraxians. (S)
8.30 **University Challenge** New edition Trinity Hall, Cambridge, take on the London School of Economics. (S)

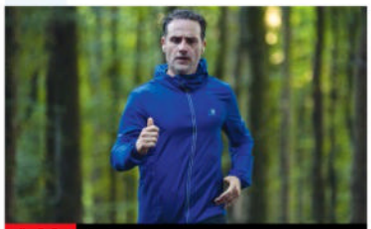
9.00 **NEW Twiggy** A look at the life and career of the iconic 1960s model who exploded onto London's fashion scene overnight at just 15 years of age and went on to epitomise the era. With contributions from Dustin Hoffman, Paul McCartney, Charlotte Tilbury, Brooke Shields and Joanna Lumley. (S)(AD)
10.30 **Newsnight** (S)

11.00 **The Big Cases** (S)(R)
11.30 **FILM Bram Stoker's Dracula** Francis Ford Coppola's adaptation of the classic vampire novel, starring Gary Oldman as Dracula. With Winona Ryder, Anthony Hopkins and Keanu Reeves. (S) (1992, 18, 120min) ★★★
1.30 AM **Sign Zone: Countryfile** (S)(R)
2.25 **Sign Zone: Stranded on Honeymoon Island** (S)(R)(AD)
3.25 **Sign Zone: MasterChef** (S)(R)(AD)
4.25 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are in Stoke-on-Trent, where Tracy Thackray-Howitt assesses a collection of James Bond books, and Mark Stevens splashes out a five-figure sum. (S)(R)(AD)
3.00 **Tenable** Quiz show hosted by Warwick Davis. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 Coldwater

7.30 **Emmerdale** It's Vinny and Gabby's big day and while Moira and Ross are intrigued, Liam is feeling embarrassed. (S)(AD)

8.00 **Coronation Street** Brody and Dylan deny any involvement in the hit-and-run, Kit warns Carla about Costello, while Todd and Theo move into the corner shop flat. (S)(AD)

9.00 **Coldwater** New episode 2/6. John struggles to cope with his guilt but a hunting trip changes his perspective. Tommy's influence on him grows. (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)

11.40 **Heathrow: Britain's Busiest Airport** Passenger Experience Manager Suki has an emergency on his hands. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **Cooking with the Stars** 5/6. Tom Allen and Emma Willis host as the remaining famous faces compete in the semi-final. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy's Taste of Florida** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 5-8/24. (S3) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA**
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition A Northamptonshire couple begin their mission to rescue a French settlement. (S)
5.00 **Four in a Bed** New edition This week's contest kicks off at Redmire Village Pub in North Yorkshire. (S)
5.30 **Come Dine with Me** The first of five dinner parties in Bolton. (S)(R)
6.00 **Sun, Sea and Selling Houses** A pair of teachers seek the perfect Spanish property. (S)(R)

8.00 Jamie: Eat Yourself Healthy

7.00 **News** (S)

8.00 **Jamie: Eat Yourself Healthy** New edition 4/5. Jamie Oliver showcases ingredients that are good for the heart, serving up a steak dinner and fish filo parcels with beans. He also prepares a green orecchiette pasta and oaty fridge balls. (S)(AD)

9.00 **The Inheritance** New edition 8/12. The latest request sends the players on a bear hunt. The Division Ceremony brings more revelations, which lead to an explosive row. (S)(AD)
■ Continues tomorrow

10.00 **First Dates** Italian 'nice guy' Matteo's date is Sam, a 38-year-old marketing consultant, who pursues a rather intense line of questioning. (S)(R)(AD)
11.05 **Educating Yorkshire** (S)(R)(AD)
12.05 AM **The Great British Bake Off: An Extra Slice** (S)(SL)(R)(AD)
1.00 **Taskmaster** (S)(SL)(R)(AD)
1.55 **Mitchell and Webb Are Not Helping** (S)(SL)(R)(AD)
2.25 **Travel Man: 48 Hours in Salzburg** With Roisin Conaty. (S)(SL)(R)(AD)
2.50 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
3.40 **George Clarke's Amazing Spaces** A 1960s milk float. (S)(SL)(R)(AD)
4.35 **Escape to the Chateau** (S)(R)
4.40 **Hollyoaks Omnibus** (S)(SL)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)
2.20 FILM **Who Killed Our Father?** Thriller with Kirsten Comerford. (S) (2023, PG, 100min) ★★
4.00 **All Creatures Great and Small** *By the Book:* 4/7. James and Helen are keeping a big secret, and Carmody is challenged with learning how to be a vet away from his books. (S4) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Mobility scooter tycoon Ben opens his new shop. (S)(R)(AD)
6.55 **News** (S)

9.00 Fare Dodgers: At War with...

7.00 **Motorway Cops: Catching Britain's Speeders** An angry van driver gives a PC a dressing down despite having no MOT or a full set of legal tyres. (S)(R)(AD)
7.55 **News** (S)
8.00 NEW SERIES **Traffic Cops: Pursuit Squad One** Following the country's highly trained police bikers, the UK's fastest responders who are always at the ready to save lives and catch suspects on the run. (S)
9.00 **Fare Dodgers: At War with the Law** New edition At Vauxhall, revenue protection officers from South Western Railway are involved in a major sting operation that prompts an investigation into fraud. (S)
10.00 **Police: Night Shift 999** An officer responds to reports of a break-in at a garage, while police discover a trail of blood leading into a block of flats after getting a call about a fight involving a knife. (S)(R)
11.05 **Traffic Cops** Six units from two police forces try to stop a suspected cloned van. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Lawrence of Arabia: Britain's Great Adventurer** (S)(R)
4.40 **Nick Knowles' Big House Clearout** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Atlantis** (S5) (S)(R)
11.00 **Uptown Otters** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 22/22. (S6) (S)(R)(AD)
5.00 **The Simpsons** *The Way We Was:* Marge tells the story of how she met Homer. (S)(R) **5.30** *Itchy & Scratchy & Marge:* Marge begins a crusade to clean up violence on TV. (S)(R) **6.00** *Homer v Lisa and the Eighth Commandment:* Lisa is shocked by Homer's ploy to get illegal cable TV. (S)(R) **6.30** *Bart's Dog Gets an F:* Bart tries to train Santa's Little Helper. With Tracey Ullman. (S)(R)

9.00 Bridget Jones: The Edge of...

7.00 **The Office (US)** *Initiation:* 5/25. Dwight takes Ryan out on his first sales call but visits his family's farm on the way. (S)(R) **7.30** *Diwali:* 6/25. Michael encourages everyone to celebrate Diwali. (S3) (S)(R)
8.00 **The 00s: Cinema's Greatest Decade** Host Alex Zane examines the merits of films from the 2000s. (S)(R)(AD)
9.00 FILM **Bridget Jones: The Edge of Reason** Romantic comedy sequel based on the novel by Helen Fielding, starring Renée Zellweger, Colin Firth and Hugh Grant. The insecure thirtysomething's blissful new relationship comes under threat when she is thrown together with her caddish ex-boss on a TV assignment to Thailand. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.00 **Curb Your Enthusiasm** 7/10. Larry sets out to buy a gift for a surrogate mother. (S)(R) **11.40** 8/10. Cheryl receives medical advice from a very unlikely source. (S4) (S)(R)
12.20 AM **The Force: North East** (R)
1.15 **Road Wars** Double bill. (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 22/22. (S6) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
12.05am Sportscene: SWPL Highlights (S)(R) **12.35** Scotcast (S)(R) **1.05** Weather for the Week Ahead (S) **1.10-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
8.00pm Paula McIntyre's Hamely Kitchen USA (S)(R) **8.30-9.00** NEW Panorama: Trump and Starmer: The Special Relationship? (S) **10.40** True North: My Stammer, My Story New edition (S) **11.10** NEW SERIES Trying (S)(AD) **11.35pm-12.05am** Trying New episode (S)(AD)

WALES
Sky **965**, Virgin **864**, Freesat **965**
8.30-9.00pm Chris Cooks Cymru (S)(R)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
11.00-11.30pm Giorraíonn Beirt Bóthar (S)(R)

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **12.30** Heno Aur **1.00** Mynyddoedd y Byd **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Triathlon Cymru – Y Barri **4.00** Awr Fawr **5.00** Stwnsh **6.00** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Adeiladu'r Freuddwyd: Camp Out West New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Teulu Shadog: Tymhorau'r Flwyddyn New edition (AD) **9.28** Y Tywydd **9.30** Ralïo: Pencampwriaeth Rali'r Byd **10.00** Sgorio **10.35-11.40pm** Mike Phillips: Croeso i Dubai (AD)

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Athletics: World Championships Highlights** A round-up of action from day three in Tokyo.
7.30 **Horrible Histories** Roman politician Crassus raps about his blinging lifestyle.
7.55 **The Catch Up**
8.00 **Top Gear** The presenters try to build an electric car.
9.00 **Thailand: The Dark Side of Paradise** 1/3. Zara McDermott discovers the dark side of Thailand's backpacker culture. **9.45** 2/3. Zara meets men chasing cheap thrills in Asia's sex capital, Pattaya. **10.30** 3/3. Zara experiences a taste of Thailand's luxury lifestyle.
11.15 FILM **Bones and All** Horror romance with Taylor Russell and Timothée Chalamet. (2022, 18, 125min) ★★★★
1.20 AM **Top Gear** As 8.00pm.
2.20 **Thailand: The Dark Side of Paradise** As 9.00pm.
3.05 **Laugh Lessons**
3.10 **to 3.55** AM **Ibiza: Secrets of the Party Island**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Earth's Natural Wonders** The relationships between animals and people.
8.00 **Britain's Lost Masterpieces** Bendor Grosvenor and Emma Dabiri visit Brighton Museum.
9.00 **Call My Bluff** Kate O'Mara, Tim Brooke-Taylor, Godfrey Smith and Victoria Wood take part in the quiz.
9.30 **Face the Music** With Patricia Owen, John Julius Norwich and Brian Redhead.
10.00 **Black and White in Colour: Television, Memory, Race, 1936-68** 1/2. Documentary looking the historical involvement and representation of black and Asian people in British television from 1936 to 1968. **10.50** 2/2. A look at black actors' roles in sitcoms.
11.40 **The Riviera: A History in Pictures** Documentary.
12.40 AM **Baku: An Art Lovers' Guide** Azerbaijan's capital.
1.40 **Britain's Lost Masterpieces**
2.40 **to 3.40** AM **Earth's Natural Wonders**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** A highly modified 1955 Ford Poplar has a host of problems. **4.50** Tim Shaw and Fuzz Townshend restore an iconic BMW E30 Alpina.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two sets of househunters in Edinburgh. **6.55** Kirstie and Phil search Glasgow with two couples.
7.55 **Grand Designs** Bolton bricklayer Paul plans to construct a state-of-the-art wooden home on a budget of £350,000, but extreme weather, exhaustion, and dwindling funds jeopardise the project.
9.00 **Our Welsh Chapel Dream** Keith Brymer Jones and Marj Hogarth plan on turning the old school room into their snug.
10.00 **24 Hours in A&E** Medics treat a diabetic with an infected leg wound, a boy who has swollen eyes and a woman with knee pain.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary series.
1.10 **Emergency Helicopter Medics** Medical series.
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** (S5&6)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** Leela worries about Ste, and Jez plans a memorial for Sienna.
7.30 **Married at First Sight UK: Reunion Special** Fan favourites from the class of 2023 and 2024 reunite.
9.00 NEW SERIES **Made in Chelsea: Thailand** The gang touch down in Thailand, but shock news threatens the holiday.
10.05 **Gogglebox** *Mariah Carey's Magical Christmas Special, Tiny World* and *Coronation Street* are appraised.
11.05 **First Dates**
12.15 AM **The Simpsons**
12.50 **Made in Chelsea: Thailand** As 9.00pm.
1.55 **Gogglebox**
2.50 **First Dates**
3.40 **Below Deck**
4.30 **Young Sheldon**
5.15 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Monday primetime primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **The Best of Nothing to Declare** Double bill.
10.00 **Stop, Search, Seize**
11.00 **Sun, Sea and A&E**
12.00 NOON **FBI** 18/22. A gunned down trucker leads the team to a criminal on the FBI's Most Wanted list. (S5)
1.00 PM **Customs UK**
2.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Elsbeth

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **The Equalizer** *A Time to Kill:* 6/18. After a teenage girl dies from fentanyl-laced pills, a vigilante goes on a killing spree. (S3)

9 PM
9.00 **Elsbeth** New episode *I've Got a Little List:* 19/20. The lawyer investigates what appears to be a random shooting (S2)

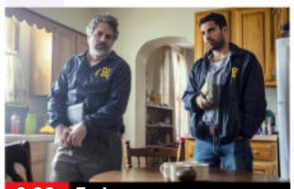
10 PM
10.00 **Matlock** *Friends:* 9/19. Matty's friendship with Olympia clouds her judgement when she takes on Elijah's case. (S1)
11.00 **Blue Bloods** 16/21. (S13)
12.00 M'T **Bull** 19/22. (S6)
1.00 AM **The Equalizer** 5/18. (S3)
2.00 **The Rookie** New episode (S7)
3.00 **FBI: Most Wanted** New episode 6/22. (S6)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Hotels in Berlin.
7.00 **The Guest Wing**
8.00 **True Blood** 5&6/10. (S7)
10.10 **Westworld** 1&2/8. (S3)
12.30 PM **Game of Thrones** (S3)
1.35 **Das Boot** 1&2/10. (S3)
3.35 **True Blood** 7&8/10. (S7)
5.45 **Homicide: Life on the Street** 8/20. Munch investigates the death of a man dressed in a Santa Claus suit. **6.50** 9/20. Pembleton and Bayliss investigate a teenage shooting incident. (S3)


9.00 Task

7.55 **Game of Thrones** *Valar Dohaeris:* 1/10. Daenerys arrives in Slaver's Bay looking to form an army, while Jon Snow tries to earn the trust of wildling leader Mance Rayder. (S3)

9.00 **Task** New episode *Family Statements:* 2/7. Tom buries himself in a case, while Emily questions her obligations. (S1)

10.10 **Mare of Easttown** *Fathers:* 2/7. Mare questions suspects in a grisly murder case. (S1)
11.20 **The Sopranos** 2/13. Livia's death forces Janice to return from Seattle. (S3)
12.20 AM **I Know This Much Is True**
1.30 **The White Lotus** 2/8. (S3)
2.45 **The Leftovers** 2/8. (S3)
3.55 **Game of Thrones** (S2)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S2)
8.00 **The Blacklist** 18/22. (S9)
9.00 **Stargate Atlantis** (S5)
11.00 **SEAL Team** 13/20. (S3)
12.00 NOON **The Blacklist** (S9)
1.00 PM **Hawaii Five-0** (S2)
3.00 **Magnum P.I.** 5/20. (S5)
4.00 **S.W.A.T.** 22/22. The team work with the DEA. (S6)
5.00 **SEAL Team** 12/20. Part two of two. The Tactical Operations Centre is compromised. (S3)
6.00 **Stargate Atlantis** 17/20. The crew investigate a seemingly abandoned Wraith vessel. (S5)

8.00 The 00s: Cinema's...

7.00 **Stargate Atlantis** *Identity:* 18/20. Dr Keller is taken over by an alien consciousness named Neeva. (S5)

8.00 **The 00s: Cinema's Greatest Decade** Alex Zane examines the merits of films from the 2000s.

9.00 **The Paper** 3/10. Oscar has to stick his neck out at a budget meeting. **9.35** 4/10. Ned and Esmeralda team up to take on a blogger. (S1)

10.10 **Resident Alien** *Human Condition:* 5/10. Harry struggles to bond with his son. (S4)
11.10 **Resident Alien** 6/10. Harry is brought in front of the Galactic Housing Council to answer for his crimes. (S4)
12.10 AM **Warrior** 5/10. Penny finds her business in trouble. (S2)
1.10 **Road Wars** Double bill.
3.00 **Magnum P.I.** 5/20. (S5)
4.00 **S.W.A.T.** 22/22. (S6)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.15 **Real Housewives of Potomac**
11.05 **Real Housewives of...**
12.00 NOON **Dinner Date**
1.00 PM **Billie and Greg**
2.00 **The Only Way Is Essex**
3.00 **The Bachelor Australia** New edition Reality series.
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

10.00 The Only Way Is Essex

7.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 **Olivia Attwood's Bad Boyfriends** New edition 2/10. The bad boyfriends discover the truth and are shown to the Bro Zone.

10.00 **The Only Way Is Essex** New edition There is cause for celebration in Essex as Dani finally passes her driving test.
11.00 **Family Guy** (S12&18)
12.05 AM **American Dad!** (S14)
1.05 **Bob's Burgers** 18/22. (S9)
1.35 **Plebs** 7/8. (S4)
2.00 **Olivia Attwood's Bad Boyfriends** As 9.00pm.
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.05 **Doc Martin** 6&7/7. (S3)
10.15 **The Royal** *For Better, for Worse.*
11.20 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.40 **Doc Martin** 1/8. The doctor encounters his old girlfriend from medical school. **4.45** 2/8. Louisa applies for a job at the school. (S4)
5.50 **Heartbeat** *David Stockwell's Ghost:* Mike investigates a serious case of bullying.

8.00 Grace

6.55 **Heartbeat** *Testament:* Jackie refuses to believe her uncle could be responsible for a hit-and-run incident.

8.00 **Grace** *Want You Dead:* The team investigate a case where nothing is ever as it first appears when an unidentified murder victim is discovered left out in the open countryside in curious circumstances.

10.00 **Law & Order: UK** *Tremors:* 2/6. Part two of two. Brooks and Leyton find who was responsible for the train crash. (S7)
11.00 **Law & Order: UK** 3/6. A man is found shot dead in a hotel room with his cash missing. **12.00** M'T 4/6. A wealthy woman's body is found dunmped in the Thames. (S7)
1.00 AM **Playing Nice** 1/4. (S1)
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Beechgrove Garden**
2.30 **Sign Zone: Amazing Hotels: Life Beyond the Lobby** From Shanghai.
3.30 **Sign Zone: Martin Compston's Scottish Fling** The east coast.
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **The Travelling Auctioneers** A couple downsize following a life-altering diagnosis.
8.30 **Grand Tours of Scotland's Rivers** The River Irvine in Ayrshire.
9.00 **Amazing Hotels: Life Beyond the Lobby** Rob Rinder and Monica Galetti head to Turkey.
10.00 **The Agency: Unfiltered**
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Up for It** Cowboy school.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S2)
9.00 **The Conners** (S4)
10.00 **Sex and the City** (S4)
11.20 **Girls** 7&8/10. (S2)
12.30 PM **The Office (US)**
1.30 **The Conners** (S4)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S2)
4.30 **Sex and the City** (S4)
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S2)
7.45 **Sex and the City** 16/18. Samantha questions Richard's feelings for her. **8.25** 17/18. Carrie submits her first article for *Vogue*. (S4)
9.00 **Sarah Silverman: Someone You Love** Stand-up performance, filmed at the Wilbur Theater in Boston.
10.15 **Real Time with Bill Maher** New edition
11.25 **And Just Like That...**
12.15 AM **Entourage** (S4)
1.15 **Veep** 1&2/7. (S7)
2.25 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **The Australian Ballet: The Merry Widow** Operetta.
7.45 **The Joy of Painting**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering: Jean Simmons**
1.00 PM **Tales of the...**
2.00 **Laurie Lee: The Lost Interview**
3.00 **Painting Birds with Jim and Nancy Moir**
4.00 **The Directors**
5.00 **Discovering: Susan Sarandon**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Welcome to My World**
10.00 **Hans Zimmer: Live in Prague** From 2016.
12.50 AM **National Theatre Live: Frankenstein**
2.55 **Statues Redressed**
4.45 **to 6.00** AM **National Trust: Garden Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager** (S2)
7.00 **Star Trek: The Next Generation** *The Bonding:* 5/26. (S3)
8.00 **Star Trek: Deep Space Nine** *Homefront:* 11/26. Part one of two. Sisko returns to Earth. (S4)
9.00 **FBI** 10&11/15. (S3)
11.00 **Grimm** 2/22. (S1)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill of the quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the ruthless Banker.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as John takes on the ruthless Banker for the chance to win life-changing money.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Guests Julie Hesmondhalgh and Tony Bellew compete.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Who Wants to Be a Millionaire? Celebrity Special** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Murder, She Wrote**
10.00 **Little House on the Prairie** 23&24/24. (S4)
12.00 NOON **Highway to Heaven** 23/24. (S2)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Secrets**
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 1/8. (S2)
7.30 **Man About the House**
8.00 **A Fine Romance** (S2)
8.30 **Home to Roost** (S2)
9.00 FILM **Sleeping with the Enemy** Suspense thriller starring Julia Roberts as a battered wife who flees her psychopathic husband. (1991, 15, 100min) ★★★
11.10 **Rising Damp** 1/8. (S2)
11.40 **Man About the House**
12.10 AM **M*A*S*H** (S11)
1.10 **Home to Roost** (S2)
1.40 **A Fine Romance** (S2)
2.20 **Danielle Steel's Secrets**
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **The Saint**
7.20 **Kojak** Double bill.
9.25 **Magnum, PI**
11.30 **Robin of Sherwood**
12.40 PM **BattleBots**
1.40 **Kojak** Double bill.
3.45 **Magnum, PI** *Jororo Farewell:* Thomas befriends a prince. **4.50** *The Case of the Red-Faced Thespian:* Higgins suffers from delusions.
5.55 **The Saint** *Flight Plan:* Simon Templar pursues a bogus nun.

11.10 Platoon

7.00 **The Motorbike Show** Henry Cole visits Wales, and tells the story of two classic British bikes – the Ariel and the Triton.
8.00 **British Rally Championship** Action from the JDS Machinery Rali Ceredigion, the fifth round of the season.
9.00 FILM **Double Jeopardy** Thriller starring Ashley Judd and Tommy Lee Jones. Framed for her husband's murder, a woman discovers that her spouse is alive and has absconded with their son. (1999, 15, 105min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 FILM **Platoon** Oliver Stone's Oscar-winning war drama starring Charlie Sheen, Tom Berenger and Willem Dafoe. (1986, 15, 120min) ★★★★
1.20 AM **Motorsport UK**
2.15 **Two and a Half Men**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 17/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 5/26. Violence breaks out on the station. (S2)
2.00 **Primeval** As 7.00pm.
3.00 **Star Trek: Enterprise** (S1)
4.00 **Stargate Atlantis** 9/20. (S4)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 17/26. The crew finds a hidden planet. (S1)

7.00 Primeval

7.00 **Primeval** 2/6. When a nuclear submarine encounters an anomaly in the sea, the team are called aboard to help. (S5)
8.00 **Stargate Atlantis** *Miller's Crossing:* 9/20. McKay's sister Jeannie Miller is kidnapped by Henry Wallace. (S4)
9.00 **The Ark** *The Last Thing You Ever Do:* 11/12. The crew attempt a dangerous rescue mission. (S1)
10.00 **True Blood** *Death Is Not the End:* 4/10. Sookie enlists a band of vampires and humans to track down the H-Vamps. (S7)
11.00 **Westworld** 1/8. Dolores comes to learn how artificial beings are treated in the real world. (S3)
12.20 AM **SurrealEstate** 4/10. (S2)
1.10 **Primeval** As 7.00pm.
2.00 FILM **The 12 Disasters of Christmas** Festive disaster movie. (2012, 12, 90min) ★★
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 16/23. (S2)
11.00 **Hudson & Rex** 9/16. (S6)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S13)
4.00 **The Mentalist** 16/23. (S2)
5.00 **Hudson & Rex** 9/16. A police officer is killed in the nightlife district. (S6)
6.00 **Father Brown** *The Time Machine:* A man attempts to prove a member of his own family killed his father.

7.00 Body of Proof

7.00 **Body of Proof** *Hunting Party:* 2/20. A millionaire is accused of shooting his wife while out hunting deer. (S2)
8.00 **Death in Paradise** *Murder Most Animal:* 2/8. A zoo owner is killed by a tranquilliser dart in an empty park. (S8)
9.00 **Shakespeare & Hathaway: Private Investigators** 1/10. A pampered dog runs away from a life of luxury.
10.00 **Shakespeare & Hathaway: Private Investigators** 2/10. A role-playing battle in the woods goes wrong. (S2)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 1/16. Neal and Peter have to put their differences aside to track down a notorious thief. (S3)
1.00 AM **Death in Paradise** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **Only Fools and Horses**
9.50 **Hi-de-Hi!**
10.30 **Open All Hours**
11.10 **Last of the Summer Wine**
12.30 PM **Don't Wait Up**
1.10 **The Green Green Grass**
1.50 **Dad's Army**
2.30 **Open All Hours**
3.10 **Last of the Summer Wine**
4.30 **Don't Wait Up**
5.10 **The Green Green Grass**
5.50 **Hi-de-Hi!**
6.30 **Open All Hours**

9.00 Fawlty Towers

7.10 **Dad's Army** Wilson is put in charge when HQ learn that Mainwaring is not a commissioned officer.
7.50 **Only Fools and Horses** Rodney wins a holiday at a five-star hotel in Majorca, but cannot understand why the trip is for three people.
9.00 **Fawlty Towers** First episode. Basil tries to upgrade his clientele. **9.40** Basil goes behind Sybil's back to save money on structural alterations to the hotel.
10.20 **Not Going Out** Lee imagines having the perfect life with Lucy.
11.00 **Open All Hours** Arkwright organises a sales drive.
11.35 **Bottom** The gas man visits.
12.15 AM **Men Behaving Badly**
12.50 **Fawlty Towers**
2.05 **Not Going Out**
2.35 **Bottom**
3.20 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Documentary.
9.00 **The Force: Behind the Line**
10.00 **Trawlermen** Four editions.
12.00 NOON **Storage Hunters UK**
2.00 PM **Railroad Australia**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Far Eastern Odyssey** A culinary journey, beginning in Cambodia.
6.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore the popularity of takeaway food in Britain.

11.00 8 Out of 10 Cats

7.00 **Would I Lie to You?** With Rhod Gilbert, Ronan Keating, Ellie Taylor and Georgia Toffolo.
7.40 **Richard Osman's House of Games** With Mark Watson and Raj Bisram. **8.20** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.
9.00 **Have I Got a Bit More News for You** Adil Ray hosts the satirical quiz, with Jess Phillips MP and and Richard Osman.
10.00 **QI XL** Stephen Fry hosts a festive edition of the quiz show, with Danny Baker, Sarah Millican, Phill Jupitus and Alan Davies.
11.00 **8 Out of 10 Cats** With Jack Dee, Gemma Cairney, Jamie Laing and Rob Beckett.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Survivor South Africa**
3.10 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM **8 PM** **9 PM** **10 PM**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Alicante.
11.00 **Help! We Bought a Village** From Spain.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **George Clarke's Amazing Spaces**
8.00 **Educating Yorkshire** A year 10 student finds his dreams of rugby stardom in jeopardy.
9.00 **Gogglebox** Opinions on *Strictly Come Dancing*.
10.00 **Brain Surgeons: Between Life and Death**
11.05 **Gogglebox**
12.05 AM **8 Out of 10 Cats Does Countdown: Best Bits** Compilation show.
1.05 **24 Hours in A&E**
2.05 **999: On the Front Line**
3.10 **The Dog House**
4.10 **to 4.40** AM **Travel Man: 48 Hours in Salzburg**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** (S8&9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Life Before His Eyes:* 14/24. A man pulls a gun on Gibbs at a diner. **7.00** *Secrets:* 15/24. A navy captain leading a double life as a masked vigilante is killed. **8.00** *Psych Out:* 16/24. A navy reservist is found dead with marks on his neck in his home. (S9)
10.00 **Law & Order: Special Victims Unit** *Mea Culpa:* 9/24. Stone asks Benson to investigate a sexual assault from his past. **11.00** *Alta Kockers:* 10/24. The investigation into an author's death leads to a secret. (S20)
12.00 M'T **Law & Order: Special Victims Unit**
1.50 AM **Blue Bloods** (S7)
2.45 **Criminal Minds** (S12)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Rich Kids Go Skint**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** Paramedics treat a motorcyclist who has been thrown off his bike.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **Surgeons: A Matter of Life or Death**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Outback Truckers**
10.00 **Trucking Hell**
11.00 **Traffic Cops**
12.00 NOON **Police Interceptors** Double bill.
2.05 PM FILM **Flame of the Barbary Coast** Western with John Wayne. (1945, b/w, U, 91min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
7.00 **Police Interceptors**
9.00 **Ice Road Truckers**
11.00 **MacGyver** 10/23. (S2)
12.00 M'T **La Brea** New episode 11/14. There are celebrations on the union of Ty and Paara. (S2)
1.00 AM **Extreme Tow Truckers** Wagga Towing executes a crane salvage.
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The cooks face a taste test involving glistening gems.
8.00 **Inside the Ambulance** Jamie and Debbie rush to an unconscious man in a diabetic coma.
9.00 **The Supervet**
11.00 NEW SERIES **Dog School** Documentary following life at Bruce's Doggy Day Care in Surrey and Dogs Country Club in Warrington.
12.00 M'T **First Responders**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **The Doctor Blake Mysteries** 8/10. (S5)
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Brokenwood Mysteries** New episode *The End of the Line:* 5/6. A school camp takes a deadly turn when a teacher is found swinging from a zipline. (S11)
10.00 **New Tricks**
11.20 **Spooks** 3/8. (S7)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
3.00 **to 4.00** AM **The Bletchley Circle**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Gower.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Yorkshire Auction House** New edition Angus Ashworth and his team perform house clearances and uncover hidden gems.
10.00 **Celebrity Yorkshire Auction House** With Craig Revel Horwood and John Sergeant.
11.00 **The Yorkshire Auction House** A search for interesting items at a historic home in Coventry.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
7.00 **The Chase Celebrity Special** Russell Watson, Rita Simons, Bill Oddie and Denise Welch compete for charity.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
11.00 **Classic Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.00 AM **Wanted: Dead or Alive** Double bill.
10.00 **FILM Vera Cruz** Western adventure. (1954, PG, 94min) ★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM The Quick & the Dead** Western. (1987, PG, 94min) ★★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!** (S1)
7.00 **The Avengers** (S4)
8.00 **The New Avengers** (S1)
9.00 **FILM Machete** Thriller starring Danny Trejo. (2010, 18, 104min) ★★★
11.20 **FILM Renegades** Action adventure. (2017, 15, 106min) ★★
1.35 AM **The Avengers** (S4)
2.35 **The New Avengers** (S1)
3.35 **Cops Uncut** Double bill.
4.25 **to 5.40** AM **Wild West Chronicles**

+1hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **FILM Nowhere to Be Found** Thriller. (2019, PG, 93min) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 7/10. (S1)
12.00 NOON **Morning Show Mystery: Mortal Mishaps**
1.55 PM **Hailey Dean Mysteries** Crime drama.
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 8/10. (S1)
8.00 **Unforgettable** (S1)
9.00 **FILM Mystery 101: Words Can Kill** Thriller. (2019, PG, 90min) ★★
10.55 **FILM Out of Control** Crime thriller starring Laura Vandervoort. (2009, PG, 85min) ★★
1.00 AM **FILM Deadly Sibling Rivalry** Thriller. (2011, PG, 95min) ★★
2.45 **FILM The Daughter Stalker** Mystery thriller. (2020, PG, 86min) ★★
4.25 **to 4.50** AM **Police Ten 7**

+1hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas Festival of Ice** Drama. (2017, PG, 90min) ★★
10.00 **FILM I'll Be Next Door For Christmas** Comedy. (2018, PG, 100min) ★★
12.00 NOON **FILM Snowbound for Christmas** Drama. (2019, PG, 93min) ★★
2.00 PM **FILM Grounded for Christmas** Drama. (2019, PG, 86min) ★★
4.00 **FILM A Joyous Christmas** Drama. (2017, U, 90min) ★★
5.50 **FILM Forever Christmas** Comedy. (2018, PG) ★★
8.00 **FILM A Starstruck Christmas** Drama. (2021, U, 105min) ★★
9.50 **FILM Deck the Heart** Drama. (2023, PG) ★★
11.50 **FILM Christmas with a Crown** (2020, PG) ★★
1.50 AM **FILM All I Want for Christmas** (2013) ★★
3.25 **to 4.50** AM **FILM Grounded for Christmas**

+1hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
8.30 **Carry On Laughing**
9.00 **Bubblegum & Cheese**
10.00 **I Dream of Jeannie** (S1)
10.30 **Soap** 4/25. (S1)
11.00 **In Loving Memory** (S1)
11.30 **Jokers Wild**
12.00 NOON **Please Sir!** (S3)
12.30 PM **Don't Drink the...**
1.00 **The Blue and the Gray**
3.45 **Auto Rewind**
4.00 **Mapp and Lucia** (S1)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S1)
6.00 **The Monkees** (S1)
6.30 **Soap** 4/25. (S1)
7.00 **Carry On Laughing**
7.30 **Don't Drink the Water**
8.00 **Jokers Wild**
8.30 **Lucky Feller** (S1)
9.00 **Please Sir!** (S3)
9.30 **Brass** 1/6. (S3)
10.00 **Game On** 1/6. (S2)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **The Blue and the...**
2.50 **We Had One of Those**
3.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **LIVE Snooker: English Open** Day one from the Brentwood Centre in Essex.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The *Cornelia Marie* taps American satellites to spy on the Russians. **8.00** Johnathan goes under the knife at sea.
9.00 **Body Bizarre**
11.00 **Mysteries of the Deep**
12.00 M'T **Speedway Grand Prix** Action from round 10 in Vojens, Denmark.
12.30 AM **Wheeler Dealers**
1.00 **Naked and Afraid XL**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Paul Hollywood: City Bakes** Cape Town.
7.00 **Rachel Allen: Bake!**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **The Hairy Bikers'...**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **French Adventure**
3.00 **Rachel Allen: Bake!**
4.00 **The Pioneer Woman** New editions Double bill.
5.00 **Jamie's 15 Minute Meals**
6.00 **The Hairy Bikers' Northern Exposure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Tom Kerridge More Sunday Lunch**
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 1/28. (S1)
9.00 **The Fall Guy** 2/23. (S4)
10.00 **Charlie's Angels** (S1)
11.00 **FILM Shark Lake** Thriller. (2015, 15, 89min) ★★
1.00 PM **FILM Moby Dick** Epic adventure. (1956, PG, 116min) ★★★★
3.15 **FILM The Phantom from 10,000 Leagues** Sci-fi horror. (1955, b/w, PG, 80min) ★★
5.00 **Star Trek** 15/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 3/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM The River Wild** Adventure thriller starring Meryl Streep and Kevin Bacon. (1994, 12, 112min) ★★★★
11.10 **FILM Man on a Ledge** Thriller. (2011, 12) ★★★
1.10 AM **FILM Momentum** Thriller. (2015, 15) ★★★
3.05 **to 4.50** AM **FILM The Sorcerers** Chiller. (1967, 15, 85min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Meteor Moon**
8.00 **FILM Monster Hunters** Sci-fi action thriller. (2020, 15, 88min) ★
10.00 **Andromeda** 22/22. (S1)
11.00 **FILM George and the Dragon** Fantasy. (2004, PG, 93min) ★★★
1.00 PM **FILM Tornado Warning** Sci-fi thriller. (2012, PG, 90min) ★★
3.00 **Andromeda** 22/22. (S1)
4.00 **Six Million Dollar Man**
5.00 **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
7.00 **Andromeda** 1/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Street Kings** Police thriller starring Keanu Reeves. (2008, 15, 105min) ★★★
11.10 **FILM Reasonable Doubt** Crime thriller. (2013, 15, 91min) ★★★
1.00 **to 3.00** AM **FILM Mercy Black** Horror. (2019, 15, 88min) ★★

+1hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Ludlow.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **UFOs Declassified**
11.10 **The UnXplained**
12.10 PM **Secrets in the Jungle** Documentary.
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island**
10.00 **History's Greatest Mysteries** Zodiac Killer.
11.00 **Greatest Prison Escapes with Billy Hayes**
1.00 AM **UFOs Declassified**
2.00 **Ancient Aliens**
3.45 **Deep Water Salvage**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Secrets of the Royal Traditions**
11.00 **Ben Fogle: New Lives in the Wild** Ireland.
12.00 NOON **Alan Titchmarsh's Underdog to Superdog**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben visits Amanda Owen in the Yorkshire Dales.
9.00 **Reuben Owen: Life in the Dales** Reuben prepares land around a stone barn in Cumbria.
10.00 **Coastal Adventures with Helen, Jules & JB** Helen Skelton visits the UK's deepest mine.
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home** A threshing barn.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **My Dream Derelict Home** Renovating a Grade-II listed house.
9.00 **Fixer Upper: The Hotel** Transforming a building into a boutique hotel.
10.00 **NEW SERIES The Renovator** Marcus Lemonis helps a father and his daughter with a home that's stuck in time.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream...**
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple...**
1.00 PM **Little People, Big World** Documentary.
2.00 **Breaking Amish: Brave New World**
3.00 **Outdaughtered**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Extreme Sisters**
8.00 **My Big Fat Fabulous Life**
9.00 **1000-lb Sisters**
10.00 **Baylen Out Loud**
11.00 **Body Bizarre**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **Baylen Out Loud**
3.00 **Body Bizarre**
4.00 **My Big Fat Fabulous Life**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** 13&14/24. (S1)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 9-12/16. (S9)
1.00 PM **Friends** (S4&5)
9.00 **Iain Stirling's Roast the Internet** New edition With guests Katherine Ryan, Layton Williams and Amy Gledhill.
10.00 **Bradley & Barney Walsh: Breaking Dad**
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **Important Things with Demetri Martin**
12.30 AM **Mike Judge's Beavis and Butt-Head**
1.00 **South Park** (S17)
2.00 **Utopia** 6&7/8. (S1)
3.00 **Lost Voice Guy: Cerebral LOLsy**
3.45 **Rosie Jones Tries to Help** Kerry Godliman.
3.55 **Your Face or Mine**
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 1&2/13. (S2)
11.00 **Friends** 20-23/25. (S6)
1.00 PM **Impractical Jokers**
2.00 **Daria** 3&4/13. (S2)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
7.00 **Everybody Loves Raymond** 9-12/16. (S9)
9.00 **New Girl** 21/24. Jess agrees to look after Russell's daughter. **9.30** 22/24. Russell and Ouli argue. (S1)
10.00 **Friends** (S4&5)
1.00 **Beavis and Butt-Head**
2.00 **Key & Peele**
3.00 **Whose Line Is It Anyway? USA**
3.45 AM **Chris Ramsey: Approval Needed**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **UK Border Force**
1.00 PM **Motorway Patrol**
2.00 **Border Security USA**
3.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Border Security USA**
7.00 **UK Border Force**
8.00 **Road Wars**
9.00 **SEAL Team** (S1)
11.00 **Last King of the Cross** 1/8. Ray Kinnock is determined to keep John Ibrahim out of Sydney's nightclub empire. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Tom Davis.
2.00 **Duck Quacks Don't Echo** Series highlights.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.15 **Teen Mom: The Next Chapter** Reality series.
8.00 **Catfish: The TV Show**
11.00 **Catfish: Firsts**
12.00 NOON **Catfish: The TV Show** Double bill.
2.00 PM **Catfish: Teams**
3.00 **Catfish: The TV Show**
4.00 **Dallas Cowboys Cheerleaders**
6.00 **FriendZone**
7.00 **Teen Mom 2**
8.00 **Rich Kids, Skint Holiday**
9.00 **Skin A&E**
10.00 **Just Tattoo of Us**
11.00 **Ink Master Redemption** New edition Canvases with memorial tattoos.
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master Redemption**
2.00 **Geordie Shore: Abbie and James' Story**
2.45 **Celeb Ex in the City**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Flying Wild Alaska**
9.00 **Gold Rush** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Scrap Kings** In Sussex, a theatre is torn down. **4.00** In Cambridgeshire, a discount store is deconstructed.
5.00 **Building Off the Grid** A builder constructs a luxury home on Canada's east coast.
6.00 **Hoffman Family Gold** Alaskan temperatures plunge and the team's biggest plant is frozen.

9.00 Mystery at Blind Frog...

7.00 Wheeler Dealers World Tour In northern Italy, Mike and Elvis tackle the last truly analogue Ferrari – the 348.

8.00 Mega Shippers Shane struggles to send a shipment of fuel, and one truck driver delivers a £200,000 rally car.

9.00 Mystery at Blind Frog Ranch New edition Duane is determined to find out who is spying on Blind Frog Ranch.

10.00 Salvage Dawgs Efforts to salvage a 465-square-metre home built in 1893. **10.30** The crew tackle an entire block of houses.

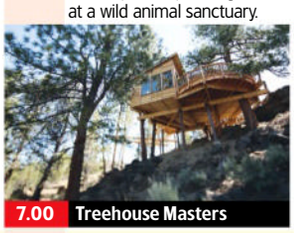
11.00 **Mystery at Blind Frog Ranch** Chad considers a blind dive.
12.00 M'T **Blowing Up History**
1.00 AM **Mystery at Blind Frog Ranch** Documentary.
2.00 **Salvage Dawgs** Double bill.
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Saved by the Barn**
10.00 **Tanked** An aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat that sprays all over the house. **4.00** A couple who moved to keep their cats apart.
5.00 **Lone Star Law** Following the wardens on night patrol.
6.00 **Dr Jeff: Rocky Mountain Vet** Jeff helps an injured tiger at a wild animal sanctuary.


7.00 Treehouse Masters

7.00 Treehouse Masters Pete Nelson fulfils the wishes of 81-year-old client Marlene, who has always wanted a treehouse.

8.00 Expedition Bigfoot Mireya and Ronny encounter unidentified creatures while responding to the recording of a howl.

9.00 Alaska: The Last Frontier Eve experiences her first deer hunt on Afognak Island, and Otto must move the outhouse.

10.00 Alaskan Bush People The Wolfpack seize an opportunity to stockpile meat with their first-ever buffalo hunt.

11.00 **Pit Bulls & Parolees** A dog is rescued from a drainpipe.
12.00 M'T **Crikey! It's the Irwins** Terri helps determine whether Caballe the rhino is pregnant.
1.00 AM **Expedition Bigfoot**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Megafactories**
1.00 PM **Engineering Europe**
2.00 **Secret Nazi Science**
4.00 **Pirates: Behind the Legends** The voyages and exploits of Bartholomew Roberts.
5.00 **Car S.O.S** Fuzz and Tim restore a Triumph TR7.
6.00 **Lost Treasures of Egypt** Archaeologists working in Egypt's Valley of the Kings.

10.00 Trafficked

7.00 Air Crash Investigation Experts investigate Alitalia Flight 404, which crashed into a hill on its way into Zurich in 1990.

8.00 Construction Fails New edition Lightning bolts cause construction mayhem, and India's bridges are falling down.

9.00 To Catch a Smuggler New edition HSI Miami intercept a shipment of illegal firearms that is headed to the Caribbean.

10.00 Trafficked with Mariana Van Zeller New edition Inside the subculture of illegal street racing.

11.00 **Air Crash Investigation**
12.00 M'T **Inside Melbourne Airport**
1.00 AM **To Catch a Smuggler: Tropical Takedown**
2.00 **Lords of War**
2.30 **Bid & Destroy**
2.55 **Abandoned** An old church.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Swamp People: Serpent Invasion** A search for pythons in a spot ravaged by wildfires.
6.55 **Storage Hunters**
7.50 **American Pickers**
8.45 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **Kevin Costner's The West**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Greatest Escapes of WWII**
5.00 **Storage Hunters**
6.00 **American Pickers**

9.00 Kevin Costner's The West

7.00 Forged in Fire Two bladesmiths have five days in their forges to recreate the battle-tested Glaive Guisarme.

8.00 The Great British Dig: History in Your Back Garden The team go on the hunt for the Morda Workhouse in Oswestry.

9.00 NEW SERIES Kevin Costner's The West An epic journey through the birth of the American West. *See feature, page 20.*

10.00 Holy Marvels with Dennis Quaid Series finale A look into the incredible stories of the world's most mighty marvels.

11.00 **The Black West** The anonymous black people who inspired countless Westerns.
12.05 AM **Haunted Hospitals**
1.00 **The UnBelievable with Dan Aykroyd** Stories of the planet's most fantastic beings.
1.55 **Kevin Costner's The West**
2.50 **Adventure Gold Diggers**
3.40 **Pawn Stars**
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Rise of the Nazis** A look at how Hitler's party seized power in Germany during the 1930s.
5.00 **Adolf Hitler's War**
6.00 **Antiques Roadshow** The team make a return visit to Belton House in Lincolnshire.

10.00 Bangers & Cash...

7.00 Tropic of Cancer with Simon Reeve Simon's trip takes him from the banks of the Nile to the edge of the Indian Ocean.

8.00 Indian Ocean with Simon Reeve The adventurer travels around the coastline of the Indian Ocean.

9.00 Russia with Simon Reeve The adventurer travels across the world's biggest country, from Kamchatka to Siberia.

10.00 Bangers & Cash: Restoring Classics The team invest in a piece of French art – a 1971 Citroën DS21 Pallas.

11.00 **Bangers & Cash** Derek collects vintage motorcycles in the north-east of England.
12.00 M'T **Find It, Fix It, Flog It** An old bureau gets a makeover in Yorkshire.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Tropic of Cancer with Simon Reeve**

+1hour 255 329

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Ant Anstead Master Mechanic** Four editions.
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
9.00 **NEW SERIES Shed and Buried: Classic Cars** Henry Cole and Fuzz Townsend search for iconic vintage vehicles to restore and sell.
10.00 **MotoGP Highlights**
11.00 **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories** Documentary.
12.00 NOON **Married to Evil**
1.00 PM **American Detective**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **On the Case with Paula Zahn** New edition
10.00 **British Police Murdered on Duty**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** When a woman is killed in what looks like a home invasion, police quickly hone in on two suspects.
8.00 **Murder by the Sea** The case of a killer whose fantasies led him to prey on vulnerable people.
9.00 **Murder: Fight for the Truth** Julie Hogg's mother finds her killer by changing a law on double jeopardy.
10.00 **Donal MacIntyre: A Life in Crime** A look at the reporter's life and career.
11.00 **A Secret to Die For**
12.00 M'T **Cold Cases Reopened** Documentary.
1.00 AM **Murder: Fight for the Truth** True-crime.
2.00 **Donal MacIntyre: A Life in Crime**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **The Truth About My Murder** Double bill.
11.00 **Facing Evil**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **New Scotland Yard Files** Double bill.
4.00 **Facing Evil** A convoluted murder-for-hire plot involving three junkies and a callous hitman. **4.30** The murder of LeMarcus Bell.
5.00 **Medical Detectives** A girl is abducted while talking on a pay phone. **5.30** A Los Angeles-based kidnapping ring run by Russian immigrants is exposed. **6.00** A case in which a woman was shot dead. **6.30** A 70-year-old veteran is found dead.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Caught on Dashcam**
10.00 **The Real Manhunter**
11.00 **Snapped** Teresa Kohnle.
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil Killers** Colin Ireland.
2.00 **Killer in My Village**
3.00 **What the Killer Did...**
4.00 **World's Most Evil Killers**
5.00 **Murdered at First Sight**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
9.00 **The Cheshire Murders**
11.10 **Britain's Most Evil Killers**
12.05 AM **What the Killer Did Next** Megan Newton.
1.00 **How I Caught the Killer**
2.00 **Killer in My Village**
3.00 **Snapped** Documentary.
4.00 **Border Security: Canada's Front Line**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.50 **My Grandparents' War: Carey Mulligan**
9.55 **WWII in Colour: Road to Victory**
11.05 **Cheating Hitler: Surviving the Holocaust**
1.00 PM **My Grandparents' War: Carey Mulligan**
2.05 **WWII in Colour: Road to Victory**
3.15 **Cheating Hitler: Surviving the Holocaust**
5.10 **Higgins Ridge**
6.25 **My Grandparents' War: Carey Mulligan**
7.30 **WWII in Colour: Road to Victory**
8.45 **Cheating Hitler: Surviving the Holocaust** Three Holocaust survivors look for clues to unanswered questions.
10.35 **WWII in Colour: Road to Victory**
12.00 M'T **Higgins Ridge**
1.15 **to 2.00** AM **America the Bountiful**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Last Movie Stars**
7.30 **PL Legends: Jamie Carragher**
8.00 **The Directors**
9.00 **The Eighties**
10.00 **The Jinx: The Life and Deaths of Robert Durst** As 7.00pm.
12.00 NOON **Jealous Guy: The Assassination of John Lennon**
1.50 PM **My Icon: Leon Pryce**
2.00 **Barbie Uncovered: A Dreamhouse Divided**
3.50 **My Icon: Casey Stoney**
4.00 **Discovering: Samuel L Jackson**
5.00 **The Directors**
6.00 **The Eighties**
7.00 **The Jinx: The Life and Deaths of Robert Durst** 1&2/6. Double bill of the documentary.
9.00 **The Case Against Adnan Syed** 1/4. Documentary series re-examining the murder of Hae Min Lee in 1999.
10.15 **Hatton** The life and career of former boxer Ricky Hatton.
12.15 AM **I Am Joe Frazier**
2.00 **Twist of Faith**
3.50 **Children of Shanghai**
5.00 **to 6.00** AM **Discovering: Samuel L Jackson**

Sky Nature

145 113/114 189 354 369

6.00 AM **Animal Empires**
7.00 **Monkey Life**
8.00 **Kenya Wildlife Diaries**
9.00 **Living Beach**
10.00 **Volcanic Odysseys**
11.00 **Uptown Otters**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Kenya Wildlife Diaries**
3.00 **Living Beach**
4.00 **Volcanic Odysseys**
5.00 **Hope for Wildlife**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Coral City** The Great Barrier Reef during the autumn.
9.00 **Undiscovered Vistas** Focusing on the rugged terrain north of Lake Superior.
10.00 **Mysteries of the Mekong**
11.00 **Hope for Wildlife**
12.00 M'T **Uptown Otters**
1.00 AM **Animal Empires**
2.00 **Coral City**
3.00 **Undiscovered Vistas**
4.00 **Kenya Wildlife Diaries**
5.00 **to 6.00** AM **Living Beach**

Sky History 2

163/168 143 186

6.00 AM **Weird or What? With William Shatner**
8.00 **History's Greatest Mysteries**
9.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **UFOs Declassified**
2.00 **Digging for Britain**
4.00 **Weird or What? With William Shatner** Double bill of editions.
6.00 **History's Greatest Mysteries**
7.00 **Combat Ships** The role ships have played in international conflict over the past 500 years. **8.00** The story of the submarine and examining their role in naval warfare.
9.00 **Gangland Chronicles** The Mongols Motorcycle Club. **9.30** Whitey Bulger's notorious Winter Hill Gang.
10.00 **Secrets of the Hells Angels** The murder of Margo Compton and her six-year-old daughters.
11.00 **Ancient Aliens** Double bill.
1.00 AM **UFOs Declassified**
2.00 **Digging for Britain**
4.00 **History's Greatest Aircraft**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **A Perfect Scam**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Cops Gone Bad with Will Mellor** Michael Coulton.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something** New edition
9.00 **Laura Whitmore on Britain's Killer Teens** New edition
10.00 **Cold Case UK**
11.00 **Killed Without A Trace**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Laura Whitmore on...**
2.00 **An Hour to Kill**
3.00 **A Perfect Scam**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the...**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Monster Fish**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo: Leading Ladies**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A tiny loris and a beloved iguana both present mysterious illnesses.
8.00 **Deadly Dozen** A look at North America's deadliest creatures. **9.00** The most dangerous creatures in Australia.
10.00 **Lawless Island** Carl and Matt try to haul a 3,000-gallon barrel up a treacherous cliff.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **America's National Parks**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **NASA's Unexplained Files**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The science of dark matter.
8.00 **NASA's Unexplained Files** Potential sightings of UFOs.
9.00 **Ancient Unexplained Files** Experts reveal the mystery behind a red skeleton found in an abandoned Maya city.
10.00 **How Do They Do It?** Double bill of editions.
11.00 **World's Greatest Motorcycle Rides** Henry Cole leaves South Carolina and crosses the state line into Georgia.
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance**
7.00 **Inside the Ambulance** A newborn baby has breathing problems, and paramedics treat an elderly lady who has fallen and hit her head. **8.00** Paramedics help a patient who fears he's having his third heart attack, and an elderly woman who had a fall at home and may have been lying on the floor all night. **9.00** A girl suffers life-threatening breathing difficulties at school, and an elderly lady is struggling with an infection. **10.00** A teenager is in excruciating pain after falling and injuring his leg, and paramedics treat a 94-year-old man showing signs of a stroke. **11.00** A patient with suspected sepsis is rushed to hospital, and a girl is reluctant to let medics examine her cut head.
12.00 M'T **Inside the Ambulance**
5.20 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **The Killer in My Family**
9.00 **People Magazine Investigates**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **True Conviction**
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Diabolical: Deadly Love**
7.00 **Broken Trust** Two friends formed a financial partnership to make money. However, when one partner's gun collection was used as collateral, it led to a bizarre and grizzly murder.
8.00 **The Lies That Bind** Focusing on the case of Paula Allen, who died when a fire burned down a parsonage behind a church.
9.00 **Mean Girl Murders** Workouts turn a group of fitness fanatics into bitter rivals.
10.00 **On the Case with Paula Zahn**
11.00 **Death by Fame**
12.00 M'T **Betrayed**
2.00 AM **Diabolical: Deadly Love**
4.00 **Broken Trust**
5.00 **to 6.00** AM **The Lies That Bind**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** Flooding in Iowa destroys a railroad crossing.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** A shed filled with American muscle cars.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Extreme Rides**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried**
8.00 **Shorty's Dream Shop**
9.00 **Richard Hammond's Workshop**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Shed and Buried: Classic...**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers: Dream Car**
4.00 **to 5.00** AM **Wrench'd**

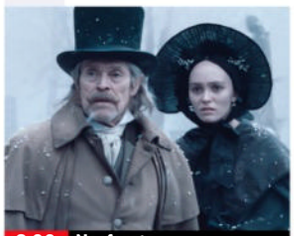
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.05 AM **The Surfer** As 2.55pm.
8.50 **The Lord of the Rings: The War of the Rohirrim** Animation. (2024, 12) ★★★★
11.05 **Die Alone** As 10.15pm.
12.40 PM **Nosferatu** As 8.00pm.
2.55 **The Surfer** Psychological thriller starring Nicolas Cage. (2024, 15, 100min) ★★★★
4.40 **Restless** Thriller with Lyndsey Marshal. (2024, 15, 89min) ★★
6.15 **Amongst the Wolves** Thriller. (2024, 15, 102min) ★★★



8.00 Nosferatu

8.00 **Nosferatu** Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult, Aaron Taylor-Johnson and Willem Dafoe. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Die Alone** Apocalyptic drama starring Carrie-Anne Moss and Douglas Smith. A man teams up with a survivalist during a zombie outbreak, and goes in search of his missing girlfriend. (2024, 15, 91 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Spin the Bottle** Horror with Kaylee Kaneshiro and Tanner Stine. (2024, 15, 119min) ★★
2.05 AM **The Brutalist** Epic drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Gems

303 303 403 503 517

7.00 AM **Johnny English** Comedy. (2002, PG, 88min) ★★★
8.35 **Johnny English Reborn** Comedy. (2011, PG) ★★★
10.30 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
12.20 PM **Cloverfield** Disaster movie. (2007, 15, 81min) ★★★
1.50 **Nutty Professor II: The Klumps** (2000, 12) ★★★
3.40 **The Holiday** (2006, 12) ★★★
6.00 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★

6.00 Miss Congeniality 2

8.00 **The Nutty Professor** Comedy starring Eddie Murphy as a shy, obese college professor who is transformed into a slim, sharp-tongued ladykiller. With Jada Pinkett. (1996, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Vanilla Sky** Romantic fantasy drama starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
1.50 AM **Law Abiding Citizen** Thriller starring Jamie Foxx. (2009, 18, 109min) ★★
3.45 **to 6.05** AM **The Quiet Man** John Ford's romantic drama. (1952, U, 129min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.00 AM **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
8.20 **El Dorado** Vintage Western. (1966, PG, 126min) ★★★★
10.30 **Love Actually** Romantic comedy. (2003, 15, 135min) ★★★
12.45 PM **True Grit** Vintage Western. (1969, PG, 128min) ★★★★★
3.00 **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
5.50 **Valentine's Day** Comedy. (2010, 12, 125min) ★★★
8.00 **P.S. I Love You** Romantic comedy drama based on the novel by Cecelia Ahern, starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
10.10 **Chicago** Oscar-winning musical, with Renée Zellweger, Catherine Zeta-Jones and Richard Gere. In 1920s Chicago, a showgirl and a wannabe musical star become celebrities on Murderess Row. (2002, 12, 112min) ★★★★
12.10 AM **Saturday Night Fever** Dance drama with John Travolta. (1977, 18, 119min) ★★★★
2.20 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
4.35 **to 6.35** AM **The Danish Girl** Drama with Eddie Redmayne. (2015, 15, 117min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

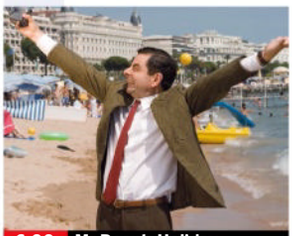
6.40 AM **Timestalker** Fantasy. (2024, 15, 89min) ★★★★
8.20 **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
9.55 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
12.00 NOON **If You Were the Last** Sci-fi romantic comedy. (2023, 15, 92min) ★★★★
1.40 PM **Dune: Part Two** Sci-fi. (2024, 12, 166min) ★★★★★
4.30 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
6.20 **Men in Black II** Sci-fi comedy sequel. (2002, PG, 88min) ★★★
8.00 **Insidious** Supernatural thriller starring Rose Byrne and Patrick Wilson. A couple's happy marriage is tested when they move into an old house and their son suffers a mysterious injury. (2010, 15, 103min) ★★★★
10.00 **Insidious: Chapter 2** Thriller sequel starring Patrick Wilson. (2013, 15, 103min) ★★★
11.50 **King Kong** Peter Jackson's spectacular remake of the classic monster movie. (2005, 12, 187min) ★★★★
2.55 AM **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
5.00 **to 6.40** AM **Ouija** Horror chiller. (2014, 15, 87min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.00 AM **Peter Rabbit** Comedy. (2018, PG, 95min) ★★★
8.45 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★
10.40 **Blithe Spirit** (2020, 12) ★★★
12.30 PM **Small Soldiers** Fantasy. (1998, PG, 99min) ★★★★
2.30 **Ella Enchanted** Comic fantasy. (2004, PG, 96min) ★★★
4.20 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
6.00 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★



6.00 Mr Bean's Holiday

7.40 **Cats & Dogs** Fantasy comedy featuring the voices of Tobey Maguire, Alec Baldwin, Sean Hayes and Susan Sarandon. (2001, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

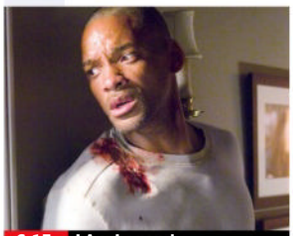
9.20 **Sonic the Hedgehog 3** Fantasy adventure sequel starring Jim Carrey and featuring the voice of Ben Schwartz. The blue hedgehog, Knuckles and Tails reunite to face the villainous Shadow. (2024, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Finding Neverland** Period drama starring Johnny Depp, Kate Winslet and Julie Christie. (2004, PG, 101min) ★★★★
1.10 AM **Pups United** Adventure with Matthew James Roberts. (2015, U, 89min) ★★★
2.50 **Friend or Foe** Wartime family drama starring John Bardon. (1981, U, 70min) ★★★
4.10 **to 6.00** AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★

Sky Cinema Action

307 307 407 507 521

6.00 AM **The Magnificent Seven** Western starring Yul Brynner. (1960, PG, 138min) ★★★★★
8.10 **William Tell** As 10.30pm.
10.25 **The Killer** Action thriller. (2024, 15, 125min) ★★★★
12.35 PM **Shrapnel** Action thriller. (2023, 15, 89min) ★★
2.10 **Furiosa: A Mad Max Saga**
4.40 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
6.15 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★



6.15 I Am Legend

8.00 **Furiosa: A Mad Max Saga** Fantasy starring Anya Taylor-Joy, Chris Hemsworth and Tom Burke. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2023, 15, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

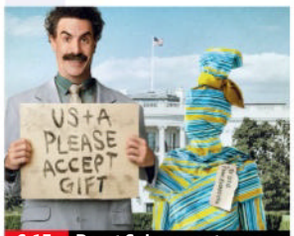
10.30 **William Tell** Historical drama starring Claes Bang. During the 14th century, William Tell defends his family and homeland of Switzerland after the Austrian King invades. (2025, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **The Patriot** Epic drama starring Mel Gibson, Heath Ledger and Jason Isaacs. (2000, 15, 167min) ★★★
3.30 **The Huntsman: Winter's War** Fantasy adventure starring Chris Hemsworth. (2016, 12, 114min) ★★★
5.40 **to 7.15** AM **Shrapnel** (2023)

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **The Cinema List: SNL**
7.55 **Coming 2 America** Comedy. (2021, 12, 108min) ★★★
9.45 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★
11.35 **Pitch Perfect 2** As 9.50pm.
1.40 PM **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
3.50 **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
6.15 **Borat Subsequent Moviefilm** Spoof documentary sequel. (2020, 15, 95min) ★



6.15 Borat Subsequent...

8.00 **Beetlejuice Beetlejuice** Horror comedy sequel starring Michael Keaton. The mischievous demon is summoned once more when Delia Deetz returns to the close-knit community of Winter River. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

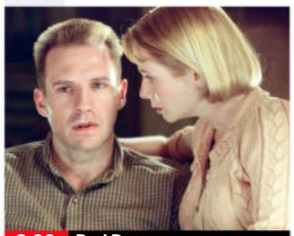
9.50 **Pitch Perfect 2** Musical comedy sequel starring Anna Kendrick. The Barden Bellas try to recover from a disastrous performance by winning the World Championships of A Cappella. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **David Brent: Life on the Road** Comedy. (2016, 15, 96min) ★★
1.30 AM **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
3.20 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
5.35 **to 7.30** AM **Scott Pilgrim vs. the World** Quirky comedy. (2010, 12, 112min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

8.00 AM **Rashomon** As 4.15pm.
9.45 **Melancholia** As 4.00am.
11.25 **Detroit** Fact-based drama. (2017, 15, 143min) ★★★★
2.00 PM **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
4.15 **Rashomon** Japanese director Akira Kurosawa's classic drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
5.55 **RocknRolla** Guy Ritchie's comedy thriller with Gerard Butler. (2008, 15, 110min) ★★



8.00 Red Dragon

8.00 **Red Dragon** Crime thriller starring Edward Norton, Ralph Fiennes and Anthony Hopkins. A troubled former FBI agent is brought out of retirement to hunt down a serial killer and is forced to turn to his old nemesis, Hannibal Lecter, for advice. (2002, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Crank** Thriller starring Jason Statham. A hitman learns that he has been poisoned by a chemical that will kill him unless he keeps his adrenaline levels at their maximum. (2006, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
2.15 AM **The Line** Drama. (2023, 15, 100min) ★★★
4.00 **Melancholia** Thriller. (1989, 15, 85min) ★★★
5.35 **to 7.20** AM **Eileen** Thriller. (2023, 15, 97min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Outcast of the Islands** Tropical adventure. (1951, b/w, PG, 102min) ★★★
1.05 PM **The Black Swan** Adventure. (1942, PG, 85min) ★★★
2.50 **Arizona Raiders** Western. (1965, PG, 88min) ★★
4.35 **Miracle on 34th Street** Festive fantasy remake. (1994, U, 114min) ★★★★
6.50 **Fisherman's Friends** Comedy drama. (2019, 12, 112min) ★★★

9.00 Memory

Fisherman's Friends (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Memory** Thriller starring Liam Neeson and Guy Pearce. A veteran hitman decides to retire as he confronts the symptoms of Alzheimer's but reluctantly accepts one final job. With Taj Atwal and Monica Bellucci. (2022, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **The Rhythm Section** Action thriller starring Blake Lively and Jude Law. A grieving woman veers down a vengeful path when she discovers the plane crash that killed her family was a terrorist attack. (2019, 15, 109min) ★★★
1.25 **to 3.50** AM **The Big Man** Thriller starring Liam Neeson. (1990, 18, 119min) ★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 10s

302 302 402 502 516

6.35 AM **Pixels** Sci-fi action comedy. (2015, 12, 105min) ★★
8.25 **Horrible Bosses** Farcical comedy. (2011, 15, 93min) ★★★
10.10 **Baywatch** Action comedy. (2017, 15, 121min) ★★
12.10 PM **Bad Teacher** Comedy. (2011, 15, 92min) ★★★
1.50 **Seven Psychopaths** Comedy thriller starring Colin Farrell. (2012, 15, 106min) ★★★★
3.50 **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★
6.00 **The Huntsman: Winter's War** Fantasy. (2016, 12, 114min) ★★★
8.00 **300: Rise of an Empire** Fantasy adventure sequel with Sullivan Stapleton and Eva Green. (2014, 15, 100min) ★★★
9.45 **Lawless** Crime drama starring Shia LaBeouf and Tom Hardy. (2012, 18, 111min) ★★★★
11.50 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
1.30 AM **The Woman in Black: Angel of Death** Horror sequel starring Helen McCrory. (2014, 15, 95min) ★★★
3.15 **Inferno** Thriller starring Tom Hanks. (2016, 12, 121min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

7.05 AM **Congo** Jungle adventure. (1995, 12, 108min) ★★★
8.55 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
10.55 **Indiana Jones and the Temple of Doom** Action adventure. (1984, PG, 118min) ★★★
12.55 PM **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
3.05 **The Great Escape** Adventure. (1963, PG, 166min) ★★★★★
6.00 **Patriot Games** Action thriller starring Harrison Ford and Anne Archer. (1992, 15, 116min) ★★★
8.00 **Schindler's List** Steven Spielberg's Oscar-winning historical drama starring Liam Neeson, Ben Kingsley and Ralph Fiennes. An Austro-German businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (1993, 15, 195min) ★★★★★
11.15 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
1.25 **Sky Cinema Preview**
2.25 AM **Saturday Night Fever** Dance drama with John Travolta. (1977, 18, 119min) ★★★★
4.45 **to 6.45** AM **Shane** Western. (1953, PG, 118min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.05 AM **Rugrats Go Wild** Animated comedy. (2003, U, 81min) ★★★
8.40 **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★
10.25 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
12.15 PM **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
2.10 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
4.00 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
5.55 **Monster House** Animated comic horror adventure. (2006, PG, 91min) ★★★★
7.30 **Open Season** Animation. (2006, PG, 86min) ★★★★
9.05 **The Inventor** Animation. (2023, PG, 100min) ★★★
10.50 **The Swan Princess** Animated musical. (1994, U, 89min) ★★★
12.30 AM **Hotel Transylvania** Animated family comedy. (2012, U, 91min) ★★★★
2.15 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★
3.50 **Barnyard** Animated comedy. (2006, PG, 90min) ★
5.25 **to 7.10** AM **Captain Underpants** Animation. (2017, U, 89min) ★★★★

Movies 24

312 313 419

7.00 AM **Made for Each Other** Fantasy. (2023, PG, 84min) ★★
9.00 **Wish Upon a Wedding** Drama. (2023, PG, 85min) ★★
11.00 **His and Hers** Romantic drama. (2024, PG, 90min) ★★
1.00 PM **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
3.00 **Branching Out** Drama starring Sarah Drew and Cora Bella. (2024, PG, 90min) ★★
5.00 **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★
7.00 **The Blessing Bracelet** Drama starring Amanda Schull. (2023, PG, 90min) ★★
9.00 **The Engagement Back-Up** Romantic comedy starring Elise Gatien and Preston Vanderslice. A historian must pretend to be engaged to a tech mogul's son to rescue her late father's naval museum. (2022, PG, 91min) ★★
11.00 **Sealed with a List** Romantic drama. (2023, PG, 84min) ★★
1.00 AM **The Professional Bridesmaid** Romantic drama. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Moriah's Lighthouse** Romantic comedy drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Johnny Ringo** 9/38. (S1)
6.30 **Glencannon** 10/39. (S1)
6.55 **Those People Next Door** (1952)
8.30 **Out of Town**
9.00 **Tarnished Heroes** (1961) ★★★
10.35 **They Fought the Few**
11.10 **A Home of Your Own** (1964)
12.00 NOON **Dixon of Dock Green**
12.40 PM **What's On TPTV with Noel**
12.50 **Dancing with Crime** Crime drama. (1946, PG, 83min) ★★
2.30 **Doctor in Trouble** (1970) ★★
4.15 **Look at Life**
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 31/39. (S1)
5.30 **Bonanza** 32/32. (S1)
6.30 **The Vise** 11/39. (S1)
7.00 **The Footage Detectives**
8.00 **Public Eye** 12/13. (S7)
9.05 **Bob & Carol & Ted & Alice** Comedy. (1969, 15) ★★★★
11.10 **The Tell-Tale Heart** Horror. (1960, b/w, 18, 78min) ★★★
12.50 AM **Tread Softly Stranger** Thriller. (1957, b/w, PG) ★★
2.35 **Patterns of Power** Drama. (1956, b/w, U, 83min) ★★★
4.15 **How to Undress in Public Without Undue Embarrassment** Spoof. (1965, b/w, 18) ★★★
5.15 **Look at Life**
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE WTA Tennis** Coverage of the opening day of the Korea Open, a hard-court tournament staged at Seoul Olympic Park Tennis Center. British star Emma Raducanu was in action at this stage 12 months ago, and came through a challenging encounter against American Peyton Stearns, eventually winning 7-6, 7-6. Another British player, Heather Watson, also claimed a straight-set victory when she beat China's Lu Jiajing 6-4, 6-4.
2.00 PM **Sports Desk**
5.00 The Premier League Show
7.00 Sports Centre
10.00 Sky Sports News
10.30 Back Pages Tonight
11.00 Sky Sports News
12.00 M'T **LIVE NFL Houston Texans v Tampa Bay Buccaneers.** Coverage of the week two match at NRG Stadium, as the hosts play their first home game of the season. Kick-off is at **12.00m't**.
3.00 to 6.00 AM **LIVE NFL Las Vegas Raiders v Los Angeles Chargers.** Coverage of the week two match at Allegiant Stadium. Kick-off is at **3.00am**.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 Premier League Highlights
9.00 Ref Watch Refereeing decisions.
10.00 Sky Sports FC
12.00 NOON **Premier League Highlights** Newcastle United v Wolverhampton Wanderers.
12.30 PM Everton v Aston Villa.
1.00 Bournemouth v Brighton.
1.30 Fulham v Leeds United.
2.00 Crystal Palace v Sunderland.
2.30 Action from Newcastle United v Wolverhampton Wanderers.
3.00 Premier League Highlights West Ham United v Tottenham.
3.30 Brentford v Chelsea.
4.00 Burnley v Liverpool.
4.30 Action from Manchester City v Manchester United.
5.00 The Premier League Show
7.00 Premier League Review
8.00 Ref Watch Refereeing decisions.
8.30 The Big Interview
9.00 Premier League Stories
9.30 Premier League Review
10.30 The Big Interview
11.00 Ref Watch Refereeing decisions.
11.30 Premier League Years
1.30 AM **PL Retro** Leicester City v Manchester United from 2014.
3.30 PL Greatest Games
4.00 to 6.00 AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** Archive highlights.
9.00 SPFL Round-Up
9.15 SPFL Highlights Kilmarnock v Celtic in the Scottish Premiership.
9.30 EFL Greatest Games
10.00 EFL Cup Retro Birmingham City v Arsenal in the 2011 final.
12.00 NOON **EFL** Southampton v Portsmouth in the Championship.
2.00 PM **SPFL Round-Up**
2.15 SPFL Highlights
2.30 EFL League One Goals
3.00 EFL League Two Goals
3.30 EFL Highlights
4.30 WSL West Ham United v Arsenal.
5.00 SPFL Round-Up
5.15 SPFL Highlights
5.30 EFL League One Goals
6.00 EFL League Two Goals
6.30 Bundesliga Highlights Show
7.30 EFL Highlights Swansea City v Hull City in the Championship.
7.45 Watford v Blackburn Rovers.
8.00 WSL Highlights of London City Lionesses v Manchester United.
8.30 SPFL Round-Up
8.45 SPFL Highlights
9.00 EFL Highlights Championship.
11.00 EFL Greatest Games
12.00 M'T **EFL** The 2020/21 play-offs.
3.00 AM **EFL Greatest Games**
4.00 to 6.00 AM **Retro League One**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Best of England v South Africa** Archive highlights.
7.30 One-Day International Cricket Highlights from England v South Africa in the first game of the three-match series at Headingley.
8.30 England v South Africa in the second match at Lord's.
9.25 England v South Africa in the third and final match in the series staged at Utilita Bowl.
10.20 LIVE County Championship Cricket Coverage of day one of a match from the penultimate round of fixtures in the competition.
7.00 PM **Best of England v South Africa** The 2011 World Cup.
7.15 The third Test from 2012.
7.30 The fourth ODI from 2016.
8.00 International T20 Cricket England v South Africa: A replay of the third T20 in the three-match series at Trent Bridge.
12.30 AM **Best of England v South Africa** Archive highlights.
1.00 One-Day International Cricket England v South Africa: Highlights from all three games in the series.
4.00 Best of England v South Africa
5.00 to 6.00 AM **One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **DP World Tour Golf** Day four of the PGA Championship.
12.00 NOON **LPGA Tour Golf** Day four of the Queen City Championship.
3.00 PM **PGA Tour Golf** The final day of the Procore Championship.
6.00 Defining Decisions: Justin Rose and the Ryder Cup
6.30 DP World Tour Golf The fourth day of the PGA Championship.
7.00 PGA Tour Golf Highlights from the Procore Championship.
8.00 Legends Tour Golf Action from the European Legends Cup.
9.00 Countdown to the Ryder Cup
9.30 Tales from the Ryder Cup
10.30 Defining Decisions: Justin Rose and the Ryder Cup
11.00 Legends Tour Golf
12.00 M'T **PGA Tour Golf**
2.00 to 6.00 AM **DP World Tour Golf**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA Tennis** Coverage of day one of the Korea Open, a hard-court tournament staged at Seoul Olympic Park Tennis Center.
2.00 PM **ATP Tour This Week**
2.30 WTA All Access
3.00 WTA Tennis Sao Paulo Open.
5.00 Guadalajara Open final.
7.00 WTA Tennis Action from the opening day of the Korea Open.
11.00 WTA Tennis Sao Paulo Open.
12.00 M'T Highlights from the Guadalajara Open final in Mexico.
1.00 AM **Bitesize Tennis**
1.15 ATP Tennis Doha Open final.
1.30 Billie Jean King: My Story
1.45 Tim Henman Podcast 2024
2.00 to 6.00 AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 Premier League: Big Interview
7.30 The Breakdown
8.00 Premier League A replay of Arsenal v Nottingham Forest.
9.30 Serie A Juventus v Inter Milan.
10.30 AC Milan v Bologna.
11.30 Champions League Magazine
12.00 NOON **Premier League Review**
1.00 PM **LIVE Snooker Home Nations Series English Open** Coverage of the second session in the first round of the tournament at the Brentwood Centre in Essex.
5.00 The Breakdown
5.30 Premier League Stories
6.00 Premier League Review
7.00 LIVE Snooker Home Nations Series English Open Coverage of the third session in the first round of the tournament at the Brentwood Centre in Essex.
11.00 The Breakdown
11.30 Champions League Magazine
12.00 M'T **MLB Highlights**
1.00 AM **LIVE MLB Houston Astros v Texas Rangers.** The American League West match at Daikin Park. Start-time is at **1.10am**.
4.15 MLB Plays of the Week
4.45 to 6.00 AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** Highlights of races at the Grand Prix of San Marino.
9.30 MotoGP Chequered Flag
10.30 British Speedway Action from both legs of a play-off semi-final.
12.30 PM **Women's CPL Highlights** Action from Guyana Amazon Warriors v Barbados Royals.
1.00 CPL Highlights Guyana Amazon Warriors v Barbados Royals.
1.30 MLB Highlights Baseball.
2.30 Premier League Review
3.30 Motocross World Championship Action from races staged at Shanghai International Off-Road Circuit in China.
6.30 IFSC Climbing World Cup Highlights Action from the event staged in Guiyang, China.
7.30 LIVE British Speedway Coverage of the first leg of the second play-off semi-final.
10.00 MotoGP The Grand Prix of San Marino MotoGP race.
11.00 MotoGP Chequered Flag
12.00 M'T **Serie A** Action from Italy.
2.00 AM **Snooker Home Nations Series English Open**
4.00 The Jake Dixon Diaries
4.30 to 6.00 AM **Motocross World Championship**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 NFL Bitesize Highlights
11.00 NFL Highlights Minnesota Vikings v Atlanta Falcons.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 NFL Bitesize Highlights
4.00 NFL Highlights
6.00 NBC's Pro-Football Talk Hosted by Mike Florio and Chris Simms.
8.00 NFL Bitesize Highlights Dallas Cowboys v New York Giants.
8.15 Action from Atlanta Falcons v Tampa Bay Buccaneers.
8.30 Highlights from Indianapolis Colts v Denver Broncos.
8.45 Indianapolis Colts v Denver Broncos at Lucas Oil Stadium.
9.00 NFL Highlights Minnesota Vikings v Atlanta Falcons.
10.00 NFL Fantasy Analysis.
11.00 NFL Bitesize Highlights
11.45 LIVE NFL Houston Texans v Tampa Bay Buccaneers. The week two match staged at NRG Stadium. Kick-off **12.00m't**.
3.00 to 6.00 AM **LIVE NFL Las Vegas Raiders v Los Angeles Chargers.** Coverage of the week two match at Allegiant Stadium. Kick-off is at **3.00am**.

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA Tennis** Coverage of day one of the Korea Open at Seoul Olympic Park Tennis Center. British star Emma Raducanu was in action at this stage last year, and won a challenging encounter against American Peyton Stearns. Another British player, Heather Watson, also claimed a straight-set victory against Lu Jiajing.
10.00 Sky Sports FC
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
5.00 The Premier League Show
7.00 Sports Centre
10.00 Sky Sports News
10.30 Back Pages Tonight
11.00 Sky Sports News
1.00 AM **Best Moments from the Championship Play-Off Final**
1.30 Best Moments from the League 1 & 2 Play-Off Final
2.00 NFL Bitesize Highlights
2.45 to 6.00 AM **LIVE NFL Las Vegas Raiders v Los Angeles Chargers.** Coverage of the week two match staged at Allegiant Stadium. These two sides last met at the start of this year when the visitors came away with a 34-20 victory. Kick-off is at **3.00am**.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 US Open Tennis Singles finals.
9.00 PL Retro Bournemouth v Liverpool in the 2016/17 season.
11.00 Premier League Darts Replay of night 15 in Aberdeen.
3.00 PM **LPGA Tour Golf** Day four of the Queen City Championship.
6.00 Ladies European Tour Golf Houston Championship review.
7.00 British and Irish Lions Tour Australia v British & Irish Lions.
8.00 WTA Tennis Guadalajara Open.
10.00 DP World Tour Golf The fourth day of the PGA Championship.
10.30 Tour Golf Highlights
11.00 PGA Tour Golf Recent action.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics**
3.00 EFL Greatest Games
4.00 to 6.00 AM **DP World Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **PREM Rugby Cup**
7.00 AFL The second semi-final.
8.30 The first semi-final.
10.00 UCI Mountain Bike World Championship From Valais.
11.00 Onboard Ocean Race Europe.
11.30 LIVE Athletics The third day of the World Championships staged at Japan National Stadium in Tokyo, featuring the finals of the women's 100m hurdles and men's 3,000m steeplechase.
2.30 PM **Reframe the Game**
3.00 Men's Cycling Grand Prix Quebec.
4.00 Grand Prix Montreal.
5.00 Vuelta a España stage 21.
6.00 LIVE Ultimate Pool Coverage of Group 15 of the Pairs Cup.
9.30 Sign Up – Into Football
10.15 Reframe the Game
10.30 UFC Diego Lopes v Jean Silva.
1.30 AM **UFC Connected**
2.00 UCI Mountain Bike World Championship From Valais.
3.00 to 6.00 AM **AFL**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM**
2.00 PM **PREM Rugby Cup**
3.00 NWSL Match highlights.
5.00 Women's One-Day International Cricket
6.00 UCI Mountain Bike World Championship Highlights of races in Valais, Switzerland.
7.00 WRC Review Rally Chile.
8.00 CPL Highlights Guyana Amazon Warriors v Barbados Royals.
8.30 TNT Sports Cricket Reload
8.45 The Gruppetto Cycling action.
9.00 Fishing: On the Bank
10.00 Global Champions Tour
11.00 Women's One-Day International Cricket
12.00 M'T **Women's CPL Highlights**
12.30 AM **CPL Highlights**
1.00 The Gruppetto Cycling action.
1.15 Men's Cycling Highlights.
4.15 The Gruppetto
4.30 Women's One-Day International Cricket
5.30 to 6.00 AM **Formula E**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
7.00 Euro Le Mans Highlights
8.00 Transworld Sport Magazine.
9.00 World Surf League
10.00 World Endurance Championship
11.00 Sporting Countdowns
12.00 NOON **FIM Sidecarcross**
1.00 PM **Euro Le Mans Highlights**
2.00 Sporting Greats
2.30 Coppa Italia Show
3.00 Sporting Countdowns
3.30 World Endurance Championship
4.30 World Surf League Tahiti Pro.
5.30 Transworld Sport Magazine.
6.30 Sporting Greats
7.00 LaLiga Specials
7.55 LIVE LaLiga Espanyol v Mallorca. Kick-off **8.00pm**.
10.00 LaLiga Specials
10.30 Sporting Greats
11.00 Euro Le Mans Highlights
12.00 M'T **Transworld Sport**
1.00 AM **World Surf League**
2.00 World Endurance Championship
3.00 to 6.00 AM **Ultimate Karting**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series** Action from Bristol Speedway.
9.00 GP Confidential Featuring all the latest Formula One news.
9.30 Bike World Magazine.
10.00 LaLiga Sevilla v Elche at the Ramón Sánchez-Pizjuán Stadium.
12.00 NOON A replay of Getafe v Oviedo held at the Coliseum.
2.00 PM **Football's Greatest**
3.00 LaLiga Another chance to see Real Sociedad v Real Madrid.
5.00 Celta Vigo v Girona staged at Abanca Balaidos Stadium.
7.00 Top 14 Rugby Union Another chance to see Toulon v Castres.
9.00 Elite Ice Hockey League Glasgow Clan v Fife Flyers.
11.00 Temples of Sport Iconic sporting venues from around the globe.
12.00 M'T **Top 14 Rugby Union** A replay of Montauban v Lyon.
2.00 AM **NASCAR Xfinity Series**
5.00 GP Confidential F1 news.
5.30 to 6.00 AM **Bike World**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Action from the 2016 European Grand Prix.
7.00 Azerbaijan Grand Prix 2017.
8.00 Azerbaijan Grand Prix 2018.
9.00 Azerbaijan Grand Prix 2019.
10.00 Highlights from the 2021 Azerbaijan Grand Prix in Baku.
11.00 Formula 1 Another chance to see the 2016 European Grand Prix.
1.15 PM The 2017 Azerbaijan Grand Prix at Baku City Circuit.
3.30 Formula 1 A chance to see the 2018 Azerbaijan Grand Prix.
5.45 The 2019 Azerbaijan Grand Prix staged at Baku City Circuit.
8.00 Formula 1 Highlights of the 2016 European Grand Prix.
9.00 2017 Azerbaijan Grand Prix.
10.00 Highlights from the 2018 Azerbaijan Grand Prix in Baku.
11.00 The key moments of the 2019 Azerbaijan Grand Prix.
12.00 M'T Highlights from the 2021 Azerbaijan Grand Prix.
1.00 to 6.00 AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

16 September

Evening Planner

Football

Champions League
TNT Sports & Prime Video
Tonight's games include Athletic Bilbao v Arsenal (TNT Sports 1, k-o 5.45pm) and Spurs v Villarreal (Prime Video, k-o 8pm)

Documentary

Michael Portillo's 200 Years of the Railways
BBC2, 8pm (box set, BBC iPlayer)
In two hour-long specials, the host looks back at the birth of the modern railway.

Travelogue

Michael Palin in Venezuela
5, 9pm
The *Monty Python* star's latest expedition is to the troubled and volatile South American country of Venezuela.

Awards

The Sky Arts Awards
Sky Arts & Sky Showcase, 9pm
Bill Bailey presents the awards ceremony, with nominees including Owen Cooper, recognised for his role in *Adolescence*.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Stacey & Joe		9.00 The Great British Sewing Bee: The Final		10.00 News; Local News	
	102 BBC2	7.00 The Hairy Bikers Go West		8.00 Michael Portillo's 200 Years of the...		9.00 QI XL	9.45 Live at the Apollo		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Midsomer Murders				10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off			9.30 The Inheritance		10.30 Celebrity...
	105 5	7.00 Baby Elephant Hospital		8.00 The Yorkshire Vet		9.00 Michael Palin in Venezuela		10.00 Cause of Death	
	106 SKY SHOWCASE	7.00 The Office (US)		8.00 David Attenborough's Global Adventure		9.00 The Sky Arts Awards			
ENTERTAINMENT	115 BBC3	7.00 Athletics...	7.30 Horrible...	8.00 Top Gear		9.00 Our Girl			
	116 BBC4	7.00 Earth's Natural Wonders		8.00 The Good Life	8.30 Yes, Minister	9.00 Oh, Doctor...	9.30 Dad's Army	10.00 The Signalman	10.40 Murder...
	118 ITV2	7.00 Deal or No Deal: Celebrity Special		8.00 The 1% Club		9.00 Olivia Attwood's Bad Boyfriends		10.00 Sam and Billie: Sister Act	
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 First Dates		9.00 Gogglebox		10.00 Naked Attraction	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 The Rookie		10.00 FBI: Most Wanted	
	108 SKY ATLANTIC	‹ 6.50 Homicide: Life on the Street		7.55 Game of Thrones		9.00 Gomorrah			
	110 U&GOLD	7.00 Dad's Army	7.35 Fawlty Towers						10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 Dave Gorman: Modern Life Is Goodish	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Endeavour				10.05 Law & Order: UK	
	120 ITV4	7.00 The Motorbike Show		8.00 World Rally Championship Highlights		9.00 Film: Red Heat			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Zombieland			10.40 Police...
	139 SKY SCI-FI	7.00 Primeval		8.00 Stargate Atlantis		9.00 The Ark		10.00 True Blood	
	113 SKY MAX	7.00 Stargate Atlantis		8.00 A League of Their Own: Mexican Road...		9.00 From		10.00 Resident Alien	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Mudtown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Bill Bailey's Musical Master Crafters...		9.00 The Sky Arts Awards			
	132 U&W	7.00 MasterChef Australia			8.20 Simply Nigella	9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Mega Shippers		9.00 Deadliest Catch		10.00 Gold Divers	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Guardians of the Glades		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Apocalypse: Hitler Takes on the West				10.00 Nazi Megastructures	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Bone Detectives		9.00 History's Most Shocking		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Tropic of Cancer with Simon Reeve		8.00 Flipping Bangers		9.00 Bangers & Cash		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Telemarketers		8.05 The Jinx: The Life and Deaths of...		9.00 The Case Against Adnan Syed			10.15 Death of a Showjumper
FILMS - Sky Cinema	301 PREMIERE	‹ 5.20 Spin the...	7.25 Die Alone			9.00 Nosferatu			
	302 10s	‹ 5.35 The Amazing Spider-Man 2		8.00 Man of Steel					10.25 Scott Pilgrim vs...
	303 GEMS	‹ 6.00 Coming 2 America		8.00 Ferris Bueller's Day Off			9.50 Horrible Bosses		
	304 GREATS	‹ 5.50 In the Line of Fire		8.00 Scent of a Woman					10.40 Meet...
	305 ANIMATION	‹ 5.50 Barnyard	7.35 Open Season 2			9.05 Over the Hedge			
	306 FAMILY	‹ 6.00 Teenage Mutant Ninja...	7.45 Stardust				9.55 Friend or Foe		
	307 ACTION	‹ 5.10 Saving Private Ryan		8.00 Robin Hood: Prince of Thieves					10.30 Black Hawk...
	308 COMEDY	‹ 6.00 Yesterday		8.00 Mean Girls				10.00 Pitch Perfect 3	
	309 THRILLER	‹ 5.40 The Perfect Storm		8.00 Dirty Harry			9.50 Clear and Present Danger		
	310 DRAMA	‹ 4.50 Meet Joe Black		8.00 It Ends with Us					10.20 A League of Their Own
	311 SCI-FI	‹ 6.05 Men in Black 3		8.00 Passengers				10.05 Abigail	
	313 FILM4	‹ 6.35 Instant Family				9.00 Elizabeth			
SPORT	401 MAIN EVENT	7.00 EFL Cup – Live: Brentford v Aston Villa (Kick-off 8.00)							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special							10.30 Netbusters
	403 FOOTBALL	7.00 EFL Cup – Live: Brentford v Aston Villa (Kick-off 8.00)							10.30 EFL Goals
	405 CRICKET	7.00 Best of...	7.30 One-Day International Cricket		8.30 Best of England v South Africa			10.00 One-Day International Cricket	
	410 TNT SPORTS 1	‹ 5.00 UEFA Champions League – Live: Athletic Bilbao v Arsenal (Kick-off 5.45); Real Madrid v Marseille (Kick-off 8.00)							10.30 PL Netbusters
	411 TNT SPORTS 2	‹ 5.45 UEFA Champions League – Live: PSV Eindhoven v Union Saint-Gilloise (Kick-off 5.45); Juventus v Borussia Dortmund (Kick-off 8.00)						10.00 PL Netbusters	10.30 PL Stories

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

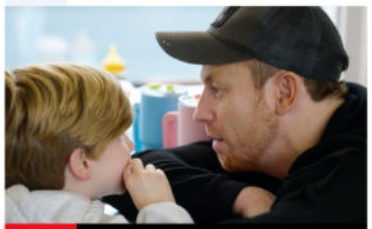
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Dundee. (S)(AD)
12.15 PM **LIVE Athletics: World Championships** Further coverage of day four from Tokyo. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** (S)(R)
2.30 **Robson Green's Weekend Escapes** With Kieran Reilly. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** New edition An 18th-century mill.
4.30 **The Answer Run** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.00 Stacey & Joe

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Zoe's fears continue to grow, despite Kat and Anthony's best efforts to reassure her. (S)(AD)

8 PM

8.00 **Stacey & Joe** New edition 2/6. The couple trade school runs for ski runs in a snowy family adventure, but Joe's big romantic surprise quickly melts into laughter when it goes wrong. (S)(AD)

9 PM

9.00 **The Great British Sewing Bee: The Final** Series finale 10/10. The finalists compete to be crowned the winner, creating optical illusions with their made-to-measure pieces and making garments using sheer fabric. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM Red Eye** Airborne thriller starring Rachel McAdams and Cillian Murphy. A hotel manager on a flight to Miami becomes unwillingly mixed up in a terrorist plot to assassinate a leading US politician. With Brian Cox and Jayma Mays. (S) (2005, 12, 75min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.55 **Stranded on Honeymoon Island** 6/12. A crate containing the couples' mobile phones washes ashore, revealing more than anyone bargained for. (S)(R)(AD)
12.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: The Repair Shop** (S)(R)
9.00 **BBC News** (S)
11.00 **LIVE Athletics: World Championships** Day four from Japan National Stadium, Tokyo. (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Athletics: World Championships** Concluding coverage of day four in Tokyo. (S)
2.45 **Hairy Bikers' Best of British** (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Cornwall: This Fishing Life** (S)(R)
5.15 **Flog It!** From Hull. (S)(R)
6.00 **Richard Osman's House of Games** With Laura Whitmore, Jamie Laing, Sunetra Sarker and Tim Key. (S)(R)
6.30 **Great Coastal Railway Journeys** Michael Portillo travels from Folkestone to Calais. (S)(R)(AD)

8.00 Michael Portillo's 200 Years...

7.00 **The Hairy Bikers Go West** Dave Myers and Si King explore Dorset and Devon, where they learn about the production of watercress and meet a blacksmith who supplies them with new knives. (S)(R)(AD)

8.00 **NEW SERIES Michael Portillo's 200 Years of the Railways** 1/2. The railway enthusiast leads a landmark journey through 200 years of rail, marking the moment Britain's modern railway was born. (S)(AD)

9.00 **QI XL** Sandi Toksvig presents a 'well sick' edition, joined by regular panellist Alan Davies, along with guests Maisie Adam, Jo Brand and Lee Mack. (S)(R)
9.45 **Live at the Apollo** Jen Brister plays host at London's Hammersmith Apollo, warming up the audience and then introducing sets by Esther Manito and Adam Rowe. (S)(R)
10.30 **Newsnight** (S)
11.00 **Rob and Rylan's Passage to India** 1/3. Rob Rinder and Rylan Clark discover the art, culture and ancient wisdom of India. (S)(R)(AD)
12.00 M'T **FILM Red Joan** Cold War espionage drama starring Judi Dench and Sophie Cookson. (S)(AD) (2018, 12, 95min) ★★★
1.35 AM **Sign Zone: Stranded on Honeymoon Island** (S)(R)(AD)
2.35 **Sign Zone: The Newsreader** (S)(R)
3.30 **Sign Zone: MasterChef** (S)(R)(AD)
4.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are at the National Motorcycle Museum in Solihull, West Midlands, where one dealer ends up with the show's smallest profit ever. (S)(R)(AD)
3.00 **Tenable** Quiz show hosted by Warwick Davis. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Gabby is upset, Chas is feeling emotional, and Liam tries to explain himself. (S)(AD)

8.00 **Midsomer Murders** *Dressed to Kill:* The residents of the village of Elverton-Cum-Latterly gather for its annual dominoes tournament, but this year it has competition from a drag queen event to benefit charity. This creates friction and soon one of the dominoes players is found dead and it is up to Barnaby to find the culprit. (S)(R)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM The Hitman's Bodyguard** Comedy action thriller starring Ryan Reynolds and Samuel L Jackson. A man is hired to protect a hitman about to testify at the International Criminal Court. With Gary Oldman and Salma Hayek. (S)(AD) (2017, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Teleshopping**
3.00 **I Fought the Law: The Ann Ming Story** How a grieving mother fought to change the 800-year-old double jeopardy law. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **You Bet! On Tour** (R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 9-12/24. (S3) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA**
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition Mike prepares to see out the winter in Spain. (S)
5.00 **Four in a Bed** New edition The second visit of the week is to The Yorkshire Hosts in Harrogate. (S)
5.30 **Come Dine with Me** Hairdresser and salon owner Shane hosts the second night in Bolton. (S)(R)
6.00 **Sun, Sea and Selling Houses** Sharon and Shaun catch up with some former clients. (S)(R)

9.30 The Inheritance

7.00 **News** (S)

8.00 **The Great British Bake Off** New edition 3/10. Noel Fielding and Alison Hammond present Bread Week, which sees the bakers make pull-apart monkey bread, a sticky technical and tiered sweet bread, before one of them leaves the show. (S)(AD)
■ *The Great British Bake Off: An Extra Slice* is on Friday at 8pm
9.30 **The Inheritance** New edition 9/12. The players' green fingers and sharp focus are put to the ultimate test in the Deceased's dazzling mirrored gardens. But with another cut from the will looming, every decision feels weighted, and alliances fracture under the pressure. (S)(AD)
10.30 **Celebrity Gogglebox** Famous faces appraise *The1% Club*, *Hijack*, *This Morning* and *90 Day Fiancé UK*. (S)(R)(AD)
11.35 **Gogglebox** (S)(SL)(R)(AD)
12.35 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.25 **The Fear Clinic: Face Your Phobia** Spiders and frogs. (S)(SL)(R)(AD)
2.20 **FILM Blackbird** Drama starring Susan Sarandon and Sam Neill. (S)(AD) (2019, 15, 100min) ★★★★
4.00 **Location, Location, Location** (R)
4.55 **George Clarke's Amazing Spaces** A futuristic home. (S)(SL)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)
2.20 FILM **Danger in the House** Thriller starring Vitoria Setta and Maeve Quinlan. (S)(AD) (2023, 12, 100min) ★★
4.00 **All Creatures Great and Small** *Papers:* 5/7. James wants Carmody trained up to support Siegfried. (S4) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Shane receives a visit from his mother at his new poolside bar. (S)(R)(AD)
6.55 **News** (S)

8.00 The Yorkshire Vet

7.00 **Baby Elephant Hospital** 1/4. Documentary series following the work of a Thailand hospital devoted to treating and saving the lives of elephants. (S)(R)
7.55 **News** (S)

8.00 **The Yorkshire Vet** New edition Peter Wright performs emergency surgery on a spaniel with a history of eating clothes, and Shona Searson rushes to save a cow that is having serious problems after giving birth. (S)

9.00 NEW SERIES **Michael Palin in Venezuela** 1/3. The presenter explores Venezuela, hearing from reporter Ana Vanessa Herrero about the country's slide into totalitarian rule. *See feature, page 8.* (S)(AD)

10.00 **Cause of Death** Paramedics are called to the home of an elderly couple, only to find the wife dead on a stairlift and the husband severely injured at the bottom of the stairs. (S)(R)

11.00 **Surgeons: A Matter of Life or Death** A man in need of a liver transplant gives surgeons cause for concern. (S)(R)
12.05 AM **Casualty 24/7: Every Second Counts** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Brunel: Building a Great Britain** Documentary. (S)(R)
4.40 **Nick Knowles' Big House Clearout** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Atlantis** (S5) (S)(R)
11.00 **Uptown Otters** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 1/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Old Money:* Grampa inherits $100,000 from a woman he fell in love with at the rest home. (S)(R) **5.30** *Bart Gets Hit by a Car:* Bart is accidentally knocked down by Mr Burns' car. (S)(R) **6.00** *Brush with Greatness:* Marge is delighted to discover she still has a flair for art. (S)(R) **6.30** *Lisa's Substitute:* Lisa develops a crush on a supply teacher at her school. (S)(R)

11.00 Resident Alien

7.00 **The Office (US)** *Branch Closing:* 7/25. Michael learns the Scranton branch faces closure. (S)(R) **7.30** *The Merger:* 8/25. Pam and Jim are finally reunited when two branches are merged. (S3) (S)(R)

8.00 **David Attenborough's Global Adventure** Documentary using unseen footage of some of the greatest filming sequences of David Attenborough's career, from the Great Barrier Reef to Borneo. (S)(R)(AD)

9.00 NEW **The Sky Arts Awards** Bill Bailey hosts the ceremony from London's Roundhouse, honouring excellence in dance, theatre, pop, TV drama, film, classical music, literature, poetry, opera, comedy and visual arts. The popular music category consists of nominees Charli xcx, Lola Young and Kneecap, while shortlisted in the television category are *Adolescence*, *Mr Loverman* and *Rivals*. *See feature, page 11.*

11.00 **Resident Alien** *Daddy Issues:* 7/10. Harry must prove himself to someone from his past. (R) **12.00** M'T *Mine Town:* 8/10. Harry enlists an unlikely ally to help him save Patience. (S4) (R)
1.00 AM **Peacemaker** 4/8. Superhero action comedy starring John Cena. (S2) (R)
1.55 **Road Wars** Double bill. (S)(R)
3.10 **Magnum P.I.** (S5) (S)(R)(AD)
4.05 **S.W.A.T.** 1/13. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.55pm Scotcast (S)(R) **12.25am** Stranded on Honeymoon Island (S)(R) (AD) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
9.45pm The Chronicles of Strangford Shorts (S)(R) **10.00-10.30pm** True North: My Stammer, My Story (S)(R)

WALES
Sky 968, Freesat 968
2.45pm First Minister's Questions (S) **3.45-4.15pm** Hairy Bikers' Best of British (S)(R)

ITV1

As main ITV1 except:

WALES
8.00pm Vanished Wales: The Village Under the Lake New edition (S) **9.00-10.00** Backstage Sessions New edition (S) **10.45** Sharp End New edition (S) **11.45** Welsh Lives (S)(R) **12.05am** Made in Mumbles (S)(R) **12.30-12.45am** Coast & Country (S)(R)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sain Ffagan (AD) **12.30** Heno **1.00** Cledrau Coll **1.30** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Môn **6.30** Sgorio **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Cyfrinachau'r Llyfrgell **10.00** Clwb Rygbi **10.30-11.35pm** Gareth Jones: Nofio Adre

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Athletics: World Championships Highlights** A round-up of action from day four in Tokyo.
7.30 **Horrible Histories** Samuel Pepys annoys the smartest men in Britain.
7.55 **The Catch Up**
8.00 **Top Gear** Broadcaster Chris Evans is the Star in a Reasonably Priced Car.
9.00 **Our Girl** Pilot for the military drama about a woman who joins the army in the hope of finding herself. Stars Lacey Turner. **10.30** 1/5. Military drama starring Lacey Turner. Six months on from her initial training, Molly is deployed to Afghanistan. (S1)
11.30 FILM **Bram Stoker's Dracula** Francis Ford Coppola's adaptation of Bram Stoker's classic horror novel, starring Gary Oldman and Winona Ryder. (1992, 18, 123min) ★★★
1.30 AM **Top Gear**
2.30 **In Conversation**
2.55 **to 3.55** AM **We Built a Zoo**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Earth's Natural Wonders** The spirit-pleasing rituals among the Kamayura People of Brazil.
8.00 **The Good Life** Tom suspects adultery is afoot.
8.30 **Yes, Minister** Hacker learns of an illegal arms deal.
9.00 **Oh, Doctor Beeching!** Harry the signalman prepares a turkey for Christmas.
9.30 **Dad's Army** The platoon decide to recruit women. Guest stars Carmen Silvera.
10.00 **The Signalman** Adaptation of Charles Dickens' classic ghost story, starring Denholm Elliott.
10.40 **Murder on the Victorian Railway** Docu-drama examining the first murder committed on a British train. Narrated by Toby Jones.
11.40 **The Joy of (Train) Sets: The Model Railway Story**
12.40 AM **Timeshift: The Engine That Powers the World**.
1.40 **Murder on the Victorian Railway** As 10.40pm.
2.40 **to 3.40** AM **Earth's Natural Wonders**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw attempt to restore an Ford Fiesta XR2 back to winning condition. **4.50** Fuzz and Tim take on their first-ever Honda.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help first-time buyers in Manchester. **6.55** Kirstie and Phil head to the West Midlands.
7.55 **Grand Designs** Kevin McCloud meets Clinton from West Sussex, a self-made businessman and father of four aiming to build one of the largest homes ever featured on the show.
9.00 **The Emergency Ward** A surfer has a heart attack in the water, and doctors are not sure they can save him. A self-confessed 'idiot' needs treatment after falling out of a tree holding a chainsaw.
10.00 **24 Hours in A&E** Staff treat a young man who had a severe reaction to a recreational drug, a man with multiple sclerosis who has a fever and a woman who fell off her chair playing bingo.
11.05 **24 Hours in A&E**
12.05 AM **The Emergency Ward**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 3-6/24. (S6)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** There is a shocking discovery in a missing person's case.
7.30 **The Simpsons** *The Food Wife:* Marge, Bart and Lisa taste success in the world of food blogging.
8.00 **First Dates** Post-grad student Madeleine is paired with rugby-playing Tom Hardy impersonator Ewan.
9.00 **Gogglebox** Opinions on shows including *Ant & Dec's Saturday Night Takeaway* and *Snakes in the City*.
10.00 **Naked Attraction** A model and a veterinary student choose dates.
11.05 **First Dates**
12.10 AM **The Simpsons**
12.40 **Gogglebox**
1.50 **First Dates**
3.35 **Below Deck**
4.25 **Young Sheldon**
5.10 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Tuesday primetime

Tuesday primetime

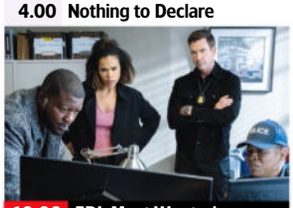
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **The Best of Nothing to Declare** Double bill.
10.00 **Stop, Search, Seize**
11.00 **Sun, Sea and A&E**
12.00 NOON **FBI** 19/22. (S5)
1.00 PM **FBI: International** (S2)
2.00 **FBI: Most Wanted** 18/22. Two agents from the Bureau of Land Management go missing. (S4)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**



10.00 FBI: Most Wanted

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 The Equalizer *Paradise Lost:* 7/18. McCall tries to track down the sender of a terrifying letter. (S3)

9 PM
9.00 The Rookie New episode *The Return:* 16/18. A familiar face returns hoping to prove himself. (S7)

10 PM
10.00 FBI: Most Wanted New episode *Pageantry:* 6/22. An international beauty queen is killed on live television. (S6)
11.00 **Bull** 20/22. Jason receives a mysterious delivery. (S6)
12.00 M'T **New Amsterdam** (S5)
1.00 AM **The Equalizer** 6/18. (S3)
2.00 **NEW SERIES Doc** 1/10. (S1)
3.00 **Fire Country** New episode
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** From New Orleans.
7.00 **The Guest Wing**
8.00 **True Blood** 7&8/10. (S7)
10.10 **Westworld** 3&4/8. (S3)
12.25 PM **Game of Thrones** (S3)
1.30 **Das Boot** 3&4/10. (S3)
3.30 **True Blood** 9&10/10. (S7)
5.45 **Homicide: Life on the Street** 10/20. Pembleton finds a scandal from his past coming back to haunt him. **6.50** 11/20. Russert's former partner is transferred back into Homicide. (S3)

9.00 Gomorrah

7.55 Game of Thrones *Dark Wings, Dark Words:* 2/10. Jaime finds a way to pass the time, and Arya encounters outlaw group the Brotherhood Without Banners. (S3)

9.00 Gomorrah 9/12. Enzo finally begins to enjoy all that he has achieved. Meanwhile, Ciro looks for a ceasefire.

10.00 Gomorrah 10/12. Genny sends Patrizia to agree terms of surrender. Subtitled. (S3)
10.55 The Sopranos 3/13. Anthony Jr becomes a football star. (S3)
11.55 **The Sopranos** 4/13. (S3)
12.50 AM **The Wire** 7/13. (S1)
1.55 **The Pacific** 8/10. (S1)
3.05 **Game of Thrones** (S3)
4.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S2)
8.00 **The Blacklist** 19/22. (S9)
9.00 **Stargate Atlantis** (S5)
11.00 **SEAL Team** 14/20. (S3)
12.00 NOON **The Blacklist** (S9)
1.00 PM **Hawaii Five-0** (S2)
3.00 **Magnum P.I.** 6/20. (S5)
4.00 **S.W.A.T.** 1/13. (S7)
5.00 **SEAL Team** 13/20. Following a failed mission, Bravo Team conduct a review. (S3)
6.00 **Stargate Atlantis** 19/20. Sheppard becomes a homicide detective in an alternate reality. (S5)

9.00 From

7.00 Stargate Atlantis *Enemy at the Gate:* 20/20. Final episode. A new Wraith superhive damages the *Daedalus*. (S5)

8.00 A League of Their Own: Mexican Road Trip 1/6. The gang set out on an adventure around Mexico.

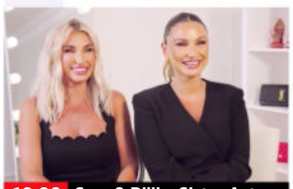
9.00 From *A Rock and a Farway:* 4/10. Julie finds comfort in her friends, while Jim and Tabitha deal with their marriage. (S1)

10.00 Resident Alien New episode *Daddy Issues:* 7/10. Harry has to prove himself to someone from his past. (S4)
11.00 **Resident Alien** New episode *Mine Town:* 8/10. Harry enlists an unlikely ally to help him save Patience. (S4)
12.00 M'T **Peacemaker** 4/8. (S2)
1.00 AM **The Force**
2.00 **Road Wars**
3.00 **Magnum P.I.** 6/20. (S5)
4.00 **S.W.A.T.** 1/13. (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.40 **Billie and Greg**
9.40 **The Only Way Is Essex**
10.25 **Real Housewives of Potomac**
11.15 **Real Housewives of New...**
12.10 PM **Buying the View**
12.40 **Billie and Greg**
1.40 **The Only Way Is Essex**
2.55 **The Bachelor Australia** New edition Reality series.
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**



10.00 Sam & Billie: Sister Act

7.00 Deal or No Deal: Celebrity Special Motsi and Oti Mabuse compete in the game show to win big money for charity.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 Olivia Attwood's Bad Boyfriends New edition Olivia presses play on the footage from the bad boyfriends' night out.

10.00 Sam and Billie: Sister Act New edition 5/6. Sam has a work crisis, while Billie gets a shock health diagnosis.
11.00 **Family Guy** (S12&18)
12.05 AM **American Dad!** (S14)
1.05 **Bob's Burgers** 19/22. (S9)
1.35 **Plebs** 8/8. (S4)
2.00 **Olivia Attwood's Bad Boyfriends** As 9.00pm.
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.05 **Doc Martin** 1&2/8. (S4)
10.15 **The Royal**
11.20 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.40 **Doc Martin** 3/8. PC Penhale is delighted by the arrival of his older brother Sam. **4.45** 4/8. Al tries to raise some quick cash. (S4)
5.50 **Heartbeat** *Manoeuvres in the Dark:* Gina helps an old flame who is AWOL from the Army.

8.00 Endeavour

6.55 Heartbeat *Tricks of the Trade:* The residents of Aidensfield are in the grip of a flu epidemic, putting baby Sam at risk.

8.00 Endeavour *Exeunt:* Morse's investigation into a number of untimely death notices in the *Oxford Mail*, each with a cryptic message, takes him to a series of funerals before forcing him to confront his own mortality.

10.05 Law & Order: UK *Mortal:* 5/6. An elderly woman is found dead in her flat and her live-in carer is arrested. (S7)
11.05 **Law & Order: UK** 6/6. Following the brutal murder of a gay man, Sam and Ronnie try to track down the victim's adoptive son. (S7)
12.00 M'T **Law & Order: UK** (S8)
1.00 AM **Playing Nice** 2/4. (S1)
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Eat the Town** Natalie and Dazza visit the village of Sanquhar in Dumfries and Galloway.
8.00 **Scotland from the Sky** Jamie Crawford focuses on the nation's coastline.
9.00 **The Hunt for Peter Tobin** 1/2. The case of the sex offender who was sentenced to life imprisonment for three murders committed between 1991 and 2006. **9.55** 2/2. A look at the efforts by detectives to analyse Tobin's past.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files: Scams and Scandals** The criminologist investigates cybercrime and investment frauds.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S2)
9.00 **The Conners** (S4)
10.00 **Sex and the City** (S4)
11.20 **Girls** 9&10/10. (S2)
12.30 PM **The Office (US)**
1.30 **The Conners** (S4)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S2)
4.30 **Sex and the City** (S4)
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S2)
7.45 **Sex and the City** 18/18. Carrie discovers Big is leaving New York. (S4) **8.25** 1/8. Carrie ponders the future. (S5)
9.00 **FILM Blithe Spirit** Comedy starring Isla Fisher, Dan Stevens and Leslie Mann. (2020, 12, 95min) ★★★
11.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.00 M'T **And Just Like That...**
12.50 AM **Entourage** (S4)
2.00 **Veep** 3&4/7. (S7)
3.10 **Curb Your Enthusiasm**
4.20 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Arts Uncovered**
6.20 **LSO**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Sing When You Are Winning**
3.00 **Painting Birds**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Bill Bailey's Musical Master Crafters: Juniors**
9.00 **NEW Sky Arts Awards** *See feature, page 11.*
11.00 **NEW Blind Eye Artist**
12.40 AM **Record On: The Specials – A Message to You**
2.20 **Back to Basquiat**
3.35 **Hopper: An American Love Story** Documentary.
4.45 **to 6.00** AM **National Trust: Garden Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager** (S2)
7.00 **Star Trek: The Next Generation** 6/26. (S3)
8.00 **Star Trek: Deep Space Nine** *Paradise Lost:* 12/26. Sisko uncovers a dastardly plot. (S4)
9.00 **FBI: Most Wanted** (S4)
10.00 **FBI: International** (S3)
11.00 **Grimm** 3/22. (S1)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Who Wants to Be a Millionaire? Celebrity Special** Julie Hesmondhalgh and Tony Bellew compete.
3.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Stephen Mulhern hosts as John gets his opportunity to open the iconic red boxes.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Wheel of Fortune** Graham Norton hosts the game show.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 1&2/26. (S5)
12.00 NOON **Highway to Heaven** 24/24. (S2)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Daddy** Drama with Patrick Duffy.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 2/8. (S2)
7.30 **Man About the House**
8.00 **A Fine Romance** (S2)
8.30 **Home to Roost** 2/7. (S2)
9.00 **The New Avengers** *Trap:* 6/13. The team go on the run from Chinese gangsters. (S2)
10.00 **The Avengers** (S6)
12.00 M'T **Rising Damp** (S2)
12.30 AM **Man About the House** 2/6. (S2)
1.00 **M*A*S*H** (S11)
2.00 **Home to Roost** 2/7. (S2)
2.25 **A Fine Romance** (S2)
3.00 **Rumpole of the Bailey**
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **The Saint**
7.20 **Kojak** Double bill.
9.25 **Magnum, PI**
11.30 **Robin of Sherwood**
12.40 PM **BattleBots**
1.45 **Kojak** Double bill.
3.45 **Magnum, PI** *No More Mr Nice Guy:* Thomas investigates police corruption. **4.50** *Rembrandt's Girl:* Thomas gets locked in a bank vault.
5.55 **The Saint** *Escape Route:* Simon Templar tries to learn who is behind prison escapes.

9.00 Red Heat

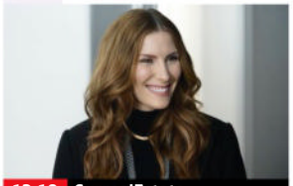
7.00 **The Motorbike Show** Henry Cole discovers the delights of riding in Cornwall, and uncovers the history of Hesketh.
8.00 **World Rally Championship Highlights** Action from the Rally Chile, the 11th round of the campaign.
9.00 FILM **Red Heat** Action thriller starring Arnold Schwarzenegger and James Belushi. A tough Soviet policeman and a wisecracking Chicago cop team up to track down a ruthless drug dealer. (1988, 18, 106min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Wrestling: AEW Collision** Featuring FTR, Thunder Rosa, Jon Moxley and Jay White.
1.05 AM **Hell's Kitchen** The final 10 chefs compete for a grand advantage at HK Carne-Val.
2.00 **BattleBots**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 18/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 6/26. (S2)
2.00 **Primeval** As 7.00pm.
3.00 **Star Trek: Enterprise** (S1)
4.00 **Stargate Atlantis** 10/20. (S4)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 18/26. A microscopic life form threatens the crew. (S1)


12.10 SurrealEstate

7.00 **Primeval** 3/6. The team accidentally send a ferocious raptor back to Victorian London, where it claims several victims. (S5)
8.00 **Stargate Atlantis** *This Mortal Coil:* 10/20. Part one of two. A mysterious probe crashes into the city-ship. (S4)
9.00 **The Ark** *Everybody Wins:* 12/12. The two Arks have to decide whether to work together or go down together. (S1)
10.00 **True Blood** *Lost Cause:* 5/10. Sookie finds herself the hostess of a festive party for mainstreaming vampires. (S7)
11.00 **Westworld** 2/8. Maeve finds herself in a new park and meets a ghost from the past. Meanwhile, Bernard makes his way back to Westworld. (S3)
12.10 AM **SurrealEstate** 5/10. (S2)
1.00 **Primeval** As 7.00pm.
1.50 **Westworld** 1/8. (S3)
3.10 **SurrealEstate** 4/10. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 17/23. (S2)
11.00 **Hudson & Rex** 10/16. (S6)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S13)
4.00 **The Mentalist** 17/23. (S2)
5.00 **Hudson & Rex** 10/16. A wealthy socialite is found dead on a golf course. (S6)
6.00 **Father Brown** *The Standing Stones:* The sleuthing priest investigates when a body is discovered at a stone circle.

8.00 Death in Paradise

7.00 **Body of Proof** *Missing:* 3/20. A nanny is run over and killed while trying to stop the child in her care from being abducted. (S2)
8.00 **Death in Paradise** *Wish You Weren't Here:* 3/8. The body of a TV presenter is washed up on the shore. (S8)
9.00 **Death in Paradise** *Wicked Wedding Night:* 2/8. A bride is shot dead just hours after getting married. (S1)
10.00 **Mudtown** *Fight Dirty:* 4/6. Beca and Sonny's involvement in the fire becomes evident. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 2/16. Peter and Neal must decode a treasure map to save the life of a kidnapped girl. (S3)
1.00 AM **Death in Paradise** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Open All Hours**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Open All Hours**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Open All Hours**

10.20 Not Going Out

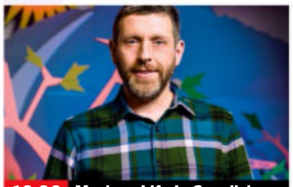
7.00 **Dad's Army** Mainwaring's platoon take charge of a large naval gun.
7.35 **Fawlty Towers** First episode. Basil tries to upgrade his clientele. **8.20** Basil goes behind Sybil's back to save money on structural alterations to the hotel.
9.00 **Fawlty Towers** Prudish Basil tries to stop an unmarried couple lowering moral standards. **9.45** A rumour that hotel inspectors are in town throws Basil into a panic.
10.20 **Not Going Out** Tim becomes part of a band at work and Lucy falls for the lead guitarist.
11.00 **Open All Hours**
11.40 **Bottom**
12.20 AM **Men Behaving Badly**
12.55 **Fawlty Towers**
2.10 **Not Going Out**
2.45 **Bottom**
3.30 **to 4.00** AM **Fawlty Towers**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
10.00 **Trawlermen** Four editions.
12.00 NOON **Storage Hunters UK**
2.00 PM **Railroad Australia**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Far Eastern Odyssey** The chef's culinary journey continues in Vietnam.
6.00 **Hairy Bikers' Best of British** Si and Dave explore the popularity of sugar-rich dishes in Britain, and try to make their own versions of their favourite childhood sweets.


10.00 Modern Life Is Goodish

7.00 **Would I Lie to You?** With Stacey Dooley, Alex Jones, Rachel Parris and Henning Wehn.
7.40 **Richard Osman's House of Games** With Raj Bisram and Mark Watson. **8.20** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.
9.00 **Have I Got a Bit More News for You** Adil Ray hosts the satirical quiz, with Jess Phillips MP and Richard Osman.
10.00 **Dave Gorman: Modern Life Is Goodish** Dave investigates just how far people will go for fame.
11.00 **8 Out of 10 Cats** With Henry Winkler, Henning Wehn and Romesh Ranganathan.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.10 **Would I Lie to You?**
1.50 **Survivor South Africa**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

Tuesday

7 PM **8 PM** **9 PM** **10 PM**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Spain.
11.00 **Help! We Bought a Village** From France.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **The Dog House** Identical twins seek a four-legged friend to join them for pub lunches.
8.00 **The Great British Bake Off** New edition 3/10 The bakers try to impress Paul Hollywood in Bread Week.
9.30 FILM **Star Trek** Sci-fi adventure prequel with Chris Pine. (2009, 12, 127min) ★★★★
11.55 **My Massive C**k**
12.55 AM **Big Fat Quiz: Best Bits** Highlights.
1.55 **Gogglebox**
2.55 **Taskmaster**
4.00 **to 5.00** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 2-4/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Need to Know:* 17/24. The team probe the death of a chief petty officer. **7.00** *The Tell:* 18/24. The team once again join forces with PsyOps. **8.00** *The Good Son:* 19/24. Vance's brother-in-law is linked to a murder. (S9)
9.00 **Criminal Minds: Evolution** New episode *Memento Mori:* 9/22. The team continue the investigation. (S16)
10.00 **Law & Order: Special Victims Unit** *Plastic:* 11/24. A plastic surgeon is accused of rape. (S20)
11.00 **Law & Order: Special Victims Unit** (S20&19)
1.50 AM **Person of Interest**
2.50 **Criminal Minds** (S12)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Skin A&E** New edition A lump isn't what it seems for Dr Magnus.
10.00 **A&E After Dark**
11.00 **Call the Bailiffs: Time to Pay Up**
12.00 M'T **Murder 360** New edition A religious woman goes missing.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Outback Truckers**
10.15 **Trucking Hell**
11.15 **Traffic Cops**
12.15 PM **Police Interceptors**
2.15 FILM **Ride Clear of Diablo** Western. (1954, U, 80min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The firearms squad go after a heavily armed suspect. **7.00** A dog handler finds a dangerous weapon. **8.00** Paul Jackson tries to stop a van driver.
9.00 **The Motorway** The M62 is brought to a stop by a four-car collision.
10.00 **Frontline Police 24/7**
11.00 **MacGyver** 11/23. (S2)
12.00 M'T **La Brea** New episode 12/14. (S2)
1.00 AM **Extreme Tow Truckers** Documentary.
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The hopefuls are tasked with creating a nostalgic dish.
8.20 **Simply Nigella** Recipes include Asian-flavoured short ribs and fish tacos.
9.00 **One Born Every Minute** A brain injury threatens to stop a man building memories of his child's birth. **10.00** Two eager grandmothers-to-be serve as birthing partners.
11.00 **First Responders**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *The British Grenadier:* Dalziel gets caught up in an armed siege. Guest stars Dennis Waterman.
10.00 **New Tricks** *Prodigal Sons:* The team look into the death of a talented cricket prodigy.
11.20 **Spooks** 4/8. (S7)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.15 **Waiting for God**
2.45 **to 4.00** AM **The Bletchley Circle**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Long Lost Family: What Happened Next** Revisiting some of the programme's most extraordinary searches. **10.00** Davina McCall and Nicky Campbell catch up with two people whose lives have been transformed. **11.00** Updates on three stories of siblings brought together after decades apart.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Celebrity Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill of the darts-based quiz.
4.00 **Celebrity Who Wants to Be a Millionaire?** Featuring Jerry Hall and Nicholas Owen.
5.00 **The Bidding Room**
7.00 **The Chase Celebrity Special** With Nicholas Owen, Laila Rouass, Tim Vine and Vanessa Feltz.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** Double bill of the big-money quiz show.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Double bill.
10.10 **FILM Decision at Sundown** Western. (1957, PG, 77min) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Gunfighters** Western adventure. (1947, PG, 87min) ★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM End of a Gun** Thriller. (2016, 15) ★★
10.55 **FILM Lock Up** Drama. (1989, 18, 106min) ★★
1.20 AM **The Avengers** (S4)
2.20 **The New Avengers**
3.20 **Cops Uncut** Double bill.
4.10 **FILM Bermuda Tentacles** Sci-fi thriller. (2014, 12, 86min) ★★
5.35 **to 6.00** AM **Cops Uncut**

+1hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **FILM Time of Death** Thriller. (2013, PG) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 8/10. (S1)
12.00 NOON **FILM Mystery 101: Playing Dead** Drama. (2019, PG, 90min) ★★
1.55 PM **FILM Ruby Herring Mysteries: Her Last Breath** Crime thriller. (2019, PG, 84min) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 9/10. (S1)
8.00 **Unforgettable** (S1)
9.00 **Morning Show Mysteries: Murder on the Menu** Drama.
10.55 **FILM Nowhere To Be Found** Crime thriller. (2019, PG, 93min) ★★
12.50 AM **FILM Fatal Defense** Thriller. (2017, 12) ★★
2.45 **FILM Staged Killer** Thriller. (2019, 12) ★★
4.25 **to 4.50** AM **Police Ten 7**

+1hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM A Royal Christmas Ball** Drama. (2017, PG, 86min) ★★
10.05 **FILM Christmas in Paris** Drama. (2019, PG) ★★
12.00 NOON **FILM The Christmas Getaway** Drama. (2017, PG) ★★
2.00 PM **FILM The Mistletoe Promise** (2016, U) ★★
4.05 **FILM A Gingerbread Romance** Drama. (2018, PG, 90min) ★★
6.00 **FILM Candy Cane Christmas** Drama. (2020, PG, 87min) ★★
8.00 **FILM Homemade Christmas** Drama. (2020, PG, 85min) ★★
9.55 **FILM Jingle Around the Clock** (2018, U) ★★
11.50 **FILM Dancing Through Christmas** Drama. (2021, PG, 90min) ★★
1.55 AM **FILM A Perfect Christmas** (2016, U) ★★
3.25 **to 4.50** AM **FILM The Mistletoe Promise**

+1hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **I Dream of Jeannie** (S1)
10.30 **Soap** 5/25. (S1)
11.00 **In Loving Memory** (S1)
11.30 **Jokers Wild**
12.00 NOON **Please Sir!** (S3)
12.30 PM **Don't Drink the...**
1.00 **The Blue and the Gray**
2.40 **We Had One of Those**
2.50 **Mysterious Tales**
3.00 **Bramwell** 7/7. (S1)
4.00 **Mapp and Lucia** (S1)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S1)
6.00 **The Monkees** (S1)
6.30 **Soap** 5/25. (S1)
7.00 **Carry On Laughing**
7.30 **Don't Drink the Water**
8.00 **Jokers Wild**
8.30 **Lucky Feller**
9.00 **Please Sir!** 1/21. (S4)
9.30 **Brass** 2/6. (S3)
10.00 **Game On** 2/6. (S2)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **The Blue and the...**
1.45 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **LIVE Snooker: English Open** Day two from the Brentwood Centre in Essex.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Outback Crystal Hunters** The team hunt for aquamarine. **10.00** Newcomer Neil Wilkinson Jr abseils down a mineshaft in search of cubic fluorite.
11.00 **Mysteries of the Deep**
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid XL** A successful hunt ends up backfiring.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Tom Kerridge More Sunday Lunch**
7.00 **Rachel Allen: Bake!**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **The Hairy Bikers' Northern Exposure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **French Adventure**
3.00 **Rachel Allen: Bake!**
4.00 **The Pioneer Woman** New editions Double bill.
5.00 **Jamie's 15 Minute Meals**
6.00 **The Hairy Bikers' Northern Exposure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Jamie's Easy Meals for Every Day** New editions
10.00 **Jamie's 15 Minute Meals**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 2/28. (S1)
9.00 **The Fall Guy** 3/23. (S4)
10.00 **Charlie's Angels** (S1)
11.00 **The Twilight Zone** (S2)
11.35 **FILM McLintock!** Comedy Western. (1963, U, 127min) ★★★
2.05 PM **FILM Gone to Texas** Western biopic. (1986, 15, 144min) ★★★
5.00 **Star Trek** 16/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 4/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Sabotage** Action thriller starring Arnold Schwarzenegger. (2013, 15, 107min) ★★
11.10 **FILM Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
1.05 AM **FILM Interview with a Hitman** Action thriller with Luke Goss. (2012, 18, 95min) ★★
3.00 **to 4.50** AM **FILM Brake** Suspense thriller. (2012, 15, 87min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The Curse of the Werewolf** (1961)
8.00 **FILM Tornado Warning** Sci-fi action thriller. (2012, PG, 90min) ★★
10.00 **Andromeda** 1/22. (S2)
11.00 **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
1.00 PM **FILM Moby Dick** Action adventure. (2010, 12, 87min) ★★
3.00 **Andromeda** 1/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM The Curse of the Werewolf** Horror chiller. (1961, 12, 92min) ★★★
7.00 **Andromeda** 2/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Armed Response** Thriller starring Wesley Snipes and Anne Heche. (2017, 15, 93min) ★
10.55 **FILM Crank 2: High Voltage** Thriller sequel. (2009, 18, 91min) ★★
1.00 **to 3.00** AM **FILM Armed Response** As 9.00pm.

+1hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** In Loughborough.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained**
12.10 PM **Secrets in the Jungle** Documentary.
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Junk and Disorderly**
10.00 **Rust Valley Restorers**
11.00 **Court Cam** Double bill.
12.00 M'T **Craig Charles: UFO Conspiracies**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Deep Water Salvage**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** Yorkshire.
12.00 NOON **Alan Titchmarsh's Underdog to Superdog**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** A woman living off-grid in Wales.
9.00 **Drain the Oceans** The identities and final moments of those trapped during Mount Vesuvius' eruption.
10.00 **Nazi Megastructures** The battle between US and Japanese forces to control Guadalcanal.
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **My Dream Derelict Home** Property series.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **Rico to the Rescue** New edition A couple's dream home was left to rot through two winters by their builder.
10.00 **Battle on the Mountain** New edition The teams are challenged to renovate their guest rooms in only 48 hours.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream...**
9.00 **Say Yes... Lancashire**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple...**
1.00 PM **Little People, Big World** Documentary.
2.00 **Breaking Amish: Brave New World**
3.00 **Outdaughtered**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Curvy Brides Boutique**
8.00 **Dr Pimple Popper**
9.00 **The Bad Foot Clinic**
10.00 **My Feet Are Killing Me**
11.00 **Body Bizarre**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **My Feet Are Killing Me**
3.00 **Body Bizarre**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** 15&16/24. (S1)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 13-16/16. (S9)
1.00 PM **Friends** (S5)
8.00 **Friends** 22/24. Joey gets a shock in Las Vegas. **8.30** 23/24. Part one of two. The pals head to Las Vegas. (S5)
9.00 **FILM Zombieland** Horror comedy starring Woody Harrelson and Jesse Eisenberg. (2009, 15, 84min) ★★★★
10.40 **Police Squad!** (S1)
11.40 **Whose Line Is It Anyway? USA**
12.40 AM **Drunk History**
1.40 **South Park** (S17)
2.40 **Utopia** 8/8. (S1)
3.10 **Important Things with Demetri Martin**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 3&4/13. (S2)
11.00 **Friends** 22-25/25. (S6)
1.00 PM **Impractical Jokers**
2.00 **Daria** 5&6/13. (S2)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
7.00 **Everybody Loves Raymond** (S9)
9.00 **New Girl** 23/24. Guest stars Justin Long. **9.30** 24/24. Nick suffers a panic attack. (S1)
10.00 **Friends** 6-11/24. (S5)
1.00 AM **Beavis and Butt-Head** (S6)
2.00 **Key & Peele**
3.00 **Whose Line Is It Anyway? USA**
3.45 **The Alternative Comedy Experience**
4.30 **Out of Order: Best Bits**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **UK Border Force**
1.00 PM **Motorway Patrol**
2.00 **Border Security USA**
3.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Border Security USA**
7.00 **UK Border Force**
8.00 **Road Wars**
9.00 **SEAL Team** (S2)
11.00 **Last King of the Cross** 2/8. John makes a play for the biggest club on Oxford Street. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Jamie Vardy.
2.00 **Duck Quacks Don't Echo** With Aisling Bea.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

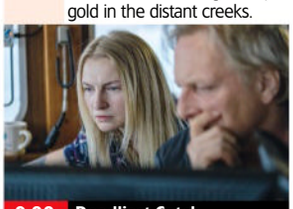
6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.15 **Teen Mom: The Next Chapter** Reality series.
8.00 **Catfish: The TV Show**
2.00 PM **Catfish: Love Triangles** Reality series.
3.00 **Catfish: The TV Show**
4.00 **Dallas Cowboys...**
5.00 **Isle of MTV**
6.00 **FriendZone**
7.00 **Teen Mom 2**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Rich Kids Go Skint**
10.00 **Geordie Shore: Reunion Series** New edition
11.00 **Ink Master Redemption** New edition
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition Reality show.
12.30 AM **Ridiculousness**
1.00 **Ink Master Redemption**
2.00 **Geordie Shore: Nathan's Story**
2.45 **Celeb Ex in the City**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Flying Wild Alaska**
9.00 **Gold Rush**
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers**
3.00 **Scrap Kings** Part of a large wave turbine is deconstructed. **4.00** An office block next to a railway line is demolished.
5.00 **Building Off the Grid** A cabin on a small island in Idaho.
6.00 **Hoffman Family Gold** Hunter takes on the arctic tundra when he hears of legendary gold in the distant creeks.



9.00 Deadliest Catch

7.00 Wheeler Dealers World Tour In Poland, Mike and Elvis find a weathered Polski Fiat 126 and go on a snow-covered joyride.

8.00 Mega Shippers In Texas, the complex process of unloading a 726-tonne column requires everyone's attention.

9.00 Deadliest Catch New edition Sig runs into freezing spray, forcing an emergency set, while Jake takes a risky strategy.

10.00 Gold Divers New edition 1/2. It's an historic week on the Bering Sea, as Kris launches his crawler deeper than ever before.

11.00 **Gold Divers** New edition 2/2. Chris makes a huge gold nugget discovery.
12.00 M'T **Blowing Up History** The Dead Sea Scrolls in Israel.
1.00 AM **Deadliest Catch**
2.00 **Gold Divers** Double bill.
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Life at Vet University**
10.00 **Tanked**
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Jackson Galaxy tries to save 50 kittens. **4.00** Jackson helps a man deal with his cat phobia.
5.00 **Lone Star Law** The wardens seek a whooping crane.
6.00 **Dr Jeff: Rocky Mountain Vet** Operating on a dog after a growth on its neck ruptures.

8.00 Guardians of the Glades

7.00 Treehouse Masters NFL star Antonio Brown wants a window wall that overlooks a basketball court and football field

8.00 Guardians of the Glades Snake hunter Dusty and his team race south to the python-infested Ten Thousand Islands.

9.00 Alaska: The Last Frontier Atz gives Jane a lesson in rabbit skinning, and Eve feels conflicted about deer hunting.

10.00 Alaskan Bush People As new predators encroach on the ranch, the Browns devise inventive solutions to defend their livestock.

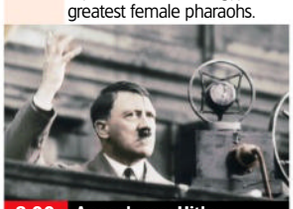
11.00 **Pit Bulls & Parolees** The team attempt to rescue dogs involved in a dog-fighting ring.
12.00 M'T **Crikey! It's the Irwins** Robert researches manta rays.
1.00 AM **Guardians of the Glades**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S** Double bill.
2.00 PM **Hitler's Last Stand**
4.00 **Construction Fails** Lightning bolts cause construction chaos.
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a Lexus IS200 and transform it into a full-blown drift car.
6.00 **Lost Treasures of Egypt** The mysteries of one of Egypt's greatest female pharaohs.



8.00 Apocalypse: Hitler...

7.00 Air Crash Investigation A look into the case of a Chinese plane that crashed minutes from touching down in Japan.

8.00 Apocalypse: Hitler Takes on the West Part one of two. Nazi offensives on Western nations during World War Two.

9.00 Apocalypse: Hitler Takes on the West Part two of two. How half of France was taken over and plunged into chaos.

10.00 Nazi Megastructures Hitler forms a strategy to destroy Britain's air power and land troops in southern England.

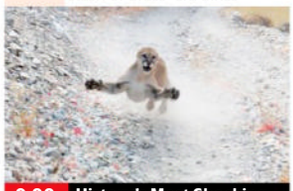
11.00 **Air Crash Investigation**
1.00 AM **Airport Security: Colombia** A passenger sends police on a wild goose chase.
2.00 **Lords of War**
2.30 **Abandoned** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Swamp People: Serpent Invasion** Troy and Pickle search for a python paradise.
6.55 **Storage Hunters**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **History's Most Shocking**
2.00 **History's Greatest Mysteries**
3.00 **Greatest Escapes of WWII**
5.00 **Storage Hunters** Double bill.
6.00 **American Pickers** A massive stash of brass-era bikes



9.00 History's Most Shocking...

7.00 Forged in Fire Two smiths head back to their home forges to recreate a unique utilitarian tool, the Russian Pioneer sword.

8.00 Bone Detectives Archaeologists find a body buried in an unusual manner along with the symbol of a war god.

9.00 History's Most Shocking New edition Real-life events, including a father and son facing a raging wildfire while driving.

10.00 History's Greatest Mysteries New edition Laurence Fishburne explores Egypt's 4,500 year-old Sphinx.

11.00 **World's Most Unexplained...** Exploring tales of Leprechauns. **11.30** A woman who predicted President Kennedy's murder.
12.00 M'T **Haunted Hospitals**
12.55 AM **The UnBelievable with Dan Aykroyd**
1.50 **History's Most Shocking**
2.50 **Adventure Gold Diggers**
3.40 **Pawn Stars** A vintage windmill.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Rise of the Nazis**
5.00 **Adolf Hitler's War** Hitler's war moves to its endgame as the Soviets cross into Germany.
6.00 **Antiques Roadshow** The team pay a second visit to Lowther Castle in Cumbria.

5.00 Adolf Hitler's War

7.00 Tropic of Cancer with Simon Reeve Simon's journey takes him across the areas of India rarely visited by tourists.

8.00 Flipping Bangers Will and Gus look to make some quick cash as they fix up a Toyota MR2 MK2.

9.00 Bangers & Cash Derek and Jack head to Sheffield to collect a 1929 Riley Monaco and a 1924 Alvis 12/50 tourer.

10.00 Bangers & Cash: Restoring Classics Derek picks out a low mileage MGC, and the team pay a little too much to secure it.

11.00 **Bangers & Cash** Dave finds two Fiats and a VW Corrado.
12.00 M'T **Find It, Fix It, Flog It** Henry Cole comes unstuck when he tries to get to grips with an old Ford Escort.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Tropic of Cancer with Simon Reeve**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Ant Anstead Master Mechanic** Four editions.
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars**
9.00 NEW SERIES **Ant Anstead: Born Mechanic** Ant gambles on a Mark1 Ford Capri.
10.00 **Find It, Fix It, Flog It**
11.00 **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
10.30 **Curvy Brides Boutique**
11.00 **Judge Rinder's Crime Stories** Documentary.
12.00 NOON **Married to Evil**
1.00 PM **American Detective**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **Fatal Destination** New edition True-crime.
10.00 **Forensic Factor: A New Era** Lanell Barsock.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** A transgender woman goes missing from a small town.
8.00 **Murder by the Sea** The body of a teenager is found behind a hotel.
9.00 **Murder: Fight for the Truth** John Willits is called to review the accidental drowning of a three-year-old girl.
10.00 NEW SERIES **Body in the Water** Police divers training in Loch Lomond, Scotland, discover human body parts.
11.00 **A Secret to Die For**
12.00 M'T **Cold Cases Reopened** True-crime.
1.00 AM **Murder: Fight for the Truth** As 9.00pm.
2.00 **Body in the Water**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **New Scotland Yard Files** Double bill.
11.00 **Facing Evil**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **New Scotland Yard Files** Double bill.
4.00 **Facing Evil** Double bill.
5.00 **Medical Detectives** A man's second wife is charged with the murder of his first. **5.30** The joyous atmosphere of a 4th July weekend soon turns to tragedy. **6.00** A family mourn the unexpected death of a beloved grandmother close to Christmas. **6.30** A true-crime hobbyist links a Utah Jane Doe to an Ohio missing persons case.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Caught on Dashcam**
10.00 **The Real Manhunter**
11.00 **Snapped** Sherra Wright.
12.00 NOON **Murdered at...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **What the Killer Did...**
4.00 **World's Most Evil Killers**
5.00 **Murdered at First Sight**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers**
12.00 M'T **What the Killer Did Next** Nadine Aubras.
1.00 AM **How I Caught the Killer** Michael Griffiths.
2.00 **Killer in My Village**
3.00 **Snapped** April Quick.
4.00 **Border Security: Canada's Front Line**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the...**
8.35 **My Grandparents' War: Helena Bonham Carter**
9.40 **WWII in Colour: Road to Victory**
10.50 **Battle of Okinawa in...**
11.55 **Mafia's Greatest Hits**
1.00 PM **America the Bountiful** From Virginia.
1.35 **My Grandparents' War: Helena Bonham Carter**
2.40 **WWII in Colour: Road to Victory**
3.50 **Battle of Okinawa in...**
4.55 **Mafia's Greatest Hits**
6.05 **My Grandparents' War: Helena Bonham Carter**
7.15 **WWII in Colour: Road to Victory**
8.20 **Battle of Okinawa in Colour** Documentary.
9.30 **1945: The Savage Peace** Documentary.
10.50 **WWII in Colour: Road to Victory**
12.00 M'T **Battle of Okinawa in Colour** Documentary.
1.10 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

- **6.00** AM **Dark Horses: Italy's World Cup Triumph**
- **7.00** **Discovering: Nicolas Cage**
- **8.00** **The Directors**
- **9.00** **The Eighties**
- **10.00** **An Update On Our Family**
- **11.00** **The Jinx: The Life and Deaths of Robert Durst** As 8.05pm.
- **12.00** NOON **Villeneuve Pironi: Racing's Untold Tragedy**
- **2.00** PM **Jackie Stewart**
- **4.00** **Discovering: Nicolas Cage**
- **5.00** **The Directors**
- **6.00** **The Eighties**
- **7.00** **Telemarketers**
- **8.05** **The Jinx: The Life and Deaths of Robert Durst** 3/6. The property tycoon recalls the events of 2000.
- **9.00** **The Case Against Adnan Syed** 2/4. Re-examining the murder of Hae Min Lee in 1999.
- **10.15** **Death of a Showjumper** 2/3. A possible motive is uncovered.
- **11.15** **Billy Joel: And So It Goes**
- **2.00** AM **Brazil 2002**
- **3.45** **Stirling** Profile of Stirling Moss.
- **5.00** **to 6.00** AM **Discovering: Nicolas Cage**

Sky Nature

145 113/114 189 354 369

- **6.00** AM **Guardians of the Wild**
- **7.00** **Monkey Life**
- **8.00** **Kenya Wildlife Diaries**
- **9.00** **Secrets of the Enchanted Forests** Documentary.
- **10.00** **Volcanic Odysseys**
- **11.00** **Uptown Otters**
- **12.00** NOON **Mysteries of the Mekong** Documentary.
- **1.00** PM **Monkey Life**
- **2.00** **Kenya Wildlife Diaries**
- **3.00** **Secrets of the Enchanted Forests** Documentary.
- **4.00** **Volcanic Odysseys**
- **5.00** **Hope for Wildlife**
- **6.00** **Mysteries of the Mekong**
- **7.00** **Monkey Life** Double bill.
- **8.00** **Deep Dive North America**
- **9.00** **Beasts of the Big Blue**
- **10.00** **Mysteries of the Mekong**
- **11.00** **Hope for Wildlife**
- **12.00** M'T **Uptown Otters**
- **1.00** AM **Guardians of the Wild**
- **2.00** **Deep Dive North America**
- **3.00** **Beasts of the Big Blue**
- **4.00** **Kenya Wildlife Diaries**
- **5.00** **to 6.00** AM **Secrets of the Enchanted Forests**

Sky History 2

163/168 143 186

- **6.00** AM **Weird or What? With William Shatner**
- **8.00** **History's Greatest Mysteries**
- **9.00** **Combat Ships**
- **11.00** **Ancient Aliens**
- **1.00** PM **UFOs Declassified**
- **2.00** **Digging for Britain**
- **4.00** **Weird or What? With William Shatner** Double bill of editions.
- **6.00** **History's Greatest Mysteries**
- **7.00** **Combat Ships** A chronological appraisal of D-Day, focusing on the vessels that made the landings on the beaches of Normandy possible. **8.00** Focusing on the first metal warships.
- **9.00** **Discovered by Disaster** A medieval shipwreck that could reshape history. **10.00** Evidence of early human activity previously hidden by the landscape.
- **11.00** **Ancient Aliens** Double bill.
- **1.00** AM **UFOs Declassified**
- **2.00** **Digging for Britain**
- **4.00** **History's Greatest Aircraft**
- **5.00** **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

- **6.00** AM **Imperfect Murder**
- **7.00** **Homicide Hunter**
- **8.00** **Judge Rinder**
- **9.00** **Murdertown**
- **10.00** **Buried in the Backyard**
- **11.00** **Hometown Tragedy**
- **12.00** NOON **A Perfect Scam**
- **1.00** PM **Somebody's Hiding...**
- **2.00** **Judge Rinder**
- **3.00** **Cops Gone Bad**
- **4.00** **Murdertown**
- **5.00** **When Missing Turns to Murder**
- **6.00** **Imperfect Murder**
- **7.00** **An Hour to Kill**
- **8.00** **Somebody's Hiding Something** New edition
- **9.00** NEW SERIES **Look What You Made Me Do** Documentary.
- **10.00** **The Real Murders of Atlanta** New edition Documentary.
- **11.00** **Truth or Deception**
- **12.00** M'T **Somebody's Hiding...**
- **1.00** AM **Look What You Made...**
- **2.00** NEW SERIES **Secrets of Celebrity Sex Tapes**
- **3.00** **The Real Murders of Atlanta**
- **4.00** **to 6.00** AM **Highlights**

+1 hour 256 333

WILD

165 145/133 182

- **8.00** AM **Yukon Vet**
- **9.00** **Africa's Hunters**
- **10.00** **Monster Fish**
- **11.00** **Heartland Docs**
- **12.00** NOON **The Incredible Dr Pol**
- **1.00** PM **Yukon Vet**
- **2.00** **Close Encounters of the Wild Kind** Documentary.
- **3.00** **Savage Kingdom: Uprising**
- **4.00** **Secrets of the Zoo: Small But Mighty**
- **5.00** **The Incredible Dr Pol**
- **6.00** **Snakes in the City**
- **7.00** **Secrets of the Zoo** Focusing on the zoo's deadliest patients.
- **8.00** **Deadly Dozen** A look at India's deadliest creatures.
- **9.00** **Madagascar: A World Apart** Examining the unique wildlife on the island of Madagascar.
- **10.00** **Lawless Island** Squibb tackles a threat to all life in the Bay.
- **11.00** **Ice Road Rescue**
- **12.00** M'T **Africa's Hunters**
- **1.00** AM **America's National Parks**
- **2.00** **The Incredible Dr Pol**
- **3.00** **Yukon Vet**
- **4.00** **to 5.00** AM **World's Deadliest**

Discovery History

174 147 181 320 325

- **7.00** AM **Nazi UFO Conspiracy**
- **8.00** **Salvage Hunters: Classic Cars**
- **9.00** **Combat Dealers**
- **10.00** **Blowing Up History**
- **12.00** NOON **Expedition Unknown**
- **2.00** PM **NASA's Unexplained Files**
- **3.00** **How the Universe Works**
- **4.00** **Expedition X**
- **5.00** **Mysteries at the Museum**
- **7.00** **How the Universe Works** Astronomers explore whether a planet similar to our own will ever be found.
- **8.00** **Nazi UFO Conspiracy** Alleged connections between UFO sightings and the Nazis.
- **9.00** **Unexplained and Unexplored** An English ship filled with stolen treasures that has long been rumoured to be buried deep in a California desert.
- **10.00** **How Do They Do It?**
- **11.00** **Savage Builds**
- **12.00** M'T **Mysteries at the Museum**
- **2.00** AM **How the Universe Works**
- **3.00** **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

- **9.00** AM **Inside the Ambulance**
- **1.00** PM **Inside the Ambulance**
- **7.00** **Inside the Ambulance** Sam and Joel help a man who has just found out he's been exposed to HIV, while Nic and Carla visit a lady who has an infected foot following surgery. **8.00** Chris and Tom go to the home of a woman having suicidal thoughts and demonstrate how well trained they are at dealing with mental illness, as well as physical injury. **9.00** Brother-and-sister team Sam and Hannah receive a call to assist police with a man they suspect has taken the drug 'Monkey Dust.' **10.00** Stuart and Anna help a lady in excruciating pain, while Laura and Kerri treat a man with a history of breathing problems. **11.00** Gaz and Lee blue light to a lady who's been involved in an incident with a bin lorry.
- **12.00** M'T **Inside the Ambulance**
- **5.20** **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

- **8.00** AM **Diabolical: Deadly Love**
- **9.00** **True Conviction**
- **11.00** **American Monster**
- **12.00** NOON **Disappeared**
- **1.00** PM **Death by Fame**
- **3.00** **American Monster**
- **4.00** **Disappeared**
- **5.00** **Forbidden: Dying for Love**
- **7.00** **Murder Chose Me** Detective Rod Demery tries to exonerate a man he thinks is falsely accused. **8.00** Rod Demery recalls a case in which a protective grandfather was found beaten to death on the roadside.
- **9.00** **Evil Lives Here: The Killer Speaks** A husband heads down a dark and violent path.
- **10.00** **A Body in the Snow: The Trial of Karen Read** Karen's legal team suggests John may have been killed inside the house.
- **11.00** **American Monster**
- **12.00** M'T **The Real Story with Maria Elena Salinas** Double bill.
- **2.00** AM **Forbidden: Dying for Love**
- **4.00** **to 6.00** AM **Murder Chose Me**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

- **6.00** AM **Massive Engineering Mistakes** In Denmark, a wind turbine is destroyed.
- **7.00** **Texas Metal**
- **8.00** **Motor Pickers**
- **9.00** **Extreme Rides**
- **10.00** **Salvage Hunters: Classic Cars**
- **11.00** **Shed and Buried**
- **12.00** NOON **Shed and Buried: Classic Cars** Henry and Fuzz revisit 'the one that got away'.
- **1.00** PM **Junkyard Empire**
- **2.00** **Wheeler Dealers**
- **3.00** **Kindig Customs**
- **4.00** **Shorty's Dream Shop**
- **5.00** **Salvage Hunters: Classic Cars**
- **6.00** **Motor Pickers**
- **7.00** **Shed and Buried**
- **8.00** **Shorty's Dream Shop**
- **9.00** **Richard Hammond's Workshop**
- **10.00** **Kindig Customs**
- **11.00** **Shed and Buried**
- **12.00** M'T **Shorty's Dream Shop**
- **1.00** AM **Shed and Buried: Classic...**
- **2.00** **Iron Resurrection**
- **3.00** **Wheeler Dealers: Dream Car**
- **4.00** **to 5.00** AM **Wrench'd**

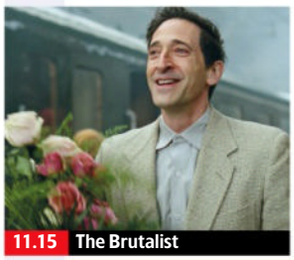
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

- **6.00** AM **The Lord of the Rings: The War of the Rohirrim** Animation. (2024, 12) ★★★★
- **8.20** **Into the Wonderwoods** Animation. (2024, U) ★★★
- **9.50** **The Surfer** Psychological thriller. (2024, 15) ★★★★
- **11.35** **Nosferatu** As 9.00pm.
- **1.50** PM **Restless** Dark thriller. (2024, 15, 89min) ★★
- **3.30** **Amongst the Wolves** Thriller. (2024, 15, 102min) ★★★
- **5.20** **Spin the Bottle** As 2.45am.



11.15 The Brutalist

- **7.25** **Die Alone** Apocalyptic drama with Carrie-Anne Moss and Douglas Smith. (2024, 15, 91 min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- **9.00** **Nosferatu** Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult, Aaron Taylor-Johnson and Willem Dafoe. (2024, 15, 132min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- **11.15** **The Brutalist** Epic drama starring Adrien Brody. When a couple flee Europe in 1947, their new lives in the US are changed by a strange client. (2024, 18, 215min) ★★★★★
- **2.45** AM **Spin the Bottle** Horror thriller starring Tanner Stine. (2024, 15, 119min) ★★
- **5.00** **to 6.50** AM **Night Call** French-Belgian thriller starring Jonathan Feltre. Subtitled. (2024, 15, 97min) ★★★★

Sky Cinema Gems

303 303 403 503 517

- **6.05** AM **Footloose** As 11.45pm.
- **8.00** **Adult Life Skills** Comedy. (2016, 15, 114min) ★★★
- **9.40** **Chicago** Musical drama. (2002, 12, 112min) ★★★★
- **11.40** **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
- **1.50** PM **Vanilla Sky** Fantasy. (2001, 15, 136min) ★★★
- **4.15** **The Money Pit** Comedy. (1985, 15, 91 min) ★★★
- **6.00** **Coming 2 America** Comedy. (2021, 12, 108min) ★★★

8.00 Ferris Bueller's Day Off

- **8.00** **Ferris Bueller's Day Off** Teen comedy starring Matthew Broderick as an irrepressible high-school student playing truant in Chicago. With Alan Ruck and Jennifer Grey. (1986, 12, 103min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- **9.50** **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- **11.45** **Footloose** Dance drama with Kevin Bacon and Lori Singer. (1984, 12, 107min) ★★★
- **1.40** AM **Hannibal Rising** Thriller prequel starring Gaspard Ulliel. (2007, 18, 116min) ★★★
- **3.40** **Gods of Egypt** Fantasy. (2016, 12, 127min) ★★★
- **5.50** **to 6.10** AM **The Cinema List: Antiheroes**

Sky Cinema Drama

310 310 410 510 524

- **6.35** AM **Drift** Drama starring Cynthia Erivo. (2023, 15, 93min) ★★★★
- **8.10** **Oh! What a Lovely War** Musical. (1969, PG, 144min) ★★★★
- **10.35** **Flashdance** Dance drama. (1983, 15, 96min) ★★★
- **12.25** PM **She Came to Me** Comedy drama starring Peter Dinklage. (2023, 15, 102min) ★★★★
- **2.20** **The Holiday** Romantic comedy. (2006, 12, 135min) ★★★
- **4.50** **Meet Joe Black** Supernatural romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★
- **8.00** **It Ends with Us** Drama based on Colleen Hoover's bestselling novel, starring Blake Lively. (2024, 15, 125min) ★★★
- **10.20** **A League of Their Own** Comedy drama, set during World War Two, about America's first all-female professional baseball league, starring Tom Hanks and Geena Davis. (1992, PG, 124min) ★★★★
- **12.30** AM **Chicago** Oscar-winning musical with Renée Zellweger. (2002, 12, 112min) ★★★★
- **2.25** **Saturday Night Fever** Dance drama. (1977, 18, 119min) ★★★★
- **4.30** **to 6.25** AM **Footloose** Teen dance drama remake. (2011, 12, 113min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- **6.40** AM **The Watched** Horror. (2024, 15, 102min) ★★★
- **8.25** **King Kong** Peter Jackson's monster movie remake. (2005, 12, 187min) ★★★★
- **11.40** **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
- **2.10** PM **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
- **4.20** **Men in Black II** Sci-fi comedy sequel. (2002, PG, 88min) ★★★
- **6.05** **Men in Black 3** Sci-fi comedy sequel with Will Smith, Tommy Lee Jones and Josh Brolin. (2012, PG, 105min) ★★★★
- **8.00** **Passengers** Sci-fi drama starring Jennifer Lawrence, Chris Pratt and Michael Sheen. Two travellers on a spaceship are woken 90 years before the end of their colonisation mission. (2016, 12, 116min) ★★★
- **10.05** **Abigail** Horror starring Melissa Barrera and Dan Stevens. (2024, 18, 105min) ★★★★
- **12.05** AM **The Invisible Man** Thriller starring Elisabeth Moss. (2020, 15, 124min) ★★★★
- **2.15** **Event Horizon** Sci-fi horror with Laurence Fishburne and Sam Neill. (1997, 18, 96min) ★★★
- **4.00** **to 6.10** AM **The Collector** Thriller. (1965, 15, 119min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.00 AM **Harold and the Purple Crayon** (2024, PG) ★★★
7.40 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
9.20 **Cats & Dogs** (2001, PG) ★★★
11.00 **Pups United** Adventure. (2015, U, 89min) ★★★
12.40 PM **Friend or Foe** As 9.55pm.
2.00 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
4.00 **Sonic the Hedgehog 3** Fantasy sequel. (2024, PG) ★★★
6.00 **Teenage Mutant Ninja Turtles**

4.00 Sonic the Hedgehog 3

7.45 **Stardust** Fantasy comedy starring Claire Danes and Charlie Cox. A young man enters a magical kingdom to retrieve a falling star for his beloved in exchange for her hand in marriage (2007, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Friend or Foe** Drama starring John Bardon. In wartime Britain, two child evacuees encounter an injured German pilot. (1981, U, 70min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. (2002, 12, 98min) ★★
1.05 AM **Big Fat Liar** Teen comedy starring Frankie Muniz. (2002, PG, 88min) ★★★
2.35 **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★
4.15 **The Mountain** Comedy. (2024, PG, 89min) ★★★★
5.55 **to 7.40** AM **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12, 101min) ★★

Sky Cinema Action

307 307 407 507 521

7.15 AM **R.I.P.D** As 1.00am.
9.05 **Pompeii** As 2.45am.
10.55 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
12.30 PM **The Patriot** Epic drama. (2000, 15, 167min) ★★★
3.15 **The Legend of Tarzan** Adventure starring Alexander Skarsgård and Margot Robbie. (2016, 12, 110min) ★★★
5.10 **Saving Private Ryan** Steven Spielberg's epic war drama. (1998, 15, 169min) ★★★★★

10.30 Black Hawk Down

8.00 **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner. Robin Hood forms a band of outlaws to exact revenge on the tyrannical Sheriff of Nottingham. With Alan Rickman, Morgan Freeman, Christian Slater and Mary Elizabeth Mastrantonio. (1991, PG, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Black Hawk Down** Director Ridley Scott's war drama based on the catastrophic US military action in Somalia in 1993, starring Josh Hartnett. (2001, 15, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **R.I.P.D** Action comedy. (2013, 12, 96min) ★★★
2.45 **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★
4.35 **to 6.45** AM **The Green Hornet** Action comedy. (2011, 12, 118min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.30 AM **Running on Empty** Comedy. (2024, 15) ★★★
9.15 **Your Monster** Comedy. (2024, 15, 104min) ★★★★
11.00 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
12.50 PM **Pitch Perfect 3** As 10pm.
2.30 **Role Models** Comedy. (2008, 15, 99min) ★★★★
4.20 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
6.00 **Yesterday** Fantasy comedy. (2019, 12, 116min) ★★★

4.20 The Golden Child

8.00 **Mean Girls** Musical adaptation of the 2004 teen comedy, starring Angourie Rice and Tina Fey. Teenager Cady Heron is a hit with a school clique when she makes the mistake of falling for Aaron Samuels. (2023, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

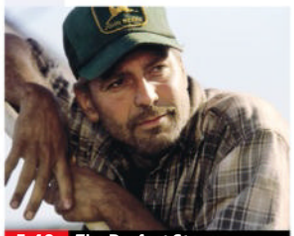
10.00 **Pitch Perfect 3** Comedy sequel with Anna Kendrick. Following their win at the world championship, the Bellas reunite for one last singing competition at an overseas tour. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
1.25 AM **Baywatch** Action comedy. (2017, 15, 121min) ★★
3.30 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
5.20 **to 7.05** AM **The Men Who Stare at Goats** Comedy. (2009, 15, 89min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **Dangerous Waters** Thriller. (2023, 15, 101min) ★★★
9.10 **K-19: The Widowmaker** Thriller. (2002, 12) ★★★
11.35 **RocknRolla** Crime comedy thriller. (2008, 15, 110min) ★★
1.40 PM **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★
3.55 **Eileen** Psychological thriller. (2023, 15, 97min) ★★★★
5.40 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★



5.40 The Perfect Storm

8.00 **Dirty Harry** Police thriller starring Clint Eastwood. Maverick San Francisco cop Harry Callahan pursues a psychotic sniper who is holding the city to ransom. With Harry Guardino. (1971, 15, 103min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Clear and Present Danger** Action thriller starring Harrison Ford and Willem Dafoe. CIA agent Jack Ryan discovers links between a Colombian drugs cartel and the US government. (1994, 12, 141min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Angels & Demons** Thriller. (2009, 12, 138min) ★★
2.35 **The Wasp** Thriller set in Bath. (2024, 15, 96min) ★★★★
4.20 **Some Other Woman** Thriller. (2023, 15, 85min) ★★★
5.55 **to 7.50** AM **American Star** Thriller starring Ian McShane. (2023, 15, 107min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Devil at 4 O'Clock** Adventure starring Spencer Tracy. (1961, PG, 126min) ★★
1.45 PM **The Winslow Boy** Vintage courtroom drama. (1948, b/w, U, 117min) ★★★★
4.15 **How Green Was My Valley** John Ford's Oscar-winning drama starring Walter Pidgeon. (1941, b/w, U, 118min) ★★★★
6.35 **Instant Family** Comedy. (2018, 12, 118min) ★★★★

9.00 Elizabeth

Instant Family (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Elizabeth** Historical drama about the early years of the reign of Elizabeth I, starring Cate Blanchett, Geoffrey Rush, Christopher Eccleston, Joseph Fiennes. (1998, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.25 **Die Hard** Action thriller with Bruce Willis. A vacationing New York cop tackles a gang of terrorists when they seize control of a tower office block in Los Angeles at Christmas. (1988, 15, 131min) ★★★★★
2.05 **to 3.55** AM **Meander** French mystery horror starring Gaia Weiss. Partly subtitled. (2020, 15, 90min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 10s

302 302 402 502 516

6.00 AM **David Brent: Life on the...**
7.40 **Baywatch** Action comedy. (2017, 15, 121min) ★★
9.40 **Seven Psychopaths** Comedy thriller. (2012, 15) ★★★★
11.40 **Ghost Rider: Spirit of Vengeance** Fantasy adventure sequel. (2012, 12, 91min) ★★
1.25 PM **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
3.15 **The Amazing Spider-Man** Fantasy adventure starring Andrew Garfield and Emma Stone. (2012, 12, 136min) ★★★
5.35 **The Amazing Spider-Man 2** Fantasy adventure sequel. (2014, 12, 142min) ★★★
8.00 **Man of Steel** Fantasy adventure starring Henry Cavill, Amy Adams and Michael Shannon. (2013, 12, 143min) ★★★
10.25 **Scott Pilgrim vs. the World** Quirky comic-book comedy. (2010, 12, 112min) ★★★★
12.20 AM **Baby Driver** Action thriller starring Ansel Elgort and Kevin Spacey. (2017, 15, 113min) ★★★★
2.20 **Fifty Shades of Grey** Erotic drama. (2015, 18, 120min) ★★
4.30 **to 6.10** AM **David Brent: Life on the Road** Mockumentary comedy. (2016, 15, 96min) ★★

Sky Cinema Greats

304 304 404 504 518

6.45 AM **The Godfather** Francis Ford Coppola's classic gangster saga. (1971, 15, 167min) ★★★★★
9.40 **The Godfather Part II** Francis Ford Coppola's epic Oscar-winning gangster sequel. (1974, 18, 200min) ★★★★★
1.00 PM **The Godfather Part III** Concluding chapter of Francis Ford Coppola's grand gangster epic. (1990, 15, 162min) ★★★★
3.50 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
5.50 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
8.00 **Scent of a Woman** Drama starring Al Pacino as a cantankerous blind war veteran who takes his student minder on a wild weekend fling in New York. With Chris O'Donnell. (1992, 15, 157min) ★★★★
10.40 **Meet Joe Black** Supernatural romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★
1.40 AM **The Bodyguard** Romantic thriller starring Kevin Costner. (1992, 15, 129min) ★★★
3.55 **Sky Cinema Preview**
4.45 **to 7.35** AM **The Bridge on the River Kwai** David Lean's classic World War Two drama. (1957, PG, 161min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.10 AM **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
9.00 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
11.00 **Over the Hedge** As 9.05pm.
12.40 PM **Monster House** Animated comic horror adventure. (2006, PG, 91min) ★★★★
2.25 **Open Season** Animation. (2006, PG, 86min) ★★★★
4.00 **Rise of the Guardians** Animated comedy adventure. (2012, PG, 93min) ★★★★
5.50 **Barnyard** Animated family comedy. (2006, PG, 90min) ★
7.35 **Open Season 2** Animated comedy adventure sequel. (2008, PG, 73min) ★★★
9.05 **Over the Hedge** Satirical animated comedy featuring the voices of Bruce Willis. (2006, U, 83min) ★★★★
10.45 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
12.50 AM **Barnyard** As 5.50pm.
2.25 **Batman Unlimited: Mechs vs Mutants** Animated adventure. (2016, PG, 72min) ★★★
3.50 **Little Vampire** Animation. (2020, PG, 85min) ★★★
5.25 **Sky Cinema Preview**
5.50 **to 7.15** AM **Open Season 2**

Movies 24

312 313 419

7.00 AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
9.00 **Hearts in the Game** Romantic comedy. (2023, PG, 84min) ★★
11.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
1.00 PM **A Taste of Christmas** Drama. (2023, PG, 90min) ★★
3.00 **A Nashville Legacy** Romantic comedy starring Andrea Lewis. (2023, PG, 85min) ★★
5.00 **To Her, With Love** Romantic drama. (2022, PG, 84min) ★★
7.00 **Heart of the Manor** Romantic comedy starring Ashlynn Yennie. (2021, PG, 85min) ★★
9.00 **Sense and Sensibility** Romance starring Deborah Ayorinde and Bethany Antonia. After a change in circumstances, Marianne is torn between two men, while Elinor longs for a man beyond reach. (2024, U, 84min) ★★
11.00 **Love, Fashion, Repeat** Comedy. (2022, PG, 89min) ★★
1.00 AM **Made for Each Other** Romantic fantasy drama. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **Wish Upon a Wedding** Romantic drama. (2023, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **South of the Rio Grande** Western. (1945, b/w, PG) ★★★
7.15 **The Turners of Prospect Road** Comedy. (1947, b/w, PG) ★★★
8.30 **Out of Town**
9.00 **A Touch of the Sun** Comedy. (1956, b/w, U, 80min) ★★
10.40 **Home to Danger** (1951, PG) ★★
12.00 NOON **Dixon of Dock Green**
1.00 PM **St Martin's Lane** Romance. (1938, b/w, U, 84min) ★★★
2.45 **Look at Life**
2.55 **Biggles: Adventure in Time** Adventure. (1986, PG) ★★
4.45 **They Fought the Few**
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Four Star Theatre** 25/38. (S3)
7.05 **Batman** 26/60. (S2)
7.35 **Dial 999** 22/39. (S1)
8.05 **The Mind of Mr JG Reeder** (S1)
9.05 **Lost for Words** Drama.
10.40 **Cellar Club with Caroline Munro**
10.45 **They Live** Sci-fi adventure. (1988, 15, 95min) ★★★
12.35 AM **Cellar Club with Caroline...**
12.40 **Don't Look in the Basement** Thriller. (1973, 18, 89min) ★
2.20 **Cellar Club with Caroline Munro**
2.25 **The Voice Within** (1946) ★★★
3.55 **Sheepdog of the Hills** Drama. (1941, U, 77min) ★★★
5.25 **Cinebox Memories**
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE WTA Tennis** Coverage of day two of the Korea Open, a hard-court tournament staged at Seoul Olympic Park Tennis Center, where the first round is scheduled to continue. The corresponding stage of last year's event saw the number six seed, Yulia Putintseva, suffer a 6-3, 7-6 loss to the unseeded Amanda Anisimova, while there was also disappointment for the home crowd as Jang Su-jeong lost in three sets to Ajla Tomljanovic.
2.00 PM **Sports Desk**
5.00 The Premier League Show A daily guide to the top flight.
7.00 LIVE EFL Cup Brentford v Aston Villa. Coverage of the third-round match from Gtech Community Stadium. These two sides last met less than a month ago in the Premier League at this ground, as the hosts came away with three points in a 1-0 victory thanks to a 12th-minute Dango Ouattara goal. Kick-off **8.00pm**.
10.30 Back Pages Tonight The sports headlines in tomorrow's papers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 Premier League Highlights
10.00 Sky Sports FC
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** Moments of the 2004/05 season.
3.00 Premier League Highlights Action from Burnley v Liverpool. **3.30** Highlights of Manchester City v Manchester United.
4.00 Premier League Review A look back at the weekend's action in the Premier League.
5.00 The Premier League Show
7.00 Gillette Labs Soccer Special
10.30 Netbusters Action from the Premier League, with highlights using alternative angles, featuring every goal from every game.
11.00 Premier League Review A look back at the weekend's action in the Premier League, featuring all of the goals, news and major talking points from around the top flight.
12.00 M'T **Premier League Years** Moments of the 2005/06 season.
2.00 AM **PL Retro** Portsmouth v Southampton from 2005.
4.00 to 6.00 AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2012/13 play-offs.
9.00 EFL Greatest Games
10.00 EFL Cup Retro The 2013 final.
12.00 NOON **SPFL Round-Up**
12.15 PM **SPFL Highlights**
12.30 EFL League One Goals
1.00 EFL League Two Goals
1.30 EFL Highlights
3.00 WSL West Ham United v Arsenal.
3.30 SPFL Round-Up
3.45 SPFL Highlights
4.00 EFL Highlights
5.00 EFL Greatest Games
5.30 WSL Recent action.
6.30 EFL Cup Highlights
7.00 LIVE EFL Cup Brentford v Aston Villa. Coverage of the third-round match from Gtech Community Stadium. These two sides last met less than a month ago in the Premier League at this ground, as the hosts came away with a 1-0 win. Kick-off **8.00pm**.
10.30 EFL League One Goals
11.00 EFL League Two Goals
11.30 EFL Greatest Games
12.00 M'T **EFL Cup Highlights** Action from Brentford v Aston Villa.
12.30 AM **EFL Highlights**
3.30 EFL Greatest Games
4.00 to 6.00 AM **Retro League One**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **One-Day International Cricket** England v South Africa.
8.00 Best of England v South Africa
9.30 One-Day International Cricket England v South Africa.
10.25 LIVE County Championship Cricket Coverage of day two of a match from the penultimate round of fixtures in the competition.
7.00 PM **Best of England v South Africa** Archive highlights.
7.30 One-Day International Cricket England v West Indies: Action from the third and final ODI in the series at The Kia Oval, Kennington.
8.30 Best of England v South Africa
10.00 One-Day International Cricket England v South Africa: Action from the first one-dayer in the three-match series at Headingley. **11.00** England v South Africa: Action from the second match in the three-game series at Lord's. **12.00** M'T England v South Africa: Highlights of the third ODI in the three-match series staged at Utilita Bowl in Hampshire.
1.00 AM **Vitality T20 Blast Cricket**
4.45 Best of England v South Africa
5.00 to 6.00 AM **One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Golf Academy**
7.00 Playing Lessons Expert tips.
8.00 Nick Dougherty's Tee Time Tips
9.00 The Open Zone Women's Open.
9.30 DP World Tour Golf
10.00 PGA Tour Golf Highlights.
11.00 Legends Tour Golf
12.00 NOON **Golf Academy**
1.00 PM **Rose Ladies Series**
2.00 Nick Dougherty's Tee Time Tips
3.00 The Open Zone Archive action.
4.00 Legends Tour Golf
5.00 PGA Tour Golf Highlights.
6.00 Ladies European Tour Golf
7.00 Rose Ladies Series
8.00 Golf British Par 3 Championship.
10.00 Ladies European Tour Golf
11.00 PGA Tour Golf Highlights from the Procore Championship.
12.00 M'T **Legends Tour Golf**
1.00 AM **Best of the Open Zone 2024**
2.00 Golf Academy Ian Woosnam.
3.00 Playing Lessons Expert tips.
4.00 Nick Dougherty's Tee Time Tips
5.00 to 6.00 AM **The Open Zone**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA Tennis** Coverage of day two of the Korea Open at Seoul Olympic Park Tennis Center, where the first round is scheduled to continue. The corresponding stage of last year's event saw the number six seed, Yulia Putintseva, suffer a 6-3, 7-6 loss to the unseeded Amanda Anisimova.
2.00 PM **WTA Tennis** Cincinnati Open. **2.30** Canadian Open review. **3.00** The Sao Paulo Open final from Parque Villa-Lobos in Brazil. **4.00** The Guadalajara Open final.
5.00 WTA Tennis Highlights from day two of the Korea Open staged at Seoul Olympic Park Tennis Center.
1.00 AM **ATP Sizzle Reel 2024**
1.15 WTA & ATP Tennis
1.45 Martina Navratilova: Unstoppable An interview.
2.00 to 6.00 AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Snooker Home Nations Series English Open**
8.00 Premier League Review
9.00 The Breakdown
9.30 Champions League Magazine
10.00 WRC Review Rally Chile.
11.00 Snooker Home Nations Series English Open Highlights.
1.00 PM **LIVE Snooker Home Nations Series English Open** Coverage of the fifth session in the first round of the tournament at the Brentwood Centre in Essex.
5.00 LIVE UEFA Champions League Athletic Bilbao v Arsenal. Coverage of the league phase match staged at San Mames. Kick-off is at **5.45pm**.
8.00 LIVE UEFA Champions League Real Madrid v Marseille. Coverage of the league phase game staged at the Bernabeu. Kick-off **8.00pm**.
10.30 PL Netbusters Featuring Arsenal v Nottingham Forest.
11.00 Premier League Stories
11.30 MLB Lead Off Match preview.
12.00 M'T **LIVE MLB** Coverage of a Major League Baseball match.
3.00 to 6.00 AM **LIVE MLB** A Major League Baseball match.

TNT Sports 2

411 414 522 409 431

6.00 AM **Motocross World Championship** From Shanghai.
7.30 UCI Mountain Bike World Championship From Valais.
8.30 MotoGP GP of San Marino.
12.00 NOON **MotoGP Chequered Flag**
1.00 PM **MLB Highlights**
2.00 The Gruppetto Cycling action.
2.15 Premier League Review
3.15 Champions League Magazine
3.45 The Breakdown
4.15 Premier League
5.45 LIVE UEFA Champions League PSV Eindhoven v Union Saint-Gilloise. Coverage of the league phase match from Philips Stadion. Kick-off **5.45pm**.
7.45 LIVE UEFA Champions League Juventus v Borussia Dortmund. Coverage from Allianz Stadium. Kick-off **8.00pm**.
10.00 Premier League Netbusters
10.30 Premier League Stories
11.00 Premier League: Big Interview
11.30 Serie A Action from Italy.
1.30 AM **Onboard** Highlights.
2.00 Snooker Home Nations Series English Open
4.00 Fishing: On the Bank
5.00 to 6.00 AM **IFSC Climbing World Cup Highlights**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Bitesize Highlights**
7.00 NFL Highlights
10.00 NFL Bitesize Highlights
11.00 NFL Highlights Houston Texans v Tampa Bay Buccaneers.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 NFL Highlights Las Vegas Raiders v Los Angeles Chargers. **4.00** Action from Houston Texans v Tampa Bay Buccaneers.
5.00 NFL Bitesize Highlights
6.00 NBC's Pro-Football Talk Mike Florio and Chris Simms present the NFL talk show.
8.00 NFL Bitesize Highlights Detroit Lions v Chicago Bears. **8.15** Action from Kansas City Chiefs v Philadelphia Eagles. **8.30** Highlights from Minnesota Vikings v Atlanta Falcons. **8.45** Action from Seattle Seahawks v San Francisco 49ers.
9.00 NFL Highlights Las Vegas Raiders v Los Angeles Chargers. **10.00** Highlights from Houston Texans v Tampa Bay Buccaneers.
11.00 NFL Fantasy Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 to 6.00 AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA Tennis** Coverage of day two of the Korea Open at Seoul Olympic Park Tennis Center, where the first round is scheduled to continue. The corresponding stage of last year's event saw the number six seed, Yulia Putintseva, suffer a 6-3, 7-6 loss to the unseeded Amanda Anisimova.
10.00 Sky Sports FC
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
5.00 The Premier League Show
7.00 EFL Cup Build-Up
7.50 LIVE EFL Cup Crystal Palace v Millwall. Coverage of the third-round match from Selhurst Park, as the two South London clubs meet for the second time in a cup competition this year. They met in the fifth round of the FA Cup back in March as the hosts came away with a 3-1 win thanks to goals from Daniel Munoz, Eddie Nketiah and a Japhet Tanganga own goal. Kick-off is at **8.00pm**.
10.30 Back Pages Tonight
11.00 Sky Sports News
1.00 AM **Craig Brown: My Scotland**
1.30 Dundee United: Champions 83
2.00 to 6.00 AM **EFL Cup Retro**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 PGA Tour Golf Highlights.
8.00 WTA Tennis Recent finals.
10.00 DP World Tour Golf
10.30 HotelPlanner Tour Golf
11.00 PGA Tour Golf Highlights.
12.00 NOON **The Rugby Championship** South Africa v New Zealand from 2024.
2.00 PM **PL Greatest Games**
3.00 DP World Tour Golf
3.30 International T20 Cricket England v South Africa.
8.00 WTA Tennis Recent finals.
10.00 Ladies European Tour Golf
11.00 DP World Tour Golf Day four of the BMW PGA Championship.
11.30 HotelPlanner Tour Golf
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
3.00 EFL Greatest Games
4.00 Nick Dougherty's Tee Time Tips
5.00 to 6.00 AM **The Open Zone**

TNT Sports 3

413 415 523 410 432

6.00 AM **NWSL** Recent highlights.
8.00 IFSC Climbing World Cup
9.00 Playing for Our Future: Rugby
9.15 The Gruppetto Cycling action.
9.30 Cycling Grand Prix Quebec.
11.30 LIVE Athletics World Championship Coverage of day four at Japan National Stadium.
2.30 PM **UIM F1H2O World Championship Highlights**
3.00 AFL Action from the semi-finals.
6.00 SailGP Highlights
7.00 Onboard Ocean Race Europe.
7.30 CPL Highlights
8.00 LIVE UEFA Champions League Benfica v Qarabag. The league phase match from Estadio da Luz. Kick-off **8.00pm**.
10.00 MotoGP Rewind
10.15 The Gruppetto Cycling action.
10.30 UFC Connected
11.00 Cliff Diving World Series
12.00 M'T **UEFA Champions League**
2.30 AM **Serie A** Action from Italy.
4.30 to 6.00 AM **Formula E**

TNT Sports 4

414 416 524 411 434

6.00 AM **Fishing: On the Bank**
7.00 Longines Global Champions Tour Grand Prix of Riesenbeck.
8.00 Onboard Ocean Race Europe.
8.30 TNT Sports Cricket Reload
9.00 Women's One-Day International Cricket
10.00 Serie A Action from Italy.
12.00 NOON **NWSL** Highlights.
2.00 PM **WRC Review** Rally Chile.
3.00 UCI Mountain Bike World Championship From Valais.
4.00 Cycling Grand Prix Quebec.
6.00 British Speedway
7.00 LIVE Snooker Home Nations Series English Open Coverage of the sixth session in the first round of the tournament at the Brentwood Centre in Essex.
11.00 MotoGP Highlights from the Grand Prix of San Marino.
2.30 AM **MotoGP Chequered Flag**
3.30 British Speedway
4.30 WRC Review Rally Chile.
5.30 to 6.00 AM **Onboard**

Premier Sports 1

419 551

6.00 AM **Euro Le Mans Highlights**
7.00 Transworld Sport Magazine.
8.00 World Surf League
9.00 FIA World Endurance Championship Highlights.
10.00 Mass Participation World
11.00 FIM Sidecarcross
12.00 NOON **Football Highlights**
2.00 PM **Euro Le Mans Highlights**
3.00 LaLiga Match Highlights
3.30 Mass Participation World
4.30 FIA World Endurance Championship Highlights.
5.30 Top 14 Rugby Union Highlights
6.00 LaLiga Match Highlights
7.00 NASCAR Highlights
8.00 Transworld Sport Magazine.
9.00 Football Highlights
12.00 M'T **FIM Sidecarcross**
1.00 AM **Top 14 Rugby Union**
1.30 Sporting Greats
2.00 NASCAR Highlights
3.00 Scottish Football Social Club
4.00 Mass Participation World
5.00 to 6.00 AM **FIM Sidecarcross**

Premier Sports 2

420 552

6.00 AM **Temples of Sport** Sporting venues from around the globe.
7.00 NASCAR Another chance to see the Bass Pro Shops Night Race.
11.00 GP Confidential F1 news.
11.30 Bike World Magazine.
12.00 NOON **LaLiga** Another chance to see Espanyol v Mallorca.
2.00 PM **Top 14 Rugby Union** A replay of Racing 92 v Bordeaux.
4.00 Football's Greatest The best ever players discuss their careers.
5.00 LaLiga Another chance to see Real Sociedad v Real Madrid.
7.00 LaLiga Celta Vigo v Girona.
9.00 Bike World Action from the high octane world of two wheels.
9.30 GP Confidential All the latest Formula One news.
10.00 Eredivisie Another chance to see Heracles Almelo v AZ Alkmaar.
12.00 M'T **Top 14 Rugby Union** La Rochelle v Clermont Auvergne.
2.00 AM **NASCAR Trucks**
5.00 to 6.00 AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
1.15 PM **Formula 1** A replay of the 2019 Azerbaijan Grand Prix. **3.30** Another chance to see the 2021 Azerbaijan Grand Prix.
5.45 Formula 1 The 2022 Azerbaijan Grand Prix at Baku City Circuit. **8.00** Highlights from the 2017 Azerbaijan Grand Prix in Baku.
9.00 Formula 1 The 2018 Azerbaijan Grand Pri at Baku City Circuit. **10.00** Highlights from the 2019 Azerbaijan Grand Prix.
11.00 Formula 1 From Azerbaijan.
1.00 to 6.00 AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 17 September

Evening Planner

Football

Champions League
TNT Sports, kick-offs 8pm
This evening's games include Liverpool v Atletico Madrid (TNT Sports 1) and Bayern Munich v Chelsea (TNT Sports 2).

Drama

Doc
Sky Witness, 9pm
Molly Parker stars in this new drama as Dr Amy Lawson, who is navigating her life with no memory of the past eight years.

OnDemand

prime

Gen V
Available today
Season two of *The Boys* spin-off. The superheroes return to God U to continue training. Stars Jaz Sinclair and Asa Germann.

OnDemand

tv+

The Morning Show
Available today
The drama returns for a fourth season, two years on from the UBA-NBN merger. Stars Jennifer Aniston.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef		9.00 Stranded on Honeymoon Island		10.00 News; Local News	10.40 MOTD...
	102 BBC2	7.00 SOS: Extreme...	7.30 Grand Tours of...	8.00 Digging for Britain		9.00 Wilderness with Simon Reeve		10.00 Missing in...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Madeleine McCann: Searching for the...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 The Donald Trump Show		10.00 24 Hours in A&E	
	105 5	7.00 Baby Elephant Hospital		8.00 Street Cops: Catching the Yobs		9.00 The Rumour		10.00 The Body in the Suitcase: A Murder...	
	106 SKY SHOWCASE	7.00 The Office (US)		8.00 Whale with Steve Backshall		9.00 Never Mind the Buzzcocks			10.30 Katherine...
ENTERTAINMENT	115 BBC3	7.00 Athletics...	7.30 Horrible...	8.00 Freddie Flintoff's Field of Dreams...		9.00 Stacey & Joe		10.00 Our Girl	
	116 BBC4	7.00 Last Days of Steam: Timeshift		8.00 Great Railway Journeys: Crewe to...		9.00 Great Railway Journeys: Confessions...		10.00 Phil...	10.20 The Firm – Screen Two
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Olivia Attwood's Bad Boyfriends		10.00 Family Guy	
	136 MORE4	◂ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 The Orient Express: A Golden Era of...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 First Dates		9.00 Gogglebox 2020			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 Doc		10.00 Fire Country	
	108 SKY ATLANTIC	◂ 6.50 Homicide: Life on the Street		7.55 Game of Thrones		9.00 The White Lotus			10.15 Atomic
	110 U&GOLD	7.00 Dad's Army	7.35 Fawlty Towers						10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?...	7.35 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
	120 ITV4	7.00 Silverstone Festival		8.00 The Chase Celebrity Special		9.00 Film: Crimson Tide			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 Film: Mr Bean's Holiday	
	139 SKY SCI-FI	7.00 Primeval		8.00 Stargate Atlantis		9.00 The Ark		10.00 True Blood	
	113 SKY MAX	7.00 Stargate Universe		8.00 There's Something About Movies		9.00 Film: Gods of Egypt			
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise		9.00 Mudtown		10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Science Fiction in the Atomic Age		9.00 50 Years on Film: David Hockney		10.00 Katharine Hepburn: Call Me Kate	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Mega Shippers		9.00 Street Outlaws: Locals Only		10.00 Roadworthy Rescues	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Dog Detectives		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Engineering Europe	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 The Sumatran Monster		9.00 Curse of Skinwalker Ranch		10.00 Beyond Skinwalker Ranch	
	155 U&YESTERDAY	7.00 Tropic of Cancer with Simon Reeve		8.00 Train Truckers		9.00 Train Rescue Down Under		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Telemarketers		8.00 The Jinx: The Life and Deaths of...		9.00 The Case Against Adnan Syed			10.15 Bruno v Tyson
FILMS - Sky Cinema	301 PREMIERE	◂ 5.45 Spin the Bottle		8.00 Nosferatu					10.15 Die Alone
	302 10s	◂ 6.00 Pitch Perfect 2		8.00 Pitch Perfect 3			9.40 Yesterday		
	303 GEMS	◂ 5.30 Gladiator II		8.00 There Will Be Blood					10.40 Great...
	304 GREATS	◂ 5.40 The Fisher King		8.00 Footloose				10.00 Grease	
	305 ANIMATION		7.15 Open Season 3		8.40 The Pirates! In an Adventure with Scientists				10.20 Little Vampire
	306 FAMILY	◂ 6.00 Stuart...	7.25 Wicked						10.10 A Tiger's Journey
	307 ACTION	◂ 6.15 Charlie's Angels		8.00 Charlie's Angels: Full Throttle				9.50 Venom: The Last Dance	
	308 COMEDY	◂ 6.25 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.40 The Nutty Professor		
	309 THRILLER	◂ 5.45 Sherlock Holmes		8.00 Sherlock Holmes: A Game of Shadows					10.15 Jack Reacher: Never Go...
	310 DRAMA	◂ 5.45 Love Actually		8.00 Joker: Folie à Deux					10.20 Meet Joe Black
	311 SCI-FI	◂ 6.10 The Nun		8.00 2012					
	313 FILM4	◂ 6.00 Transformers: Dark of the Moon				9.00 Good Luck to You, Leo Grande			
SPORT	401 MAIN EVENT	7.00 EFL Cup – Live: Swansea City v Nottingham Forest (Kick-off 8.00)							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special							10.30 PL Stories
	403 FOOTBALL	7.00 EFL Cup – Live: Swansea City v Nottingham Forest (Kick-off 8.00)							10.30 EFL Cup...
	405 CRICKET	7.00 Best of...	7.30 One-Day International Cricket				9.30 Best of England v South Africa		
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Liverpool v Atletico Madrid (Kick-off 8.00)							10.30 Miracle of...
	411 TNT SPORTS 2	7.00 UEFA Champions League – Live: Bayern Munich v Chelsea (Kick-off 8.00)							10.30 T20 Cricket...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition Properties in London and Greater Manchester. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Athletics: World Championships** Further coverage of day five from Tokyo, featuring the men's 1500m final at 2.20. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** New edition From Glasgow. (S)
4.30 **The Answer Run** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Stranded on Honeymoon Island

7 PM

7.00 **The One Show** Alex Jones and Vernon Kay present the topical show. (S)
7.30 **EastEnders** Stacey and Zoe stake out Greg's place, while Vicki is furious to learn Joel has gone to the podcast recording. (S)(AD)

8 PM

8.00 **MasterChef** New edition 19/24. The semi-finals begin with a trip to Chawton House in Hampshire, where the hopefuls cook up a feast for members of the Jane Austen Society. (S)(AD) ■ Continues tomorrow

9 PM

9.00 **Stranded on Honeymoon Island** New edition 7/12. The couples split into two groups and go for days out on separate islands, unaware that castaways plan to gatecrash their parties. (S)(AD) ■ Continues tomorrow

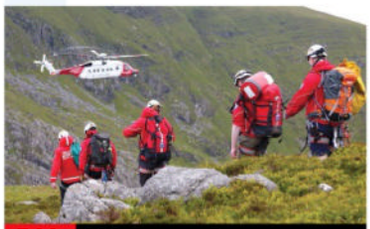
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: UEFA Champions League** Gabby Logan presents action from the matchday one league phase fixtures, including Liverpool v Atlético Madrid at Anfield, Athletic Bilbao v Arsenal at San Mamés and Tottenham Hotspur v Villarreal at the Tottenham Hotspur Stadium. (S)
12.00 M'T **FILM The Aftermath** Drama with Keira Knightley and Alexander Skarsgård. In post-war Hamburg, tensions arise for a British colonel and his wife after they move in with a German widower. (S) (2019, 15, 100min) ★★★★
1.40 AM **Weather for the Week Ahead**
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Escape to the Country** (S)(R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** From Scotland. (S)(R)
9.00 **BBC News** (S)
11.00 **LIVE Athletics: World Championships** Jeanette Kwakye presents coverage of day five from Japan National Stadium, Tokyo. (S)
2.00 PM **Hairy Bikers' Best of British** Mediterranean recipes. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **World's Sneakiest Animals** (S)(R)
5.15 **Flog It!** From Hull. (S)(R)
6.00 **Richard Osman's House of Games** With Tim Key, Jamie Laing, Sunetra Sarker and Laura Whitmore. (S)(R)
6.30 **Great Coastal Railway Journeys** Michael goes on a journey from Dover to Margate. (S)(R)(AD)



7.00 SOS: Extreme Rescues

7.00 **SOS: Extreme Rescues** New edition A paraglider with vertigo gets stuck in the snow on Crib Goch. (S)
7.30 **Grand Tours of Scotland's Rivers** Paul Murton follows the River Irvine in Ayrshire. (S)(R)(AD)
8.00 **Digging for Britain** Alice Roberts visits a farmer's field in Rutland to examine evidence of a Roman barn conversion, as well as visiting the excavation of one of Henry VIII's lost forts in Hull. (S)(R)(AD)
9.00 **Wilderness with Simon Reeve** 2/4. Simon treks across the high mountains and treacherous ice fields of Patagonia, coming face to face with pumas and riding with gauchos, the cowboys of South America. (S)(R)(AD)
10.00 **NEW SERIES Missing in Paradise: Searching for Sarm** 1/3. Journalist Tir Dhondy investigates the disappearance of Sarm Heslop in 2021. (S)(AD) ■ Continues tomorrow
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** The week's major global news stories. (S)
11.30 **Twiggy** The life and career of the iconic 1960s model. (S)(R)(AD)
1.00 AM **Sign Zone: The Great British Sewing Bee** (S)(R)(AD)
2.00 **Sign Zone: Disaster at Sea: The Piper Alpha Story** (S)(R)(AD)
3.00 **Sign Zone: Stranded on Honeymoon Island** (S)(R)(AD)
4.00 **Sign Zone: MasterChef** (S)(R)(AD)
4.30 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and his team head to Fleetwood, Lancashire, where Stewart Hofgartner is tempted into paying too much for something from a galaxy far far away. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as five old schoolmates take part in the quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** Gabby lets rip at Bernice, who runs to Bob for comfort, while Ray is scheming. (S)(AD)
8.00 **Coronation Street** Carla pressures Lisa to tell Betsy the truth, Kit keeps a suspicious eye on Carl, and Theo vows to do whatever it takes to secure access to his children. (S)(AD)
9.00 **NEW Madeleine McCann: Searching for the Prime Suspect** Criminologist Dr Graham Hill examines the case against the man who German prosecutors suspect may be responsible for the toddler's abduction. (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Jack Reacher** Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike. (S)(AD) (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **Teleshopping**
3.00 **Tonight: Toxic Legacy – Our Hidden Drug Scandal** (S)(SL)(R)
3.25 **The Dry** 2/8. (S2) (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 13-16/24. (S3) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA**
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition Winter storms destroy Mike's work at his village. (S)
5.00 **Four in a Bed** New edition The third visit is to Copper Beech Glamping in Staffordshire. (S)
5.30 **Come Dine with Me** Model and influencer Thandie hosts the third dinner party in Bolton. (S)(R)
6.00 **Sun, Sea and Selling Houses** A Cornish couple plan to spend their retirement in Spain. (S)(R)

8.00 Location, Location, Location

7.00 **News** (S)
8.00 **Location, Location, Location** New edition Kirstie Allsopp and Phil Spencer go house-hunting in Buckinghamshire with two couples who want to get away from renting and onto the property ladder. (S)(AD)
9.00 **The Donald Trump Show** New edition A novel take on the US President's second term in office, continuing as he pursues an ambitious agenda to transform America – having learned his lessons from his first term. (S)(AD)
10.00 **24 Hours in A&E** A 35-year-old man is rushed to Queen's in Nottingham after collapsing at home, and advanced clinical practitioner Marijke reflects on her journey to becoming a medic in the UK from the Netherlands. (S)(R)
11.00 **24 Hours in A&E** (S)(R)
12.05 AM **999: On the Front Line** (S)(R)
1.05 **Ramsay's Kitchen Nightmares USA** From Colorado. (S)(R)
2.05 **Kirstie and Phil's Love It or List It: Brilliant Builds** (S)(R)
3.00 **Huge Homes with Hugh Dennis** A labyrinthine home. (S)(SL)(R)(AD)
3.55 **Find It, Fix It, Flog It** (S)(R)
4.00 **Location, Location, Location** (R)
4.55 **George Clarke's Amazing Spaces**
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)
2.20 FILM **My Missing Sister** Thriller starring Kelly Sullivan. (S) (2022, 12, 100min) ★★
4.00 **All Creatures Great and Small** *The Home Front:* 6/7. Helen begins to feel redundant at Skeldale. (S4) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Colin faces a busy day as the vet visits his farm to carry out health checks on various animals. (S)(R)(AD)
6.55 **News** (S)

9.00 The Rumour

7.00 **Baby Elephant Hospital** 2/4. An elephant is brought in with the suspected deadly herpes virus, and one of the oldest female elephants has an infected foot. (S)(R)
7.55 **News** (S)

8.00 **Street Cops: Catching the Yobs** New edition Officers put a specialist team together to bring in a man who has been terrorising Northamptonshire locals with his dangerous dogs for months. (S)

9.00 **The Rumour** New episode 4/5. Joanna becomes obsessed with finding out who Sally McGowan is, and Michael is horrified by Joanna's behaviour. (S1) (S)(AD)
■ Concludes tomorrow

10.00 NEW SERIES **The Body in the Suitcase: A Murder Mystery** Murder cases where a body is found in an unusual place. The first edition looks at when a women's remains were discovered in a suitcase in North Yorkshire. (S)
11.05 **Murder in the Family: The Thomas Kwan Affair** (S)(R)
12.25 AM **Murdered at First Sight** New edition A case from 2007 in which a home invasion turned into a massacre. (S)
1.20 **PlayOJO Live Casino Show** (S)
3.25 **Friends** (S1&2) (S)(R)
4.35 **Nick Knowles' Big House Clearout** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Uptown Otters** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 2/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Blood Feud:* Mr Burns receives a blood transfusion from Bart. (S)(R) **5.30** *One Fish, Two Fish, Blowfish, Blue Fish:* Homer eats a poisonous fish. (S)(R) **6.00** *Mr Lisa Goes to Washington:* Lisa comes first in a writing competition and wins a trip to Washington. (S)(R) **6.30** *When Flanders Failed:* Ned Flanders opens a shop for left-handed customers. (S)(R)

10.30 Katherine Ryan: Missus

7.00 **The Office (US)** *The Convict:* 9/25. Michael learns that a new employee has a prison record. (S)(R) **7.30** *A Benihana Christmas – Part One:* 10/25. Michael's inappropriate Christmas cards upset Carol. (S3) (S)(R)

8.00 **Whale with Steve Backshall** 3/4. Whales that face the longest migratory journeys, including a female Southern right whale that has travelled to the waters off Argentina to give birth. (S)(R)(AD)

9.00 **Never Mind the Buzzcocks** Guests Maisie Peters, Lethal Bizzle and James Buckley join the regulars. (S)(R)(AD) **9.45** With James Acaster, Kerry Godliman, Loyle Carner and Martin Kemp. (S)(R)(AD)

10.30 **Katherine Ryan: Missus** A stand-up show by the comedian in which she reveals how marriage has given her new perspectives on life, love and what it means to her. (S)(R)

11.50 **An Idiot Abroad 2** Karl watches whales in Alaska. (S)(R)(AD)
12.45 AM **Road Wars** Double bill. (R)
2.00 **Atomic** Series finale *The Path of Totality:* 5/5. Max and JJ attempt to win back the uranium in Casablanca, but the pair face a big decision as the cartel closes in. (S1) (S)(AD)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 2/13. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.45pm Politics Scotland (S) **3.15-3.45** Escape to the Country (S)(R) **12.00m't** Scotcast (S)(R) **12.30am** FILM The Aftermath (S) (2019, 15, 100min) ★★★★ **2.10** Weather for the Week Ahead (S) **2.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Girl Fight New edition (S) **11.10** MOTD: UEFA Champions League (S) **12.30am** The Hit List (S)(R) **1.15-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm SOS: Extreme Rescues New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
11.30pm Mammoth (S)(R) **12.00m't-1.00am** Sign Zone: The Guest (S)(SL)(R)(AD)

WALES
Sky 968, Freesat 968
7.00-7.30pm The One Show (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Y Ci Perffaith **12.30** Heno **1.00** Adeiladu'r Freuddwyd: Camp Out West **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Hen Dy Newydd (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ralïo: Pencampwriaeth Rali'r Byd **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Pobol y Cwm New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Golau: Dwr (AD) **10.00** Priodas Pum Mil **11.00-11.35pm** Bwyd Bach Shumana a Catrin

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Athletics: World Championships Highlights** A round-up of action from day five in Tokyo.
7.30 **Horrible Histories** Queen Victoria's coronation fails to go according to plan.
7.55 **The Catch Up**
8.00 **Freddie Flintoff's Field of Dreams: Ultimate Test** 2/4. Freddie discovers one of the most dilapidated clubs he has ever seen.
9.00 **Stacey & Joe** 2/6. The school run gets swapped for ski runs in a snowy family adventure.
10.00 **Our Girl** 2/5. Molly strikes up a friendship with a young Afghan girl named Bashira. **11.00** 3/5. Molly and Smurf return to the UK for rest leave. (S1)
12.00 M'T FILM **Words on Bathroom Walls** Romantic drama starring Charlie Plummer, Andy Garcia and Taylor Russell. (2020, 12, 110min) ★★★★
1.45 **to 4.00** AM **Thailand: The Dark Side of Paradise**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Timeshift: Last Days of Steam** Britain's investment in new steam locomotives in the 1950s.
8.00 **Great Railway Journeys: Crewe to Crewe with Victoria Wood** The comedian tour of northern England and Scotland.
8.55 **London to Brighton: Side By Side** From 1953 and 1983.
9.00 **Great Railway Journeys: Confessions of a Trainspotter** Travelling from London to Scotland.
10.00 NEW **Phil Davis Remembers... The Firm** Actor Phil Davis looks back at the 1989 drama *The Firm*.
10.20 **The Firm: Screen Two** Drama about a vicious 'firm' of football hooligans.
11.30 **Why the Industrial Revolution Happened Here** Documentary.
12.25 AM **Timeshift: Last Days of Steam** As 7.00pm.
1.25 **Great Railway Journeys: Confessions of a...**
2.25 **to 3.25** AM **Britain's Lost Masterpieces**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw attempt to restore a Citroën SM. **4.50** Fuzz and Tim restore a 1962 TVR Grantura.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help a couple to find a home near London. **6.55** Kirstie and Phil catch up with two couples they helped to buy homes.
7.55 **Grand Designs** Mark and Candida present their Devon-based builder with a unique challenge in the form of a timber-clad, plough-shaped home with a working barn and complex, curved roof.
9.00 **The Orient Express: A Golden Era of Travel** New edition 3/4. The Express travels east through Austria. In Vienna there's a session at the home of Sigmund Freud, whose own flight to freedom is forever linked to the Orient Express.
10.00 **24 Hours in A&E** A 12-year-old girl is treated after falling down the stairs.
11.05 **24 Hours in A&E**
12.10 AM **The Orient Express: A Golden Era of Travel**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 7-10/24. (S6)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.05 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** Tony feels disheartened behind bars.
7.30 **The Simpsons** *El Viaje Misterioso de NuestroJomer (The Mysterious Voyage of Our Homer):* An overdose of spicy food causes Homer to experience hallucinations.
8.00 **First Dates** Dog-loving electrician Ross connects with a single mother and dog groomer Brenna.
9.00 **Gogglebox 2020** The armchair critics give their thoughts on 2020's TV output, including *Nigella's Cook, Eat, Repeat*, *The Undoing* and *First Dates*.
11.00 **First Dates**
12.05 AM **Naked Attraction**
1.05 **The Simpsons**
1.35 **Gogglebox 2020**
3.30 **Below Deck**
4.20 **Young Sheldon**
5.10 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Wednesday primetime

Wednesday primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **The Best of Nothing to Declare** Double bill.
10.00 **Stop, Search, Seize**
11.00 **Sun, Sea and A&E**
12.00 NOON **FBI** 20/22. (S5)
1.00 PM **FBI: International** (S2)
2.00 **FBI: Most Wanted** 19/22. A news anchor is shot dead in the car park of her work. (S4)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Doc

7 PM — 7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM — 8.00 **The Equalizer** *He Ain't Heavy:* 8/18. Mel and her sister race to save their brother after he is abducted. (S3)

9 PM — 9.00 **NEW SERIES Doc** *If at First You Don't Succeed:* 1/10. Medical drama tarring Molly Parker. *See feature, page 12.* (S1)

10 PM — 10.00 **Fire Country** New episode *Promise Me:* 8/20. Eve has a less-than-warm reunion with her father. (S3)
■ Entire series on Box Sets
11.00 **Bull** 21/22. (S6)
12.00 M'T **New Amsterdam** (S5)
1.00 AM **The Equalizer** 7/18. (S3)
2.00 **FBI** New episode 7/22. (S7)
3.00 **FBI: International** New episode 7/22. (S4)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Hotels in Tokyo.
7.00 **The Guest Wing**
8.00 **True Blood** 9&10/10. (S7)
10.15 **Westworld** 5&6/8. (S3)
12.25 PM **Game of Thrones** (S3)
1.25 **Das Boot** 5&6/10. (S3)
3.25 **Boardwalk Empire** (S1)
5.45 **Homicide: Life on the Street** 12/20. Howard, Felton and Bolander are shot as they try to arrest a suspect. **6.50** 13/20. Pembleton arrests the suspect in the shooting of his fellow law-enforcers. (S3)

3.25 Boardwalk Empire

7.55 **Game of Thrones** *Walk of Punishment:* 3/10. Tyrion assumes new responsibilities, Daenerys meets with the slavers and Jaime strikes a deal with his captors. (S3)

9.00 **The White Lotus** *The Meaning of Dreams:* 3/8. Saxon gets work calls, so Timothy enforces a no-phone rule. (S3)

10.15 **Atomic** *Little Boy:* 4/5. Max and JJ prepare for the exchange with the cartel, under the watchful eye of Cassie. (S1)
11.15 **True Detective** 2/8. (S3)
12.25 AM **In Treatment** 16/43. (S1)
12.55 **Succession** 5/9. (S3)
2.05 **Atomic** Series finale 5/5. The cartel close in. (S1)
3.05 **Game of Thrones** (S3)
4.10 **Dexter: New Blood** (S1)
5.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S2)
8.00 **The Blacklist** 20/22. (S9)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 15/20. (S3)
12.00 NOON **The Blacklist** (S9)
1.00 PM **Hawaii Five-0** (S2)
3.00 **Magnum P.I.** 7/20. (S5)
4.00 **S.W.A.T.** 2/13. Hondo and Hicks search for Powell. (S7)
5.00 **SEAL Team** 14/20. The unit try to rescue a high-value target being held hostage. (S3)
6.00 **Stargate Universe** 1/20. Part one of three. First episode of the sci-fi drama. (S1)

9.00 Gods of Egypt

7.00 **Stargate Universe** *Air – Part Two:* 2/20. Part two of three. The members of the group realise they must work together. (S1)

8.00 **There's Something About Movies** With Nick Mohammed, Joanna Lumley and Rob Beckett.

9.00 **FILM Gods of Egypt** Fantasy adventure starring Nikolaj Coster-Waldau and Brenton Thwaites. An ancient Egyptian god seeks the aid of a thief in reclaiming his father's throne from his brother. (2016, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **An Idiot Abroad 2** 4/8. Karl heads to Alaska, where Ricky Gervais and Stephen Merchant have arranged for him to watch whales.
12.10 AM **The Force**
2.00 **Road Wars**
3.00 **Magnum P.I.** 7/20. (S5)
4.00 **S.W.A.T.** 2/13. (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.40 **The Only Way Is Essex**
10.25 **Real Housewives of Potomac**
11.20 **Real Housewives of New...**
12.15 PM **Billie and Greg**
1.20 **The Only Way Is Essex**
2.20 **The Bachelor Australia** New edition Reality series.
4.10 **Real Housewives of Potomac**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

11.05 Universal Basic Guys

7.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 **Olivia Attwood's Bad Boyfriends** New edition 4/10. A cocktail night goes sour as the boys are asked to give up their phones.

10.00 **Family Guy** 6/21. Stewie and Brian go back in time. **10.30** 1/21. Peter sparks a treasure hunt. (S12)
11.05 **Universal Basic Guys** New episode 5/13. (S1)
11.35 **American Dad!** (S14)
12.35 AM **Bob's Burgers** (S9)
1.05 **Olivia Attwood's Bad Boyfriends** As 9.00pm.
2.05 **Deal or No Deal**
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.05 **Doc Martin** 3&4/8. (S4)
10.15 **The Royal** *No Room for Ravers.*
11.20 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.40 **Doc Martin** 7/8. Pauline finds out about Martin's imminent departure to London. **4.45** 8/8. The doctor gets ready to leave Portwenn. (S4)
5.50 **Heartbeat** *Intuition:* Greengrass meets his match in a gang of Liverpudlians.

10.00 Law & Order: UK

6.55 **Heartbeat** *Puppet on a String:* An old foe haunts Ventress, and Maggie is concerned about a girl who wants an abortion.

8.00 **Vera** *Natural Selection:* The detective investigates when the body of a wildlife ranger is found on a remote island. She seems to have been murdered, but was alone on the island when she died.

10.00 **Law & Order: UK** *Safe from Harm:* 2/8. Ronnie and Joe look into the fatal stabbing of a psychiatrist. (S8)
11.00 **Law & Order: UK** 3/8. Ronnie and Joe find a skeleton in a car boot in the River Thames. **12.00** M'T 4/8. Former DI Natalie Chandler's father is accused of murder. (S8)
1.00 AM **Playing Nice** 3/4. (S1)
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** Featuring properties in Dumfries & Galloway and Peebles.
8.00 **This Farming Life** Emma and Ewan move to their new farm on the Isle of Bute.
9.00 **Highland Cops** A Skye resident is suspected of possessing an illegal weapon.
10.00 **Designing the Hebrides** Transforming a dated cafe and bookshop on Skye.
10.30 **Gary: Tank Commander** 1/6. Gary challenges physical trainer Corporal Fox to a race. (S3)
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **The Scandals That Shocked Scotland**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S2)
9.00 **The Conners** (S4)
10.00 **Sex and the City**
11.20 **Girls** 1&2/12. (S3)
12.30 PM **The Office (US)**
1.30 **The Conners** (S4)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S2)
4.30 **Sex and the City**
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S2)
7.45 **Sex and the City** 2/8. Samantha admits she is seeing Richard. **8.25** 3/8. The girls join Richard on a trip to Atlantic City. (S5)
9.00 **Ellen DeGeneres: Here and Now** Stand-up show filmed live at New York City's Beacon Theater.
10.15 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.15 **And Just Like That...**
12.05 AM **Entourage** (S4)
1.15 **Veep** 5&6/7. (S7)
2.30 **Curb Your Enthusiasm**
3.45 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Nutcracker**
7.45 **The Joy of Painting**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Anish Kapoor: Stupid Naughty Boy**
3.00 **Painting Birds with Jim and Nancy Moir**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Science Fiction in the Atomic Age**
9.00 **50 Years on Film: David Hockney**
10.00 **Katharine Hepburn: Call Me Kate**
11.55 **The Pretenders: The Isle of View**
1.20 AM **Art Matters**
2.50 **Sky Arts Book Club**
3.45 **A Play in a Day**
4.45 **to 6.00** AM **National Trust: Garden Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare UK**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager** (S2)
7.00 **Star Trek: The Next Generation** 7/26. (S3)
8.00 **Star Trek: Deep Space Nine** *Crossfire:* 13/26. Odo's feelings for Kira begin to interfere with his duties. (S4)
9.00 **The Rookie** (S5)
11.00 **Grimm** 4/22. (S1)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show hosted by Adil Ray.
2.00 **Wheel of Fortune**
3.00 **Tenable** Quiz show hosted by Warwick Davis.
4.00 **Tenable Christmas Cracker** Five panto performers take on the Tenable Tower.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Beat the Chasers** Bradley Walsh hosts as more hopefuls take on all of the Chasers.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.50 AM **Beat the Chasers** More hopefuls take on all of the Chasers.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 3&4/26. (S5)
12.00 NOON **Highway to Heaven** 19/24. (S2)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Full Circle** Romantic drama starring Teri Polo.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 3/8. (S2)
7.30 **Man About the House**
8.00 **A Fine Romance** (S2)
8.30 **Home to Roost** 1/7. (S2)
9.00 **Rumpole of the Bailey** *Rumpole's Return:* A young aristocrat is found murdered.
11.20 **Rising Damp** 3/8. (S2)
11.50 **Man About the House**
12.20 AM **M*A*S*H** (S11)
1.20 **Home to Roost** 1/7. (S2)
1.50 **A Fine Romance** (S2)
2.20 **Danielle Steel's Full Circle** As 4.00pm.
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **The Saint**
7.20 **Kojak** Double bill.
9.25 **Magnum, PI**
11.30 **Robin of Sherwood**
12.40 PM **BattleBots**
1.40 **Kojak** Double bill.
3.45 **Magnum, PI** *Paradise Blues:* TC helps out an old flame. **4.50** *The Return of Luther Gillis:* Luther returns to Hawaii.
5.55 **The Saint** *The Persistent Patriots:* Templar saves the life of a prime minister.

9.00 Crimson Tide

7.00 **Silverstone Festival** Featuring wheel-to-wheel racing action featuring the GT3 Legends and 500cc F3 cars.

8.00 **The Chase Celebrity Special** Guests Toby Anstis, Paula Radcliffe, Rav Wilding and Vanessa Feltz take part in the quiz.

9.00 FILM **Crimson Tide** Submarine thriller starring Denzel Washington and Gene Hackman. With the world on the brink of nuclear war, the commander and second-in-command of a US submarine struggle for control of the vessel. (1995, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Wrestling: AEW Collision** Hard-hitting action, featuring Jay White and Thunder Rosa.
1.20 AM **BattleBots**
2.20 **The Protectors**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 19/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 7/26. (S2)
2.00 **Primeval** As 7.00pm.
3.00 **Star Trek: Enterprise** (S1)
4.00 **Stargate Atlantis** 11/20. (S4)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 19/26. Picard's competence as captain is called into question. (S1)

6.00 Star Trek: The Next...

7.00 **Primeval** 4/6. The team tackle killer beetles from the future, which swarm into Connor's lab through an anomaly. (S5)

8.00 **Stargate Atlantis** *Be All My Sins Remember'd:* 11/20. Part two of two. The crew try to ally with the Wraith. (S4)

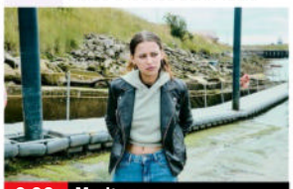
9.00 **The Ark** *Failed Experiment:* 1/12. The crew of spaceship *Ark One* must decide the best way forward. (S2)

10.00 **True Blood** *Karma:* 6/10. Eric and Pam forge an alliance, while there is a shocking discovery in store for Sookie. (S7)
11.00 **Westworld** 3/8. Dolores and Caleb begin to form a key partnership. (S3)
12.10 AM **SurrealEstate** 6/10. A neighbourly conflict draws the Agency into a feud. (S2)
1.00 **Primeval** As 7.00pm.
2.00 **Westworld** 2/8. (S3)
3.10 **SurrealEstate** 5/10. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 18/23. (S2)
11.00 **Hudson & Rex** 11/16. (S6)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S13)
4.00 **The Mentalist** 18/23. (S2)
5.00 **Hudson & Rex** 11/16. Rex goes missing while investigating the theft of a champion horse. (S6)
6.00 **Father Brown** *The Paradise of Thieves:* A man is found dead inside a locked bank vault.



9.00 Mudtown

7.00 **Body of Proof** *Lazarus Man:* 4/20. A supposedly dead man gets up and walks out of Ethan's examination room. (S2)

8.00 **Death in Paradise** *Frappe Death Day:* 4/8. The team investigate the fatal shooting of a coffee plantation owner. (S8)

9.00 **Mudtown** New episode *Fly Away Home:* 5/6. Beca does what she can to get Sonny out of prison. (S1)
■ Entire series on Box Sets

10.00 **Father Brown** *The Beast of Wedlock:* Father Brown investigates a missing person, a murder and a mythical wild cat.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 3/16. After a journalist receives death threats, Diana goes undercover to protect her. (S3)
1.00 AM **Death in Paradise** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Open All Hours**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Open All Hours**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Open All Hours**

6.20 Open All Hours

7.00 **Dad's Army** The bumbling platoon chase a runaway barrage balloon.
7.35 **Fawlty Towers** Prudish Basil tries to stop an unmarried couple lowering moral standards. **8.20** A rumour that hotel inspectors are in town throws Basil into a panic.

9.00 **Fawlty Towers** Basil holds an exclusive night of gourmet cuisine. **9.40** A party of German guests come to stay and Basil ensures everyone is on their best behaviour.
10.20 **Not Going Out** Lee's father turns up on his doorstep, looking for somewhere to stay.
11.00 **Open All Hours**
11.40 **Bottom**
12.20 AM **Men Behaving Badly**
12.55 **Fawlty Towers**
2.20 **Not Going Out**
2.50 **Bottom**
3.20 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
10.00 **Trawlermen**
12.00 NOON **Storage Hunters UK**
1.00 PM **Celebrity Storage Hunters** With Johnny Vegas, Tim Vine and Chris Kamara.
2.00 **Railroad Australia**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Far Eastern Odyssey** Rick continues his culinary journey in Thailand.
6.00 **Hairy Bikers' Best of British** The duo celebrate Britain's numerous food festivals.

5.00 Far Eastern Odyssey

7.00 **Would I Lie to You? The Unseen Bits** Extra material from the show.
7.35 **Richard Osman's House of Games** Contestants include Josie Lawrence and Laura Whitmore. **8.15** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.

9.00 **QI XL** Julia Zemiro, Tim Vine, Rob Brydon and Alan Davies tackle Stephen Fry's questions on the theme of jolly.

10.00 **Have I Got a Bit More News for You** Clive Myrie hosts the satirical current affairs quiz, with guests Jo Brand and Katy Balls.
11.00 **8 Out of 10 Cats**
11.50 **Mock the Week**
12.25 AM **Would I Lie to You? At Christmas** With Ray Winstone.
1.05 **Would I Lie to You? The Unseen Bits** As 7.00pm.
1.45 **Survivor South Africa**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

Wednesday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** Property series.
11.00 **Help! We Bought a Village** From Sicily.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
7.30 **The Great British Bake Off** The bakers try to impress Paul Hollywood in Bread Week.
9.00 **24 Hours in A&E** A man is treated for a facial injury after an accident with a machine.
10.00 **Brain Surgeons: Between Life and Death**
11.05 **Celebrity Gogglebox**
12.05 AM **Gogglebox**
1.05 **Taskmaster**
2.05 **8 Out of 10 Cats Does Countdown: Best Bits**
3.05 **The Fear Clinic: Face Your Phobia**
4.05 **to 4.35** AM **Travel Man: 48 Hours in Salzburg**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 5-7/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Missionary Position:* 20/24. Ziva and Tony rescue a kidnapped US Navy chaplain. **7.00** *Rekindled:* 21/24. Gibbs and the team track down an arsonist. **8.00** *Playing with Fire:* 22/24. The team discover the elusive arsonist was not working alone. (S9)
9.00 **Criminal Minds** *Annihilator:* 15/22. FBI executive Linda Barnes joins the team to look into a quadruple murder. **10.00** *Last Gasp:* 16/22. The agents try to find whoever is kidnapping and photographing young women. (S13)
11.00 **Law & Order: Special Victims Unit** (S20)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Traffic Cops: Under Attack** Documentary.
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Treating a patient in cardiac arrest.
9.00 **Call the Bailiffs: Time to Pay Up**
10.00 **999: Critical Condition**
11.00 **999: Emergency Call Out** Documentary.
12.00 M'T **Banged Up Abroad**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.05 FILM **Ride in the Whirlwind** Western written by and starring Jack Nicholson. (1966, PG, 83min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Traffic Cops** A lorry driver is trapped in his cab with brain injuries.
10.00 **Police: Suspect No 1** A gang are suspected of attacking a man.
11.00 **MacGyver** 12/23. (S2)
12.00 M'T **La Brea** New episode 13/14. Gavin leads his family a new way home. (S2)
12.55 AM **Extreme Tow Truckers** Documentary.
1.55 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition Chef Nornie Bero presents a Mystery Box Challenge.
8.00 **Inside the Ambulance** Loz and Dan rush to a man with chest pains.
9.00 **One Born Every Minute** A couple who maintained a long-distance relationship prepare to become parents. **10.00** Two students become parents for the first time.
11.00 **First Responders**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective**
9.00 **A Remarkable Place to Die** New episode *Hard to Swallow – Part One:* 3/8. A rat-nibbled body is discovered in a mine tunnel. (S1)
■ Entire series on U
10.00 **New Tricks**
11.20 **Spooks** 5/8. (S7)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
2.55 **to 4.00** AM **The Bletchley Circle**

+1 hr 243 316 60 260

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Dr Pimple Popper** Roger has a growth on his shoulder that he calls his 'second head', and Jenna is a teenager with a bubble behind her ear.
10.00 **Britain's Fattest People: Shut-Ins** New edition Across the UK, thousands of people are affected by obesity and are shut away from the world.
11.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Celebrity Who Wants to Be a Millionaire?** With Jerry Hall and Nicholas Owen.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill of the darts-based quiz.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** With guests Jamie Theakston and Max Beesley.
5.00 **The Bidding Room**
7.00 **The Celebrity Chase** Fern Britton, Matthew Hoggard, Michelle Mone and Neil Morrissey take part in the quiz show.
8.00 **The Chase** Double bill.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or...**
10.10 FILM **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM FILM **Cat Ballou** Western spoof. (1965, PG, 96min) ★★★★
3.20 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 FILM **xXx: Return of Xander Cage** Thriller. (2016, 12, 107min) ★★★
11.25 FILM **Kickboxer: Vengeance** Thriller. (2016, 15, 90min) ★★
1.25 AM **The Avengers**
2.25 **The New Avengers**
3.25 **Cops Uncut** Double bill.
4.15 **to 5.40** AM **Apocalypse of Ice** Drama. (2020, PG) ★★
+1hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Running Away** Thriller. (2017, PG) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 9/10. (S1)
12.00 NOON FILM **The Teagarden Mysteries: Three Bedrooms, One Corpse** (2016, PG) ★★
1.55 PM FILM **An Aurora Teagarden Mystery: The Julius House** (2016) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 FILM **A Death in the Family** Period drama. (2001, PG, 87min) ★★
8.00 **Unforgettable** (S1)
9.00 **Ruth Rendell Mysteries: Harm Done**
11.20 FILM **A Murderer Upstairs** (2017, PG) ★★
1.25 AM FILM **Kill Thy Neighbour** (2018) ★★
3.00 FILM **Born and Missing** Thriller. (2017, PG) ★★
4.25 **to 4.50** AM **Police Ten 7**
+1hour 322

Great! Christmas

319 317 424 52 47

8.00 AM FILM **A Christmas to Cherish** (2019) ★★
10.00 FILM **A Christmas Break** Drama. (2020, PG) ★★
12.00 NOON FILM **Switched for Christmas** Drama. (2017, PG, 90min) ★★
2.00 PM FILM **Hats Off to Christmas!** Romance. (2013, PG, 85min) ★★
4.05 FILM **Double Christmas** Drama. (2019, U) ★★
5.55 FILM **Christmas Confessions** Romance. (2015, PG, 98min) ★★
8.00 FILM **Hope at Christmas** Drama. (2018, PG) ★★
9.55 FILM **Christmas in Homestead** Drama. (2016, PG, 88min) ★★
11.50 FILM **Twinkle All the Way** Festive drama. (2019, PG, 87min) ★★
1.45 AM FILM **Crashing Through the Snow** Drama. (2021, PG) ★★
3.25 **to 4.50** AM FILM **Hats Off to Christmas!** (2013)
+1hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **I Dream of Jeannie**
10.30 **Soap** 6/25. (S1)
11.00 **In Loving Memory** (S1)
11.30 **Jokers Wild**
12.00 NOON **Please Sir!** (S4)
12.30 PM **Don't Drink the...**
1.00 **The Blue and the Gray**
3.30 **Michael Horden, Going Home**
4.00 **Mapp and Lucia** (S1)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S1)
6.00 **The Monkees** (S1)
6.30 **Soap** 6/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **Don't Drink the Water**
8.00 **Jokers Wild**
8.30 **Lucky Feller**
9.00 **Please Sir!** 2/21. (S4)
9.30 **Brass** 3/6. (S3)
10.00 **Game On** 3/6. (S2)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **The Blue and the...**
2.35 **Auto Rewind**
2.50 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM LIVE **Snooker: English Open** Day three from the Brentwood Centre in Essex.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Double bill following the work of Alaskan crab fishermen.
9.00 **Barnwood Builders** New editions The team build a custom log guest home in Tennessee. **10.00** The crew build a timber-frame pavilion behind their showroom
11.00 **Mysteries of the Deep**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Jamie's Easy Meals for Every Day**
7.00 **Rachel Allen: Bake!**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **The Hairy Bikers' Northern Exposure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **French Adventure**
3.00 **Rachel Allen: Bake!**
4.00 **The Pioneer Woman** New editions Double bill.
5.00 **Jamie's 15 Minute Meals**
6.00 **The Hairy Bikers' Northern Exposure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Hairy Bikers Go West**
10.00 **The Hairy Bikers' Comfort Food**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 3/28. (S1)
9.00 **The Fall Guy** 4/23. (S4)
10.00 **Charlie's Angels** (S1)
11.00 FILM **Mega Storm: Days of Destruction** Sci-fi action thriller. (2011, PG, 89min) ★★
1.00 PM FILM **Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
2.55 FILM **The Hunters** Korean War drama. (1958, PG, 108min) ★★
5.00 **Star Trek** 17/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 6/13. (S4)
8.00 **Walker, Texas Ranger**
9.00 FILM **D.O.A** Thriller. (1988, 15, 93min) ★★
11.00 FILM **Drive Angry** Action thriller. (2011, 18, 104min) ★★★
1.05 AM FILM **Deepstar Six** Underwater chiller. (1988, 15, 100min) ★★
3.05 **to 4.50** AM FILM **Office Uprising** Comedy horror. (2018, 15, 92min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **Collision Earth** As 5.00pm.
8.00 FILM **Moby Dick** Thriller. (2010, 12, 87min) ★★
10.00 **Andromeda** 2/22. (S2)
11.00 FILM **The Curse of the Werewolf** Horror chiller. (1961, 12, 92min) ★★★
1.00 PM FILM **Weather Wars** Sci-fi disaster thriller. (2011, 15, 82min) ★★
3.00 **Andromeda** 2/22. (S2)
4.00 **Six Million Dollar Man**
5.00 FILM **Collision Earth** Sci-fi thriller with Kirk Acevedo and Diane Farr. (2011, 12, 95min) ★★
7.00 **Andromeda** 3/22. (S2)
8.00 **Six Million Dollar Man**
9.00 FILM **Haywire** Thriller with Gina Carano and Ewan McGregor. (2012, 15, 88min) ★★★★
10.55 FILM **Drive Hard** Thriller starring John Cusack. (2014, 15, 92min) ★
1.00 **to 3.00** AM FILM **Haywire** As 9.00pm.
+1hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained**
12.10 PM **Secrets in the Jungle** Documentary.
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **MonsterQuest**
10.00 **World's Most Unexplained...**
11.00 **The Proof Is Out There: Military Mysteries**
12.00 M'T **Mission Unexplained**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Deep Water Salvage**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** From Wales.
12.00 NOON **Alan Titchmarsh's Underdog to Superdog**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben meets a family that have created a new home in the Devon countryside.
9.00 **Michael Portillo's Milan** 1/3. The presenter visits the Italian city of Milan.
10.00 **Sicily: Jewel of the Med** Cameras focus on the largest island in the Mediterranean.
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **Chasing the West** New edition Jonathan and Drew Scott help a Hollywood makeup artist escape to the desert town of Agua Dulce.
10.00 **Renovation Aloha** New edition Kamohai and Tristyn Kaloma purchase an abandoned house in Pearl City.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream...**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple...**
1.00 PM **Little People, Big World** Documentary.
2.00 **Breaking Amish: Brave New World**
3.00 **Outdaughtered**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Dr Mercy** Medical series.
9.00 **Extreme I Do's**
10.00 **1000-lb Sisters**
11.00 **Body Bizarre**
12.00 M'T **Sex Sent Me to the ER** Documentary.
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
3.00 **Body Bizarre**
4.00 **1000-lb Sisters**
5.00 **to 6.00** AM **My Lottery Dream Home**
+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Last Man Standing** (S9)
11.00 **Everybody Loves Raymond** 1-4/22. (S1)
1.00 PM **Friends** (S5&6)
8.00 **Friends** 6/25. Joey and Chandler celebrate their last night as flatmates. **8.30** 7/25. Rachel is embarrassed by Phoebe's jogging style. (S6)
9.00 **Bradley & Barney Walsh: Breaking Dad**
10.00 FILM **Mr Bean's Holiday** Slapstick comedy. (2007, PG, 89min) ★★★
11.40 **8 Out of 10 Cats**
12.40 AM **Iain Stirling's Roast the Internet**
1.40 **Whose Line Is It Anyway? USA**
2.40 **South Park** 1/10. (S18)
3.05 **Jonathan Pie: Back to the Studio** Stand-up.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 5&6/13. (S2)
11.00 **Friends** (S6&7)
1.00 PM **Impractical Jokers**
2.00 **Daria** 7&8/13. (S2)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing** (S9)
7.00 **Everybody Loves Raymond** 1/22. Debra tires of Ray's family. **7.30** 2/22. Debra starts to feel neglected. **8.00** 3/22. Ray gives the eulogy at a funeral. **8.30** 4/22. Ray and Debra take IQ tests. (S1)
9.00 **South Park** (S6&7)
12.00 M'T **Beavis and Butt-Head** (S6&7)
2.00 AM **Key & Peele**
3.00 **Teachers** 5&6/10. (S1)
3.45 **Drunk History**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **UK Border Force**
1.00 PM **Motorway Patrol**
2.00 **Border Security USA**
3.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Border Security USA**
7.00 **UK Border Force**
8.00 **Road Wars** Police officers use unmarked cars fitted with on-board video cameras.
9.00 **SEAL Team** (S2)
11.00 **Last King of the Cross**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Maisie Adam.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Reality series.
8.00 **Catfish: The TV Show**
9.00 **Catfish: The Dramatic**
10.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Scammed**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **FriendZone** Double bill.
7.00 **Teen Mom 2**
8.00 **Ghosted: Love Gone Missing** Reality series.
9.00 **My Lover, My Killer**
10.00 **Caught in the Act: Double Life** New edition
11.00 **Ex on the Beach**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master Redemption**
2.00 **Geordie Shore: Charlotte's Story**
2.45 **Celeb Ex in the City**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Flying Wild Alaska**
9.00 **Gold Rush** Double bill.
12.00 NOON **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Scrap Kings** A business owner salvages farm machinery after a giant fire. **4.00** An old factory mill is demolished in Yorkshire.
5.00 **The Last Woodsmen** Jared Douglas attempts to harvest the planet's biggest trees.
6.00 **Hoffman Family Gold** Todd's team find premium pay dirt.

10.00 Roadworthy Rescues

7.00 Wheeler Dealers World Tour In Germany, Mike and Elvis are captivated by an E30 M3, their most expensive purchase yet.

8.00 Mega Shippers An oil rig is moved through shallow waters, and a flight control tower is shipped for a new Royal Navy aircraft carrier.

9.00 Street Outlaws: Locals Only New edition AZN and Farmtruck gather another group of local racers in North Carolina.

10.00 Roadworthy Rescues New edition Derek finds a 1962 Bonneville that has been sitting for decades at a horse ranch.

11.00 **Street Outlaws: Locals Only** New edition
12.00 M'T **Blowing Up History**
1.00 AM **Street Outlaws: Locals Only** As shown at 9.00pm.
2.00 **Roadworthy Rescues**
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Life at Vet University**
10.00 **Tanked** A pirate ship tank.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Jackson Galaxy deals with a vicious cat. **4.00** A hyperactive cat suddenly collapses.
5.00 **Lone Star Law**
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff and his team head to a wildlife sanctuary to treat a pack of wolves.

8.00 Dog Detectives

7.00 Treehouse Masters Cargo netting provides an exciting way to enter a treehouse, with more nets making a bridge between sections.

8.00 Dog Detectives Chico finds a huge stash of cannabis, helping his handler PC Bartley disrupt a major drugs operation.

9.00 Alaska: The Last Frontier The Kilchers race through the last few days of autumn to prepare the cabins.

10.00 Alaskan Bush People A medical emergency on the Wolfpack's ranch forces them to be more resourceful.

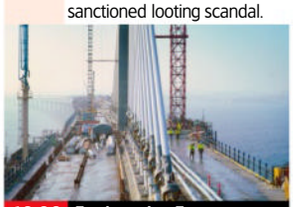
11.00 **Pit Bulls & Parolees** An extremely ill dog is rescued.
12.00 M'T **Crikey! It's the Irwins** Terri finds out if a tiger's tumours have been treated.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S** Double bill.
2.00 PM **Erased: WWII Heroes of Colour** Documentary.
3.00 **Nazi Megastructures**
4.00 **Inside Melbourne Airport** A blackout halts operations at Australia's busiest airport.
5.00 **Car S.O.S** A Mazda MX5.
6.00 **Lost Treasures of Egypt** A team uncover a state-sanctioned looting scandal.



10.00 Engineering Europe

7.00 Air Crash Investigation Investigators can find nothing wrong with a plane that crashed moments after take-off.

8.00 Car S.O.S Tim and Fuzz test their skills when they restore a Wolseley Hornet, a car that has no manual and requires rare parts.

9.00 Car S.O.S The boys pick up a 1978 JCB digger belonging to a former carpenter who suffered two heart attacks.

10.00 Engineering Europe The engineering wonders of the Nordic region, including Iceland's epic lava-defying barriers.

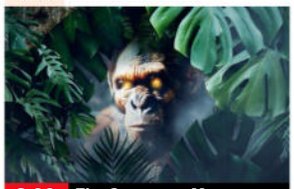
11.00 **Air Crash Investigation**
1.00 AM **Airport Security: Colombia** Documentary.
2.00 **Lords of War** Sean finds an 18th-century blunderbuss.
2.30 **Abandoned** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Swamp People: Serpent Invasion** Troy and Pickle help rid a citrus grove of pythons.
6.55 **Storage Hunters**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **Curse of Skinwalker Ranch** As shown at 9.00pm.
2.00 **Beyond Skinwalker Ranch**
3.00 **Greatest Escapes of WWII**
5.00 **Storage Hunters** Double bill.
6.00 **American Pickers**



8.00 The Sumatran Monster

7.00 Forged in Fire Two bladesmiths are tasked to re-create an ancient, mysterious weapon called wind and fire wheels.

8.00 The Sumatran Monster A creature known as the Orang Pendek, or Forest Man, said to occupy the forests of Indonesia.

9.00 Curse of Skinwalker Ranch New edition The team examine an invisible 'bubble' anomaly in the Triangle area of the ranch.

10.00 Beyond Skinwalker Ranch New edition Paranormal investigator Katie Paige revisits Rocky Mountain Ranch, Colorado.

11.00 **World's Most Unexplained...**
12.00 M'T **Haunted Hospitals** A caretaker develops an unhealthy obsession.
12.55 AM **The UnBelievable with Dan Aykroyd** Unusual ways in which people have died.
1.50 **Curse of Skinwalker Ranch**
2.50 **Adventure Gold Diggers**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash** Double bill.
10.00 **Rise of the Nazis**
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics** Double bill.
4.00 **Rise of the Nazis** The Night of the Long Knives in 1934.
5.00 **Warbird Workshop** The battle to keep historic warplanes in the air.
6.00 **Antiques Roadshow** A visit to Barrington Court in Somerset.

9.00 Train Rescue Down Under

7.00 Tropic of Cancer with Simon Reeve Simon witnesses the effect of extreme poverty on the people of Bangladesh.

8.00 Train Truckers A CBD80 loco needs to be hauled from Burton-on-Trent to the Chasewater Railway in Staffordshire.

9.00 Train Rescue Down Under New edition A locomotive needs a quick change to get back to the sugarcane harvest.

10.00 Bangers & Cash: Restoring Classics The team take on a three wheeled wonder – the Reliant Robin.

11.00 **Bangers & Cash** Derek Mathewson navigates the dry stone walls of the Peak District to collect a very original 1988 Opel Manta.
12.00 M'T **Find It, Fix It, Flog It**
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Tropic of Cancer with Simon Reeve**

+1 hour 255 329

Wednesday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Mike Brewer: Born Dealer** Double bill.
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **The Yorkshire Auction House** A van full of mysterious boxes. **9.00** A collection of model soldiers. **10.00** Angus travels to Scotland to meet Norma.
11.00 **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Married to Evil**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** A man attacked outside a shopping mall.
8.00 **Murder on CCTV**
9.00 **Before They Kill Again**
10.00 **The Killer in My Family**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** A woman is shot dead in a bad part of town.
8.00 **Murder by the Sea** Luggage with the address of a missing woman's parents is found in a hotel.
9.00 **Murder: Fight for the Truth** SIO Steve Wilkins was shocked at a series of unsolved crimes.
10.00 NEW SERIES **Murder: Point of Contact** Series focusing on the emotional toll faced by Family Liaison Officers.
11.00 **A Secret to Die For**
12.00 M'T **Cult Justice**
1.00 AM **Murder: Fight for the Truth** As 9.00pm.
2.00 **Murder: Point of Contact** As 10.00pm.
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **New Scotland Yard Files** Double bill.
11.00 **Facing Evil** Double bill.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **New Scotland Yard Files** Double bill.
4.00 **Facing Evil** Double bill.
5.00 **Medical Detectives** A young Colorado mother suddenly vanishes on Thanksgiving Day. **5.30** An 18-year-old mysteriously disappears on her way to a family ski trip in Wyoming. **6.00** The clerk of an Atlanta-area smoke shop is shot during a robbery. **6.30** California police are baffled when an innocent man's DNA is found at the scene of a deadly home invasion.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Caught on Dashcam**
10.00 **The Real Manhunter**
11.00 **Snapped** Judy Naylor.
12.00 NOON **Murdered at...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **What the Killer Did...**
4.00 **Most Evil Killers**
5.00 **Murdered at First Sight**
6.00 **Forensics: Catching the Killer** Documentary.
7.00 **Britain's Most Evil Killers**
9.00 **Killer in My Village**
10.00 **How I Caught the Killer**
11.00 **Britain's Most Evil Killers**
12.00 M'T **What the Killer Did Next** Debbie Starbuck.
1.00 AM **How I Caught the Killer** True-crime.
2.00 **Killer in My Village**
3.00 **Snapped** Documentary.
4.00 **Border Security**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **The Stuarts**
9.20 **WWII in Colour: Road to Victory**
10.30 **Vichy and the Nazis: A Deal with the Devil**
11.50 **The American Vice President** Documentary.
1.00 PM **The Stuarts**
2.20 **WWII in Colour: Road to Victory**
3.30 **Vichy and the Nazis: A Deal with the Devil**
4.50 **The American Vice President** Documentary.
6.00 **The Stuarts**
7.10 **WWII in Colour: Road to Victory** Churchill realises the importance of the Suez Canal.
8.20 **Vichy and the Nazis: A Deal with the Devil**
9.40 **The American Vice President** Documentary.
10.50 **WWII in Colour: Road to Victory**
12.00 M'T **Vichy and the Nazis: A Deal with the Devil**
1.20 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Dark Horses: Italy's World Cup Triumph**
7.00 **Discovering: Jeremy Irons**
8.00 **The Directors**
9.00 **The Nineties**
10.00 **An Update On Our Family**
11.00 **The Jinx: The Life and Deaths of Robert Durst** As 8.00pm.
12.00 NOON **Sergio Leone: The Italian Who Invented America**
2.10 PM **I Am Alfred Hitchcock**
4.00 **Discovering: Jeremy Irons**
5.00 **The Directors**
6.00 **The Nineties**
7.00 **Telemarketers**
8.00 **The Jinx: The Life and Deaths of Robert Durst** 4/6. The property tycoon's trial for the murder of Morris Black.
9.00 **The Case Against Adnan Syed** 3/4. Figures in the case reflect on some of the issues raised by the original trial.
10.15 **Bruno v Tyson**
12.05 AM **Billy Joel: And So It Goes**
2.50 **Trees and Other Entanglements** Documentary.
5.00 **to 6.00** AM **Discovering: Jeremy Irons**

Sky Nature

145 113/114 189 354 369

6.00 AM **Guardians of the Wild**
7.00 **Monkey Life**
8.00 **Kenya Wildlife Diaries**
9.00 **Secrets of the Enchanted Forests** Documentary.
10.00 **Volcanic Odysseys**
11.00 **Uptown Otters**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Kenya Wildlife Diaries**
3.00 **Secrets of the Enchanted Forests** Documentary.
4.00 **Volcanic Odysseys**
5.00 **Hope for Wildlife**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Whale with Steve Backshall**
9.00 **Arctic Secrets**
10.00 **Mysteries of the Mekong**
11.00 **Hope for Wildlife**
12.00 M'T **Uptown Otters**
1.00 AM **Guardians of the Wild**
2.00 **Whale with Steve Backshall**
3.00 **Arctic Secrets**
4.00 **Kenya Wildlife Diaries**
5.00 **to 6.00** AM **Secrets of the Enchanted Forests**

Sky History 2

163/168 143 186

6.00 AM **Weird or What? With William Shatner**
8.00 **History's Greatest Mysteries**
9.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **UFOs Declassified**
2.00 **Digging for Britain: Iron Age Revealed**
3.00 **Britain's Most Historic Towns**
4.00 **Weird or What? With William Shatner** Double bill of editions.
6.00 **History's Greatest Mysteries**
7.00 **Combat Ships** Examining the silent threat of submarines.
8.00 Focusing on the role of ships during the Cold War.
9.00 **Ramses the Great: King of Ancient Egypt** The secrets and lies of the mighty pharaoh.
10.00 **Ghost Ships** Efforts to locate SS *Mont Blanc* and SS *Imo*.
11.00 **Ancient Aliens**
1.00 AM **UFOs Declassified**
2.00 **Digging for Britain: Iron Age Revealed**
3.00 **Britain's Most Historic Towns**
4.00 **History's Greatest Aircraft**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **A Perfect Scam**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Cops Gone Bad**
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something** New edition
9.00 **Lie Detector: Truth or Deception** New edition
10.00 **NEW SERIES Secrets of Celebrity Sex Tapes**
11.00 **Look What You Made Me Do**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Lie Detector: Truth or...**
2.00 **Imperfect Murder**
3.00 **Secrets of Celebrity Sex Tapes**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the...**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Monster Fish**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **War of the Lions**
3.00 **Savage Kingdom: Uprising**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A sea lion pup struggles to stay alive.
8.00 **Incredible Animal Journeys** A polar bear guides her cubs onto the sea ice for the first time.
9.00 A look at how some of the smallest animals make the most epic journeys of all.
10.00 **Lawless Island** Curly Leach spends some final moments with a very dear old friend.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **America's National Parks**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Spontaneous Combustion: Investigation X**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** A closer look at the surprisingly active surfaces of dwarf planets.
8.00 **Spontaneous Combustion: Investigation X** An investigation into the phenomenon in humans.
9.00 **Unexplained and Unexplored** A lost mine in the mountains of Arizona, said to contain over $200 million in gold.
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Ambulance: Coast and Country**
1.00 PM **Inside the Ambulance: Coast and Country**
7.00 **Inside the Ambulance: Coast and Country** In Portsmouth, the paramedics treat a woman who was kicked by a horse, while in Oxford, crews attend an elderly priest with abdominal pain.
8.00 Oxford paramedics are called to a woman who sustained a broken leg and horrific facial injuries, while in Portsmouth, a two-year-old is suffering breathing problems.
9.00 Paramedics in Oxford treat a woman suffering from a mystery illness.
10.00 The crews attend a man who has fallen off his bike and a four-year-old with tonsillitis.
11.00 South Central paramedics race to a newborn baby with a low temperature.
12.00 M'T **Inside the Ambulance: Coast and Country**
5.20 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
9.00 **Death by Fame**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **Faking It: Tears of a Crime**
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Evil Lives Here**
7.00 **Disappeared** Focusing on the case of 19-year-old Logan Schiendelman, who vanished after a night out.
8.00 A case in which transgender teen Sage Smith went missing. The investigation turned up evidence that forced detectives to look closer into Sage's inner circle.
9.00 **Dark Waters: Murder in the Deep** The case of retired NBA champion Bison Dele, who was murdered out at sea in 2002.
10.00 **Calls from the Inside**
11.00 **Before They Kill Again**
12.00 M'T **Man with a Van**
2.00 AM **Evil Lives Here**
4.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** A bridge over the Arkansas River collapses.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Shorty's Dream Shop**
9.00 **Richard Hammond's Workshop** Richard helps a friend fulfil a childhood dream.
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers: Dream Car**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Into the Wonderwoods** Animation. (2024, U) ★★★
8.20 **The Prosecutor** Hong Kong thriller. (2024, 15, 117min)
10.30 **Nosferatu** As 8.00pm.
12.45 PM **One of Them Days** Comedy. (2025, 15) ★★★
2.25 **Die Alone** As 10.15pm.
4.00 **The Surfer** Psychological thriller starring Nicolas Cage. (2024, 15, 100min) ★★★★
5.45 **Spin the Bottle** Horror. (2024, 15, 119min) ★★

4.00 The Surfer

8.00 Nosferatu Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult, Aaron Taylor-Johnson and Willem Dafoe. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Die Alone Apocalyptic drama starring Carrie-Anne Moss and Douglas Smith. A man teams up with a survivalist during a zombie outbreak, and goes in search of his missing girlfriend. (2024, 15, 91 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Brutalist** Epic drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
3.25 AM **Spin the Bottle** (2024)
5.40 **to 7.20** AM **Restless** Thriller starring Lyndsey Marshal. (2024, 15, 89min) ★★

Sky Cinema Gems

303 303 403 503 517

6.10 AM **Ouija** Horror. (2014, 15) ★★
7.50 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
9.30 **Ferris Bueller's Day Off** Teen comedy. (1986, 12) ★★★★
11.20 **The Green Hornet** Fantasy. (2011, 12, 118min) ★★★
1.20 PM **2 Fast 2 Furious** Thriller sequel. (2003, 12) ★★★
3.20 **Dallas Buyers Club** Drama. (2013, 15, 114min) ★★★★
5.30 **Gladiator II** Historical drama. (2024, 15, 148min) ★★★

8.00 There Will Be Blood

8.00 There Will Be Blood Epic drama starring Daniel Day-Lewis and Paul Dano. A ruthless California prospector makes a colossal fortune in the early-20th-century oil business but turns into a haunted loner. With Kevin J O'Connor and Paul Dano. (2007, 15, 158min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 The Great Escape Classic PoW escape adventure starring Steve McQueen. (1963, PG, 166min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.35 AM **The Birds** Alfred Hitchcock's classic horror. (1963, 15, 118min) ★★★★★
3.35 **Manodrome** Offbeat thriller. (2023, 15, 96min) ★★★
5.15 **to 6.50** AM **Widow Clicquot** Drama starring Haley Bennett. (2023, 15, 90min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.25 AM **My First Summer** (2020)
7.55 **Miranda's Victim** Drama. (2023, 15, 127min) ★★★
10.10 **Sunset Boulevard** Melodrama. (1950, b/w, PG, 110min) ★★★★★
12.05 PM **It Ends with Us** Romantic drama. (2024, 15, 125min) ★★★
2.20 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
4.20 **My First Summer** Drama. (2020, 15, 80min) ★★★
5.45 **Love Actually** Romantic comedy. (2003, 15, 135min) ★★★
8.00 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson. (2024, 15, 138min) ★★★★
10.20 **Meet Joe Black** Supernatural drama, a remake of *Death Takes a Holiday*, starring Brad Pitt. (1998, 12, 181min) ★★★★
1.20 AM **The Holdovers** Comedy drama starring Paul Giamatti. (2023, 15, 133min) ★★★★★
3.35 **Sky Cinema Preview**
4.35 **to 6.45** AM **Chicago** Oscar-winning screen version of the hit Broadway musical. (2002, 12, 112min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.10 AM **Friday the 13th Part II** Horror. (1981, 18, 87min) ★★
7.45 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
10.15 **Simulant** Sci-fi thriller. (2023, 15, 95min) ★★★
12.05 PM **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
2.10 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
4.15 **Men in Black 3** Sci-fi comedy sequel starring Will Smith. (2012, PG, 105min) ★★★★
6.10 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
8.00 **2012** Disaster movie starring John Cusack. A struggling writer strives to get his family to safety after he learns of an impending global catastrophe. (2009, 12, 158min) ★★★
10.40 **Insidious** Thriller starring Rose Byrne and Patrick Wilson. (2010, 15, 103min) ★★★★
12.25 AM **Insidious: Chapter 2** Thriller sequel. (2013, 15, 103min) ★★★
2.15 **Friday the 13th Part III** Horror sequel. (1982, 18, 95min) ★
4.00 **Tarot** Horror starring Harriet Slater. (2024, 15, 92min) ★★
5.40 **to 7.40** AM **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.40 AM **Save the Cinema** Drama. (2021, 12, 109min) ★★★
9.35 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
11.05 **A Tiger's Journey** (2023)
12.45 PM **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★
2.55 **The SpongeBob SquarePants Movie** (2004, U) ★★★★
4.30 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
6.00 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★

6.00 Stuart Little 2

7.25 **Wicked** Musical fantasy adventure starring Cynthia Erivo and Ariana Grande. Misunderstood because of her green skin, a young woman named Elphaba forges a friendship with Glinda, a student with an unflinching desire for popularity. (2024, PG, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

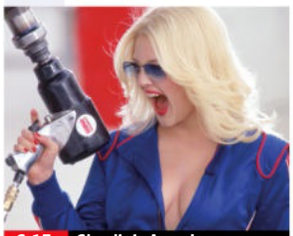
10.10 **A Tiger's Journey** Drama starring Sunny Pawar. In the valleys of the Himalayas, an orphan boy and a Bengal tiger cub head off on an adventure. (2023, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Mountain** Comedy. (2024, PG, 89min) ★★★★
1.30 AM **Thunderbirds** Adventure. (2004, PG, 95min) ★★
3.15 **The Three Musketeers: Milady** Swashbuckling sequel. (2023, 12, 115min) ★★★★
5.15 **to 6.50** AM **The SpongeBob SquarePants Movie** (2004)

Sky Cinema Action

307 307 407 507 521

6.45 AM **Saving Private Ryan** Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
9.35 **Snow White & the Huntsman** Fantasy. (2012, 12) ★★★
11.45 **Robin Hood: Prince of Thieves** Adventure. (1991, PG) ★★
2.10 PM **Black Hawk Down** War drama. (2001, 15) ★★★
4.35 **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
6.15 **Charlie's Angels** Comedy thriller. (2000, 15) ★★★★


6.15 Charlie's Angels

8.00 **Charlie's Angels: Full Throttle** Comedy thriller sequel starring Drew Barrymore, Cameron Diaz, and Lucy Liu. The Angels seek to retrieve two silver rings containing top-secret information. (2003, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Venom: The Last Dance** Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Gods of Egypt** Fantasy starring Nikolaj Coster-Waldau. (2016, 12, 127min) ★★★
1.55 AM **The Magnificent Seven** Western starring Yul Brynner. (1960, PG, 138min) ★★★★★
4.10 **to 6.20** AM **Shane** Vintage Western starring Alan Ladd. (1953, PG, 118min) ★★★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **David Brent: Life on the Road** Comedy. (2016, 15) ★★
8.55 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
10.35 **Parenthood** (1989, 15) ★★★★
12.45 PM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
2.35 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
4.25 **Mean Girls** Comedy remake. (2023, 12, 112min) ★★★
6.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★

6.25 Ace Ventura Pet Detective

8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey. Pet detective Ace Ventura searches for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Nutty Professor** Comedy starring Eddie Murphy as a shy, obese college professor who is transformed into a slim, sharp-tongued ladykiller. (1996, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Nutty Professor II: The Klumps** Comedy sequel starring Eddie Murphy. (2000, 12, 105min) ★★★
1.10 AM **Napoleon Dynamite** Teen comedy with Jon Heder. (2004, PG, 95min) ★★★★
2.45 **Bad Teacher** Comedy starring Cameron Diaz. (2011, 15, 92min) ★★★
4.25 **to 6.15** AM **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★

Sky Cinema Thriller

309 309 409 509 523

7.50 AM **Cult Killer** Crime thriller. (2024, 15, 105min) ★★★
9.40 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
11.55 **Into the Deep** Thriller. (2022, 15, 90min) ★★★
1.30 PM **Clear and Present Danger** Thriller. (1994, 12) ★★★
3.55 **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
5.45 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★

5.45 Sherlock Holmes

8.00 **Sherlock Holmes: A Game of Shadows** Guy Ritchie's adventure sequel starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to thwart Professor Moriarty, the evil genius behind a wave of assassinations and bombings across Europe. (2011, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

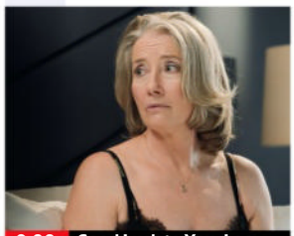
10.15 **Jack Reacher: Never Go Back** Action thriller sequel with Tom Cruise. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Patriot Games** Thriller. (1992, 15, 116min) ★★★
2.15 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
4.35 **Sky Cinema Preview**
5.05 **to 6.45** AM **Ruthless** Thriller. (2023, 15, 92min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Patton** World War Two biopic starring George C Scott. (1969, PG, 163min) ★★★★
2.20 PM **Against the Wind** World War Two spy thriller. (1947, b/w, PG, 92min) ★★★★
4.10 **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
6.00 **Transformers: Dark of the Moon** Sci-fi action adventure sequel starring Shia LaBeouf. (2011, 12, 154min) ★★★


9.00 Good Luck to You, Leo...

Transformers: Dark of the Moon (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Good Luck to You, Leo Grande** Comedy drama starring Emma Thompson and Daryl McCormack. A retired school teacher is yearning for adventure, and begins by hiring a young sex worker. (2022, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10.55 PM **to 2.45** AM **Babylon** Comedy drama starring Brad Pitt and Margot Robbie. Several characters enjoy an era of unbridled decadence and depravity in early Hollywood. With Jovan Adepo and Diego Calva. (2022, 18, 188min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

+1hour 314 430 47 301 257

Sky Cinema 10s

302 302 402 502 516

6.10 AM **Sky Cinema Preview**
6.40 **The Amazing Spider-Man** Fantasy adventure starring Andrew Garfield and Emma Stone. (2012, 12, 136min) ★★★
9.00 **The Amazing Spider-Man 2** Fantasy adventure sequel. (2014, 12, 142min) ★★★
11.25 **Man of Steel** Fantasy adventure starring Henry Cavill and Amy Adams. (2013, 12, 143min) ★★★

2.00 PM **Scott Pilgrim vs. the World** Comic-book comedy. (2010, 12, 112min) ★★★★
4.00 **Pitch Perfect** Musical comedy. (2012, 12, 112min) ★★★★
6.00 **Pitch Perfect 2** Musical comedy sequel. (2015, 12, 112min) ★★★
8.00 **Pitch Perfect 3** Comedy sequel with Anna Kendrick and Rebel Wilson. (2017, 12, 93min) ★★★
9.40 **Yesterday** Comedy directed by Danny Boyle, written by Richard Curtis and starring Himesh Patel. (2019, 12, 116min) ★★★

11.40 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
1.45 AM **Fifty Shades Darker** Erotic drama sequel starring Dakota Johnson. (2017, 18, 118min) ★
3.45 **to 6.10** AM **American Sniper** Biopic starring Bradley Cooper. (2014, 15, 127min) ★★★★

Sky Cinema Greats

304 304 404 504 518

7.35 AM **Meet Joe Black** Drama. (1998, 12, 181min) ★★★★
10.35 **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
1.15 PM **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
3.30 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
5.40 **The Fisher King** Urban fable. (1991, 15, 137min) ★★★★★

8.00 **Footloose** Teen dance drama starring Kevin Bacon as a foot-tapping Chicago kid who moves to the Midwest Bible Belt where rock 'n' roll is banned. With Lori Singer and John Lithgow. (1984, 12, 107min) ★★★
10.00 **Grease** Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a 1950s California high school falls in love with the tough-talking leader of the T-Birds gang. (1978, PG, 110min) ★★★★

12.05 AM **Flashdance** Dance drama. (1983, 15, 96min) ★★★
1.55 **Saturday Night Fever** Dance drama starring John Travolta. (1977, 18, 119min) ★★★★
4.00 **to 6.00** AM **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.15 AM **Piece By Piece** Animation. (2024, PG, 105min) ★★★
8.55 **Barnyard** Animated family comedy. (2006, PG, 90min) ★
10.40 **Rise of the Guardians** Animated comedy adventure. (2012, PG, 93min) ★★★★
12.30 PM **Fireheart** Animation. (2022, U, 92min) ★★★
2.15 **Dragon Rider** Animation. (2020, PG, 91min) ★★★

4.00 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
5.40 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
7.15 **Open Season 3** Animated comedy adventure sequel. (2010, U, 74min) ★★
8.40 **The Pirates! In an Adventure with Scientists** Rollicking stop-motion comedy adventure. (2012, U, 87min) ★★★★
10.20 **Little Vampire** Animation. (2020, PG, 85min) ★★★
11.55 **Piece By Piece** As 7.15am.

1.40 AM **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
3.15 **Buffalo Kids** Animation. (2024, U, 79min) ★★★
4.45 **to 6.10** AM **Rugrats in Paris** Animated family adventure. (2000, U, 79min) ★★★

Movies 24

312 313 419

7.00 AM **His and Hers** Romantic drama. (2024, PG, 90min) ★★
9.00 **Branching Out** Drama. (2024, PG, 90min) ★★
11.00 **Something New: A Teagarden Mystery** Crime drama. (2023, U, 87min) ★★
1.00 PM **The Blessing Bracelet** Drama. (2023, PG, 90min) ★★
3.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★

5.00 **Fourth Down and Love** Drama. (2023, PG, 90min) ★★
7.00 **Betty's Bad Luck In Love** Romantic comedy starring Laci J Mailey and Marco Grazzini. (2024, PG, 84min) ★★
9.00 **A Priceless Love** Romance starring Erin Agostino and Luke Humphrey. A shopkeeper is approached by a broker determined to buy a valuable teapot which she plans to return to the owner. With Connie Wang. (2022, PG, 85min) ★★

11.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
1.00 AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Napa Ever After** Drama. (2023, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.00 **Holidays at the Coast 1940s**
7.05 **Bulldog Drummond Escapes** Vintage mystery thriller. (1937, b/w, U, 67min) ★★
8.30 **Out of Town**
9.00 **The Stranger** Suspense thriller. (1946, PG, 95min) ★★★★
10.55 **Four Days** Drama. (1951, b/w, PG, 55min) ★★★
12.00 NOON **Dixon of Dock Green**

1.00 PM **Berth 24** Short film.
1.50 **Cinebox Memories**
1.55 **The Brothers** 1/13. (S6)
3.00 **Look at Life**
3.15 **The Embezzler** Crime drama. (1954, b/w, PG, 61min) ★★★
4.30 **Talk About Jacqueline** Vintage romantic comedy. (1942, b/w, PG, 84min) ★★★
6.15 **What's On TPTV with Noel**
6.25 **Strange But True**
7.00 **Danger UXB** 13/13. (S1)
8.05 **Van der Valk** 5/7. (S2)
9.05 **Maigret** 1/4. (S14)

11.15 **Red King, White Knight** Spy thriller. (1989, 15, 107min) ★★
1.15 AM **Demobbed** Comedy. (1944, b/w, U, 96min) ★★
3.05 **Dakota Lil** Vintage Western. (1950, PG, 87min) ★★★
4.50 **to 6.00** AM **False Colors** Western. (1943, b/w, U) ★★★

Wednesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus extended interviews.
7.00 **Sky Sports Breakfast** The latest headlines and reports.
10.00 **Sky Sports FC** Interactive show covering the major headlines.
12.00 NOON **Lunchtime Live** A look at the sports stories making the headlines this lunchtime.
2.00 PM **Sports Desk** Sports news, with live analysis and comments.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 LIVE **EFL Cup Swansea City v Nottingham Forest.** Coverage of the third-round match from Swansea.com Stadium. This is the first meeting between the two clubs since a Championship match back in April 2022, a game that ended in a 5-1 victory for the visitors. Kick-off is at **8.00pm**.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News** Round-up of the sports news, with live analysis, comment and extended interviews.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Sky Sports FC**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** Moments of the 2006/07 season.
3.00 **SNF** Action from West Ham United v Tottenham Hotspur. **3.30** Brentford v Chelsea from the Gtech Community Stadium.
4.00 **Premier League Highlights** Action from Burnley v Liverpool. **4.30** Highlights from Manchester City v Manchester United.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **Gillette Labs Soccer Special** The latest updates goal alerts from this evening's football.
10.30 **Premier League Stories** A profile of David Luiz.
11.00 **Premier League Review** A look back at the weekend, featuring the goals, news and major talking points from around the top flight.
12.00 M'T **Premier League Years** Moments of the 2007/08 season.
2.00 AM **PL Retro** A replay of Wigan Athletic v Arsenal from 2010.
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2013/14 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2014 final.
12.00 NOON **EFL Cup** Another chance to see Brentford v Aston Villa.
2.00 PM **EFL Highlights**
3.00 **EFL League One Goals**
3.30 **EFL League Two Goals**
4.00 **EFL Highlights**
4.30 **EFL Cup Highlights**
5.00 **EFL Greatest Games**
6.00 **EFL Highlights** West Bromwich Albion v Derby County. **6.15** Wrexham v QPR.
6.30 **EFL Cup Highlights**
7.00 LIVE **EFL Cup Swansea City v Nottingham Forest.** Coverage of the third-round match from Swansea.com Stadium. This is the first meeting between the two clubs since a Championship match back in April 2022, a game that ended in a 5-1 victory for the visitors. Kick-off is at **8.00pm**.
10.30 **EFL Cup Highlights** Action from Brentford v Aston Villa.
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
12.30 AM **EFL** The 2022/23 play-offs.
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **One-Day International Cricket** England v South Africa.
9.00 **Best of England v South Africa**
9.30 **One-Day International Cricket** England v South Africa in the second match in the series.
10.25 LIVE **County Championship Cricket** Coverage of day three of a match from the penultimate round of fixtures in the competition.
7.00 PM **Best of England v South Africa** Archive highlights.
7.30 **One-Day International Cricket** England v South Africa: Action from the second match in the three-game series held at Lord's. **8.30** England v West Indies: Action from the final ODI in the series at The Kia Oval, Kennington.
9.30 **Best of England v South Africa** The fourth ODI from 2016. **10.00** Action from a memorable Test in the 2009/10 series. **10.30** A Test match in 2012.
11.00 **Vitality T20 Blast Cricket** Another chance to see the final from Edgbaston in Birmingham.
2.45 AM **Best of England v South Africa** A Test match in 2012.
3.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ladies European Tour Golf**
8.00 **LPGA Tour Golf**
9.00 **US Women's Open Golf**
10.00 **Women's PGA Championship**
11.00 **LPGA Tour Golf** Highlights.
12.00 NOON **Women's Golf**
1.00 PM **Ladies European Tour Golf**
2.00 **LPGA Tour Golf**
5.00 **Ladies European Tour Golf**
6.00 **PGA Tour Champions**
7.00 **Defining Decisions: Justin Rose and the Ryder Cup**
7.30 **HotelPlanner Tour Golf Highlights** Open De Portugal.
8.00 **My Ryder Cup** Memories.
8.30 **Countdown to the Ryder Cup** A breakdown of players to have made the European and US teams.
9.00 **Tales from the Ryder Cup**
10.00 **PGA Tour Champions** Action from the Sanford International.
11.00 **Ladies European Tour Golf** Recent highlights from the VP Bank Swiss Ladies Open.
12.00 M'T **PGA Tour Golf** Highlights from the Procore Championship.
1.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including day three of the WTA Korea Open, where the second round is due to start, and day one of the ATP Chengdu Open and ATP Hangzhou Open.
2.30 PM **WTA Tennis** Recent finals.
4.30 **ATP Tour This Week**
5.00 **WTA & ATP Tennis** Action from the Tours, including the WTA Korea Open, ATP Chengdu Open and ATP Hangzhou Open.
1.00 AM **WTA Sizzle Reel 2024**
1.15 **Tennis** The Miami Open finals.
1.45 **Bitesize Tennis** San Diego Open.
2.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Ladies European Tour Golf**
8.00 **PGA Tour Golf** Highlights.
9.00 **WTA Tennis** Recent finals.
11.00 **PL Retro** Chelsea v Burnley.
1.00 PM **DP World Tour Golf**
1.30 **HotelPlanner Tour Golf Highlights** Rosa Challenge Tour.
2.00 **PL Greatest Games**
3.00 **One-Day International Cricket** England v South Africa.
6.00 **WTA Tennis** Recent finals.
8.00 **PGA Tour Golf** Highlights from the Procore Championship.
9.00 **Ladies European Tour Golf** Tournament highlights from the VP Bank Swiss Ladies Open.
10.00 **PGA Tour Champions** Action from the Sanford International.
11.00 **British and Irish Lions Tour** Australia v British & Irish Lions.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** From 2010.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** The Azerbaijan Grand Prix from 2018 to 2023.
1.15 PM **Formula 1** A full replay of the 2022 Azerbaijan Grand Prix. **3.30** A chance to see the 2023 Azerbaijan Grand Prix in Baku. **5.45** The 2024 Azerbaijan Grand Prix staged at Baku City Circuit.
8.00 **Formula 1** Highlights from the 2018 Azerbaijan Grand Prix. **9.00** The 2019 Azerbaijan Grand Prix staged at Baku City Circuit.
10.00 **Formula 1** Action from the 2021 Azerbaijan Grand Prix.
11.00 **Formula 1** From Azerbaijan.
1.00 **to 6.00** AM **The Home of F1**

TNT Sports 1

410 413 521 408 430

6.00 AM **MLB Closer** Match review.
6.30 **Snooker Home Nations Series English Open**
8.30 **SailGP Highlights**
9.30 **Premier League Stories**
10.00 **Premier League Reload**
10.15 **WRC Review** Rally Chile.
11.15 **MotoGP Rewind** San Marino.
11.30 **British Speedway**
12.30 PM **Playing for Our Future**
12.45 **TNT Sports Cricket Reload**
1.00 LIVE **International T20 Cricket Ireland v England.** Coverage of the first Twenty20 in the three-match series in Dublin.
5.15 **Cycling: La Vuelta Men**
6.15 **TNT Sports Reload**
6.45 **Under the Lights**
7.00 LIVE **UEFA Champions League Liverpool v Atletico Madrid.** The league phase match from Anfield. Kick-off **8.00pm**.
10.30 **Miracle of Istanbul**
11.30 **MLB Plays of the Week**
12.00 M'T LIVE **MLB New York Mets v San Diego Padres.** Coverage of the National League match at Citi Field. Start-time **12.10am**.
3.15 AM **MotoE Highlights**
3.45 **The Gruppetto** Cycling action.
4.00 **to 6.00** AM **Men's Cycling**

TNT Sports 2

411 414 522 409 431

6.00 AM **Cliff Diving World Series**
7.00 **Cycling** Grand Prix Montreal.
8.00 **AFL** The semi-finals.
11.00 **Snooker Home Nations Series English Open** Day two action.
1.00 PM LIVE **Snooker Home Nations Series English Open** The second session in the second round of the tournament at the Brentwood Centre in Essex.
5.00 **FIM Speedway Grand Prix Highlights** From Denmark.
6.00 **Premier League Netbusters**
6.30 **Match Officials Mic'd Up**
7.00 LIVE **UEFA Champions League Bayern Munich v Chelsea.** Coverage of the league phase match staged at Allianz Arena. Kick-off is at **8.00pm**.
10.15 **Premier League Reload**
10.30 **International T20 Cricket** Action from Ireland v England.
11.30 **Premier League Stories**
12.00 M'T **CPL Highlights**
12.30 AM LIVE **CPL** Coverage of the eliminator play-off staged at Providence Stadium in Guyana.
4.45 **TNT Sports Cricket Reload**
5.00 **Serie A – Full Impact**
5.30 **to 6.00** AM **Premier League Netbusters**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Action from Detroit Lions v Chicago Bears.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights** Kansas City Chiefs v Philadelphia Eagles. **5.00** Action from Detroit Lions v Chicago Bears.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **The Runway** NFL feature.
8.45 **NFL Bitesize Highlights** Dallas Cowboys v New York Giants.
9.00 **NFL Highlights** Las Vegas Raiders v Los Angeles Chargers. **10.00** Action from Houston Texands v Tampa Bay Buccaneers.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **NFL Highlights** Action from Philadelphia Eagles v Dallas Cowboys in the 2024/25 season.
2.00 **NFL Highlights** New York Jets v Pittsburgh Steelers.
3.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the WTA Korea Open, ATP Chengdu Open and ATP Hangzhou Open.
2.30 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **Gillette Labs Soccer Special** The full story of the evening's football, with the team on hand to provide all the latest updates and goal alerts from the games.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News** Round-up of the sports news with live analysis and comment, plus interviews with the headline-makers.
1.00 AM **1983: When Aberdeen Ruled Europe** The greatest year in the history of Aberdeen, when the yet to be knighted Alex Ferguson guided the club to two European trophies.
2.00 **EFL Cup Retro** A replay of Chelsea v Tottenham Hotspur in the 2015 final at Wembley.
4.00 **to 6.00** AM **EFL Cup Retro**

TNT Sports 3

413 415 523 410 432

6.00 AM **MotoGP Rewind**
6.15 **Premier League Reload**
6.30 **UEFA Champions League**
9.00 **Serie A** Action from Italy.
11.00 LIVE **Athletics World Championship** Day five from Japan National Stadium in Tokyo.
2.30 PM **The Gruppetto** Cycling action.
2.45 LIVE **Men's Cycling Pro Series** Coverage of stage one of the Tour of Luxembourg.
5.30 **The Gruppetto** Cycling action.
5.45 LIVE **UEFA Champions League Olympiacos v Pafos.** League phase game. K-o **5.45pm**.
7.45 LIVE **UEFA Champions League Paris Saint-Germain v Atalanta.** Kick-off **8.00pm**.
10.00 **Serie A – Full Impact**
10.30 **MotoGP Highlights**
11.30 **MotoE Highlights**
12.00 M'T **UEFA Champions League**
3.00 AM **International T20 Cricket**
4.00 **FIM Speedway Grand Prix**
5.00 **to 6.00** AM **MotoGP Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM**
1.00 PM **UEFA Champions League Highlights Show**
2.00 LIVE **Men's Cycling Pro Series** Coverage of the opening stage of the Tour of Slovakia, a route around the town of Bardejov.
4.00 **MLB Highlights**
5.00 **Women's CPL Highlights**
5.30 **Ultimate Pool** Action from Group 15 of the Pairs Cup.
7.00 LIVE **Snooker Home Nations Series English Open** Coverage of the third session in the second round of the tournament staged at the Brentwood Centre in Essex.
11.00 **Men's Cycling Pro Series**
1.00 AM **Cliff Diving World Series**
2.00 **Snooker Home Nations Series English Open** Highlights from day three at Brentwood Centre.
4.00 **Onboard** Ocean Race Europe.
4.30 **MLB Plays of the Week**
5.00 **to 6.00** AM **Cliff Diving World Series**

Premier Sports 1

419 551

6.00 AM **Transworld Sport**
7.00 **FIM Sidecarcross**
8.00 **LaLiga Specials**
9.00 **Mass Participation World**
10.00 **DTM Highlights**
11.00 **Football Highlights**
2.00 PM **NASCAR Highlights**
3.00 **DTM Highlights**
4.00 **Top 14 Rugby Union Highlights**
4.30 **Transworld Sport** Magazine.
5.30 **World Surf League**
6.30 **LaLiga Specials**
6.45 **NHL: This is Hockey**
7.15 LIVE **Elite Ice Hockey League Glasgow Clan v Manchester Storm.** Face-off is at **7.30pm**.
10.15 **NHL: This is Hockey**
10.45 **FIM Sidecarcross**
11.45 **LaLiga Specials**
12.00 M'T **DTM Highlights**
1.00 AM **Mass Participation World**
2.00 **Scottish Football Social Club**
3.00 **LaLiga Specials**
4.00 **Eredivisie Highlights**
5.00 **to 6.00** AM **NASCAR**

Premier Sports 2

420 552

6.00 AM **LaLiga** Another chance to see Osasuna v Rayo Vallecano.
8.00 **Top 14 Rugby Union** Another chance to see Montauban v Lyon.
10.00 **LaLiga** Espanyol v Mallorca.
12.00 NOON **FastZone** Motorsports.
12.30 PM **GP Confidential**
1.00 **Eredivisie** A chance to see Feyenoord v SC Heerenveen.
3.00 **LaLiga** Another chance to see Osasuna v Rayo Vallecano.
5.00 **Bike World** Magazine.
5.30 **FastZone** Motorsports highlights.
6.00 **United Rugby Championship** Leinster v Bulls in the Grand Final.
8.00 **GP Confidential** F1 news.
8.30 **Football's Greatest**
9.00 **Coppa Italia** AC Milan v Bari.
11.00 **Top 14 Rugby Union** A replay of Toulon v Castres.
1.00 AM **Temples of Sport**
1.30 **Eredivisie** A chance to see Feyenoord v SC Heerenveen.
3.30 **LaLiga** Celta Vigo v Girona.
5.30 **to 6.00** AM **Football's Greatest**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

18 September

Evening Planner

Football

Champions League
TNT Sports, kick-offs 8pm
Newcastle play host to Barcelona (TNT Sports 1), while Manchester City take on Serie A champions Napoli (TNT Sports 2).

Factual

Long Lost Family
ITV1, 9pm
Davina McCall and Nicky Campbell help families searching for their lost past, including brothers separated in 1966.

Comedy

Juice
BBC3, 9pm & 9.25pm (box set, iPlayer)
As the comedy returns, Jamma (Mawaan Rizwan) is jobless, sofa-surfing and single. Can a stranger help resurrect his love life?

OnDemand

NETFLIX

Black Rabbit
Available today
Jude Law and Jason Bateman star as brothers in this drama set against in the high-pressure New York nightlife scene.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef		9.00 Stranded on Honeymoon Island		10.00 News; Local News	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Saving Lives at Sea		9.00 The Newsreader		10.00 Missing in...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Long Lost Family		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Taskmaster		10.00 8 Out of 10 Cats Does Countdown...	
	105 5	7.00 Baby Elephant Hospital		8.00 Yorkshire Great and Small with Dan...		9.00 The Rumour		10.00 Secrets of the Shoplifting Gangs	
	106 SKY SHOWCASE	7.00 The Office (US)		8.00 Rob & Romesh vs Golf		9.00 Atomic		10.00 Film: Retribution	
ENTERTAINMENT	115 BBC3	7.00 Athletics...	7.30 Horrible...	8.00 Top Gear		9.00 Juice	9.50 Our Girl		
	116 BBC4	7.00 Steam Days	7.30 The Train Now...	8.00 Film: Brief Encounter			9.45 Film: The Great Gatsby		
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Olivia Attwood's Bad Boyfriends		10.00 Family Guy	
	136 MORE4	◂ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Night Coppers		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 FBI		10.00 FBI: International	
	108 SKY ATLANTIC	7.00 Homicide: Life on the Street		8.00 Game of Thrones		9.00 Atomic		10.00 The Last of Us	
	110 U&GOLD	7.00 Dad's Army	7.40 Fawlty Towers						10.25 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
	120 ITV4	7.00 Silverstone Festival		8.00 The Chase Celebrity Special		9.00 Film: For a Few Dollars More			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Live & Laughing		10.00 South Park	
	139 SKY SCI-FI	7.00 Primeval		8.00 Stargate Atlantis		9.00 The Ark		10.00 True Blood	
	113 SKY MAX	7.00 Stargate Universe		8.00 Rob & Romesh Vs		9.00 Never Mind the Buzzcocks			10.30 From
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Helen Mirren		9.00 The Directors		10.00 Stephen King on Screen	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 Louis Theroux: America's Most...		10.00 Louis Theroux: Twilight of the Porn...	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Mega Shippers		9.00 In the Eye of the Storm		10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Alaska: Surviving the Last Frontier		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Inside Melbourne Airport		9.00 Air Crash Investigation		10.00 Mystery of MH370: Drain the Oceans	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Secrets of Great British Castles		9.00 Swamp Mysteries with Troy Landry		10.00 Alone	
	155 U&YESTERDAY	7.00 Tropic of Cancer with Simon Reeve		8.00 Bangers & Cash		9.00 Flipping Bangers		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Telemarketers			8.10 The Jinx: The Life and Deaths...	9.00 The Case Against Adnan Syed			10.10 Hill
FILMS – Sky Cinema	301 PREMIERE	◂ 6.25 Die Alone		8.00 Nosferatu					10.15 The Brutalist
	302 10s	◂ 6.00 Now You See Me		8.00 Edge of Tomorrow				10.00 A Quiet Place	
	303 GEMS	◂ 4.45 Schindler's List		8.00 The Girl on the Train				9.55 The Woman in Black	
	304 GREATS	◂ 6.05 Grease 2		8.00 The Blues Brothers					10.15 The Golden Child
	305 ANIMATION	7.00 Smallfoot			8.40 Lego DC Comics Super Heroes: The Flash			10.05 Buffalo Kids	
	306 FAMILY	◂ 6.00 Wonka			8.10 Charlie and the Chocolate Factory				10.10 The Three Musketeers: Milady
	307 ACTION	◂ 5.40 Fast & Furious 7		8.00 The Fall Guy					10.10 Hellboy
	308 COMEDY	◂ 6.10 Anyone But You		8.00 Just Friends			9.45 Miss Congeniality		
	309 THRILLER	◂ 6.20 Dead Shot		8.00 In the Line of Fire					10.10 Lawless
	310 DRAMA	◂ 6.00 Dallas Buyers Club		8.00 Lost in Translation			9.45 The Three Musketeers: Milady		
	311 SCI-FI	◂ 5.55 Blade Runner		8.00 A Quiet Place: Day One				9.50 Johnny Mnemonic	
	313 FILM4	◂ 6.20 The Remains of the Day				9.00 The Contractor			
SPORT	401 MAIN EVENT	7.00 Sports Centre						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 PL Review		9.00 Big Interview	9.30 PL Stories	10.00 Netbusters	10.30 Big Interview
	403 FOOTBALL	7.00 EFL Goals		8.00 SPFL Round-Up	8.30 EFL Cup Highlights		9.30 EFL Highlights		
	405 CRICKET	7.00 Best of...	7.30 One-Day International Cricket		8.30 Best of England v South Africa			10.00 International T20 Cricket	
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Newcastle United v Barcelona (Kick-off 8.00)							10.30 Match Officials...
	411 TNT SPORTS 2	7.00 UEFA Champions League – Live: Manchester City v Napoli (Kick-off 8.00)							10.30 Ultimate Pool

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Devon. (S)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 LIVE **Athletics: World Championships** Jeanette Kwakye presents further coverage of day six from Tokyo. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** New edition An Edinburgh widow sells her collectibles. (S)
4.30 **The Answer Run** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Roman Kemp and Alex Jones present the topical show. (S)
7.30 **EastEnders** Jack is set on revealing the truth about Zoe's shooting, and Julie tries to talk to Joel about his misogynistic beliefs. (S)(AD)

8 PM

8.00 **MasterChef** New edition 20/24. Heston Blumenthal tasks candidates to recreate some of his restaurant's most celebrated dishes before they cook a dish 'filled with theatre and magic'. (S)(AD)
■ Continues tomorrow

9 PM

9.00 **Stranded on Honeymoon Island** New edition 8/12. A crate washes up to give the honeymooners support from home, before one husband is left with a big decision. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests in London to answer questions from an invited audience on subjects that have made the headlines in the past week. (S)
11.40 **Newscast** A panel of journalists hosts a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
10.30 LIVE **Athletics: World Championships** Jeanette Kwakye presents coverage of day six from Japan National Stadium in Tokyo. *Coverage continues on BBC1*. (S)
2.00 PM **Hairy Bikers' Best of British** Britain's fondness for picnics. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **World's Sneakiest Animals** (S)(R)
5.15 **Flog It!** From Blackburn. (S)(R)
6.00 **Richard Osman's House of Games** With Sunetra Sarker, Tim Key, Jamie Laing and Laura Whitmore. (S)(R)
6.30 **Great Coastal Railway Journeys** Michael Portillo explores the Isle of Thanet. (S)(R)(AD)

8.00 Saving Lives at Sea

7.00 **Celebrity Antiques Road Trip** Supermodel Jerry Hall and psychotherapist and TV presenter Philippa Perry take to the road, with the help of antiques experts Tim Medhurst and Charles Hanson. (S)(R)

8.00 **Saving Lives at Sea** New edition 8/10. A kayaker has called a mayday after getting into trouble near the Farne Islands, and in Crantock, Cornwall, a man has been caught in a rip current. (S)(AD)

9.00 **The Newsreader** New episode *Behind the Front Line:* 3/6. Dale embraces his success by hosting a lavish birthday party. (S3) (S)(AD)
■ Continues tomorrow
9.55 **Natural World: Raising Sancho** Documentary. (S)(R)

10.00 **Missing in Paradise: Searching for Sarm** New edition 2/3. Tir Dhondy meets with island police and is given rare CCTV footage. (S)(AD)
■ Concludes tomorrow
10.30 **Newsnight** (S)
11.00 **MOTD: UEFA Champions League** Action from the latest matchday one league phase fixtures, including Manchester City v Napoli. (S)
12.10 AM **Sign Zone: Saving Lives at Sea** Helping teenagers who have been cut off by the tide. (S)(R)(AD)
1.10 **Sign Zone: King & Conqueror** (R)
2.00 **Sign Zone: The Newsreader** (S)(R)
2.50 **Sign Zone: Freddie Flintoff's Field of Dreams – Ultimate Test** (S)(R)
3.50 **Sign Zone: Global Eye** (S)(R)
4.20 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and his team are in Cirencester in Gloucestershire, where the owners of a horse hoof match box think it's worth next to nothing, but get a pleasant surprise. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as five members of a Cardiff family take part in the quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** April finds herself feeling guilty, Nicola is furious, while Rhona is baffled. (S)(AD)

8.30 **Tonight: Parking Problems – The True Cost** New edition Ginny Buckley examines parking pricing, investigates whether charge penalties are fair and finds out about the latest in scams. (S)

9.00 NEW SERIES **Long Lost Family** An edition celebrating the bond between brothers. Lee Sharp discovers a sibling he never knew he had, and Peter MacDonald is desperate to see his brother again after 58 years. (S)(AD)

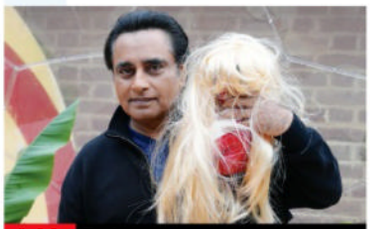
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **The Hitman's Wife's Bodyguard** Crime comedy sequel starring Ryan Reynolds and Samuel L Jackson. Michael Bryce teams up once again with Darius Kincaid as they try to prevent a terror attack on European soil. With Salma Hayek. (S)(AD) (2020, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Teleshopping**
3.00 **Genius Game** The nine players try to crack a 10-letter code word in Codebreakers. (S)(SL)(R)(AD)
4.05 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/24. (S3) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA**
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition In France, Karen and Steve unearth long-buried secrets at their ancient settlement. (S)
5.00 **Four in a Bed** New edition The final visit of the week is to the Bull Inn in Berkshire. (S)
5.30 **Come Dine with Me** HR manager Jay hosts night four in Bolton. (S)(R)
6.00 **Sun, Sea and Selling Houses** The Rodriguez family throw a housewarming party. (S)(R)



9.00 Taskmaster

7.00 **News** (S)

8.00 **The Dog House** New edition Double trouble George and Daisy can't bear to be apart, so any prospective owner has to take both and have a garden big enough for both of them. (S)(AD)

9.00 **Taskmaster** New edition 2/10. Reece Shearsmith's hand emerges from inside a bag, Sanjeev Bhaskar rotates around a hill of flour, and Maisie Adam's mouth pokes through Taskmaster Greg Davies' nose. (S)(AD)

10.00 **8 Out of 10 Cats Does Countdown: Best Bits** New edition Memorable moments from the recent series, with Jon Richardson, Danny Dyer, Rob Brydon, John Cooper Clarke, Roisin Conaty and Lucy Beaumont. (S)
11.05 **Big Fat Quiz: Best Bits** 2/4. Jimmy Carr presents another compilation of memorable moments. (S)(R)
12.05 AM **The Great British Bake Off** 3/10. Bread Week. (S)(SL)(R)(AD)
1.30 **The Inheritance** (S)(SL)(R)(AD)
4.15 **Kirstie and Phil's Love It or List It: Brilliant Builds** (S)(R)(AD)
4.40 **Kirstie's House of Craft** (S)(R)
4.55 **George Clarke's Amazing Spaces** A prototype for a mini home. (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)
2.20 FILM **Fatal Flatshare** Thriller starring Camila Senna. (S)(AD) (2023, PG, 95min) ★★
3.55 **All Creatures Great and Small** *On a Wing and a Prayer:* 7/7. An emotional phone call with a very pregnant Helen makes James determined to get back to her. (S4) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Hotel manager Grace holds a pop-up market. (S)(R)(AD)
6.55 **News** (S)

8.00 Yorkshire Great and Small

7.00 **Baby Elephant Hospital** The vets check the heart health, dental health and gut health of their patients, and a young bull elephant is rescued after breaking its leg. (S)(R)
7.55 **News** (S)

8.00 NEW SERIES **Yorkshire Great and Small with Dan and Helen** Helen Skelton and Dan Walker explore the North York Moors, beginning in Great Ayton – Captain Cook's boyhood village. (S)

9.00 **The Rumour** Series finale 5/5. Joanna reels from the truth while Bea faces the fallout. As Michael warns Bea, unaware they are being watched, Joanna discovers Rachel has taken Alfie. (S1) (S)(AD)

10.00 **Secrets of the Shoplifting Gangs** How retailers, private security and the police are fighting back against the rise of shoplifting, featuring the takedown of a prolific organised crime gang. (S)(R)
11.05 **Fare Dodgers: At War with the Law** Officers carry out a major sting in Vauxhall. (S)(R)
12.05 AM **Street Cops: Catching the Yobs** Documentary. (S)(R)
1.05 **PlayOJO Live Casino Show** (S)
3.05 **Tutankhamun: Waking the Dead** Documentary. (S)(R)
3.55 **Friends** (S2) (S)(R)(AD)
4.40 **Nick Knowles' Big House Clearout** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Uptown Otters** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 3/13. Yakuza assassins descend on LA. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Like Father, Like Clown:* Lisa and Bart help Krusty find his father. (S)(R) **5.30** *The Way We Was:* Marge tells Bart and Lisa the story of how she met Homer. (S)(R) **6.00** *Lisa's Pony:* Homer buys Lisa a pony in a bid to prove his love for her. (S)(R) **6.30** *Saturdays of Thunder:* Homer resolves to become a model parent. (S)(R)

10.00 Retribution

7.00 **The Office (US)** *A Benihana Christmas – Part Two:* 11/25. Michael tries to deal with being dumped by Carol. (S)(R) **7.30** *Back from Vacation:* 12/25. Michael returns from his holiday. (S3) (S)(R)

8.00 **Rob & Romesh vs Golf** Rob Beckett shares his newfound love of the sport with Romesh Ranganathan, with the pair playing a round at St Andrews and having a lesson from Olympic champion Justin Rose. (S)(R)

9.00 **Atomic** Series finale *The Path of Totality:* 5/5. Max and JJ try to win back the uranium in Casablanca, but the pair face a big decision as the cartel closes in. (S1) (S)(AD)

10.00 FILM **Retribution** Action thriller starring Liam Neeson. While driving his children to school, a businessman discovers that his vehicle is rigged with explosives. (S)(AD) (2023, 12, 91min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **Curb Your Enthusiasm** 9/10. Preparations are being made for Larry and Cheryl to renew their vows. (S)(R) **12.35** AM 10/10. Larry anxiously prepares for the opening night of *The Producers*. Guest stars Mel Brooks. (S4) (S)(R)
1.45 **Sex and the City** (S1) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 3/13. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am Bargain Hunt (S)(R) **12.00noon-1.00pm** First Minister's Questions New edition **12.10** Scotcast (S)(R) **12.40** Weather for the Week Ahead (S) **12.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Girl Fight (S)(R) **11.00** Missing in Paradise: Searching for Sarm New edition (S)(AD) **11.35** The Big Cases (S)(R) **12.00m't-1.10am** LIVE MOTD: UEFA Champions League (S)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **1.30** Ralïo: Pencampwriaeth Rali'r Byd 2025 **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Prosiect Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau, Sheikhs a Chowbois **6.30** Clwb Rygbi **6.55** Newyddion a'r Tywydd **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Antur Itera Tim Lowri Morgan **9.30** Adeiladu'r Freuddwyd: Camp Out West **10.00** Y Llinell Las (AD) **11.00-11.34pm** Arfordir Cymru: Môn

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Athletics: World Championships Highlights** A round-up of action from the sixth day in Tokyo.
7.30 **Horrible Histories** A Roman Emperor reveals the secret of his success.
7.55 **The Catch Up**
8.00 **Top Gear** With Guy Ritchie.
9.00 NEW SERIES **Juice** 1/6. Return of the sitcom starring Mawaan Rizwan. Jamma bumps into Guy for the first time in six months at a pop-up art exhibition. **9.25** New episode 2/6. Guy asks Jamma to house-sit for him. (S2)
■ Entire series on BBC iPlayer
9.50 **Our Girl** 4/5. The captain and Smurf both declare their feelings for Molly. **10.50** 5/5. Molly faces difficult decisions as she returns home. (S1)
11.50 **We Built a Zoo**
12.50 AM **Top Gear** As 8.00pm.
1.50 **Juice** 1&2/6. (S2)
2.40 **Angels of the North**
3.40 **to 4.00** AM **The Fast and the Farmer-ish**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Steam Days** Miles Kington travels along the west coast of Scotland.
7.30 **The Train Now Departing** The events surrounding the proposed closure of the Settle to Carlisle line.
8.00 FILM **Brief Encounter** David Lean's classic romantic drama starring Celia Johnson and Trevor Howard. (1945, b/w, PG, 86min) ★★★★★
9.30 NEW **Sarah Churchwell Remembers... The Great Gatsby** The enduring legacy of *The Great Gatsby*.
9.45 FILM **The Great Gatsby** Romantic drama based on F Scott Fitzgerald's novel, starring Mira Sorvino, Toby Stephens and Paul Rudd. (2000, 12, 94min) ★★
11.15 **Omnibus: The Great Gatsby – Midnight in Manhattan** A profile of writer F Scott Fitzgerald.
12.05 AM FILM **Tár** Drama. (2022, 15, 158min) ★★★★
2.35 **Steam Days** Documentary.
3.05 **to 3.35** AM **The Train Now Departing**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw fix up an iconic 1989 VW Golf GTI. **4.50** Fuzz and Tim take on one of the most divisive British sports cars ever.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two couples in south Wales. **6.55** Kirstie and Phil assist house-hunters in Surrey.
7.55 **Grand Designs** Kevin McCloud meets Tom and Danielle, who have decided to put their talent for steam-bending wood to use in building their wavy wooden home in Cornwall.
9.00 **Night Coppers** Leanne and Emily arrive at the scene of a car crash and race to catch a suspected dangerous driver, while Ollie and Harry investigate an altercation between housemates.
10.00 **24 Hours in A&E** Medics treat 79-year-old Arthur, who has acute stomach discomfort. **11.05** The King's College Hospital staff treat patients involved in road accidents.
12.05 AM **The Good Doctor**
1.05 **Night Coppers**
2.10 **24 Hours in A&E**
3.15 **to 3.40** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 11-14/24. (S6)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **The Simpsons** *Lisa the Drama Queen:* Lisa makes a new friend. With Emily Blunt. **7.30** *Burger Kings:* Mr Burns sells plant-based burgers.
8.00 **First Dates** A sexual health adviser with two soon-to-be-married daughters goes looking for love.
9.00 **Gogglebox** James Corden's *Late Late Show* interview with Prince Harry is assessed. **10.00** *Oprah with Meghan and Harry* and *Teen First Dates* are appraised.
11.05 **First Dates**
12.05 AM **Naked Attraction**
1.10 **The Simpsons**
1.40 **Rick and Morty**
2.10 **Mike Tyson Mysteries** New episodes (S4)
2.35 **Gogglebox**
3.30 **Below Deck**
4.20 **Young Sheldon**
5.05 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **The Best of Nothing to Declare** Double bill.
10.00 **Stop, Search, Seize**
11.00 **Sun, Sea and A&E**
12.00 NOON **FBI** 21/22. (S5)
1.00 PM **FBI: International** (S2)
2.00 **FBI: Most Wanted** 20/22. Remy and Kristen get caught up in a prison riot. (S4)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **The Equalizer** *Second Chance:* 9/18. McCall and Dante's relationship is put to the test. (S3)

9 PM
9.00 **FBI** New episode *Monumental:* 7/22. A park ranger is shot dead by a masked assailant. (S7)

10 PM
10.00 **FBI: International** New episode *Keen as a Bean:* 7/22. A former colleague of Wes enlists the Fly Team's help. (S4)
11.00 **Bull** 22/22. (S6)
12.00 M'T **New Amsterdam** (S5)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Hotels in Venice.
7.00 **The Guest Wing**
8.00 **Boardwalk Empire** (S1)
10.20 **Westworld** 7&8/8. (S3)
12.55 PM **Game of Thrones** (S3)
2.00 **Das Boot** 7&8/10. (S3)
4.00 **Boardwalk Empire** 3/12. Margaret is surprised when she gets a new job.
5.00 4/12. 'Lucky' Luciano falls for Jimmy's mother. (S1)
6.00 **Homicide: Life on the Street** 14/20. Pembleton forces the suspect to confess. (S3)

9.00 Atomic

7 PM
7.00 **Homicide: Life on the Street** *Law and Disorder:* 15/20. Bayliss investigates the murder of a cop shooter. (S3)

8 PM
8.00 **Game of Thrones** *And Now His Watch Is Ended:* 4/10. Varys meets his match when he talks to Lady Olenna. (S3)

9 PM
9.00 **Atomic** Series finale *The Path of Totality:* 5/5. Max and JJ attempt to win back the uranium in Casablanca. (S1)

10 PM
10.00 **The Last of Us** *Please Hold to My Hand:* 4/9. Joel and Ellie draw the attention of a vindictive rebel leader. (S1)
11.00 **Julia** 7/8. The cook is unexpectedly inspired by an offhand comment from a well-respected chef. (S1)
12.00 M'T **The Sopranos** 5/13. (S3)
1.05 AM **Dexter: New Blood** (S1)
2.10 **Game of Thrones** (S3)
4.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S2)
8.00 **The Blacklist** 21/22. (S9)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 16/20. (S3)
12.00 NOON **The Blacklist** (S9)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 8/20. (S5)
4.00 **S.W.A.T.** 3/13. Yakuza assassins descend on LA. (S7)
5.00 **SEAL Team** 15/20. Bravo Team protect a group of American engineers. (S3)
6.00 **Stargate Universe** 3/20. The *Destiny*'s air supply begins to dwindle. (S1)

5.00 SEAL Team

7 PM
7.00 **Stargate Universe** *Darkness:* 4/20. Dr Rush has to find out why the *Destiny* has lost all power reserves. (S1)

8 PM
8.00 **Rob & Romesh Vs** Rob Beckett and Romesh Ranganathan travel around the world taking on challenges.

9 PM
9.00 **Never Mind the Buzzcocks** With Maisie Peters, Lethal Bizzle and James Buckley.
9.45 With James Acaster, Kerry Godliman, Loyle Carner and Martin Kemp.
10.30 **From** *Silhouettes:* 5/10. Jim, Tabitha and Ethan begin asking questions about where they are in the hopes it may lead them home. (S1)
11.30 **The Force**
12.30 AM **Road Wars** Double bill.
2.00 **Peacemaker** New episode 5/8. Action comedy. (S2)
3.00 **Magnum P.I.** 8/20. (S5)
4.00 **S.W.A.T.** 3/13. (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.15 **Real Housewives of Potomac**
11.05 **Real Housewives of New...**
12.00 NOON **Buying the View**
12.30 PM **Billie and Greg**
1.30 **The Only Way Is Essex**
2.30 **The Bachelor Australia** Series finale Reality series.
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

8.00 The 1% Club

7 PM
7.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant takes on the Banker for the chance to win life-changing cash.

8 PM
8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9 PM
9.00 **Olivia Attwood's Bad Boyfriends** New edition Olivia drags the boys into court with secrets and social media receipts.

10 PM
10.00 **Family Guy** 7/21. Peter and Quagmire form a singer-songwriter duo.
10.30 2/21. Peter realises he has a twin. (S12)
11.05 **Universal Basic Guys** New episode 6/13. (S1)
11.35 **American Dad!** (S14)
12.35 AM **Bob's Burgers** 21/22. (S9)
1.05 **Olivia Attwood's Bad Boyfriends** As 9.00pm.
2.05 **Plebs** 7/8. (S4)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.05 **Doc Martin** 7&8/8. (S4)
10.15 **The Royal** *The Rose Queen.*
11.20 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.40 **Doc Martin** 1/8. The GP struggles to come to terms with fatherhood.
4.45 2/8. Louisa agrees to move into Martin's house. (S5)
5.50 **Heartbeat** *Honour Among Thieves:* Greengrass and Blaketon go into politics.

8.00 Vera

7 PM
6.55 **Heartbeat** *Shotgun Wedding:* Mike plans to marry Jackie in secret, but the search for a train robber derails the plan.

8 PM
8.00 **Vera** *Dark Angel:* The detective investigates Newcastle's drug underworld to discover the identity of a man found dead in the river, which leads her back to the site of an old murder.

10 PM
10.00 **Law & Order: UK** *Customs:* 5/8. The body of an elderly woman is found at a well-known suicide spot. (S8)
11.00 **Law & Order: UK** 6/8. A newborn goes missing. (S8)
12.00 M'T **Agatha Christie's Poirot** *The Adventure of Johnnie Waverly:* A man receives threatening letters.
1.00 AM **Playing Nice** 4/4. (S1)
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Jules and Greg's Wild Swim** Mull and Iona.
8.00 **Beechgrove Garden** New edition Kirsty Wilson and Brian Cunningham look toward next year.
8.30 **Landward** New edition Dougie Vipond heads to Lairg for the first of the autumn lamb sales.
9.00 **Facelift** Darren and Tom welcome the arrival of their baby girl.
10.00 **Two Doors Down** 6/6. Alan and Michelle return from Las Vegas with big news. (S7)
10.30 **Scotland Stands Up** Christopher Macarthur-Boyd hosts a night of comedy in Edinburgh.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Scot Squad** 1/6. (S5)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S4)
10.00 **Sex and the City** (S5)
11.20 **Girls** 3&4/12. (S3)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S2)
4.30 **Sex and the City** (S5)
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S2)
7.45 **Sex and the City** 4/8. Samantha creates a new look for Carrie.
8.25 5/8. Carrie's book-launch party approaches. (S5)
9.00 **Jerrod Carmichael: Don't Be Gay** The comedian performs stand-up in New York.
10.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.00 **And Just Like That...**
11.55 **Entourage** (S4)
1.00 AM **Veep** (S7&1)
2.25 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Jacqueline du Pré: Genius and Tragedy**
7.55 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Science Fiction in the Atomic Age**
3.00 **Painting Birds with Jim and Nancy Moir**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **The Directors**
10.00 **Stephen King on Screen**
12.00 M'T **The Art of Film with Ian Nathan**
1.00 AM **Spike Milligan: The Unseen Archive**
2.35 **Sound of Freedom**
3.50 **Mary Cassatt: Painting the Modern Woman**
5.00 **to 6.00** AM **Art Traffickers**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare UK**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** 8/26. (S3)
8.00 **Star Trek: Deep Space Nine** 14/26. (S4)
9.00 **Britain's Most Evil Killers**
10.00 **The Real Manhunter: The Dream City Cinema Club Fire**
11.00 **Grimm** 5/22. (S1)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Beat the Chasers**
3.00 **Tenable Christmas Cracker** Five panto performers take on the Tenable Tower.
4.00 **Tenable** Quiz show hosted by Warwick Davis.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant Craig tries to open the 22 red boxes in the right order.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Ryan takes on the infamous Banker.
9.00 **Ant & Dec's Limitless Win** Cousins Adele and Adele take on the money ladder.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Ant & Dec's Limitless Win**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 5&6/26. (S5)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Family Album** 1/2. Drama.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 4/8. (S2)
7.30 **Man About the House**
8.00 **A Fine Romance** (S2)
8.30 **Home to Roost** (S2)
9.00 FILM **Carry On Constable** Comedy with Sidney James, Kenneth Connor and Kenneth Williams. (1960, b/w, U, 86min) ★★★
11.00 **Rising Damp** 4/8. (S2)
11.30 **Man About the House**
12.00 M'T **M*A*S*H** (S11)
1.00 AM **Home to Roost**
1.30 **A Fine Romance** (S2)
2.10 **Danielle Steel's Family Album** 1/2. Drama.
3.35 **A Fine Romance** (S2)
4.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **The Saint**
7.20 **Kojak** Double bill.
9.25 **Magnum, PI**
11.30 **Robin of Sherwood**
12.40 PM **BattleBots**
1.40 **Kojak** Double bill.
3.45 **Magnum, PI** *Let the Punishment Fit the Crime:* Magnum is hired to find a woman's missing brother. **4.50** *Holmes Is Where the Heart Is:* Higgins meets a friend.
5.55 **The Saint** *The Fast Women:* Guest stars Kate O'Mara.

9.00 For a Few Dollars More

7.00 **Silverstone Festival** Richard Hammond races with Patrick Blekeney-Edwards, and Jake Hill hits the track in a Mustang.
8.00 **The Chase Celebrity Special** Raj Bisram, Danielle Harold, John Conteh and Roger Black take part in the quiz.
9.00 FILM **For a Few Dollars More** Classic Spaghetti Western starring Clint Eastwood and Lee Van Cleef as cowboy bounty hunters who join forces to track down a killer. With Klaus Kinski. (1965, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Ligue 1 Highlights**
12.15 AM FILM **Platoon** Oscar-winning war drama starring Charlie Sheen, Tom Berenger and Willem Dafoe. (1986, 15, 120min) ★★★★
2.25 **The Protectors**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 20/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 8/26. (S2)
2.00 **Primeval** As 7.00pm.
3.00 **Star Trek: Enterprise** (S1)
4.00 **Stargate Atlantis** 12/20. (S4)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 20/26. Two Klingons attempt to take over the *Enterprise*. (S1)

11.00 Westworld

7.00 **Primeval** 5/6. With a T-rex loose on the streets, Matt races to stop Philip and switch off his machine before it is too late. (S5)
8.00 **Stargate Atlantis** *Spoils of War:* 12/20. The team salvage a partially damaged Hive ship. Guest stars Andee Frizzell. (S4)
9.00 **The Ark** *Kill or Be Killed:* 2/12. The arrival of new crew members presents questions of who can be trusted. (S2)
10.00 **True Blood** *May Be the Last Time:* 7/10. Sookie hopes for a miracle to save Bill, while Eric and Pam look for Sarah. (S7)
11.00 **Westworld** 4/8. Bernard and Ashley plan to infiltrate a private charity event, while The Man in Black prepares to re-enter society. (S3)
12.10 AM **SurrealEstate** 7/10. (S2)
1.00 **Primeval** As 7.00pm.
2.00 **Westworld** 3/8. (S3)
3.10 **SurrealEstate**
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 19/23. (S2)
11.00 **Hudson & Rex** 12/16. (S6)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S13)
4.00 **The Mentalist** 19/23. (S2)
5.00 **Hudson & Rex** 12/16. A convicted killer resorts to desperate measures to avoid deportation. (S6)
6.00 **Father Brown** *The Deadly Seal:* The sleuthing priest is told about an assassination plot.

10.00 Father Brown

7.00 **Body of Proof** *Point of Origin:* 5/20. A veteran arson investigator hinders Megan's work. (S2)
8.00 **Death in Paradise** *Beyond the Shining Sea – Part One:* 5/8. A festival queen is murdered. (S8)
9.00 **Death in Paradise** *A Murder Forewarned – Part One:* 6/8. The team investigate the murder of a water taxi driver. (S12)
10.00 **Father Brown** *The Hidden Man:* Father Brown's friendship with Flambeau is tested to its limits.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 4/16. When the head of a Detroit mob is in town, Caffrey suspects that Mozzie is in danger. (S3)
1.00 AM **Death in Paradise** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Highlights**
8.35 **Last of the Summer Wine**
9.50 **Hi-de-Hi!**
10.30 **Porridge**
11.10 **Last of the Summer Wine**
12.30 PM **Don't Wait Up**
1.10 **The Green Green Grass**
1.50 **Dad's Army**
2.25 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

6.20 Porridge

7.00 **Dad's Army** Mainwaring organises a dance in an attempt to boost morale.
7.40 **Fawlty Towers** Basil hosts an exclusive night of gourmet cuisine. **8.20** A party of German guests comes to stay and Basil ensures everyone is on their best behaviour.
9.00 **Fawlty Towers** An abrasive woman comes to stay at the hotel. **9.35** Basil goes to great lengths to prove a guest has smuggled a woman into his room.
10.25 **Not Going Out** Lee attempts to prove his manliness on a camping trip to a spooky forest.
11.00 **Porridge**
11.35 **Bottom**
12.15 AM **Men Behaving Badly**
12.50 **Fawlty Towers**
2.15 **Not Going Out**
2.45 **Bottom**
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
10.00 **Trawlermen** Four editions.
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **Railroad Australia**
3.00 **Top Gear** With Hugh Grant.
4.00 **Top Gear USA Special**
5.00 **Rick Stein's Far Eastern Odyssey** The multicultural cuisine of Penang, Malaysia.
6.00 **Hairy Bikers' Best of British** Si and Dave prepare a selection of dishes using rabbit, grouse and venison.

10.00 Have I Got a Bit More...

7.00 **Would I Lie to You? The Best Bits** Highlights from the comedy panel show.
7.40 **Richard Osman's House of Games** Contestants include Josie Lawrence and Laura Whitmore. **8.20** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.
9.00 **QI XL** Guests David Mitchell, Rob Brydon and Dara O Briain join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Steph McGovern hosts the quiz, with Jamie MacDonald and Professor Hannah Fry.
11.00 **8 Out of 10 Cats** With Paul Hollywood and Gabby Logan.
11.50 **Two Pints of Lager and a Packet of Crisps** Double bill.
1.05 AM **Would I Lie to You? The Best Bits** As 7.00pm.
1.45 **Survivor South Africa**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Málaga.
11.00 **Help! We Bought a Village** From Spain.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **Jamie: Eat Yourself Healthy** Jamie Oliver showcases some ingredients that are good for the heart.
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer go house-hunting in Buckinghamshire.
9.00 **Great British Bake Off**
10.35 **The Great British Bake Off: An Extra Slice**
11.35 **Celebrity Gogglebox**
12.35 AM **24 Hours in A&E**
1.40 **999: On the Front Line**
2.40 **Jamie: Eat Yourself Healthy** As 7.00pm.
3.45 **to 4.45** AM **Kirstie and Phil's Love It or List It**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 8-10/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Up in Smoke:* 23/24. The investigators try to catch a terrorist. **7.00** *Till Death Do Us Part:* 24/24. Gibbs takes measures to track down Harper Dearing. (S9) **8.00** *Extreme Prejudice:* 1/24. Harper Dearing is hunted following the attack on the NCIS headquarters. (S10)
9.00 **Blue Bloods** *The Thin Blue Line:* 22/22. Danny becomes the target of a drug cartel. (S7)
10.00 **Law & Order: Special Victims Unit** *Brothel:* 15/24. Tutuola hunts a brothel owner. (S20)
11.00 **Law & Order: Special Victims Unit** (S20)
1.50 AM **Person of Interest**
2.45 **Criminal Minds** (S13)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A mini-heatwave results in an influx of patients.
9.00 **A&E After Dark**
10.00 **Ambulance: Code Red** A motorcyclist who has been thrown off his bike.
11.00 **Skin A&E** Documentary.
12.00 M'T **The Hospital: Life on the Line**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.10 FILM **Belle Starr** Western adventure. (1941, PG, 87min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Mud Mountain Haulers** New edition Trouble on the traction line leaves Craig frustrated by endless breakdowns.
10.00 **Outback Truckers**
11.00 **MacGyver** 13/23. (S2)
12.00 M'T **La Brea** Series finale 14/14. Veronica reveals a shocking secret. (S2)
1.00 AM **Extreme Tow Truckers** Documentary.
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition Curtis Stone returns for a slow cooked lamb and raviolo cook-along.
8.00 **Inside the Ambulance** Medics respond to a case of gang violence.
9.00 **Louis Theroux: America's Most Dangerous Pets** Wild animals being kept by homeowners in America.
10.00 **Louis Theroux: Twilight of the Porn Stars**
11.00 **First Responders**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Signora Volpe** *A Debt of Honour:* 1/3. The police arrest Antonella's friend for the murder of a community leader. (S2)
10.00 **New Tricks** *The Russian Cousin:* The team look into the murder of a private investigator.
11.20 **Spooks** 6/8. (S7)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
2.55 **to 4.00** AM **The Bletchley Circle**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures: House Calls** New edition Zak and his team brace for a chaotic spiritual storm when they are called to Ohio to help a couple reclaim their home from a horde of aggressive ghosts.
10.00 **My Haunted Hometown** New edition Stone, water and metal act as paranormal conduits to attract evil spirits.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special** Jamie Theakston and Max Beesley play for charity.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill of the darts-based quiz.
4.00 **Who Wants to Be a Millionaire?** Quiz show.
5.00 **The Bidding Room**
7.00 **The Celebrity Chase** With Meera Syal, David Emanuel, Kyran Bracken and Johnny Vegas.
8.00 **The Chase** Double bill.
10.00 **Classic Who Wants to Be a Millionaire?** Double bill of the quiz, hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill of the darts-based quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Western.
9.50 **FILM Demetrius and the Gladiators** Drama. (1954, PG, 101 min) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Rage at Dawn** Western adventure. (1955, U, 87min) ★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM Centurion** Gory historical action thriller. (2009, 15, 91 min) ★★★
11.15 **FILM Bronson** Drama. (2009, 18, 92min) ★★★
1.15 AM **The Avengers** (S4)
2.15 **The New Avengers**
3.15 **Cops Uncut** Double bill.
4.15 **to 5.40** AM **FILM Meteor Moon** Adventure. (2020, PG, 80min) ★★
+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM April's Flowers** Thriller. (2019, PG) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 10/10. (S1)
12.00 NOON **FILM Garage Sale Mysteries: Guilty Until Proven Innocent** Thriller. (2016, PG) ★★
1.55 PM **FILM Garage Sale Mysteries: The Novel Murders** Crime drama. (2016, PG, 84min) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 1/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **FILM Cut Bank** Thriller. (2014, 15, 93min) ★★
11.00 **FILM The Juror** Thriller. (1996, 18, 118min) ★
1.30 AM **FILM Death by Friendship** Thriller. (2020, 12, 95min) ★★
3.15 **to 4.40** AM **FILM Nanny Surveillance** Thriller. (2018, 12, 90min) ★★
+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas Next Door** Drama. (2017, U, 86min) ★★
10.05 **FILM All I Want for Christmas** Fantasy. (2013, PG, 88min) ★★
11.55 **FILM Christmas Catch** Comedy. (2018, PG) ★★
2.00 PM **FILM The Christmas Ball** (2020, PG) ★★
4.05 **FILM Falling in Love at Christmas** Drama. (2021, PG, 84min) ★★
6.00 **FILM Spotlight on Christmas** Festive drama. (2020, PG, 84min) ★★
8.00 **FILM The Christmas Cottage** Comedy. (2017, U, 90min) ★★
9.55 **FILM Christmas Comes Home** Festive romance. (2020, PG, 84min) ★★
11.55 **FILM Road to Christmas** Drama. (2018, U) ★★
1.50 AM **FILM Christmas Makeover** (2018) ★★
3.20 **to 4.50** AM **FILM The Christmas Ball** (2020)
+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Soap** 7/25. (S1)
11.00 **In Loving Memory** (S1)
11.30 **Jokers Wild**
12.00 NOON **Please Sir!** (S4)
12.30 PM **Don't Drink the Water** Sitcom. (S2)
1.00 **FILM Man of the Moment** (1955, U) ★★★
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **Bramwell** 1/8. (S2)
4.00 **Mapp and Lucia** (S2)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S1)
6.00 **The Monkees** (S1)
6.30 **Soap** 7/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **Don't Drink the Water**
8.00 **Jokers Wild**
8.30 **Lucky Feller**
9.00 **Please Sir!** 3/21. (S4)
9.30 **Brass** 4/6. (S3)
10.00 **Game On** 4/6. (S2)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **FILM Man of the Moment** (1955, U) ★★★
1.50 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **LIVE Snooker: English Open** Day four from the Brentwood Centre in Essex.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Josh takes a risk to keep the *Cornelia Marie* crew safe. **8.00** Junior has to call on the chase boat to help rescue them.
9.00 **Expedition X** Josh Gates sends the team to the remote Mackinac Island.
10.00 **Expedition Unknown** Josh Gates investigates a dig site in Egypt.
11.00 **Mysteries of the Deep**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **The Hairy Bikers Go West** Isle of Bute.
7.00 **Rachel Allen: Bake!**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **The Hairy Bikers' Northern Exposure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **French Adventure**
3.00 **Rachel Allen: Bake!**
4.00 **NEW SERIES The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **The Hairy Bikers' Northern Exposure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Islands to Highlands**
10.00 **Adam Richman Eats Britain** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 4/28. (S1)
9.00 **The Fall Guy** 6/13. (S4)
10.00 **Charlie's Angels** (S1)
11.00 **The Gambler III: The Legend Continues**
3.00 PM **FILM Showdown** Western starring Rock Hudson and Dean Martin. (1972, PG, 99min) ★★
5.00 **Star Trek** 18/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 7/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Marked for Death** Crime action thriller starring Steven Seagal. (1990, 18, 94min) ★★
10.55 **FILM Safe** Action thriller starring Jason Statham. (2012, 15, 90min) ★★★
12.50 AM **FILM Air America** Offbeat Vietnam War action comedy starring Mel Gibson. (1990, 15, 112min) ★★★
3.00 **to 4.50** AM **FILM Fugitives** Thriller. (2015, 15, 86min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The 7 Adventures of Sinbad**
8.00 **FILM Weather Wars** Sci-fi disaster thriller. (2011, 15, 82min) ★★
10.00 **Andromeda** 3/22. (S2)
11.00 **FILM Collision Earth** Sci-fi adventure. (2011, 12, 95min) ★★
1.00 PM **FILM Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
3.00 **Andromeda** 3/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
7.00 **Andromeda** 4/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Precious Cargo** Crime action thriller. (2016, 15, 87min) ★★
10.50 **FILM Hammer of the Gods** Action adventure. (2013, 18, 94min) ★
1.00 **to 3.00** AM **FILM Precious Cargo** (2016)
+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Carlisle.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters: Pawn Shop Edition**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained with William Shatner**
12.10 PM **Secrets in the Jungle** Documentary.
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There**
11.00 **UFOs: Lost Evidence**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Deep Water Salvage**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** From Devon.
12.00 NOON **Alan Titchmarsh's Underdog to Superdog**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** The presenter journeys to Fair Isle.
9.00 **Harry & Meghan's American Nightmare** Why the mood in the US has changed towards Harry and Meghan.
10.30 **Around the World by Train with Tony Robinson** Japan's legendary bullet train.
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue** A man takes on an enormous one-man mission.
9.00 **My Dream Derelict Home in the Sun** An abandoned watermill in the Dordogne in France.
10.00 **The Flipping El Moussas** New edition Tarek El Moussa and Adam Lindholm agree to buy a house by flipping a coin.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream...**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple...**
1.00 PM **Little People, Big World** Documentary.
2.00 **Breaking Amish: Brave New World**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **I Didn't Know I Was Pregnant** Double bill.
9.00 **24 Hour Baby Hospital**
11.00 **Body Bizarre**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme...**
2.00 **Hoarding: Buried Alive**
3.00 **Body Bizarre**
4.00 **I Didn't Know I Was...**
5.00 **to 6.00** AM **My Lottery Dream Home**
+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** 17&18/24. (S1)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 5-8/22. (S1)
1.00 PM **Friends** (S5&6)
8.30 **Friends** 15/25. The pals ponder what their lives might have been. (S6)
9.00 **Michael McIntyre: Live & Laughing** Stand-up.
10.00 **South Park** New episode
10.30 **South Park** (S10&11)
12.30 AM **Mike Judge's Beavis and Butt-Head**
1.00 **8 Out of 10 Cats**
2.00 **CC Live: Stand Up Shorts** Cerys Bradley.
2.30 **Lost Voice Guy: Cerebral LOLsy**
3.20 **Rosie Jones Tries to Help** With Harry Hill.
3.30 **Important Things with Demetri Martin**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 7&8/13. (S2)
11.00 **Friends** (S7)
1.00 PM **Impractical Jokers**
2.00 **Daria** 9&10/13. (S2)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
7.00 **Everybody Loves Raymond** 5-8/22. (S1)
9.00 **New Girl** 1&2/25. Double bill. (S2)
10.00 **Friends** 12-17/24. (S5)
1.00 AM **Beavis and Butt-Head** (S7)
2.00 **Key & Peele**
3.00 **Chris Ramsey: Approval Needed**
3.45 **Phil Wang at the Comedy Store**
4.05 **Bobby & Harriet at the Comedy Store**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **UK Border Force**
1.00 PM **Motorway Patrol**
3.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Border Security USA**
7.00 **UK Border Force** An immigration officer clashes with her boss.
8.00 **Road Wars** Following Thames Valley Police as they tackle vehicle crime.
9.00 **SEAL Team** (S2)
11.00 **Last King of the Cross**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Ashley Cole.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.15 **Teen Mom: The Next Chapter** Reality series.
8.00 **Catfish: The TV Show**
9.00 **Catfish: Love Triangles**
10.00 **Catfish: The TV Show**
1.00 PM **Catfish: Love Triangles** Double bill.
3.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **FriendZone**
6.30 **Teen Mom 2: From the Beginning** Reality series.
8.00 **Rich Kids Go Skint**
9.00 **Skin A&E**
10.00 **Jersey Shore Family Vacation** New edition
11.00 **The Challenge: Vets & New Threats** New edition Reality show.
12.30 AM **Love & Hip Hop: Atlanta** New edition
1.30 **Isle of MTV**
2.20 **Young, Dumb and Banged Up in the Sun**
3.10 **to 4.00** AM **Celeb Ex in the City**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Flying Wild Alaska**
9.00 **Gold Rush: White Water**
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Scrap Kings** A car plant is torn down in Birmingham. **4.00** In Wales, an abandoned convent is demolished.
5.00 **The Last Woodsmen** Jared takes a huge gamble on two valuable pieces of machinery.
6.00 **Hoffman Family Gold** The Hoffmans' best working wash plant breaks down.

9.00 In the Eye of the Storm

7.00 **Wheeler Dealers World Tour** Mike and Elvis find a charming 2CV Fourgonnette in Southern France.
8.00 **Mega Shippers** More logistical problems occur when a load-master stows a super yacht on a vessel carrier.
9.00 **In the Eye of the Storm** New edition A rare winter tornado outbreak tears through towns across the state of Tennessee.
10.00 **Marooned with Ed Stafford** The survivalist puts his skills to the test on a beach on Coron Island in the Philippines.
11.00 **Mystery at Blind Frog Ranch** Chad makes a huge mistake that could prove to be costly.
12.00 M'T **Blowing Up History**
1.00 AM **In the Eye of the Storm**
2.00 **Marooned with Ed Stafford**
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Bad Dog!**
10.00 **Tanked**
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A feline that turns nasty at night. **4.00** A couple afraid to have a child due to their hostile cat.
5.00 **Lone Star Law** A trespasser is reported in Beaumont.
6.00 **Dr Jeff: Rocky Mountain Vet** The vet tries to uncover the cause of a dog's broken jaw.

9.00 Alaska: The Last Frontier

7.00 **Treehouse Masters** Pete builds a treehouse cinema with loungers elevated into the trees to give a perfect view of the screen.
8.00 **Alaska: Surviving the Last Frontier** Carolyn Wise goes on a moose hunt and the Flower Lake group stalk squirrels.
9.00 **Alaska: The Last Frontier** Atz Lee and Elvin tackle a mission to secure their cabins at the head of the bay.
10.00 **Alaskan Bush People** The Browns make a risky attempt to move their shelters closer to the barn as the first snow falls.
11.00 **Pit Bulls & Parolees**
12.00 M'T **Crikey! It's the Irwins** Wes and Robert remove eggs from the nest of crocodiles.
1.00 AM **Alaska: Surviving the Last Frontier** As 8.00pm.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Ice Road Rescue**
2.00 PM **World War II: The Apocalypse** Double bill.
4.00 **Nazi Megastructures** The story behind the Atlantic Wall.
5.00 **Car S.O.S** Tim and Fuzz restore a Toyota Celica.
6.00 **Lost Treasures of Egypt** A look at new evidence about how the ancient Egyptians prepared for the afterlife.

8.00 Inside Melbourne Airport

7.00 **Air Crash Investigation** A plane crashes within a mile of the airport where it was attempting to make an emergency landing.
8.00 **Inside Melbourne Airport** New edition A kangaroo keeps Trent on his toes, and baggage handler Brodie battles jams.
9.00 **Air Crash Investigation** A turboprop nearly crashes after being struck by lightning and blinding the crew.
10.00 **Mystery of MH370: Drain the Oceans** The case of Malaysia Airlines Flight 370, which disappeared in 2014.
11.00 **Air Crash Investigation**
12.00 M'T **Construction Fails**
1.00 AM **Airport Security: Colombia** Documentary.
2.00 **Lords of War**
2.30 **Abandoned**
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Swamp People: Serpent Invasion**
6.55 **Storage Hunters**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **Alone** As 10.00pm.
2.00 **Swamp Mysteries with Troy Landry** As 9.00pm.
3.00 **Commando Missions**
5.00 **Storage Hunters** Double bill.
6.00 **American Pickers** A former race car driver's stockpile.

10.00 Alone

7.00 **Forged in Fire** After forging friction folders from a steel coil, finalists must then recreate the French smallsword.
8.00 **Secrets of Great British Castles** Dan Jones explores the history of the Welsh capital's landmark, Cardiff Castle.
9.00 **Swamp Mysteries with Troy Landry** New edition Troy learns of a treasure chest said to have been lost in a Louisiana bayou.
10.00 **Alone** New edition Starvation and exhaustion push the survivalists to their limits as wild game taunts them at every turn.
11.00 **World's Most Unexplained...**
12.00 M'T **Alien Corridors** UFO sightings in Washington State.
12.55 AM **The UnBelievable with Dan Aykroyd** The host views a car that hovers in midair.
1.50 **Swamp Mysteries with Troy Landry** As 9.00pm.
2.50 **Adventure Gold Diggers**
3.40 **Pawn Stars**
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: Dictators at War**
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Rise of the Nazis: Dictators at War**
5.00 **Warbird Workshop**
6.00 **Antiques Roadshow** The team value a piece of street art by Banksy.

8.00 Bangers & Cash

7.00 **Tropic of Cancer with Simon Reeve** Simon travels through Laos and Vietnam before ending his trip in Hawaii.
8.00 **Bangers & Cash** New edition Dave gets nostalgic over a pair of Raleigh Choppers and a rare Mark 1 Ford Granada.
9.00 **Flipping Bangers** Will and Gus look to make some quick cash as they fix and wrap a Toyota MR2 MK2.
10.00 **Bangers & Cash: Restoring Classics** The team dive into the history books and uncover a Harley Davidson 42WLA.
11.00 **Bangers & Cash** Derek has a drive in a 1960s bus that arrived in the UK after a life in the sun.
12.00 M'T **Find It, Fix It, Flog It** Items include a set of milk churns and a munitions shell.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Tropic of Cancer with Simon Reeve**

+1hour 255 329

Thursday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Mike Brewer: Born Dealer** Double bill.
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Salvage Hunters**
10.00 **Secret Life of the Auction House** New edition A first edition James Bond book brings the auction room alive.
11.00 **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
11.00 **Judge Rinder's Crime...**
12.00 NOON **Married to Evil**
1.00 PM **American Detective**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here** New edition
10.00 **Evil Lives Here: Shadows of Death**
11.00 **Murder on CCTV**
12.00 M'T **Gary Glitter: A Faking It Special**
1.00 AM **Faking It: Jimmy Savile** True-crime.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** A high school cheerleader is found murdered.
8.00 **Murder by the Sea** Questions are raised when a landlord mysteriously vanishes.
9.00 **Murder: Fight for the Truth** A group of friends of 17-year-old Danny Goldman, who went missing in 1966, start an investigation in 2012.
10.00 **Bloodline Detectives** In 2024, the 1980 Daytona Beach cold case linked to a serial killer is finally solved.
11.00 **A Secret to Die For**
12.00 M'T **Cult Justice**
1.00 AM **Murder: Fight for the Truth** As 9.00pm.
2.00 **Bloodline Detectives**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **New Scotland Yard Files** Double bill.
11.00 **Facing Evil**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **New Scotland Yard Files** Double bill.
4.00 **Facing Evil** The case of Vickie Jackson. **4.30** Earl Linebaugh and Melissa Harris.
5.00 **Medical Detectives** After a woman goes missing, her husband is the prime suspect. **5.30** Investigators believe a blood trail will lead them to a woman. **6.00** A young girl's parents are charged with her murder. **6.30** Police use laser technology to detect the origin of a letter.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Caught on Dashcam**
10.00 **The Real Manhunter**
11.00 **Snapped** Purdie Clark.
12.00 NOON **Murdered at...**
1.00 PM **Britain's Most Evil Killers** David Heiss.
2.00 **Killer in My Village**
3.00 **Killing Mum and Dad**
4.00 **World's Most Evil Killers**
5.00 **Murdered at First Sight**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
9.00 **Catching the Killer**
11.00 **Britain's Most Evil Killers**
12.00 M'T **What the Killer Did Next** Peter McMahon.
1.00 AM **How I Caught the Killer** Documentary.
2.00 **Killer in My Village**
3.00 **Snapped** True-crime.
4.00 **Border Security: Canada's Front Line**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** In Maryland.
8.35 **The Stuarts**
9.40 **WWII in Colour: Road to Victory**
10.50 **Agatha Christie's England** Documentary.
11.50 **Mr Polaroid**
1.00 PM **America the Bountiful** In Maryland.
1.35 **The Stuarts**
2.50 **WWII in Colour: Road to Victory**
4.00 **Agatha Christie's England** Documentary.
5.00 **Mr Polaroid**
6.15 **The Stuarts**
7.25 **WWII in Colour: Road to Victory**
8.35 **Agatha Christie's England** Documentary.
9.40 **NEW Mr Polaroid** The story of Edwin Land.
10.50 **WWII in Colour: Road to Victory**
12.00 M'T **Agatha Christie's England** Documentary.
1.05 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

THURSDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Dark Horses: Italy's World Cup Triumph**
7.00 **Discovering: Emma Thompson**
8.00 **The Directors**
9.00 **The Nineties**
10.00 **An Update On Our Family**
11.00 **The Jinx: The Life and Deaths of Robert Durst**
12.00 NOON **Schmeichel**
2.00 PM **On the Line: The Richard Williams Story** Documentary.
3.50 **My Icon: Heather Watson**
4.00 **Discovering: Emma Thompson**
5.00 **The Directors**
6.00 **The Nineties**
7.00 **Telemarketers**
8.10 **The Jinx: The Life and Deaths of Robert Durst**
9.00 **The Case Against Adnan Syed**
10.10 **Hill** A profile of Damon Hill.
12.00 M'T **Terry Venables: A Man Can Dream** Documentary.
2.00 AM NEW **The Case Against Adnan Syed** New revelations expose flaws in the original prosecution of Adnan Syed.
3.15 **Quad Gods**
5.00 to 6.00 AM **Discovering: Emma Thompson**

Sky Nature

145 113/114 189 354 369

6.00 AM **Guardians of the Wild**
7.00 **Monkey Life**
8.00 **Kenya Wildlife Diaries**
9.00 **Secrets of the Enchanted Forests** Documentary.
10.00 **Volcanic Odysseys**
11.00 **Uptown Otters**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Kenya Wildlife Diaries**
3.00 **Secrets of the Enchanted Forests** Documentary.
4.00 **Volcanic Odysseys**
5.00 **Hope for Wildlife**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Great Parks of Africa**
9.00 **Coral City**
10.00 **Mysteries of the Mekong**
11.00 **Hope for Wildlife**
12.00 M'T **Uptown Otters**
1.00 AM **Guardians of the Wild**
2.00 **Great Parks of Africa**
3.00 **Coral City**
4.00 **Kenya Wildlife Diaries**
5.00 to 6.00 AM **Secrets of the Enchanted Forests**

Sky History 2

163/168 143 186

6.00 AM **Weird or What? With William Shatner**
8.00 **History's Greatest Mysteries**
9.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **UFOs Declassified**
2.00 **Britain's Most Historic Towns**
4.00 **Weird or What? With William Shatner** Double bill of editions.
6.00 **History's Greatest Mysteries**
7.00 **Combat Ships** Stories of hospital ships and those who served on them, including the tragic story of the sinking of the *Titanic*'s sister vessel, the *Britannic*. **8.00** The smallest ships of war, such as the tiny canoes of the Cockleshell Heroes who led an attack on German ships.
9.00 **Clash of Ancient Warriors** The Battle of Hastings in 1066. **10.00** The Battle of Marathon, which took place in 490 BC.
11.00 **Ancient Aliens** Double bill.
1.00 AM **UFOs Declassified**
2.00 **Britain's Most Historic Towns**
4.00 **History's Greatest Aircraft**
5.00 to 6.00 AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **A Perfect Scam**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Cops Gone Bad with Will Mellor** Drew Peterson.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something** New edition
9.00 **The First 48** New edition
10.00 **Interrogation Raw**
11.00 **Homicide Hunter**
12.00 M'T **Somebody's Hiding...**
1.00 AM **The First 48**
2.00 **An Hour to Kill**
3.00 **A Perfect Scam**
4.00 **When Missing Turns to Murder**
5.00 to 6.00 AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Monster Fish**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Crocodiles Revealed**
3.00 **Savage Kingdom: Uprising**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A naughty red panda mum makes a play for attention.
8.00 **Kingdom of the Apes** Part one of two. A male silverback gorilla defends his crown. **9.00** Part two of two. Two chimpanzees fight for power.
10.00 **Lawless Island** The villagers of Port Protection are back to paving with good intentions.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **America's National Parks**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 to 5.00 AM **World's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Storming Area 51**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Experts explore whether binary star systems hold the potential to host alien life.
8.00 **Storming Area 51** Investigating the pandemonium of storming Area 51 in Nevada.
9.00 **Unexplained and Unexplored** The possibility that the Knights Templar fled Europe and rebuilt their order in the Americas a century before Columbus.
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 to 5.00 AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** Exploring Agdam, a city in Azerbaijan that was destroyed in a conflict decided by a new weapon of war. **8.00** An industrial ruin in the Florida Everglades that once competed in the greatest race humankind has ever witnessed. **9.00** Examining Oradour-sur-Glane, a French town that is drenched in infamy. Plus, a look at Alcatraz, a facility famed for breakouts but also subjected to a daring break-in. **10.00** Exploring the Tunnels of Gibraltar, a World War Two espionage base, hidden in the Rock of Gibraltar. **11.00** Examining a series of vaults, hidden from view in Edinburgh that tell a murky story of opportunity, crime and destitution.
12.00 M'T **Abandoned Engineering**
5.20 to 6.00 AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Evil Lives Here**
9.00 **Faking It: Tears of a Crime**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **American Detective with Lt Joe Kenda** Double bill.
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Web of Lies**
7.00 **Killer Unknown** A case in which phones are examined for communications between persons of interest. **8.00** Old and mishandled cases in Tulsa County.
9.00 **The Murder Tapes** A woman's body is found outside her office with a gunshot wound.
10.00 **Cabin in the Woods** A father's search for his daughter leads him to an abandoned cabin.
11.00 **Home Alone** A single mother stalked in her own home.
12.00 M'T **Scene of the Crime with Tony Harris** Double bill.
2.00 AM **Web of Lies**
4.00 to 6.00 AM **Killer Unknown**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** Two overhead walkways collapse in Missouri.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Shorty's Dream Shop**
9.00 **Richard Hammond's Workshop** The team try to win a rare 1950s Porsche 356.
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 to 5.00 AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.20 AM **Into the Wonderwoods** Animation. (2024, U) ★★★
9.00 **The Prosecutor** Hong Kong thriller. (2024, 15, 117min)
11.00 **One of Them Days** Comedy. (2025, 15, 97min) ★★★
12.40 PM **Nosferatu** As 8.00pm.
2.55 **The Surfer** Psychological thriller starring Nicolas Cage. (2024, 15, 100min) ★★★★
4.40 **Amongst the Wolves** Thriller. (2024, 15, 102min) ★★★
6.25 **Die Alone** As 3.40am.

9.00 The Prosecutor

8.00 Nosferatu Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult, Aaron Taylor-Johnson and Willem Dafoe. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

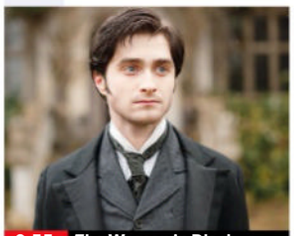
10.15 The Brutalist Epic drama starring Adrien Brody. When a couple flee Europe in 1947, their new lives in the US are changed by a strange client. With Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.35 AM **Spin the Bottle** Horror thriller starring Tanner Stine. (2024, 15, 119min) ★★
3.40 **Die Alone** Zombie apocalypse drama starring Carrie-Anne Moss and Douglas Smith. (2024, 15, 91min) ★★★★
5.15 to 7.15 AM **The Prosecutor**

Sky Cinema Gems

303 303 403 503 517

6.50 AM **The Girl on the Train**
8.45 **There Will Be Blood** Drama. (2007, 15, 158min) ★★★★★
11.25 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★
1.55 PM **Saving Private Ryan** Steven Spielberg's acclaimed World War Two drama. (1998, 15, 169min) ★★★★★
4.45 **Schindler's List** Steven Spielberg's historical drama. (1993, 15, 195min) ★★★★★



9.55 The Woman in Black

8.00 The Girl on the Train Thriller based on Paula Hawkins' novel, starring Emily Blunt. An alcoholic gets drawn into a web of intrigue when she becomes fascinated by a woman's disappearance. (2016, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 The Woman in Black Supernatural chiller based on Susan Hill's popular ghost story, starring Daniel Radcliffe. (2012, 12, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Woman in Black: Angel of Death** Horror sequel with Helen McCrory and Jeremy Irvine. (2014, 15, 95min) ★★★
1.15 AM **The Men Who Stare at Goats** Offbeat comedy. (2009, 15, 89min) ★★★
2.55 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. (2002, 12, 98min) ★★
4.35 to 6.15 AM **R.I.P.D** Action comedy starring Jeff Bridges. (2013, 12, 96min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.45 AM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
9.35 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
11.35 **Love Actually** Romantic comedy. (2003, 15, 135min) ★★★
1.55 PM **Beach Rats** Powerful drama. (2017, 15, 98min) ★★★
3.45 **Dreamgirls** Musical drama. (2006, 12, 130min) ★★★★
6.00 **Dallas Buyers Club** Fact-based drama. (2013, 15, 114min) ★★★★
8.00 **Lost in Translation** Romantic comedy drama written and directed by Sofia Coppola, starring Bill Murray and Scarlett Johansson. A jaded actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
9.45 **The Three Musketeers: Milady** Swashbuckling sequel starring François Civil and Eva Green. (2023, 12, 115min) ★★★★
11.45 **Saturday Night Fever** Dance drama. (1977, 18, 119min) ★★★★
1.45 AM **Fifty Shades of Grey** Erotic drama. (2015, 18, 120min) ★★
3.55 **Rurangi** Drama with Elz Carrad. (2020, 15, 87min) ★★★★
5.30 to 6.00 AM **Sky Cinema Preview**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.40 AM **The Ritual** Horror with Rafe Spall. (2017, 15, 94min) ★★★
9.25 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
11.30 **2012** Disaster movie with John Cusack. (2009, 12, 158min) ★★★
2.15 PM **The Nun** Horror with Taissa Farmiga. (2018, 15, 96min) ★★★
4.00 **Congo** Jungle adventure. (1995, 12, 108min) ★★★
5.55 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★
8.00 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. A cancer patient tries to survive Earth's first contact with sightless creatures which hunt by sound. (2024, 15, 100min) ★★★★
9.50 **Johnny Mnemonic** Futuristic thriller starring Keanu Reeves as a 21st-century courier with a micro-chip in his brain who undertakes one final, dangerous mission. (1995, 15, 98min) ★★
11.30 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
1.15 AM **Ouija** Horror. (2014, 15) ★★
3.00 **Repo Men** Sci-fi thriller starring Jude Law. (2009, 18, 111min) ★
5.10 **The Cinema List: Men in Black**
5.25 to 7.10 AM **The Front Room** Horror. (2024, 15, 94min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.50 AM **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
8.50 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
10.25 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★
11.50 **Thunderbirds** (2004, PG) ★★
1.35 PM **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★
4.20 **Peter Rabbit 2: The Runaway** Adventure. (2021, U) ★★★
6.00 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★

6.00 Wonka

8.10 **Charlie and the Chocolate Factory** Tim Burton's fantasy based on Roald Dahl's story, starring Johnny Depp and Freddie Highmore. An eccentric confectionery king awards five children a tour of his strange chocolate factory. (2005, PG, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

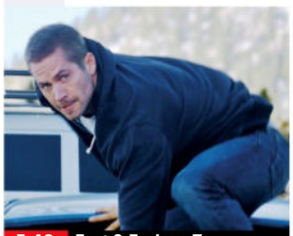
10.10 **The Three Musketeers: Milady** Swashbuckling sequel starring François Civil. D'Artagnan attempts to rescue his kidnapped sweetheart, Constance. (2023, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Ride On** Action drama. (2023, PG, 126min) ★★★
2.20 **The Flintstones** Comedy. (1994, U, 93min) ★★★
3.55 **The SpongeBob SquarePants Movie** Animated adventure. (2004, U, 87min) ★★★★
5.30 **to 7.10** AM **Look Who's Talking Now** Comedy. (1993, 12) ★

Sky Cinema Action

307 307 407 507 521

6.20 AM **Ghost Rider** Adventure. (2006, 12, 106min) ★★★
8.20 **Ghost Rider: Spirit of...**
10.00 **Charlie's Angels** Comedy thriller. (2000, 15) ★★★★
11.45 **Charlie's Angels: Full Throttle** (2003, 12) ★★
1.35 PM **Venom: The Last Dance** Fantasy. (2024, 15) ★★★
3.30 **Kraven the Hunter** Fantasy. (2024, 15, 127min) ★★★
5.40 **Fast & Furious 7** Thriller sequel. (2015, 12) ★★★★


5.40 Fast & Furious 7

8.00 **The Fall Guy** Action comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. With Aaron Taylor-Johnson and Hannah Waddingham. (2023, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Hellboy** Comic-book horror fantasy starring Ron Perlman. A demonic baby passes through a portal from hell to Earth. (2004, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★
2.20 **Ghost Rider: Spirit of Vengeance** Fantasy adventure sequel. (2012, 12, 91min) ★★
4.00 **The Cinema List: Jurassic**
4.20 **to 6.15** AM **Shaolin Soccer** Martial arts sports comedy. (2001, 12, 113min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.15 AM **Horrible Bosses** (2011)
7.55 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
9.25 **Ace Ventura: When Nature Calls** (1995, PG) ★★★
11.05 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
12.45 PM **Nutty Professor II: The Klumps** (2000, 12) ★★★
2.35 **Bad Teacher** (2011, 15) ★★★
4.15 **The Longest Yard** (2005) ★★
6.10 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★

8.00 Just Friends

8.00 **Just Friends** Romantic comedy starring Ryan Reynolds. A womanising music executive tries to undo his past as an uncool teen by wooing the girl he adored in high school. (2005, 12, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Miss Congeniality** Comedy starring Sandra Bullock as a tomboyish FBI agent who receives a radical make-over in order to go undercover at a beauty contest. With Michael Caine. (2000, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
1.50 AM **Scott Pilgrim vs the World** Comic-book comedy. (2010, 12, 112min) ★★★★
3.55 **Dinner for Schmucks** Comedy starring Steve Carell. (2010, 12, 113min) ★★★
5.55 **to 6.15** AM **Cinema List: SNL**

Sky Cinema Thriller

309 309 409 509 523

6.45 AM **Along Came a Spider** Thriller. (2001, 15) ★★★
8.35 **Into the Deep** Thriller. (2022, 15, 90min) ★★★
10.10 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★
12.25 PM **Sherlock Holmes: A Game of Shadows** (2011, 12) ★★★
2.40 **Ruthless** (2023, 15) ★★★
4.20 **Sharp Corner** Thriller. (2024, 15, 110min) ★★★★
6.20 **Dead Shot** Action thriller. (2023, 15, 92min) ★★★

10.10 Lawless

8.00 **In the Line of Fire** Thriller starring Clint Eastwood as a veteran secret service agent trying to stop a killer assassinating the US President. With John Malkovich, Rene Russo and Dylan McDermott. (1993, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Lawless** Crime drama with Shia LaBeouf and Tom Hardy. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
2.10 **Escape from Alcatraz** Fact-based prison drama. (1979, 15, 112min) ★★★★
4.05 **to 6.00** AM **Dangerous Waters** Survival thriller. (2023, 15, 101min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Mouse That Roared** Comedy starring Peter Sellers. (1959, U, 85min) ★★★★
12.45 PM **Dead of Night** Cult chiller. (1945, b/w, PG, 95min) ★★★★
2.50 **Hue and Cry** Adventure. (1946, b/w, U, 82min) ★★★
4.30 **The Fallen Idol** Drama. (1948, b/w, PG, 91min) ★★★
6.20 **The Remains of the Day** Merchant-Ivory period drama. (1993, U, 134min) ★★★★★

11.05 A Time to Kill

The Remains of the Day (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Contractor** Drama starring Chris Pine. After being discharged from the Marines, a man joins a paramilitary organisation to support his family in the only way he knows how. With Ben Foster and Gillian Jacobs. (2022, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **A Time to Kill** Legal drama based on John Grisham's novel, starring Matthew McConaughey and Sandra Bullock. A young lawyer defends a man who shot dead the Mississippi rednecks who raped his daughter. (1996, 15, 149min) ★★★
2.00 **to 4.00** AM **Dreamland** Drama starring Finn Cole. (2019, 15, 98min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 10s

302 302 402 502 516

6.10 AM **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
8.20 **Pitch Perfect** Musical comedy. (2012, 12, 112min) ★★★★
10.15 **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
12.15 PM **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
2.00 **Yesterday** Danny Boyle's comedy starring Himesh Patel. (2019, 12, 116min) ★★★

4.00 **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
6.00 **Now You See Me** Heist thriller. (2013, 12, 115min) ★★★
8.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★★
10.00 **A Quiet Place** Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★

11.35 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
1.40 AM **Fifty Shades Freed** Erotic thriller. (2018, 18, 105min) ★
3.30 **American Sniper** Biopic. (2014, 15, 127min) ★★★★
5.45 **to 6.00** AM **The Cinema List: Job Hunting**

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Funny Face** Musical. (1956, U, 103min) ★★★★
8.00 **The Blues Brothers** As 8pm.
10.25 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
12.20 PM **Flashdance** Dance drama. (1983, 15, 96min) ★★★
2.10 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
4.10 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★

6.05 **Grease 2** Musical sequel. (1982, PG, 109min) ★★
8.00 **The Blues Brothers** Comedy from John Landis, starring John Belushi and Dan Aykroyd as delinquent brothers who get their old R&B band back together to save the orphanage that was their childhood home. (1980, 15, 135min) ★★★★★
10.15 **The Golden Child** Fantasy adventure starring Eddie Murphy and Charlotte Lewis. (1986, PG, 93min) ★★

11.50 **Twins** Action comedy. (1988, PG, 107min) ★★★
1.40 AM **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
3.45 **Sky Cinema Preview**
4.15 **to 6.00** AM **HouseSitter** Romantic comedy starring Steve Martin. (1992, PG, 102min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Fireheart** Animation. (2022, U, 92min) ★★★
7.50 **Dragon Rider** Animation. (2020, PG, 91min) ★★★
9.30 **The Pirates! In an Adventure with Scientists** Comedy. (2012, U, 87min) ★★★★
11.10 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
12.50 PM **Madagascar** Animation. (2005, U, 86min) ★★★

2.25 **Extinct** (2021, U) ★★★
4.00 **Hotel Transylvania 2** Animated comedy. (2015, U, 89min) ★★★
5.35 **Migration** Animated comedy. (2023, U, 83min) ★★★
7.00 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
8.40 **Lego DC Comics Super Heroes: The Flash** (2018, U) ★★★
10.05 **Buffalo Kids** (2024, U) ★★★
11.30 **Batman Unlimited: Animal Instincts** (2015, PG) ★★
12.55 AM **Dr Seuss' The Lorax** Animation. (2012, U) ★★★

2.25 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
3.55 **Little Vampire** (2020, PG) ★★★
5.20 **to 6.40** AM **Scooby-Doo! The Sword and the Scoob** Animation. (2021, PG) ★★★

Movies 24

312 313 419

7.00 AM **Wedding of a Lifetime** Comedy. (2022, PG, 84min) ★★
9.00 **A Nashville Legacy** Romantic comedy. (2023, PG, 85min) ★★
11.00 **To Her, With Love** Romantic drama. (2022, PG, 84min) ★★
1.00 PM **The Story of Love** Romantic comedy drama. (2022, PG, 91min) ★★
3.00 **The Reluctant Royal** Romantic comedy. (2025, PG, 84min) ★★

5.00 **Stepping into Love** Romantic drama starring Jenna Michno. (2023, PG, 82min) ★★
7.00 **Made for Each Other** Romantic fantasy, starring Alexandra Turshen, Matt Cohen and Illeana Douglas. (2023, PG, 84min) ★★
9.00 **Groundswell** Romantic comedy starring Lacey Chabert and Ektor Rivera. A surf instructor helps a chef to get her life on track after a series of personal and professional setbacks. (2022, PG, 84min) ★★

11.00 **Lucky Hearts** Romantic comedy. (2023, PG, 89min) ★★
1.00 AM **His and Hers** Romantic drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Branching Out** Drama. (2024, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Murder in Eden** Drama. (1961, b/w, U, 64min) ★★★
7.15 **Death of an Angel** Mystery. (1951, b/w, PG, 64min) ★★★
8.30 **Out of Town**
9.00 **Your Money or Your Wife** Comedy. (1959, b/w, PG) ★
10.45 **The Delavine Affair** Drama. (1954, b/w, PG, 64min) ★★★
12.00 NOON **Dixon of Dock Green**
1.00 PM **Look at Life**

1.15 **They Came to a City** Fantasy. (1944, b/w, U, 78min) ★★★
2.50 **Glimpses: Magic Feet**
3.00 **Crown Court** Triple bill.
4.30 **Glencannon** 26/39. (S1)
5.05 **It Always Rains on Sunday** Thriller. (1947, b/w, PG) ★★★★
6.55 **Your Dustbin is Beating Hitler**
7.00 **For the Love of Ada** 4/6. (S1)
7.30 **The Cheaters** 16/27. (S2)
8.00 **The Brothers** 14/16. (S7)
9.05 **The Wheeltappers and Shunters Social Club**
9.55 **Cream: Farewell Concert**

11.35 **Margery and Gladys** Comedy.
1.35 AM **The Miracle of the Bells** Drama. (1948, b/w, U) ★★★
3.55 **The Wedding of Lilli Marlene** Musical drama sequel. (1953, b/w, PG, 89min) ★★
5.40 **to 6.00** AM **It Could Be You** Drama. (1957, U, 20min) ★★★

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC** Interactive show covering the football headlines.
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
12.30 PM **LIVE DP World Tour Golf** Coverage of the opening day of the Fedex Open de France from Golf de Saint-Nom-La-Bretèche in Paris. England's Dan Bradbury was the victorious player last year at Le Golf National, finishing one stroke clear of four players to win his second title on the tour. Previous winners of this event include Nicolas Colsaerts, Tommy Fleetwood and two-time champion Graeme McDowell.
5.30 **The Premier League Show** A daily guide to the top flight.
7.00 **Sports Centre** A round-up of the latest sports news.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News** Featuring interviews and highlights.
12.00 M'T **LIVE NFL** A match in the National Football League.
5.15 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Icons**
10.00 **Sky Sports FC** Interactive show covering the football headlines.
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **Premier League Highlights**
4.00 **Netbusters** The latest action from the Premier League.
4.30 **Premier League Stories** A profile of former Chelsea and Arsenal defender David Luiz.
5.00 **The Premier League Show**
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Premier League Review**
9.00 **The Big Interview** Featuring a player of the past or present.
9.30 **Premier League Stories**
10.00 **Netbusters** The latest action from the Premier League.
10.30 **The Big Interview**
11.00 **Premier League Years**
1.00 AM **PL Retro** Bolton Wanderers v Chelsea in the 2004/05 season.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2010/11**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2014/15 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Chelsea v Tottenham Hotspur in 2015.
12.00 NOON **EFL Cup**
2.00 PM **EFL Cup Highlights**
2.30 **EFL Highlights**
4.00 **WSL** West Ham United v Arsenal.
4.30 **EFL Cup Highlights**
5.00 **EFL Greatest Games**
5.30 **EFL Cup Highlights**
6.30 **Bundesliga Weekly**
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **SPFL Round-Up**
8.15 **SPFL Highlights** Kilmarnock v Celtic in the Scottish Premiership.
8.30 **EFL Cup Highlights** Action from Brentford v Aston Villa. **9.00** Highlights from Swansea City v Nottingham Forest.
9.30 **EFL Highlights** Action from Swansea City v Hull City.
9.45 **EFL Highlights** Championship.
11.00 **EFL Greatest Games**
12.00 M'T **Dundee United – Champions 83** Dundee United's 1982/83 title triumph.
12.30 AM **Best SPFL Goals 2022/23**
1.00 **Best SPFL Goals 2021/22**
1.30 **SPFL Greatest Games**
3.00 **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **One-Day International Cricket** England v West Indies: Action from the second ODI. **7.00** England v West Indies: Action from the third and final ODI. **8.00** England v South Africa: The first one-dayer in the three-match series from Headingley.
9.00 **Best of England v South Africa**
9.30 **One-Day International Cricket**
10.25 **LIVE County Championship Cricket** Coverage of the fourth and final day of a match from the penultimate round of fixtures in the competition.
7.00 PM **Best of England v South Africa** A 2011 World Cup game. **7.15** The third Test in 2012.
7.30 **One-Day International Cricket** England v South Africa in the first ODI staged at Headingley.
8.30 **Best of England v South Africa**
10.00 **International T20 Cricket** England v South Africa staged at Trent Bridge in Nottingham.
2.30 AM **Best of England v South Africa** A 2011 World Cup game. **2.45** Highlights from the third Test in the 2012 series.
3.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **DP World Tour Golf**
6.30 **Ladies European Tour Golf**
7.30 **PGA Tour Champions**
8.30 **HotelPlanner Tour Golf**
9.00 **DP World Tour Golf**
9.30 **Ladies European Tour Golf**
10.30 **PGA Tour Champions**
11.30 **My Ryder Cup** Memories.
12.00 NOON **Countdown to the Ryder Cup** A player breakdown.
12.30 PM **LIVE DP World Tour Golf** Coverage of day one of the Fedex Open de France from Golf de Saint-Nom-La-Bretèche in Paris.
5.30 **Defining Decisions: Justin Rose and the Ryder Cup**
6.00 **Tales from the Ryder Cup**
7.00 **DP World Tour Golf**
12.00 M'T **Learning Centre**
12.30 AM **HotelPlanner Tour Golf**
1.00 **DP World Tour Golf**
2.00 **Golf Academy** Expert tips.
3.00 **Countdown to the Ryder Cup**
3.30 **Ryder Cup Memories**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including day four of the WTA Korea Open, where the second round is due to conclude, and day two of both the ATP Chengdu Open and ATP Hangzhou Open, where the first round is set to be completed.
2.30 PM **ATP Tour This Week**
3.00 **US Open Tennis** Singles finals.
5.00 **WTA & ATP Tennis**
1.00 AM **Mirra Andreeva Podcast**
1.15 **WTA & ATP Tennis**
1.45 **Bitesize Tennis** Halle Open.
2.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Snooker Home Nations Series English Open**
8.00 **International T20 Cricket**
9.00 **SailGP Highlights**
10.00 **Fishing: On the Bank**
11.00 **Snooker Home Nations Series English Open** The third day.
1.00 PM **LIVE Snooker Home Nations Series English Open** The first session in the third round at the Brentwood Centre, Essex.
5.00 **CPL Highlights**
5.30 **Serie A – Full Impact**
6.00 **Premier League: Big Interview**
6.30 **Kenny Allstar's Number 1's**
6.45 **Premier League Reload**
7.00 **LIVE UEFA Champions League Newcastle United v Barcelona.** Coverage of the league phase match from St. James' Park. Kick-off **8.00pm**.
10.30 **Match Officials Mic'd Up**
11.00 **Serie A – Full Impact**
11.30 **MLB: Off the Bat**
12.00 M'T **LIVE MLB Baltimore Orioles v New York Yankees.** Coverage of the match at Camden Yards. Start-time is at **12.15am**.
3.15 AM **UFC Connected**
3.45 **TNT Sports Reload**
4.00 **to 6.00** AM **Men's Cycling**

TNT Sports 2

411 414 522 409 431

6.00 AM **TNT Sports Reload**
6.15 **Premier League Reload**
6.30 **British Speedway**
7.30 **FIM Speedway Grand Prix**
8.30 **MotoGP Rewind**
8.45 **The Gruppetto** Cycling action.
9.00 **Cycling: La Vuelta Men**
10.00 **Men's Cycling Pro Series**
12.00 NOON **LIVE Men's Cycling Pro Series** Coverage of stage two of the Tour of Slovakia, a 170km route from Svidnik to Kosice.
2.00 PM **LIVE Men's Cycling Pro Series** Coverage of the second stage of the Tour of Luxembourg.
4.30 **Women's CPL Highlights**
5.00 **Women's One-Day International Cricket**
6.00 **International T20 Cricket**
7.00 **LIVE UEFA Champions League Manchester City v Napoli.** Coverage of the league phase match staged at Etihad Stadium. Kick-off is at **8.00pm**.
10.30 **Ultimate Pool** Pairs Cup.
12.00 M'T **UEFA Champions League**
3.00 **to 6.15** AM **LIVE MLB Los Angeles Dodgers v San Francisco Giants.** Coverage of the National League West match. Start-time is at **3.10am**.

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights** New York Jets v Pittsburgh Steelers. **5.00** Green Bay Packers v Washington Commanders.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **NFL Gameday** A round-up of the latest American football news.
8.30 **NFL Bitesize Highlights** Seattle Seahawks v San Francisco 49ers. **8.45** Action from Detroit Lions v Chicago Bears.
9.00 **NFL Highlights** Minnesota Vikings v Atlanta Falcons.
10.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
11.00 **NFL Bitesize Highlights** Dallas Cowboys v New York Giants.
11.15 **NFL Bitesize Highlights**
11.30 **NFL Gameday** The latest news.
12.00 M'T **LIVE NFL** Coverage of an National Football League match.
5.15 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including day four of the WTA Korea Open, where the second round is due to conclude, and day two of both the ATP Chengdu Open and ATP Hangzhou Open, where the first round of each tournament is set to be completed.
2.30 PM **LIVE Ladies European Tour Golf** Coverage of the opening day of the La Sella Open staged at La Sella Golf Resort near Alicante in Spain. Germany's Helen Briem lifted the trophy at last year's event, finishing two strokes clear of France's Pauline Roussin-Bouchard in second.
5.00 **The Premier League Show**
7.00 **Sports Centre** A round-up of the latest sports news.
10.00 **Sky Sports News** Featuring interviews and highlights.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News** A round-up of all the latest sports news.
1.00 AM **Henrik Larsson: 20 Years On** The former Celtic striker talks about his time at the club.
2.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Champions**
8.00 **Ladies European Tour Golf**
9.00 **PL Retro** Crystal Palace v Liverpool from 2013/14.
11.00 **British and Irish Lions Tour**
12.00 NOON **PGA Tour Champions**
1.00 PM **Ladies European Tour Golf**
2.00 **LIVE Ladies European Tour Golf** Coverage of day one of the La Sella Open staged at La Sella Golf Resort near Alicante in Spain.
5.00 **World Matchplay Darts**
7.30 **DP World Tour Golf**
8.00 **Ladies European Tour Golf** Recent highlights from the VP Bank Swiss Ladies Open.
9.00 **PGA Tour Champions** Action from the Sanford International.
10.00 **WTA Tennis** Recent finals.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 3

413 415 523 410 432

6.00 AM **SailGP Highlights**
7.00 **UEFA Champions League**
10.00 **Serie A – Full Impact**
10.30 **Premier League Netbusters**
11.00 **LIVE Athletics World Championship** Coverage of day six from Japan National Stadium.
2.30 PM **TNT Sports Reload**
2.45 **SailGP Highlights**
3.45 **British Speedway**
4.45 **Premier League Netbusters**
5.15 **Match Officials Mic'd Up**
5.45 **LIVE UEFA Champions League Club Brugge v Monaco.** Coverage of the league phase match. Kick-off **5.45pm**.
7.45 **LIVE British Speedway** Coverage of the second leg of the second play-off semi-final.
10.00 **FIM Speedway Grand Prix**
11.00 **Women's ODI Cricket**
12.00 M'T **CPL Highlights**
12.30 AM **LIVE CPL** The first qualifier.
4.45 **International T20 Cricket**
5.45 **to 6.00** AM **TNT Sports Reload**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM** Back-to-back highlights, including at: **11.00** Bristol Bears v Exeter Chiefs from the 2024/25 season. **12.00** NOON Highlights from Bath v Gloucester in 2024/25.
1.00 PM **UEFA Champions League Highlights Show**
2.00 **UEFA Champions League**
5.00 **MLB Highlights** All the action from Major League Baseball.
6.00 **Cycling: La Vuelta Men**
7.00 **LIVE Snooker Home Nations Series English Open** Coverage of the second session in the third round of the tournament at the Brentwood Centre in Essex.
11.00 **Men's Cycling Pro Series**
1.00 AM **PREM Rugby Cup**
2.00 **Snooker Home Nations Series English Open** The fourth day.
4.00 **MotoE Highlights**
4.30 **MotoGP Highlights**
5.30 **to 6.00** AM **Serie A – Full Impact**

Premier Sports 1

419 551

6.00 AM **DTM Highlights**
7.00 **LaLiga Specials**
8.00 **Mass Participation World**
9.00 **FIM Sidecarcross**
10.00 **Scottish Football Social Club**
11.00 **Eredivisie Highlights**
12.00 NOON **LaLiga Match Highlights**
1.00 PM **NASCAR Highlights**
2.00 **DTM Highlights**
3.00 **Top 14 Rugby Union Highlights**
3.30 **Transworld Sport** Magazine.
4.30 **Sporting Greats**
5.00 **NASCAR Highlights**
6.00 **Scottish Football Social Club**
7.00 **Eredivisie Highlights**
8.00 **LaLiga Match Highlights**
9.00 **FIM Sidecarcross**
10.00 **DTM Highlights** At Red Bull Ring.
11.00 **NASCAR Highlights**
12.00 M'T **Mass Participation World**
1.00 AM **Scottish Football Social Club**
2.00 **LaLiga Specials**
3.00 **Eredivisie Highlights**
4.00 **FIM Sidecarcross**
5.00 **to 6.00** AM **DTM Highlights**

Premier Sports 2

420 552

6.00 AM **NASCAR Trucks**
9.00 **FastZone** Motorsports highlights.
9.30 **GP Confidential**
10.00 **Top 14 Rugby Union**
12.00 NOON **Bike World** Magazine.
12.30 PM **Temples of Sport** Sporting venues from around the globe.
1.00 **Eredivisie** A chance to see Heracles Almelo v AZ Alkmaar.
3.00 **United Rugby Championship** Another chance to see Leinster v Bulls in the Grand Final.
5.00 **LaLiga** Another chance to see Osasuna v Rayo Vallecano.
7.00 **FastZone** Motorsports highlights.
7.30 **Bike World** Magazine.
8.00 **LaLiga** Another chance to see Espanyol v Mallorca.
10.00 **Football's Greatest**
11.00 **Top 14 Rugby Union** A chance to see Racing 92 v Bordeaux.
1.00 AM **Temples of Sport**
1.30 **Eredivisie** A match replay.
3.30 **LaLiga** Sevilla v Elche.
5.30 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **F1 Drivers Press Conference** From Azerbaijan.
12.40 PM **F1 Features**
1.00 **Formula 1** Azerbaijan Grand Prix.
2.00 **F1 Drivers Press Conference**
2.40 **F1 Features**
3.00 **Formula 1** Highlights.
5.00 **F1 Drivers Press Conference**
5.40 **F1 Features**
6.00 **Formula 1** Highlights.
8.00 **F1 Drivers Press Conference**
8.40 **F1 Features**
9.00 **Formula 1** The Italian Grand Prix. **10.00** Azerbaijan Grand Prix.
11.00 **F1 Drivers Press Conference**
11.40 **F1 Features**
12.00 M'T **Formula 1** Italian Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

Friday

19 September

Evening Planner

Horror

Wolf Man
Sky Premiere, 12.45pm & 8pm
Werewolf horror written and directed by Leigh Whannel (*The Invisible Man*), with Julia Garner and Christopher Abbott.

Comedy

Fawlty Towers: The Play
U&Gold, 9pm
Recorded in the West End, this stage adaption of the classic comedy celebrates 50 years since the first-ever episode.

OnDemand

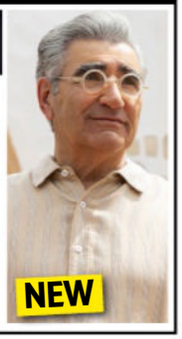
Disney+

Swiped
Available today
Drama inspired by the life of Whitney Wolfe Herd, founder of dating app Bumble. Stars Lily James and Dan Stevens.

OnDemand

tv+

The Reluctant Traveller
Available today
The travelphobic Eugene Levy is back to immerse himself in worldly experiences.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 The Travelling... †	8.00 Would I Lie to...	8.30 MasterChef	9.00 Stranded on Honeymoon Island		10.00 News; Local News	
	102 BBC2	◂ 6.30 Rugby Union: Women's World Cup – Live: The opening semi-final (Kick-off 7.00)				9.10 The Newsreader		10.00 Missing in...	10.30 Newsnight
	103 ITV1	◂ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Who Wants to Be a Millionaire?...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off: An Extra...		9.00 Gogglebox		10.00 Mitchell and Webb Are Not Helping	
	105 5	7.00 Baby Elephant Hospital		8.00 Susan Calman's Grand Day Out		9.00 Ellis			
	106 SKY SHOWCASE	7.00 The Office (US)		8.00 An Idiot Abroad 2		9.00 The Paper		10.10 Peacemaker	
ENTERTAINMENT	115 BBC3	7.00 Athletics...	7.30 Horrible...	8.00 Top Gear		9.00 Juice	9.50 Film: Mindhorn		
	116 BBC4	7.00 TOTP: 1998		8.00 TOTP: 1986	8.30 TOTP: 1993	9.00 Jimi Hendrix: Electric Church			10.30 Guitar Heroes...
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Film: Kingsman: The Golden Circle			
	136 MORE4	◂ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Inspector Gerri		10.05 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Film: Moonfall			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	◂ 6.50 Homicide: Life on the Street		7.55 Game of Thrones		9.00 Task		10.10 The Pacific	
	110 U&GOLD	7.00 Dad's Army	7.35 Fawlty Towers			9.00 Fawlty Towers: The Play			
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Law & Order: UK	
	120 ITV4	7.00 The Motorbike Show		8.00 The Chase Celebrity Special		9.00 Film: Double Jeopardy			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Iain Stirling's Roast the Internet	
	139 SKY SCI-FI	7.00 Primeval		8.00 Stargate Atlantis		9.00 The Ark		10.00 True Blood	
	113 SKY MAX	7.00 Stargate Universe		8.00 An Idiot Abroad 2		9.00 The Paper		10.10 Peacemaker	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise		9.00 Father Brown		10.00 Mudtown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Opry Live		10.00 Mr Dynamite: The Rise of James Brown	
	132 U&W	7.00 MasterChef Australia		8.10 Inside the Ambulance		9.10 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Deadliest Catch		9.00 Expedition Unknown		10.00 Expedition Files	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Guardians of Rescue		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Air Crash Investigation: Special Report		9.00 Air Crash Investigation		10.00 Inside Melbourne Airport	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Egypt's Unexplained Files		9.00 Bradley Walsh: Egypt's Cosmic Code		10.00 Ancient Aliens Special Presentation	
	155 U&YESTERDAY	7.00 Wilderness with Simon Reeve		8.00 One Foot in the Grave				10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Death of a Showjumper		8.00 The Jinx: The Life and Deaths of...		9.00 The Case Against Adnan Syed			10.15 JFK Revisited: Through the...
FILMS – Sky Cinema	301 PREMIERE	◂ 6.25 Die Alone		8.00 Wolf Man			9.45 Spin the Bottle		
	302 10s	◂ 5.45 Sherlock Holmes: A Game of...		8.00 Mad Max: Fury Road				10.00 Total Recall	
	303 HITS	◂ 5.40 A Star Is Born		8.00 Wicked					
	304 FEEL GOOD	◂ 6.10 Journey to the Center of the Earth		8.00 Jumanji				10.00 Zathura – A Space Adventure	
	305 ANIMATION	◂ 5.50 Antz	7.30 The Wild Thornberrys Movie			9.00 Dr Seuss' The Lorax			10.30 Straight Outta...
	306 FAMILY	◂ 6.00 Charlie and the Chocolate Factory		8.00 Look Who's Talking			9.45 Jack the Giant Slayer		
	307 DC	◂ 5.50 Superman		8.15 Superman II					10.25 Superman III
	308 COMEDY	◂ 6.00 Beverly Hills Cop		8.00 Crazy Rich Asians				10.05 HouseSitter	
	309 THRILLER	◂ 6.05 Eye in the Sky		8.00 The Da Vinci Code					10.30 Patriot Games
	310 DRAMA	◂ 6.00 Bob Marley: One Love		8.00 Grease				10.00 Fifty Shades of Grey	
	311 SCI-FI	◂ 6.25 Cloverfield		8.00 10 Cloverfield Lane			9.45 Event Horizon		
	313 FILM4	◂ 6.45 The Eagle				9.00 Legion			
SPORT	401 MAIN EVENT	7.00 Sports Centre	7.30 EFL – Live: Middlesbrough v West Bromwich Albion (Kick-off 8.00)						10.30 LPGA Tour...
	402 PREMIER LEAGUE	7.00 Football: WSL – Live: Tottenham Hotspur v Manchester City (Kick-off 7.30)						10.00 PL Preview	10.30 Fantasy Show
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Middlesbrough v West Bromwich Albion (Kick-off 8.00)						10.30 EFL Cup...
	405 CRICKET	7.00 One-Day International Cricket				9.00 Vitality T20 Blast Cricket			
	410 TNT SPORTS 1	◂ 6.45 Snooker Home Nations Series English Open – Live: Coverage of the second session in the quarter-finals of the tournament						10.00 UEFA Magazine	10.30 MLB Highlights
	411 TNT SPORTS 2	7.00 PL Big Interview	7.30 AFL			9.00 International T20 Cricket Highlights		10.00 The Fantasy...	10.30 PL Preview

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Sister Boniface Mysteries** *St George's Defence:* 5/12. Sister Boniface investigates suspicions of espionage at a chess tournament. (S2) (S)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** New edition A house full of collectibles in Sutton Coldfield. (S)
4.30 **The Answer Run** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

10.40 Knocked Up

7 PM

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **The Travelling Auctioneers** Izzie Balmer and JJ Chalmers help clear an Oxfordshire home full of automobilia. (S)(R)

8 PM

8.00 **Would I Lie to You?** With guest panellists Gyles Brandreth, Sarah Millican, Yung Filly and Lou Sanders. (S)(R)
8.30 **MasterChef** New edition 21/24. The semi-finalists prepare a dish using an ingredient they dislike. (S)(AD)

9 PM

9.00 **Stranded on Honeymoon Island** New edition 9/12. The recent flare-out causes suspicion among the honeymooners – and even some of the strongest couples begin to feel the strain of stranded life. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM Knocked Up** Romantic comedy starring Seth Rogen and Katherine Heigl. An unemployed slacker gets a gorgeous TV reporter pregnant during a drunken one-night stand. With Paul Rudd, Leslie Mann and Jason Segel. (S)(AD) (2007, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.40 AM **The Hit List** A famous family special, with actor Kola Bokinni and his sister DJ Yinka Bokinni, *Outnumbered* siblings Tyger Drew-Honey and Ramona Marquez, and TV presenter Stacey Dooley and dancer Kevin Clifton. (S)(R)
1.25 **Weather for the Week Ahead** (S)
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: Great Continental Railway Journeys** (S)(R)
9.00 **BBC News** (S)
10.00 **LIVE Athletics: World Championships** Jeanette Kwakye presents coverage of day seven of the biennial event held at Japan National Stadium in Tokyo. (S)
2.45 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
3.15 **Great British Menu** (S)(R)
4.15 **World's Sneakiest Animals** Animals that utilise tactics to win a mate and raise a family. (S)(R)
5.15 **Flog It!** From Dover Castle. (S)(R)
6.00 **Richard Osman's House of Games** Previous winners Tim Key, Jamie Laing, Sunetra Sarker and Laura Whitmore compete. (S)(R)

9.10 The Newsreader

7 PM

6.30 **LIVE Rugby Union: Women's World Cup** Coverage of the opening semi-final, as the winners of the first and second quarter-finals meet at Ashton Gate in Bristol. England claimed a 26-19 victory over Canada at this stage three years ago in Auckland, with both teams scoring three tries, but Emily Scarratt's hat-trick of penalties proving the difference. The Red Roses went on to finish as runners-up to New Zealand, and the Canadians lost the third-place play-off to France. Kick-off is at 7.00. (S)

8 PM

9 PM

9.10 **The Newsreader** New episode *One Team, All Brothers:* 4/6. As *Public Eye* climbs ever closer to *News at Six*'s numbers, Dale teams up with Rob, pushing the CEO to replace Lindsay. (S3) (S)(AD)
■ Entire series on BBC iPlayer

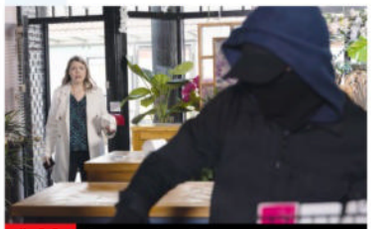
10 PM

10.00 **Missing in Paradise: Searching for Sarm** Series finale 3/3. Tir Dhondy searches for the yacht Sarm vanished from, and tracks down Ryan Bane's ex-wife. (S)(AD)
10.30 **Newsnight** (S)
11.00 **FILM Selma** Fact-based drama starring David Oyelowo. In 1965, civil rights campaigner Dr Martin Luther King Jr plans a peaceful march across Alabama which will change history. With Tim Roth. (S) (AD) (2014, 12, 120min) ★★★★★
1.00 AM **LIVE Athletics: World Championships** Coverage of the opening session on day eight of the biennial event held at Japan National Stadium in Tokyo. (S)
4.30 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson hosts from Bradford in West Yorkshire, where the owner of a gold coin collection hopes he can turn his expensive investment into a profit. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as a team of friends take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



8.00 Coronation Street

7 PM

7.30 **Emmerdale** Cain struggles, Chas is feeling outraged, while Caleb and Ruby are worried. (S)(AD)

8 PM

8.00 **Coronation Street** Tracy pushes Carl too far with her blackmail demands, Todd's friends help him to clean the flat for Theo, while Roy is hurt by Carla's duplicity. (S)(AD)

9 PM

9.00 **Who Wants to Be a Millionaire? Celebrity Special** Jeremy Clarkson hosts a celebrity version of the big-prize quiz as Steph McGovern and Dion Dublin answer questions to win cash for their chosen charities. (S)(R)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM London Has Fallen** Action thriller sequel to *Olympus Has Fallen,* starring Gerard Butler. The US president and the head of his Secret Service must foil a terrorist attack on the city of London. With Morgan Freeman. (S) (2016, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Shop on TV**
3.00 **One Night** 5/6. Hat refuses to withdraw her legal action against Simone and the publishers of *One Night*. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Katie Piper's Weekend Escape** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21-24/24. (S3) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA**
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition In France, Karen and Steve rethink plans for their 17th-century settlement. (S)
5.00 **Four in a Bed** New edition Payment Day arrives. (S)
5.30 **Come Dine with Me** Financial advisor Louis hosts the final dinner party from Bolton. (S)(R)
6.00 **Sun, Sea and Selling Houses** Cruise enthusiasts search for their dream dwelling on dry land. (S)(R)

10.00 Mitchell and Webb Are Not...

7 PM

7.00 **News** (S)

8 PM

8.00 **The Great British Bake Off: An Extra Slice** New edition 3/10. Jo Brand and Tom Allen are joined by Natalie Cassidy and Kiell Smith-Bynoe to digest Bread Week, and they catch up with the third baker to leave. (S)(AD)

9 PM

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10 PM

10.00 **Mitchell and Webb Are Not Helping** New edition 3/6. Sketches include TV's least exciting reality show of all time. (S)(AD)
■ Entire series on C4 streaming
10.35 **FILM American Pie: The Wedding** Teen comedy sequel with Jason Biggs and Alyson Hannigan. (S) (2003, 15, 110min) ★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **FILM The Kid Detective** Comedy drama with Adam Brody. (S) (2020, 15, 100min) ★★★★
2.05 **Ramsay's Kitchen Nightmares USA** An Italian restaurant in Denver, Colorado. (S)(SL)(R)
2.55 **Educating Yorkshire** (S)(R)(AD)
3.50 **to 6.00** AM **Four in a Bed** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)
2.20 FILM **The Plot to Murder My Mother** Thriller starring Romy Weltman and Milton Banes. (S) (2023, PG, 100min) ★★
4.00 **All Creatures Great and Small** *To All Our Boys:* 1/6. With World War Two under way, Siegfried is taking up the slack at the surgery. (S5) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** In La Cala De Mijas, sisters Amelia and Annabelle plan a fashion show. (S)(R)(AD)
6.55 **News** (S)

8.00 Susan Calman's Grand Day...

7.00 **Baby Elephant Hospital** 4/4. Conservationist Paul O'Donoghue helps the vets treat an infected abscess, and Kat gets her hands dirty with elephant dung. (S)(R)
7.55 **News** (S)
8.00 NEW SERIES **Susan Calman's Grand Day Out** The presenter explores Worcestershire, the Malvern Hills and the Midlands. She also faces a speed record challenge at the world's oldest active motorsport track. (S)
9.00 **Ellis** 1/3. Crime drama starring Sharon D Clarke and Andrew Gower. DCI Ellis and her assistant DS Harper are sent to help troubled investigations, beginning with the mysterious death of an 18-year-old. With Allison Harding. (S1) (S)(R)(AD)
10.55 **When TV Goes Horribly Wrong** Fern Britton narrates a selection of TV's most memorable guests, including appearances by Piers Morgan, Jonathan Ross, Stormzy, Shirley Bassey, Bez and Kathy Burke. (S)(R)
12.55 AM **Entertainment News** (S)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Elvis: The Man Who Shook Up the World** The story of Elvis Presley's success. (S)(R)
4.15 **Friends** (S2) (S)(R)(AD)
4.40 **Nick Knowles' Big House Clearout** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Orangutan Jungle School** (R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 4/13. The team try to hunt down a Chilean arms dealer. (S7) (S)(R)(AD)
5.00 **The Simpsons** *I Married Marge:* Homer reminisces about life with Marge. (S)(R) **5.30** *Homer v Lisa and the Eighth Commandment:* Lisa is shocked by Homer's ploy to get illegal cable TV. (S)(R)
6.00 **The F1 Show** A look ahead to the Azerbaijan Grand Prix, the 17th round of the season.

9.00 The Paper

7.00 **The Office (US)** *Travelling Salesman:* 13/25. Michael has the staff work together on sales calls. (S)(R) **7.30** *The Return:* 14/25. Oscar's return from his vacation prompts Michael to host a party. (S3) (S)(R)
8.00 **An Idiot Abroad 2** 4/8. Karl Pilkington heads to Alaska as he continues his trip, and Ricky Gervais and Stephen Merchant have arranged for him to watch whales and take part in other activities. (S)(R)(AD)
9.00 **The Paper** New episodes *Scam Alert!* 5/10. Ned chases a story about a scammer operating through a dating app. (S) **9.35** *Churnalism:* 6/10. Ned takes over Esmeralda's advertorials and assigns the staff to test the products themselves. (S1) (S)
10.10 **Peacemaker** New episode *Back to the Suture:* 5/8. Superhero action comedy starring John Cena, Danielle Brooks and Freddie Stroma. (S2)
11.00 **A League of Their Own** With comedian Jimmy Carr. (S)(R)
12.00 M'T **Boardwalk Empire** 9/12. Jimmy's return takes Nucky and Angela by surprise. (S)(R) **1.05** AM 10/12. Nucky spots a chance for revenge. (S1) (S)(R)
2.10 **Road Wars** (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 4/13. (S7) (S)(R)(AD)
5.00 **Motorway Patrol** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward: With Dougie Vipond. (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm Paula McIntyre's Hamely Kitchen USA (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Back in the Day New edition (S) **10.40** Rewind: 60 Years of Welsh Pop New edition (S) **11.10** FILM Knocked Up (S)(AD) (2007, 15, 120min) ★★★★ **1.10am** The Hit List (S)(R) **1.55-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Wales This Week New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Dim Byd i'w Wisgo **12.30** Heno **1.00** Ceffylau, Sheikhs a Chowbois **1.30** Codi Hwyl (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cyfrinachau'r Llyfrgell **4.00** Awr Fawr **5.00** Stwnsh **6.00** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **6.30** Antur Itera Tim Lowri Morgan **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Antur Itera Tim Lowri Morgan New edition **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Gisda: Drws I'r Digartre (AD) **9.30** Sgwrs Dan y Lloer **10.20** Curadur **10.55pm-12.00m't** Ty Ffit

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Athletics: World Championships Highlights** A round-up of action from day seven in Tokyo.
7.30 **Horrible Histories** A Celtic farmer is not keen on plans for Hadrian's Wall.
7.55 **The Catch Up**
8.00 **Top Gear** Jeremy, Richard and James bid to prove that cars can be art.
9.00 **Juice** 1/6. Jamma bumps into Guy for the first time in six months at an exhibition. **9.25** 2/6. Guy asks Jamma to house-sit for him. (S2)
9.50 FILM **Mindhorn** Comedy starring Julian Barratt. Washed-up actor Richard Thorncroft helps police deal with a fugitive who will only speak to Detective Mindhorn, Thorncroft's character from a cop show. (2016, 15, 86min) ★★★
11.10 **Bump** 5&6/10. (S3)
12.20 AM **Top Gear** As 8.00pm.
1.20 **Ibiza: Secrets of the Party Island** Double bill.
2.50 **Dave's Games**
3.10 **to 4.00** AM **Juice**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1998** With Lutricia McNeal, Shania Twain and Mariah Carey. **7.30** Performances by Five, Pulp, Des'ree, Silver Sun, Dario G and Ian Brown.
8.00 **TOTP: 1986** Featuring Eurythmics, Orchestral Manoeuvres in the Dark, Cameo and Five Star.
8.30 **TOTP: 1993** Performances by Motörhead, Pet Shop Boys and Lenny Kravitz.
9.00 **Jimi Hendrix: Electric Church** Documentary following Jimi Hendrix's seminal performance at the 1970 Atlanta Pop Festival.
10.30 **Guitar Heroes at the BBC** Archive footage of guitarists including Carlos Santana, Mark Knopfler, the Edge and John Martyn.
11.25 **Guitar Heroes at the BBC 2** Featuring Fleetwood Mac and Jimi Hendrix.
12.25 AM **Even More Guitar Heroes at the BBC**
1.15 **TOTP: 1998** Double bill.
2.15 **TOTP: 1986** As 8.00pm.
2.45 **to 3.15** AM **TOTP: 1993**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a Lexus IS200. **4.50** Tim and Fuzz work on a Datsun 240k Skyline.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help buyers on the south coast. **6.55** The hosts catch up with house-hunters who wanted to leave London.
7.55 **Grand Designs** Kevin McCloud follows the progress of Angelo, who wants to transform an abandoned cave in Worcestershire into a retreat which is suitable for 21st-century living.
9.00 **Inspector Gerri** New episode *A Promise Is a Debt – Part One:* 7/8. A young woman is found murdered in her home and suspicion immediately falls on her partner, who had been abusing her for some time. Subtitled. (S1)
10.05 **24 Hours in A&E** Doctors treat an unresponsive baby with a high fever. **11.05** A 92-year-old man is admitted with breathing difficulties and a swollen leg.
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **Young Sheldon**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 15-18/24. (S6)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **The Simpsons** *Take My Life, Please:* Homer speculates about what might have been. **7.30** *Super Franchise Me:* Marge decides to open a sandwich shop.
8.00 **First Dates** Recruitment consultant Rakim is paired with cake-maker Fiona.
9.00 FILM **Moonfall** Sci-fi thriller starring Patrick Wilson and Halle Berry. A mysterious force knocks the Moon from its orbit and two astronauts join forces to avert catastrophe. (2022, 12, 130min) ★★★
11.30 FILM **G.I. Joe: The Rise of Cobra** Action adventure. (2009, 12, 113min) ★★★
1.50 AM **The Simpsons**
2.20 **Gogglebox**
3.20 **Below Deck**
4.10 **Young Sheldon**
5.00 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Friday primetime primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **The Best of Nothing to Declare** Double bill.
10.00 **Stop, Search, Seize**
11.00 **Sun, Sea and A&E**
12.00 NOON **FBI** 22/22. (S5)
1.00 PM **FBI: International** (S2)
2.00 **FBI: Most Wanted** 22/22. The team help Remy try to catch his brother's killer. (S4)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

8.00 Chicago Med

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Chicago Med** New episode *Baby Mine:* 21/22. Maggie and Frost fight to get a pair of lungs for a young patient. (S10)

9 PM
9.00 **Chicago Fire** New episode *The Bad Guy:* 21/22. Kidd strengthens her bond with Natalie during a road trip. (S13)

10 PM
10.00 **Chicago PD** New episode *Open Casket:* 21/22. The showdown with Deputy Chief Reid intensifies when Intelligence narrows in on Ortero. (S12)
11.00 **The Good Doctor** 6/20. (S4)
12.00 M'T **The Equalizer** 8/18. (S3)
1.00 AM **Caught on Dashcam**
2.00 **FBI: Most Wanted** (S2)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.00 **The Guest Wing**
8.00 **Boardwalk Empire** (S1)
10.10 **Westworld** 1&2/8. (S4)
12.20 PM **Game of Thrones** (S3)
1.25 **Das Boot** 9&10/10. (S3)
3.25 **Boardwalk Empire** (S1)
5.45 **Homicide: Life on the Street** 16/20. Howard returns to work after the shooting and solves a murder case from her desk to prove her mettle. **6.50** 17/20. A hostage crisis leads to a 16-year-old murder case being reopened. (S3)

10.10 The Pacific

7.55 **Game of Thrones** *Kissed by Fire:* 5/10. The Hound is judged by the gods, while Jaime receives a different form of justice, and Tyrion learns the true cost of a wedding. (S3)

9.00 **Task** *Family Statements:* 2/7. Tom buries himself in a case, while Emily questions her obligations to the family. (S1)

10.10 **The Pacific** *Okinawa:* 9/10. Sledge and his division are sent to assist the attack on a fortified position in Okinawa. (S1)
11.20 **The Wire** 7/13. (S1)
12.30 AM **The Sopranos** 6/13. Meadow's social life at college takes a sudden turn for the worse. (S3)
1.25 **Gomorrah** 9&10/12. (S3)
3.15 **Game of Thrones** (S3)
4.20 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Blacklist** 22/22. (S9)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 17/20. (S3)
12.00 NOON **The Flash** 1/20. (S8)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 9/20. (S5)
4.00 **S.W.A.T.** 4/13. (S7)
5.00 **SEAL Team** 16/20. Sonny faces disciplinary action. (S3)
6.00 **Stargate Universe** 5/20. The *Destiny* continues to drift without power and the crew make a failed attempt to avoid a collision with a star. (S1)

8.00 An Idiot Abroad 2

7.00 **Stargate Universe** *Water:* 6/20. Conditions on board *Destiny* continue to deteriorate as the water reserves dwindle. (S1)

8.00 **An Idiot Abroad 2** 4/8. Karl Pilkington heads to Alaska, where he watches whales and takes part in other activities.

9.00 **The Paper** New episodes 5/10. Ned chases a story about a local scammer. **9.35** 6/10. Ned takes over Esmeralda's advertorials. (S1)

10.10 **Peacemaker** New episode *Back to the Suture:* 5/8. Action comedy spin-off. (S2)
11.05 **A League of Their Own** Romesh Ranganathan hosts, as Jimmy Carr and Maisie Adam join regulars Jamie Redknapp, Micah Richards and Jill Scott.
12.05 AM **The Force** Double bill.
2.00 **Road Wars** Vehicle crime.
3.00 **Magnum P.I.** 9/20. (S5)
4.00 **S.W.A.T.** 4/13. (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.15 **Real Housewives of Potomac**
11.10 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Celebrity Homes**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Kingsman: The Golden...

7.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 **FILM Kingsman: The Golden Circle** Comedy adventure sequel starring Taron Egerton and Colin Firth. Secret agents Eggsy and Merlin join forces with their US counterparts to bring down a femme fatale. (2017, 15, 141 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **Family Guy** 9/21. Lois tires of Peter's disappointing performances in the bedroom. **12.20** AM 3/21. (S12)
12.50 **American Dad!** 15&9/20. (S14)
1.50 **Bob's Burgers** 22/22. (S9)
2.20 **Plebs** 8/8. (S4)
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.05 **Doc Martin** 1&2/8. (S5)
10.15 **The Royal**
11.20 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.40 **Doc Martin** 3/8. The new receptionist has a bad start. **4.45** 4/8. Louisa's mother arrives in the village. (S5)
5.50 **Heartbeat** *Always a Copper:* Blaketon's attempts to crack down on crime meet with a violent response.

8.00 Midsomer Murders

6.55 **Heartbeat** *Negative Vibes:* Unlikely undertaker Greengrass applies his ingenuity to the task of arranging a funeral.

8.00 **Midsomer Murders** *The Silent Land:* Joyce Barnaby is involved in a car accident, and when a body is found in a cemetery she thinks she is to blame, leading Tom into an investigation to find the real killer. Guest stars Danny Webb.

10.00 **Law & Order: UK** *Hard Stop:* 7/8. Ronnie and Joe must solve a case before the killer reaches the next target. (S8)
11.00 **Law & Order: UK** 8/8. Ronnie struggles to close a case, despite a confession. (S8)
12.00 M'T **Agatha Christie's Poirot**
1.05 AM **Joanna Lumley's Home Sweet Home – Travels in My Own Land**
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Sportscene: Championship** St Johnstone v Dunfermline Athletic: Coverage of the second-tier match at McDiarmid Park. St Johnstone were relegated last term, but have made a strong start to the current campaign, while Dunfermline will be hopeful of improving on last season's seventh-place finish. Kick-off is at 7.45.
10.00 **Still Game** 6/6. Victor feigns illness to get some sympathy. (S3)
10.30 **Jules and Greg's Wild Swim** The couple visit Mull and Iona.
11.00 PM **to 12.00** M'T **Amazing Hotels: Life Beyond the Lobby** Rob Rinder and Monica Galetti head to Turkey.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S5)
11.20 **Girls** 5&6/12. (S3)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S2)
4.30 **Sex and the City** (S5)
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S3)
7.45 **Sex and the City** 6/8. Charlotte decides it is time to bring out the big guns in her legal battle. **8.25** 7/8. Carrie visits San Francisco to promote her book. (S5)
9.00 **Rob Beckett: Wallop** A stand-up show by the comedian.
10.15 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.15 **And Just Like That...**
12.05 AM **Entourage** (S4)
1.15 **Veep** 2&3/8. (S1)
2.25 **Curb Your Enthusiasm**
3.50 **to 5.00** AM **Barry**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Peter and the Wolf**
7.30 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Hitler's Jazz Band**
3.00 **Painting Birds with Jim and Nancy Moir**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** Music from 1987.
9.00 **Opry Live** New edition
10.00 **Mr Dynamite: The Rise of James Brown**
12.15 AM **James Brown: Live at Montreux**
1.35 **Women Who Rock**
2.45 **Carly Simon – No Secrets: Classic Albums**
4.00 **Offended by Irvine Welsh** Documentary.
5.00 **to 6.00** AM **Art Traffickers**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare UK**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager** (S2)
7.00 LIVE **Football: WSL** Everton v London City Lionesses: All the action from the top-flight match at Goodison Park. Kick-off is at 7.30.
10.00 **Forensics: Catching the Killer** Documentary
11.00 **Grimm** 6/22. (S1)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show hosted by Adil Ray.
2.00 **Ant & Dec's Limitless Win** Two cousins take on the money ladder.
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show as Carol gets her chance to open the iconic red boxes.
9.00 **Deal or No Deal: Celebrity Special** Katarina Johnson-Thompson takes on the notorious banker.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Deal or No Deal: Celebrity Special**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 7&8/26. (S5)
12.00 NOON **Highway to Heaven** 3/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Family Album** 2/2. Drama.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 5/8. (S2)
7.30 **Man About the House**
8.00 **A Fine Romance** (S2)
8.30 **Home to Roost** (S2)
9.00 FILM **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. (1994, 15, 104min) ★★
11.15 **Rising Damp** 5/8. (S2)
11.45 **Man About the House**
12.15 AM **M*A*S*H** (S11)
1.15 **Home to Roost** (S2)
1.45 **A Fine Romance** (S2)
2.15 **Danielle Steel's Family Album** 2/2. Drama.
3.55 **to 5.00** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **The Saint**
7.20 **Kojak** Double bill.
9.25 **Magnum, PI**
11.30 **Robin of Sherwood**
12.40 PM **BattleBots**
1.40 **Kojak** Double bill.
3.45 **Magnum, PI** *On Face Value:* The detective investigates a fencing operation. **4.50** *Dream a Little Dream:* An old friend reappears.
5.55 **The Saint** *The Death Game:* Students get a taste for murder.

9.00 Double Jeopardy

7.00 **The Motorbike Show** Henry Cole discovers the joys of Portugal's roads on a visit to the Algarve.

8.00 **The Chase Celebrity Special** Guests Christine Ohuruogu, Max George, Maisie Smith and Owain Wyn-Evans take part.

9.00 FILM **Double Jeopardy** Thriller starring Ashley Judd and Tommy Lee Jones. Framed for her husband's murder, a woman discovers that her spouse is alive and has absconded with their son. (1999, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Wrestling: AEW Dynamite**
1.05 AM **Dark Side of the Ring** How a private Boeing 757 flight descended into a nightmare, as intoxicated wrestlers clashed with their flight crew.
2.00 **BattleBots**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 21/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 9/26. Sisko falls for a seductive alien. (S2)
2.00 **Primeval** 6/6. (S5)
3.00 **Star Trek: Enterprise** (S1)
4.00 **Stargate Atlantis** 13/20. (S4)
5.00 **Star Trek: Deep Space Nine**
6.00 **Star Trek: The Next Generation** 21/26. The crew fight for their lives. (S1)

10.00 True Blood

7.00 **Primeval** 6/6. The ARC is put under threat as the team fight to prevent the destruction of Earth and save Connor's life. (S5)

8.00 **Stargate Atlantis** *Quarantine:* 13/20. The city goes into lockdown. Guest stars David Nykl and Brenda James. (S4)

9.00 **The Ark** *Anomaly:* 3/12. After a disaster, the remaining crew of *Ark One* must fight to secure humanity's future. (S2)

10.00 **True Blood** *Almost Home:* 8/10. Violet has revenge on her mind, and Eric debates his options. Meanwhile, Sookie risks her life for Bill. (S7)

11.00 FILM **Zodiac: Signs of the Apocalypse** Sci-fi disaster drama starring Christopher Lloyd. (2014, PG, 120min) ★
1.00 AM **Primeval** As 7.00pm.
2.00 **Westworld** 4/8. (S3)
3.10 **SurrealEstate** 7/10. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries**
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 20/23. (S2)
11.00 **Hudson & Rex** 13/16. (S6)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S13&14)
4.00 **The Mentalist** 20/23. (S2)
5.00 **Hudson & Rex** 13/16. Sarah's friend is attacked. (S6)
6.00 **Father Brown** *The Owl of Minerva:* The priest is stunned when he realises that the fugitive seeking sanctuary at St Mary's is Inspector Sullivan.

5.00 Hudson & Rex

7.00 **Body of Proof** *Second Chances:* 6/20. Champion equestrian Brynn Walker is found dead in the woods. (S2)

8.00 **Death in Paradise** *Beyond the Shining Sea – Part Two:* 6/8. Tragedy strikes close to home for the team. (S8)

9.00 **Father Brown** *The Sisters of Aeschylus:* Murder ensues when Lady Felicia invites a prestigious group of writers to Montague.

10.00 **Mudtown** *Fly Away Home:* 5/6. Beca tries to do everything in her power to get Sonny out of prison. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 5/16. When a black widow arrives in New York, Neal and Peter go undercover as bachelors. (S3)
1.00 AM **Death in Paradise** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Don't Wait Up**
7.45 **The Green Green Grass**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **Dad's Army** Double bill.
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

9.00 Fawlty Towers: The Play

7.00 **Dad's Army** Mainwaring and his platoon become marooned on a pier.
7.35 **Fawlty Towers** First episode. Basil tries to upgrade his clientele. **8.20** An abrasive woman comes to stay at the hotel – and is soon on a collision course with Basil.

9.00 NEW **Fawlty Towers: The Play** Recorded at the original West End production based on the much-loved comedy series, this special brings together three iconic episodes into a single theatrical experience. *See feature, page12.*

11.05 **Fawlty Towers** A loud-mouthed, abrasive American comes to stay at the hotel. **11.50** The death of a guest plunges the hotel into chaos.
12.30 AM **Fawlty Towers**
2.30 **Hi-de-Hi!**
3.00 **to 4.00** AM **Don't Wait Up**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
10.00 **Trawlermen** Triple bill.
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **Railroad Australia**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Far Eastern Odyssey** Rick discovers hot and spicy vegetable curries in Sri Lanka before visiting Bali.
6.00 **Hairy Bikers' Best of British** Si and Dave explore the history behind some of the country's most popular spices.

9.00 QI XL

7.00 **Would I Lie to You?** With Gabby Logan, Chris McCausland, Angela Scanlon and John Simm.
7.40 **Richard Osman's House of Games** With Mark Watson and Raj Bisram. **8.20** With Kae Kurd, Zoe Lyons, Andrew Hunter Murray and Kate Robbins.

9.00 **QI XL** Sandi Toksvig, Bill Bailey, John Hodgman and Sean Lock join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Gary Neville hosts the satirical quiz, with Maisie Adam and Richard Madeley.
11.00 **8 Out of 10 Cats** With Alex Jones, Alex Brooker, Sarah Millican and James Acaster.
11.50 **Mock the Week** With Milton Jones and Zoe Lyons.
12.30 AM **Would I Lie to You?**
1.45 **Survivor South Africa**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

Friday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Alicante.
11.00 **Help! We Bought a Village** From France.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **Kirstie and Phil's Love It or List It**
8.00 **Educating Yorkshire** A year 10 student finds his dreams of rugby stardom in jeopardy.
9.00 **24 Hours in A&E** A five-year-old is rushed in after being hit by a car.
10.00 **8 Out of 10 Cats Does Countdown: Best Bits**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **Big Fat Quiz: Best Bits**
2.15 **Mitchell and Webb Are Not Helping**
2.50 **Taskmaster**
3.50 **to 4.50** AM **The Dog House**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 11-13/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Recovery:* 2/24. The team look into the death of an armoury employee when divers find her body in a lake. **7.00** *Phoenix:* 3/24. Ducky reopens a 12-year-old case while on medical leave. **8.00** *Lost at Sea:* 4/24. Survivors from a helicopter crash are discovered. (S10)
9.00 **Person of Interest** *God Mode:* 22/22. The Machine refuses to tell its location to Root. (S2) **10.00** *Liberty:* 1/23. Reese, Finch and Shaw struggle to find a naval officer. (S3)
11.00 **Law & Order: Special Victims Unit** (S20)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **Cold Pursuit** Action drama starring Liam Neeson, Laura Dern and Micheal Richardson. (2019, 15, 119min) ★★★
11.20 FILM **Unknown** Conspiracy thriller starring Liam Neeson and Diane Kruger. (2011, 12, 113min) ★★★
1.40 AM **Banged Up Abroad**
2.35 **Bargain-Loving Brits in the Sun**
3.25 **Home and Away**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.05 FILM **Man Without a Star** Western with Jeanne Crain and Kirk Douglas. (1955, PG, 89min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 FILM **Extraction** Action thriller starring Kellan Lutz and Bruce Willis. A government analyst defies his superiors to launch a rescue mission. (2015, 15, 88min) ★
11.00 **MacGyver** 14/23. (S2)
12.00 M'T NEW SERIES **La Brea** 1/6. Gavin finds a clue about where Eve has been taken. (S3)
12.55 AM **Extreme Tow Truckers** Documentary.
1.55 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The chefs must create a winter warmer ice-cream and pair it with a dessert.
8.10 **Inside the Ambulance** The West Midlands paramedics help a man with abdominal pain.
9.10 **999 Rescue Squad** An injured woman is trapped inside a van. **10.10** Featuring a stand-off with a man with a samurai sword.
11.10 **First Responders**
1.10 AM **Joe Wicks: Facing My Childhood**
2.25 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.25 **Soldier, Soldier**
3.25 **Monarch of the Glen**
4.25 **London's Burning**
5.25 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Sands of Time:* Brenda finds love at the home of a clock collector. **9.00** *The Wheels of Wrath:* A group of bikers cause outrage and excitement in Kembleford.
10.00 **New Tricks** *Lottery Curse.*
11.20 **Spooks** 7/8. (S7)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.15 **Waiting for God**
3.00 **to 4.00** AM **Remarkable Place to Die**

+1 hr 243 316 60 260

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

FRIDAY Entertainment

Friday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Brighton.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** Irita Marriott and Phil Serrell tour Co Durham looking for bargains. **8.00** Irita and Phil arrive in Northumberland.
9.00 **Saving Lives at Sea** The North Berwick crew help a windsurfer who is battling the seas. **10.00** A simple call is not all that it seems.
11.00 **Helicopter ER** The team help a woman whose leg is trapped.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire?**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room** Featuring a retro game. **6.00** Including a silver snake bracelet and a miniature gardening kit.
7.00 **The Celebrity Chase** Samia Longchambon, Alex Brooker, Annabel Giles and Julian Clary take part for charity.
8.00 **The Chase** Double bill.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action
323 319 426 42 33

9.00 AM **Wanted: Dead or Alive** Western.
9.30 **FILM Death Rides a Horse** Spaghetti Western. (1969, 15, 111 min) ★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Alvarez Kelly** Western drama. (1966, PG, 116min) ★★
3.30 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM The Rock** Crime action thriller. (1996, 15, 136min) ★★★★
11.55 **FILM Hell Is for Heroes!** Action drama. (1962, b/w, 12, 90min) ★★★
1.55 AM **The Avengers** (S4)
2.55 **The New Avengers**
3.55 **Cops Uncut** Double bill.
4.45 **Wild West Chronicles**
5.35 **to 6.00** AM **Cops Uncut**
+1hour 324

Great! Mystery
321 318 425 50 48

8.10 AM **FILM The Alleged Abduction** Mystery. (2019, PG, 90min) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 1/24. (S2)
12.00 NOON **Hailey Dean Mysteries** Drama.
1.55 PM **FILM Martha's Vineyard Mysteries: Ships in the Night** Thriller. (2021, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 2/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **FILM Ruby Herring Mysteries: Silent Witness** Whodunit. (2019, PG, 90min) ★★
10.55 **FILM April's Flowers** Thriller. (2019, PG) ★★
1.00 AM **FILM The Wrong Patient** (2018, PG) ★★
2.50 **FILM My Terrorised Teen** (2021, PG) ★★
4.25 **to 4.50** AM **Police Ten 7**
+1hour 322

Great! Christmas
319 317 424 52 47

8.00 AM **FILM Christmas Around the Corner** Drama. (2018, PG) ★★
10.05 **FILM Christmas at Holly Lodge** (2017, U) ★★
12.05 PM **FILM Christmas in Evergreen** Drama. (2017, U, 84min) ★★
2.00 **FILM My Sweet Holiday** Drama. (2020, PG) ★★
4.05 **FILM Baking All the Way** Romantic drama. (2022, PG, 85min) ★★
5.55 **FILM A Christmas Reunion** Festive drama. (2015, PG, 90min) ★★
8.00 **FILM Maggie's Christmas Miracle** Drama. (2017, U) ★★
9.55 **FILM Miss Christmas** Drama. (2017, U) ★★
11.55 **FILM Mingle All the Way** (2018, PG) ★★
1.45 AM **FILM Dancing Through Christmas** Drama. (2021, PG) ★★
3.25 **to 4.50** AM **FILM My Sweet Holiday** (2020)
+1hour 320

Rewind TV
182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie** (S1)
10.30 **Soap** 8/25. (S1)
11.00 **In Loving Memory** (S2)
11.30 **Jokers Wild**
12.00 NOON **Please Sir!** (S4)
12.30 PM **Don't Drink the...**
1.00 **FILM Wild Guitar** (1962)
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **Bramwell** 2/8. (S2)
4.00 **Mapp and Lucia** (S2)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S2)
6.00 **The Monkees** (S1)
6.30 **Soap** 8/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **Don't Drink the Water**
8.00 **Jokers Wild**
8.30 **Lucky Feller**
9.00 **Please Sir!** 4/21. (S4)
9.30 **Brass** 5/6. (S3)
10.00 **Game On** 5/6. (S2)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **FILM The Brain That Wouldn't Die** (1963) ★
1.50 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
11.00 **Wheeler Dealers**
11.45 **LIVE Snooker: English Open** The quarter-finals at the Brentwood Centre.
6.00 PM **Outback Opal Hunters** Documentary.
7.00 **Deadliest Catch** Trouble is brewing when Bill's backup block vanishes. **8.00** The *Wizard* catches fire in a storm.
9.00 **Shorty's Dream Shop** The owner of a 1956 Bel Air has had some bad luck with his car going from shop to shop. **10.00** Paul decides to take one of his 1959s and go full lowrider.
11.00 **Mysteries of the Deep**
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Islands to Highlands**
7.00 **Rachel Allen: Bake!**
7.30 **Everyday Kitchen**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **The Hairy Bikers' Northern Exposure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **French Adventure**
3.00 **Rachel Allen: Bake!**
3.30 **Everyday Kitchen**
4.00 **The Pioneer Woman** New editions Double bill.
5.00 **Jamie's 15 Minute Meals**
6.00 **The Hairy Bikers' Northern Exposure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Simple Cooking**
10.00 **Paul Goes to Hollywood**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 5/28. (S1)
9.00 **The Fall Guy** 7/23. (S4)
10.00 **Charlie's Angels** (S1)
11.00 **FILM Jesse James Meets Frankenstein's Daughter** Western. (1966, 15, 82min) ★
12.50 PM **FILM Mother Lode** Action adventure. (1982, 15, 101min) ★★
2.55 **FILM Airport 1975** Air disaster movie. (1974, PG, 106min) ★★★
5.00 **Star Trek** 19/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 9/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Rambo** Action drama sequel. (2008, 18, 90min) ★★★
10.50 **FILM War** Action thriller starring Jason Statham. (2007, 18, 98min) ★★
12.55 AM **FILM Wanted: Dead or Alive** Thriller. (1988, 106min) ★★
3.00 **to 4.50** AM **FILM Alive** Horror. (2019, 15) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Shark** Thriller. (1969, 15, 88min) ★★
8.00 **FILM Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
10.00 **Andromeda** 4/22. (S2)
11.00 **FILM The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
1.00 PM **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
3.00 **Andromeda** 4/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM Shark** Thriller. (1969, 15, 88min) ★★
7.00 **Andromeda** 5/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Butterfly on a Wheel** Crime thriller starring Pierce Brosnan. (2007, 15, 95min) ★
10.55 **FILM Never Let Go** Thriller with Angela Dixon. (2015, 15, 90min) ★★
1.00 **to 3.00** AM **FILM Stagecoach** Western. (2016, 15, 90min) ★★
+1hour 318 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Liverpool.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained**
12.10 PM **Secrets in the Jungle** Documentary.
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **The Proof Is Out There**
10.00 **MonsterQuest**
11.00 **World's Most Unexplained...**
12.00 M'T **Paranormal Survivor**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Deep Water Salvage**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** Fair Isle.
12.00 NOON **Dorset: Country and Coast**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben revisits a couple running an off-grid smallholding in Exmoor National Park.
9.00 **Murder Most Puzzling** 2/3. Cora interviews a prisoner who was found guilty of murdering his ex-girlfriend, but claims he was set up. Stars Phyllis Logan. (S1)
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue** Chris and his dad take on a Methodist chapel.
9.00 **My Lottery Dream Home** David helps a lottery winner find a home big enough for her extended family.
9.00 **My Lottery Dream Home** Triple bill.
11.00 **Home Town** Ben and Erin help a business owner find a home.
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Say Yes to the Dress: Lancashire**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **Little People, Big World** Documentary.
2.00 **Breaking Amish: Brave New World**
3.00 **Outdaughtered: Busby Quints**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **The Bad Skin Clinic** Connor's acne has shattered his confidence.
8.00 **My 600lb Life**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **to 6.00** AM **My 600lb Life**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** (S1)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 9-12/22. (S1)
1.00 PM **Friends** (S6)
9.00 **Michael McIntyre's Big Show** With Paloma Faith.
10.00 **Iain Stirling's Roast the Internet**
11.00 **Mike Judge's Beavis and Butt-Head** New episode (S3)
11.30 **South Park** (S27)
12.00 M'T **CC Live: Stand Up Shorts** New edition
12.30 AM **8 Out of 10 Cats**
1.30 **Whose Line Is It Anyway? USA**
2.00 **Police Squad!** (S1)
3.00 **The Comedy Central Chart Show**
3.05 **Michael McIntyre's Big Show** As 9.00pm.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 9&10/13. (S2)
11.00 **Friends** (S7)
1.00 PM **Impractical Jokers**
2.00 **Daria** 11&12/13. (S2)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
7.00 **Everybody Loves Raymond** 9-12/22. (S1)
9.00 **New Girl** 3&4/25. (S2)
10.00 **Friends** 18-21/24. (S5)
12.00 M'T **FILM Piranha 3D** Horror remake starring Elisabeth Shue. (2010, 18, 88min) ★★★
1.30 AM **Michael McIntyre: Live & Laughing**
2.30 **Drunk History**
3.00 **The Alternative Comedy Experience**
3.45 **FILM Office Race** Comedy drama. (2023, 15, 81min) ★★★
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Road Wars** Double bill.
1.00 PM **Motorway Patrol**
3.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Border Security USA**
7.00 **Road Wars** Double bill.
9.00 **SEAL Team** *Outside the Wire:* 7/22. The team get a tip they hope will lead them to Andres Doza. **10.00** *Parallax*: 8/22. Mandy and Jason go undercover. (S2)
11.00 **Last King of the Cross**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Sue Perkins.
2.00 **Duck Quacks Don't Echo** With Jason Byrne.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **FriendZone**
6.25 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Reality series.
8.00 **Catfish: The TV Show**
2.00 PM **Catfish: Wannabees**
3.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **FriendZone**
6.30 **Teen Mom 2**
8.00 **MTV Cribs US** Big Sean showcases his Zen'd out Los Angeles mansion. **8.30** Featuring NBA Champion Nick Young.
9.00 **FILM Bring It On** Teen comedy starring Kirsten Dunst. (2000, 12, 99min) ★★★★
11.00 **Lindsay Lohan's Beach Club** Reality series.
12.00 M'T **Isle of MTV**
1.00 AM **Ink Master Redemption** Double bill.
2.00 **Young, Dumb and Banged Up in the Sun**
2.50 **Celeb Ex in the City**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Flying Wild Alaska**
9.00 **Gold Rush: White Water**
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Scrap Kings** In Cambridgeshire, a deteriorating discount store is deconstructed. **4.00** A sunken fishing trawler needs refloating.
5.00 **The Last Woodsmen** Jared moves into a logging camp.
6.00 **Hoffman Family Gold** Todd works the night shift hoping to hit his million-dollar goal.

9.00 Expedition Unknown

7.00 **Wheeler Dealers World Tour** Mike and Elvis engage in the ultimate Aussie showdown – Ford versus Holden.
8.00 **Deadliest Catch** Sig runs into freezing spray, forcing an emergency set, and Keith goes toe to toe with an Australian greenhorn.
9.00 NEW SERIES **Expedition Unknown** Josh Gates hunts for the truth about the Third Reich's Amerikabomber.
10.00 **Expedition Files** Josh Gates uncovers new evidence and answers to history's most captivating mysteries.
11.00 **Mystery at Blind Frog Ranch** Duane explores new methods to find a dry entrance.
12.00 M'T **Blowing Up History**
1.00 AM **Expedition Unknown**
2.00 **Expedition Files** As 10.00pm.
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked**
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A good cat stands up to its two attackers. **4.00** Visiting a house where four cats are always fighting.
5.00 **Lone Star Law** The team hunt for a foreign cargo vessel.
6.00 **Dr Jeff: Rocky Mountain Vet** Jeff and Petra try to save a beloved pet husky's leg.

8.00 Guardians of Rescue

7.00 **Treehouse Masters** A friend asks Pete Nelson to build him a treehouse strictly for fun and relaxation.
8.00 **Guardians of Rescue** Moose and Elle confront a man accused of animal abuse, while Rob and Dori try to rescue a dog.
9.00 **Alaska: The Last Frontier** Otto and Charlotte fight a threat to their cattle, and Atz Lee and Shane try to move a two-ton bridge.
10.00 **Alaskan Bush People** The kids have divided their land, and they are all desperate to finish building their houses.
11.00 **Pit Bulls & Parolees** Tia prepares for hurricane season.
12.00 M'T **Crikey! It's the Irwins** The family make a trip to the Steve Irwin Wildlife Reserve.
1.00 AM **Guardians of Rescue**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Destruction Decoded**
2.00 PM **WW2: Hell Under the Sea** Double bill.
4.00 **Engineering Europe** The engineering wonders of Europe's northernmost region.
5.00 **Car S.O.S** Tim and Fuzz take on a VW Dune Buggy.
6.00 **Lost Treasures of Egypt** Why the pharaohs swapped the Giza pyramids for a secret cemetery.

6.00 Lost Treasures of Egypt

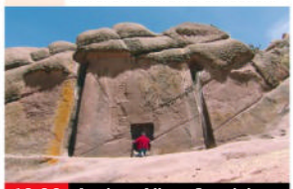
7.00 **Air Crash Investigation** A plane crash in Taiwan is initially blamed on a storm, but investigators soon become suspicious.
8.00 **Air Crash Investigation: Special Report** A Boeing 707 loses both right engines, and a bomb explodes aboard PA 434.
9.00 **Air Crash Investigation** An investigation into two float planes carrying tourists that collided near an Alaskan waterfall.
10.00 **Inside Melbourne Airport** A kangaroo keeps Trent on his toes, and baggage handler Brodie battles jams.
11.00 **Air Crash Investigation**
12.00 M'T **Trafficked**
1.00 AM **Airport Security: Colombia** Documentary.
2.00 **Lords of War**
2.30 **Abandoned**
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Swamp People: Serpent Invasion**
6.55 **Storage Hunters**
7.50 **American Pickers**
8.45 **Pawn Stars**
10.10 **Storage Wars**
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **Bradley Walsh: Egypt's Cosmic Code**
2.00 **Egypt's Unexplained Files**
3.00 **Commando Missions**
5.00 **Storage Hunters**
6.00 **American Pickers** A racing driver's motorbike collection.



10.00 Ancient Aliens Special...

7.00 **Forged in Fire** Two bladesmiths recreate an iconic ancient iron weapon – the Celtic Anthropomorphic Sword.
8.00 **Egypt's Unexplained Files** The mysteries behind the ancient Egyptians' obsession with death and the afterlife.
9.00 **Bradley Walsh: Egypt's Cosmic Code** A look into the riddle of the Sphinx and the suggestion it is even older than thought.
10.00 **Ancient Aliens Special Presentation** New edition Electromagnetic phenomena and sacred structures.
12.00 M'T **Alien Corridors** A strange formation is seen in the sky over the suburbs of Tinley Park.
12.55 AM **The UnBelievable with Dan Aykroyd** A look at some of the most peculiar contests humans have devised.
1.50 **Ancient Aliens Special Presentation** As 10.00pm.
3.40 **Pawn Stars**
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: Dictators at War**
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Rise of the Nazis: Dictators at War** How Hitler and Stalin took charge of their armies.
5.00 **Warbird Workshop**
6.00 **Antiques Roadshow** The team return to Tredegar House.

5.00 Warbird Workshop

7.00 **Wilderness with Simon Reeve** Simon explores the Democratic Republic of the Congo and its thick jungles and swamps.
8.00 **One Foot in the Grave** Victor clashes with a plumber with a penchant for morbid practical jokes. **8.40** Victor and Margaret get trapped in the shed by a swarm of bees. **9.20** Victor takes up art, but Margaret's initial joy soon turns to dismay.
10.00 **Bangers & Cash: Restoring Classics** The team re-commission a 1991 Nissan Figaro.
11.00 **Bangers & Cash** Dave is on his way to Grimsby to pick up an iconic 1980s fast Ford.
12.00 M'T **Find It, Fix It, Flog It** Henry Cole and Simon O'Brien head to Wensleydale.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Wilderness with Simon Reeve**

+1hour 255 329

Friday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Mike Brewer: Born Dealer**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried** Henry and Sam return to Northern Ireland. **7.30** The largest sidecar manufacturer in Britain. **8.00** Sheds in Cornwall and Oxfordshire.
8.30 **Shed and Buried**
11.00 **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
11.00 **Judge Rinder's Crime...**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Helen McCourt.
8.00 **Murder on CCTV**
9.00 **A Killer Among Friends** New edition
10.00 **Mean Girl Murders**
11.00 **Murder on CCTV**
12.00 M'T **The Murder of Grace Millane**
1.00 AM **Ted Bundy: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** When a 26-year-old mother goes missing, no one knows what to think.
8.00 **Murder by the Sea** A loving grandmother dies in the home of her daughter and grandson.
9.00 **Murder: Fight for the Truth** The mysterious death of Jake Embert.
10.00 **The Hunt for the Chameleon Killer** A gruesome 1990 murder in Florida leads to a transatlantic hunt for the killer.
11.00 **A Secret to Die For**
12.00 M'T **Cult Justice**
1.00 AM **Murder: Fight for the Truth** As 9.00pm.
2.00 **The Hunt for the Chameleon Killer**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **New Scotland Yard Files** Double bill.
11.00 **Facing Evil**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Murder She Solved**
4.00 **Facing Evil** A mother who was found guilty of shaking her three-month old baby to death. **4.30** The murder of Stephen Schulhoff, who was killed by his then 16-year-old daughter.
5.00 **Medical Detectives** A girl's performance in a play reveals a secret. **5.30** A young boy is killed in a mysterious fire, and his mother is charged with arson. **6.00** A man is found dead in a doctor's office. **6.30** An impression of a shoe print in the snow.
7.00 **Judge Judy**
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Caught on Dashcam**
10.00 **The Real Manhunter**
11.00 **Snapped** Documentary.
12.00 NOON **Murdered at...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Killing Mum and Dad**
4.00 **World's Most Evil Killers**
5.00 **Murdered at First Sight**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
9.00 **Murder Uncut**
10.00 FILM **Tales of the Grim Sleeper** Documentary. (2014, 15) ★★★★
12.10 AM **What the Killer Did Next** Sabina Nessa.
1.05 **How I Caught the Killer**
2.00 **Killer in My Village**
3.00 **Snapped** Teresa Kohnle.
4.00 **Border Security: Canada's Front Line**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Hidden Killers of the Post-War Home**
9.15 **The Stuarts**
10.30 **WWII in Colour: Road to Victory**
11.35 **Agatha Christie: 100 Years of Poirot & Miss Marple** As 8.00pm.
1.00 PM **America the Bountiful** In Arizona.
1.50 **The Stuarts**
3.00 **WWII in Colour: Road to Victory**
4.05 **Agatha Christie: 100 Years of Poirot & Miss Marple** As 8.00pm.
5.40 **The Stuarts**
6.50 **WWII in Colour: Road to Victory**
8.00 **Agatha Christie: 100 Years of Poirot & Miss Marple** The writer's life.
9.30 **Hidden Killers of the Post-War Home**
10.50 **WWII in Colour: Road to Victory**
12.00 M'T **Agatha Christie...**
1.30 **to 2.00** AM **America the Bountiful**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Dark Horses: Italy's World Cup Triumph**
7.00 **Discovering: John Travolta**
8.00 **The Directors**
9.00 **The Nineties**
10.00 **David Frost Vs**
11.00 **The Jinx: The Life and...**
12.00 NOON **The Janes**
2.00 PM **Jealous Guy: The Assassination of John Lennon**
3.50 **My Icon: Kadeena Cox**
4.00 **Discovering: John Travolta**
5.00 **The Directors**
6.00 **The Nineties**
7.00 **Death of a Showjumper**
8.00 **The Jinx: The Life and Deaths of Robert Durst**
9.00 NEW **The Case Against Adnan Syed** New revelations expose flaws in the original prosecution of Adnan Syed.
10.15 **JFK Revisited: Through the Looking Glass** Documentary.
12.30 AM **Villeneuve Pironi: Racing's Untold Tragedy**
2.30 **Hatton** Profile of Ricky Hatton.
4.30 **PL Legends: Tony Adams**
5.00 **to 6.00** AM **Discovering: John Travolta**

Sky Nature

145 113/114 189 354 369

6.00 AM **Guardians of the Wild**
7.00 **Monkey Life**
8.00 **Kenya Wildlife Diaries**
9.00 **Secrets of the Enchanted Forests** Documentary.
10.00 **Volcanic Odysseys**
11.00 **Orangutan Jungle School**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Kenya Wildlife Diaries**
3.00 **Secrets of the Enchanted Forests** Documentary.
4.00 **Volcanic Odysseys**
5.00 **Hope for Wildlife**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Animals Like Us**
9.00 **Deep Dive North America**
10.00 **Mysteries of the Mekong**
11.00 **Hope for Wildlife**
12.00 M'T **Orangutan Jungle School**
1.00 AM **Guardians of the Wild**
2.00 **Animals Like Us**
3.00 **Deep Dive North America**
4.00 **Kenya Wildlife Diaries**
5.00 **to 6.00** AM **Secrets of the Enchanted Forests**

Sky History 2

163/168 143 186

6.00 AM **Weird or What? With William Shatner**
8.00 **History's Greatest Mysteries**
9.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **UFOs Declassified**
2.00 **Britain's Most Historic Towns**
4.00 **Weird or What? With William Shatner** Double bill of editions.
6.00 **History's Greatest Mysteries**
7.00 **Combat Ships** An examination of objects found on the *Mary Rose*, and a look at the battle-winning tactics of Admiral Nelson on HMS *Victory*. **8.00** Tactics used to pass strategically important ships under the nose of the enemy.
9.00 **Forbidden History** Focusing on atrocities carried out in the name of national security. **10.00** A look at the historical evidence of Jesus' crucifixion.
11.00 **Ancient Aliens** Double bill.
1.00 AM **UFOs Declassified**
2.00 **Britain's Most Historic Towns**
4.00 **History's Greatest Aircraft**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **A Perfect Scam**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Cops Gone Bad with Will Mellor** Adam Provan.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something** The disappearance of a high-school athlete.
9.00 **Court Cam** New editions
10.00 **Ozark Law**
11.00 **Cold Case UK**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Court Cam**
3.00 **A Perfect Scam**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Monster Fish**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Gorongosa: Paradise Reborn**
3.00 **Savage Kingdom: Uprising**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** Dr Priya gives Connie the elephant an eye exam.
8.00 **Killer Safari** Series finale How invisibility and stealth are a crocodile's secret weapons.
9.00 **Africa's Hidden Wonders** A look at the wildlife of Ethiopia's mountain regions.
10.00 **Lawless Island** Following Curly as he embarks on a bear hunt.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **America's National Parks**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **UFOs Over Phoenix**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** How Uranus and Neptune may have influenced life on Earth.
8.00 **UFOs Over Phoenix** The mysterious sighting of lights over Phoenix in 1997, for which officials have failed to come up with a reasonable explanation.
9.00 **Unexplained and Unexplored** Investigating an international conspiracy involving the highest levels of government.
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** Exploring a decrepit Liberian landmark with American origins, a desolate town in Belgium and a pioneering scientific structure in Cleveland. **8.00** Examining the Dew Drop Inn in New Orleans, a music mecca that dared to take on the authorities and paid the price, and Belgica Fort, built to defend an unlikely treasure. **9.00** Exploring traces of a mass deception hidden at Ponte Dirillo in Italy, as well as a once lavish theatre in Ohio and an ancient city with a poisonous secret. **10.00** A dense forest near the Czech capital of Prague that hides Houska Castle. **11.00** A mountainside refuge in Georgia that was revealed to the world by an act of God.
12.00 M'T **Abandoned Engineering**
4.35 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Web of Lies**
9.00 **American Detective with Lt Joe Kenda** Double bill.
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **People Magazine Investigates** Double bill.
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Married with Secrets**
7.00 **Deadline: Crime with Tamron Hall** A wave of late-night sexual assaults in Phoenix. **8.00** The case of Jamey Walker, who was kidnapped and murdered in the spring of 1981.
9.00 **On the Case with Paula Zahn** The story of a girl who discovered her mother's true identity after she was murdered.
10.00 **People Magazine Investigates** In 2003, a bank heist escalates into a robbery-homicide.
12.00 M'T **Murder Among Friends**
2.00 AM **Married with Secrets**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** A container ship blocks the Suez Canal.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Shorty's Dream Shop**
9.00 **Richard Hammond's Workshop** A 1947 Delahaye sports car.
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.15 AM **Into the Wonderwoods** Animation. (2024, U) ★★★
8.45 **The Lord of the Rings: The War of the Rohirrim** (2024)
11.00 **Amongst the Wolves** Thriller. (2024, 15, 102min) ★★★
12.45 PM PREMIERE **Wolf Man**
2.30 **One of Them Days** Comedy. (2025, 15, 97min) ★★★
4.10 **Nosferatu** Horror thriller. (2024, 15, 132min) ★★★★
6.25 **Die Alone** Apocalyptic drama. (2024, 15, 91min) ★★★★

8.00 Wolf Man

8.00 PREMIERE **Wolf Man** Werewolf horror starring Christopher Abbott and Matilda Firth. A father slowly transforms into something unrecognisable. (2024, 15, 103min) ★★★ *See review, page 24.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Spin the Bottle Horror starring Tanner Stine and Kaylee Kaneshiro. A group of friends unleash an evil spirit while playing a game of spin the bottle in a house marked by a massacre. (2024, 15, 119min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Die Alone** As 6.25pm.
1.35 AM **The Lord of the Rings: The War of the Rohirrim** Animated fantasy adventure. (2024, 12, 134min) ★★★★
3.55 **Night Call** French-Belgian crime thriller. Subtitled. (2024, 15, 97min) ★★★★
5.35 **to 7.15** AM **Restless** Thriller. (2024, 15, 89min) ★★

Sky Cinema Hits

303 303 403 503 517

6.15 AM **Split** (2016, 15) ★★★
8.15 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
9.55 **The Woman in Black: Angel of Death** (2014, 15) ★★★
11.35 **Saving Private Ryan** Director Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
2.25 PM **Schindler's List** Steven Spielberg's historical drama. (1993, 15, 195min) ★★★★★
5.40 **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★

2.25 Schindler's List

8.00 Wicked Part one of *The Wizard of Oz* prequel based on the hit stage musical, starring Cynthia Erivo and Ariana Grande. Misunderstood because of her green skin, a young woman named Elphaba forges an unlikely friendship with Glinda, a student with an unflinching desire for popularity. (2024, PG, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 28 Days Later... Horror thriller starring Cillian Murphy, Naomie Harris, Megan Burns and Christopher Eccleston. (2002, 18, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Baby Driver** Action thriler. (2017, 15, 113min) ★★★★
2.40 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
4.25 **to 6.05** AM **The Warriors** Thriller. (1979, 15, 94min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Exhibiting Forgiveness** Drama. (2024, 15, 117min) ★★★
8.10 **Meet Joe Black** Drama. (1998, 12, 181min) ★★★★
11.20 **The Holiday** Romantic comedy. (2006, 12, 135min) ★★★
1.50 PM **Chicago** Musical drama. (2002, 12, 112min) ★★★★
3.45 **Love Actually** Romantic comedy written and directed by Richard Curtis. (2003, 15, 135min) ★★★
6.00 **Bob Marley: One Love** Biopic drama starring Kingsley Ben-Adir. (2023, 12, 104min) ★★★
8.00 **Grease** Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a 1950s California high school falls in love with the tough-talking leader of the T-Birds gang. (1978, PG, 110min) ★★★★
10.00 **Fifty Shades of Grey** Erotic drama starring Jamie Dornan and Dakota Johnson. (2015, 18, 120min) ★★
12.10 AM **Fifty Shades Darker** Erotic drama sequel starring Dakota Johnson. (2017, 18, 118min) ★
2.10 **Fifty Shades Freed** Erotic drama sequel. (2018, 18, 105min) ★
4.00 **Chicago** As shown at 1.50pm.
5.55 **to 8.35** AM **There Will Be Blood** Epic drama. (2007, 15) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.10 AM **Escape from the 21st Century** As shown at 3.55am.
9.00 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
10.45 **Congo** Jungle adventure. (1995, 12, 108min) ★★★
12.45 PM **Blade Runner** Director Ridley Scott's futuristic thriller. (1982, 15, 130min) ★★★★★
2.55 **Johnny Mnemonic** Futuristic thriller. (1995, 15, 98min) ★★
4.35 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
6.25 **Cloverfield** Offbeat disaster movie with Lizzy Caplan and TJ Miller. (2007, 15, 81min) ★★★
8.00 **10 Cloverfield Lane** Thriller starring Mary Elizabeth Winstead and John Goodman. (2016, 12, 103min) ★★★★
9.45 **Event Horizon** Sci-fi horror thriller starring Laurence Fishburne and Sam Neill. (1997, 18, 96min) ★★★
11.30 **A.I. Artificial Intelligence** Sci-fi. (2001, 12, 145min) ★★★★
2.00 AM **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
3.55 **Escape from the 21st Century** Fantasy. (2024, 15, 94min) ★★★
5.45 **to 7.25** AM **The Damned** Horror. (2024, 15, 89min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.10 AM **Friend or Foe** Drama. (1981, U, 70min) ★★★
8.25 **Ride On** (2023, PG) ★★★
10.35 **Wonka** (2023, PG) ★★★★
12.35 PM **Peter Rabbit 2: The Runaway** (2021, U) ★★★
2.10 **Snow White and the Huntsman** (2012, 12) ★★★
4.20 **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
6.00 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★

9.45 Jack the Giant Slayer

8.00 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. A single mother-to-be searches for the perfect father for her child. With the voice of Bruce Willis. (1989, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Jack the Giant Slayer** Fantasy starring Nicholas Hoult. A plucky young farmboy scales a giant beanstalk to rescue a stranded princess. (2013, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Look Who's Talking Now** Comedy sequel starring John Travolta. (1993, 12, 95min) ★
1.25 AM **The Wiz** Motown musical updating of *The Wizard of Oz*. (1978, U, 133min) ★★
3.40 **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
5.30 **to 7.10** AM **My Penguin Friend** Family drama. (2024, PG, 98min) ★★★★

Sky Cinema DC

307 307 407 507 521

6.15 AM **Aquaman** As 4.45am.
8.40 **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
10.45 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
1.00 PM **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
3.25 **Man of Steel** Fantasy adventure starring Henry Cavill. (2013, 12, 143min) ★★★
5.50 **Superman** Fantasy adventure. (1978, PG, 143min) ★★★★

5.50 Superman

8.15 **Superman II** Fantasy adventure sequel starring Christopher Reeve and Gene Hackman. Superman faces his toughest ever challenge when three villains from the Planet Krypton escape to Earth armed with deadly Kryptonite. With Margot Kidder. (1980, PG, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Superman III** Fantasy adventure sequel starring Christopher Reeve and Richard Pryor. (1983, PG, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Superman IV: The Quest for Peace** Fantasy adventure sequel starring Christopher Reeve. (1987, PG, 90min) ★
2.10 **Superman Returns** Adventure starring Brandon Routh. (2006, 12, 154min) ★★★
4.45 **to 7.10** AM **Aquaman** Adventure with Jason Momoa. (2018, 12, 143min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.15 AM **Baywatch** (2017, 15) ★★
8.15 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★
10.05 **Mean Girls** Comedy remake. (2023, 12, 112min) ★★★
12.00 NOON **Miss Congeniality** Comedy. (2000, 12) ★★★★
1.55 PM **The Holdovers** Comedy drama. (2023, 15) ★★★★★
4.10 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
6.00 **Beverly Hills Cop** Comedy thriller. (1984, 15) ★★★★

6.00 Beverly Hills Cop

8.00 **Crazy Rich Asians** Romantic comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **HouseSitter** Romantic comedy starring Steve Martin and Goldie Hawn. (1992, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Fighting Temptations** Musical drama starring Cuba Gooding Jr. (2003, PG, 123min) ★★★
2.05 AM **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
3.45 **A Night at the Roxbury** Spin-off comedy from *Saturday Night Live*. (1998, 15, 82min) ★
5.10 **to 7.25** AM **Parenthood** Comedy drama about family life. (1989, 15, 124min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **He Went That Way** (2023)
7.50 **Kill** As shown at 4.05am.
9.35 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
11.55 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
2.05 PM **The Bikeriders** Drama. (2023, 15, 116min) ★★★★
4.05 **Escape from Alcatraz** Fact-based prison drama. (1979, 15, 112min) ★★★★
6.05 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★

8.00 The Da Vinci Code

8.00 **The Da Vinci Code** Conspiracy thriller based on Dan Brown's novel, starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Patriot Games** Action thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man. (1992, 15, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **He Went That Way** Crime drama. (2023, 15, 96min) ★★★
2.10 **Machete** Action thriller. (2010, 18, 104min) ★★★
4.05 **Kill** Suspense thriller. (2023, 15, 94min) ★★★
5.45 **to 7.20** AM **Jericho Ridge** Thriller. (2023, 15, 87min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Mandy** Ealing drama. (1952, b/w, U, 93min) ★★★
12.55 PM **Arizona Raiders** Western. (1965, PG, 88min) ★★
2.45 **All the King's Men** Oscar-winning drama. (1949, b/w, PG, 109min) ★★★★★
5.00 **The Black Swan** Swashbuckling adventure. (1942, PG, 85min) ★★★
6.45 **The Eagle** Action adventure. (2011, 12, 113min) ★★★

6.45 The Eagle

The Eagle (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Legion** Thriller starring Paul Bettany and Lucas Black. A rogue angel comes down to Earth to save a pregnant waitress when God launches an apocalyptic campaign against humankind. (2010, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.55 **Morbius** Comic-book fantasy with Jared Leto. A biochemist inadvertently infects himself with a form of vampirism. (2022, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

1.00 **to 3.45** AM **The Hate U Give** Drama starring Amandla Stenberg and Regina Hall. (2018, 12, 133min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema 10s

302 302 402 502 516

6.00 AM **Now You See Me** Heist thriller. (2013, 12, 115min) ★★★
8.00 **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
10.00 **Godzilla** As shown at 2.00am.
12.05 PM **Kong: Skull Island** (2017)
2.05 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
3.45 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★

5.45 **Sherlock Holmes: A Game of Shadows** Action adventure sequel. (2011, 12, 128min) ★★★
8.00 **Mad Max: Fury Road** Sci-fi action thriller starring Tom Hardy and Charlize Theron. (2015, 15, 120min) ★★★★★
10.00 **Total Recall** Sci-fi thriller remake starring Colin Farrell, Kate Beckinsale and Jessica Biel. (2012, 12, 113min) ★★★
12.00 M'T **Kong: Skull Island** Action adventure with Tom Hiddleston. (2017, 12, 118min) ★★★★

2.00 AM **Godzilla** Thriller remake starring Aaron Taylor-Johnson. (2014, 12, 118min) ★★★
4.05 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
5.50 **to 7.40** AM **Insidious: Chapter 2** Supernatural thriller sequel. (2013, 15, 103min) ★★★

Sky Cinema Feel Good

304 304 404 504 518

6.00 AM **The Portable Door** (2023)
8.00 **The Secret Garden** Drama. (2020, PG, 99min) ★★★★
9.55 **The NeverEnding Story** (1984)
11.45 **Peter Pan** As shown at 1.40am.
1.45 PM **The Portable Door** Fantasy adventure starring Christoph Waltz. (2023, PG, 130min) ★★★
3.45 **Hook** Steven Spielberg's fantasy adventure starring Robin Williams. (1991, U, 140min) ★★★

6.10 **Journey to the Center of the Earth** Adventure with Brendan Fraser. (2008, PG, 92min) ★★
8.00 **Jumanji** Fantasy adventure starring Robin Williams and Bonnie Hunt. A mysterious board game unleashes a series of wild creatures upon a small US town. With Kirsten Dunst. (1995, PG, 104min) ★★★★
10.00 **Zathura: A Space Adventure** Sci-fi fantasy adventure with Josh Hutcherson and Jonah Bobo. (2005, PG, 113min) ★★★★

11.55 **The NeverEnding Story** Fantasy. (1984, U, 94min) ★★★
1.40 AM **Peter Pan** Adventure. (2003, PG, 113min) ★★★★
3.45 **Cinema List: Family Favourites**
4.05 **to 6.00** AM **Small Soldiers** Fantasy starring Kirsten Dunst. (1998, PG, 99min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.40 AM **The Wild Thornberrys...**
8.10 **Extinct** Animated adventure. (2021, U, 84min) ★★★
9.40 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
11.15 **Riverdance: The Animated Adventure** (2021, U) ★★★
12.50 PM **Migration** Animated comedy. (2023, U, 83min) ★★★
2.20 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★

4.00 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
5.50 **Antz** Animated family comedy. (1998, PG, 83min) ★★★
7.30 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
9.00 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
10.30 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
11.55 **Little Vampire** (2020, PG) ★★★

1.20 AM **Batman: Return of the Caped Crusaders** Animation. (2016, PG, 78min) ★★★★
2.55 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
4.40 **to 6.15** AM **Rugrats in Paris** Animated family adventure. (2000, U, 79min) ★★★

Movies 24

312 313 419

7.00 AM **The Blessing Bracelet** Drama. (2023, PG, 90min) ★★
9.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
11.00 **Journey to You** Romantic drama. (2025, PG, 84min) ★★
1.00 PM **Betty's Bad Luck In Love** Romantic comedy drama. (2024, PG, 84min) ★★
3.00 **A Priceless Love** Romantic drama. (2022, PG, 85min) ★★

5.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
7.00 **An Easter Bloom** Drama starring Aimee Teegarden and Benjamin Hollingsworth. (2024, PG, 84min) ★★
9.00 **Love Is A Dog's Best Friend** Romantic comedy starring Arielle Kebbel and Benjamin Hollingsworth. An event planner finds new friendships, love, and self-discovery thanks to her mischievous dog. With David Pinard. (2025, PG, 90min) ★★

11.00 **Eat, Love, London** Romantic drama. (2024, PG, 90min) ★★
1.00 AM **Wedding of a Lifetime** Comedy. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **A Nashville Legacy** Comedy. (2023, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **They Fought the Few**
6.35 **What's On TPTV with Noel**
6.45 **No Fire in Bedroom**
6.50 **Shipmates O'Mine** Musical. (1936, b/w, U, 87min) ★★★
8.30 **Out of Town**
9.00 **Beyond the Curtain** Thriller. (1960, b/w, U, 88min) ★★
10.45 **What the Butler Saw** Comedy. (1950, b/w, PG, 63min) ★★★
12.00 NOON **Dixon of Dock Green**

1.00 PM **Autobiography of a Princess** Drama. (1975, PG) ★★★★
2.15 **A Good Read: Sherlock Holmes**
3.05 **Adam Had Four Sons** Drama. (1941, b/w, U, 81min) ★★
4.45 **The Lamp in Assassin Mews** Comedy. (1962, b/w, U) ★★★
6.05 **Biscuit Time**
6.20 **The Day Will Dawn** Spy thriller. (1942, b/w, U, 98min) ★★★
8.20 **Cinebox Memories**
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 5/13. (S2)

10.05 **Cellar Club with Caroline Munro**
10.10 **The Alpha Incident** (1978) ★★★
12.00 M'T **Cellar Club with Caroline...**
12.05 AM **Lifepod** (1980, 12) ★★
1.50 **The Party's Over** (1965) ★★★
3.40 **Sandokan: Pirate of Malaysia** Adventure. (1964, PG) ★★★
5.50 **to 6.00** AM **Look at Life**

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **LIVE Formula 1** The Azerbaijan Grand Prix first practice session from the Baku City Circuit.
10.55 **F1 Explained: The Undercut**
11.00 **Sky Sports FC**
12.00 NOON **Total Football**
1.00 PM **LIVE Formula 1** Coverage of the Azerbaijan Grand Prix second practice session staged at the Baku City Circuit.
2.15 **The F1 Show** Race preview.
3.15 **LIVE DP World Tour Golf** Coverage of day two of the Fedex Open de France from Golf de Saint-Nom-La-Bretèche in Paris.
5.30 **Premier League Friday**
7.00 **Sports Centre**
7.30 **LIVE EFL Middlesbrough v West Bromwich Albion.** Coverage of the Championship match staged at the Riverside Stadium. Kick-off is at **8.00pm**.
10.30 **LIVE LPGA Tour Golf** Coverage of the opening day of the Walmart NW Arkansas Championship from Pinnacle Country Club in Rogers, Arkansas.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Icons** A profile of Gareth Bale. **9.30** A profile of Luis Suarez.
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
5.00 PM **Premier League Friday** Roman Kemp presents a guide to the English top-flight.
7.00 **LIVE WSL Tottenham Hotspur v Manchester City.** Coverage of the top-flight match at BetWright Stadium. Kick-off is at **7.30pm**.
10.00 **Premier League Preview** A look ahead to the weekend's matches.
10.30 **Fantasy Show** Experts join Kelly Somers in the studio to offer Fantasy Premier League advice.
11.00 **Premier League Stories** A profile of former Chelsea and Arsenal defender David Luiz.
11.30 **The Big Interview**
12.00 M'T **Premier League Preview**
12.30 AM **Fantasy Show**
1.00 **Premier League Years** A look back at the 2011/12 season.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2015/16 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2020 final.
12.00 NOON **EFL Highlights**
1.00 PM **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **SPFL Round-Up**
2.15 **SPFL Highlights**
2.30 **EFL Highlights**
3.00 **EFL Cup Highlights**
4.00 **EFL Highlights**
4.30 **WSL** Action from London City Lionesses v Manchester United.
5.00 **EFL Greatest Games**
6.00 **SPFL Round-Up**
6.15 **SPFL Highlights**
6.30 **EFL Highlights** Championship.
7.30 **LIVE EFL Middlesbrough v West Bromwich Albion.** The Championship match at the Riverside Stadium. Boro won both of the meetings last season against the Baggies, including a 2-0 win here in January. Kick-off **8.00pm**.
10.30 **EFL Cup Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Highlights**
1.00 AM **EFL** League One play-off final.
2.00 **EFL Highlights**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **One-Day International Cricket** England v South Africa. **9.00** England v West Indies.
12.00 NOON **International T20 Cricket** England v South Africa.
4.30 PM **Best of England v South Africa** The 2011 ICC World Cup. **4.45** A Test match from 2012.
5.00 **One-Day International Cricket** The third ODI in the three-match series between England and South Africa at Utilita Bowl in Hampshire. **6.00** The first ODI in the three-match series between England and West Indies from Edgbaston. **7.00** The second ODI between England and West Indies from Sophia Gardens in Cardiff. **8.00** The final ODI in the series between England and West Indies from The Kia Oval, Kennington.
9.00 **Vitality T20 Blast Cricket** A chance to see the final at Edgbaston in Birmingham.
12.45 AM **Best of England v South Africa** A 2011 World Cup game.
1.00 **One-Day International Cricket**
2.00 **The Hundred** Another chance to see the men's final at Lord's.
5.30 **to 6.00** AM **The Hundred Bitesize**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **DP World Tour Golf**
11.00 **PGA Tour Champions**
12.00 NOON **Countdown to the Ryder Cup** A player breakdown.
12.30 PM **LIVE DP World Tour Golf** Coverage of the second day of the Fedex Open de France in Paris.
5.30 **HotelPlanner Tour Golf**
6.00 **Justin Rose and the Ryder Cup**
6.30 **Countdown to the Ryder Cup**
7.00 **Golf** British Par 3 Championship.
9.00 **LIVE LPGA Tour Golf** The first day of the Walmart NW Arkansas Championship from Rogers.
12.00 M'T **DP World Tour Golf**
2.00 AM **Golf Academy**
2.30 **Playing Lessons** Expert tips.
3.00 **Countdown to the Ryder Cup**
3.30 **Ryder Cup Memories**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Tee Time Tips**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage of the Tours, including the WTA Korea Open, ATP Chengdu Open and ATP Hangzhou Open.
2.30 PM **WTA Tennis** Cincinnati Open.
3.00 **WTA Tennis** Recent finals.
5.00 **WTA & ATP Tennis**
1.00 AM **Bitesize Tennis** Highlights.
2.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Women's State of Origin**
8.00 **LIVE NPC Rugby Taranaki v Hawke's Bay.** Kick-off **8.05am**.
9.55 **Rugby Greatest Games**
10.00 **Women's State of Origin**
12.00 NOON **PGA Tour Golf**
1.00 PM **DP World Tour Golf**
1.30 **HotelPlanner Tour Golf**
2.00 **LIVE Ladies European Tour Golf** Coverage of day two of the La Sella Open in Alicante, Spain.
5.00 **DP World Tour Golf**
5.30 **HotelPlanner Tour Golf**
6.00 **Formula 1** The Italian Grand Prix.
7.00 **LIVE WSL Tottenham Hotspur v Manchester City.** The top-flight match at BetWright Stadium. Kick-off is at **7.30pm**.
10.00 **NRL** The 2024 Grand Final.
11.00 **NRLW** The 2024 Grand Final.
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **DP World Tour Golf**
5.00 **to 7.00** AM **LIVE NRLW** A match from the Women's NRL.

TNT Sports 1

410 413 521 408 430

6.00 AM **Snooker Home Nations Series English Open**
8.00 **Premier League Reload**
8.15 **TNT Sports Reload**
8.30 **Women's CPL Highlights**
9.00 **International T20 Cricket**
10.00 **LIVE AFL** First preliminary final.
1.00 PM **LIVE International T20 Cricket Ireland v England.** The second T20 at The Village, Dublin.
5.15 **LIVE UCI Mountain Bike World Series** The men's XCC Elite in Lenzerheide, Switzerland.
6.00 **TNT Sports Reload**
6.15 **CPL Highlights**
6.45 **LIVE Snooker Home Nations Series English Open** The second session in the quarter-finals at the Brentwood Centre.
10.00 **UEFA Champions League**
10.30 **MLB Highlights**
11.30 **LIVE MLB Detroit Tigers v Atlanta Braves.** The inter-league match. Start-time is at **11.40pm**.
2.45 AM **MLB Classic**
3.00 **Formula E Unplugged**
3.30 **LIVE AFLW Collingwood v Hawthorn.** From Victoria Park in Melbourne. Bounce-up **3.35am**.
5.30 **to 6.00** AM **Formula E**

TNT Sports 2

411 414 522 409 431

6.15 AM **Cliff Diving World Series**
7.15 **Cycling: La Vuelta Men**
8.15 **FIM Speedway Grand Prix**
9.15 **eSports Show** The latest news.
9.45 **Snooker Home Nations Series English Open** The fourth day.
11.45 **LIVE Snooker Home Nations Series English Open** Coverage of the first session in the quarter-finals of the tournament at the Brentwood Centre in Essex.
6.00 PM **Premier League Stories**
6.30 **Premier League Preview**
7.00 **Premier League: Big Interview**
7.30 **AFL** The first preliminary final.
9.00 **International T20 Cricket** Action from Ireland v England.
10.00 **The Fantasy Show**
10.30 **Premier League Preview**
11.00 **Men's Cycling Pro Series**
1.00 AM **LIVE NWSL Orlando Pride v North Carolina Courage.** Coverage of the game at Inter&Co Stadium. Kick-off is at **1.00am**.
3.15 **Inside Serie A**
3.45 **TNT Sports Cricket Reload**
4.00 **to 6.00** AM **LIVE AFLW Port Adelaide v Geelong Cats.** The match from the fifth round of the season staged at Alberton Oval. Bounce-up is at **4.05am**.

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
10.45 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Action from Green Bay Packers v Washington Commanders.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football** The latest NFL news and talking points.
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **49 Hours** The 49 hours before the 49ers take to the field.
8.15 **NFL Bitesize Highlights**
8.30 **NFL Gameday** The latest news.
9.00 **NFL Highlights** Action from Green Bay Packers v Washington Commanders. **10.00** Highlights of Las Vegas Raiders v Los Angeles Chargers.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **NFL Highlights** Las Vegas Raiders v Los Angeles Chargers. **2.00** Action from Houston Texans v Tampa Bay Buccaneers.
3.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including day five of the WTA Korea Open, with the quarter-finals expected to take centre stage, and day three of both the ATP Chengdu Open and ATP Hangzhou Open, where the second round of each tournament is due to get under way.
10.50 **LIVE NRL** Coverage of the opening semi-final.
12.50 PM **Rugby Greatest Games**
1.00 **Total Football**
2.00 **LIVE Ladies European Tour Golf** Coverage of day two of the La Sella Open staged at La Sella Golf Resort near Alicante in Spain.
5.00 **Premier League Friday** A guide to the English top-flight.
7.00 **Sports Centre**
7.30 **LIVE Super League Wigan Warriors v Leeds Rhinos.** The match in the 27th round of fixtures at the Brick Community Stadium. Kick-off is at **8.00pm**.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
1.00 AM **SPFL** Helicopter Sunday.
2.00 **Championship Retro**
4.00 **to 6.00** AM **EFL**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
9.00 **Serie A – Full Impact**
9.30 **LIVE Athletics World Championship** Day seven from Japan National Stadium in Tokyo.
2.30 PM **UEFA Champions League**
3.30 **Inside Serie A** The latest news.
4.00 **LIVE UCI Mountain Bike World Series** The women's XCC Elite in Lenzerheide, Switzerland.
5.00 **LIVE UCI Mountain Bike World Series** The men's XCC Elite in Lenzerheide, Switzerland.
6.00 **British Speedway**
7.00 **V8 Supercars Highlights**
9.00 **Premier League: Big Interview**
9.30 **The Club That George Built**
11.00 **CPL Highlights**
11.30 **LIVE Athletics World Championship** The opening session on day eight in Tokyo.
4.30 AM **International T20 Cricket**
5.30 **to 7.30** AM **LIVE AFLW North Melbourne Tasmanian Kangaroos v Carlton.**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM**
10.00 **Men's Cycling Pro Series**
12.00 NOON **LIVE Men's Cycling Pro Series** Stage three of the Tour of Slovakia, a route from Piestany to Dubnica nad Vahom.
2.00 PM **LIVE Men's Cycling Pro Series** Coverage of stage three of the Tour of Luxembourg.
4.30 **Premier League Netbusters**
5.00 **The Fantasy Show**
5.30 **UEFA Champions League**
8.30 **Inside Serie A** The latest news.
9.00 **LIVE Laver Cup** The international indoor hard-court men's team tennis tournament between Team Europe and Team World.
1.00 AM **UCI Mountain Bike World Series** Action from the XCC Elite.
2.00 **The Fantasy Show**
2.30 **Premier League Preview**
3.00 **to 7.00** AM **LIVE Laver Cup** Further coverage of the men's hard-court tournament between Team Europe and Team World.

Premier Sports 1

419 551

6.00 AM **LaLiga Specials**
7.00 **Mass Participation World**
8.00 **FIM Sidecarcross**
9.00 **Scottish Football Social Club**
10.00 **Eredivisie Highlights**
11.00 **LaLiga Match Highlights**
12.00 NOON **NASCAR Highlights**
1.00 PM **DTM Highlights**
2.00 **Top 14 Rugby Union Highlights**
2.30 **Transworld Sport** Magazine.
3.30 **World Surf League**
4.30 **Sporting Greats**
5.00 **Scottish Football Social Club**
6.00 **Eredivisie Highlights**
6.55 **LaLiga Match Highlights**
7.55 **LIVE LaLiga Real Betis v Real Sociedad.** Kick-off is at **8.00pm**.
10.00 **LaLiga Specials**
10.30 **Sporting Greats**
11.00 **Mass Participation World**
12.00 **Scottish Football Social Club**
1.00 AM **DTM Highlights**
2.00 **Eredivisie Highlights**
3.00 **FIM Sidecarcross**
4.00 **to 6.00** AM **NASCAR**

Premier Sports 2

420 552

6.00 AM **LaLiga** Celta Vigo v Girona.
8.00 **Top 14 Rugby Union** Another chance to see Toulon v Castres.
10.00 **NASCAR Xfinity Series** Action from Bristol Speedway.
1.00 PM **FastZone** Weekly Motorsports highlights show.
1.30 **GP Confidential**
2.00 **United Rugby Championship** Leinster v Bulls in the Grand Final.
4.00 **Football's Greatest** The finest players discuss their careers.
5.00 **LaLiga** Espanyol v Mallorca.
7.00 **Bike World** Magazine.
7.30 **GP Confidential** All the latest Formula One news.
8.00 **Top 14 Rugby Union** Another chance to see Montauban v Lyon.
10.00 **Temples of Sport** Iconic sporting venues from around the globe.
11.00 **United Rugby Championship** Another chance to see Leinster v Bulls in the Grand Final.
1.00 AM **Coppa Italia** AC Milan v Bari.
3.00 **to 6.00** AM **Coppa Italia**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Drivers Press Conference**
6.40 **F1 Features**
6.55 **LIVE Formula 2** The Azerbaijan Grand Prix practice session.
7.55 **F1 Explained**
8.00 **F1 Drivers Press Conference**
8.40 **Bearman & Brundle**
9.00 **LIVE Formula 1** The Azerbaijan Grand Prix first practice session.
10.55 **LIVE Formula 2** The Azerbaijan Grand Prix qualifying session.
11.40 **F1 Team Principal Press Conference** From Azerbaijan.
12.10 PM **F1 Features**
12.45 **LIVE Formula 1** The Azerbaijan Grand Prix second practice session.
2.15 **The F1 Show** Race preview.
3.15 **Formula 1** The Italian Grand Prix.
4.15 **The F1 Show**
5.15 **Formula 1** Azerbaijan Grand Prix.
7.45 **The F1 Show** Race preview.
8.45 **Formula 1** From Azerbaijan.
11.15 **The F1 Show** A look ahead.
12.15 AM **F1 Features**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

NEW

Disney+ Electric Bloom

Available from Wednesday, Disney+

Teen comedy plus music - it's a proven winning formula at Disney. This show follows a famous pop group called Electric Bloom, who are made up of keyboard player Jade, lead singer and guitarist Posey and DJ Tulip. As part of an 'Ask Us Anything' webstream for their fans, the three reflect back on their time in ninth grade, when they were thrown together for a Battle of the Bands - and Electric Bloom was born!

Trivia titbit: some of the show's songs were penned by award-winning writer Diane Warren.

NEW

BBC iPLAYER Puffin Rock

Weekdays, 5.35pm, CBeebies & BBC iPlayer

Following the arrival of new characters to the island in *Puffin Rock and the New Friends* (Saturday, 9.20am, CBeebies), Oona and new best friend Isabelle, together with Baba and Lala (the littlest and cutest puffling of all!), have a whole new season of adventures ahead of them, as the award-winning series for preschoolers returns. Narrator Chris O'Dowd is back to guide the friends through the wild landscape, which starts with Baba taking new hatchling Lala under his little wing.

More great shows to watch this week...

LEGO Star Wars: Rebuild the Galaxy - Pieces of the Past

NEW

From Friday, Disney+

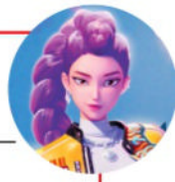
Sig and his friends face the threat of Solitus, who is set on dismantling the LEGO Star Wars galaxy forever.

Activate with Joe Wicks

Weekdays, 8.30am, CBeebies, BBC iPlayer & YouTube

Are you warmed up? Body Coach Joe Wicks guides us through some fun fitness workouts to start our day.

K-Pop Demon Hunters

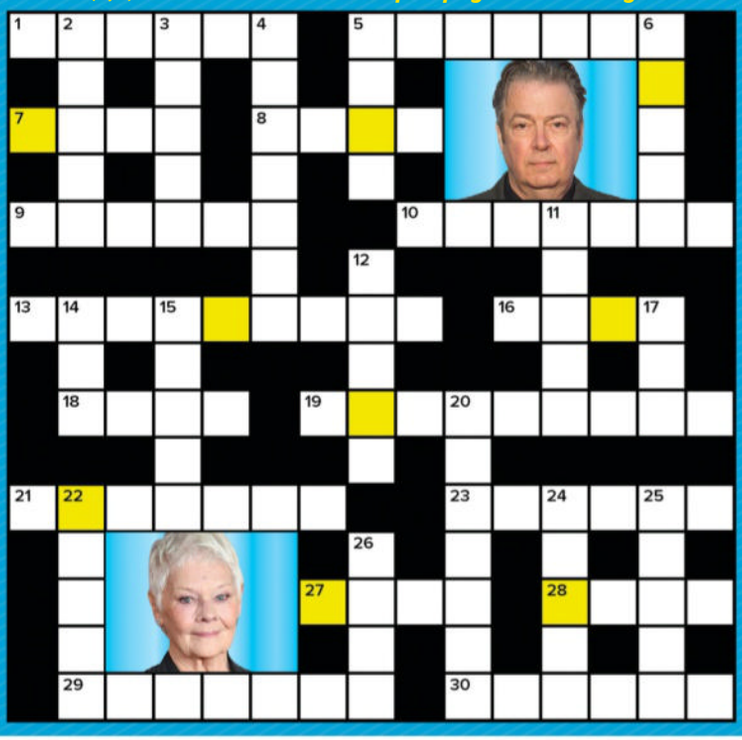


Available now, Netflix

The musical adventure has been one of the most-streamed Netflix movies since its release in June. A must-watch!

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of a Hollywood actor (3,6). Answers at the bottom of the page – no cheating!



ACROSS

1 Old American sitcom set in a Boston bar (6)
5 British action-movie star, Jason ------- (7)
7 See picture clue: *Iris* star, Dame ---- Dench (4)
8 ---- Ephron, late American filmmaker who directed *Sleepless in Seattle* (4)
9 *EastEnders*' Linda Carter, Kellie ------ (6)
10 *Good Morning Britain* co-host, ------- Reid (7)
13 James Bond film starring Roger Moore (9)
16 *Strictly* ---- *Dancing*, long-running BBC series (4)
18 George Takei's *Star Trek* role, ---- (4)
19 Comic whose real name is Jim Moir (3,6)
21 *EastEnders*' Sonia Fowler, actor Natalie ------- (7)
23 The ------, band fronted by Danny O'Donoghue (6)
27 'Smarter than the average' cartoon bear (4)
28 Iconic Lord Andrew Lloyd Webber musical (4)
29 Model and TV presenter, ------- Messenger (7)
30 *The Simpsons* voice artist, Hank ------ (6)

DOWN

2 *Blade Runner*, *Hobo with a Shotgun* and *The Hitcher* star, Rutger ----- (5)
3 Family name in *Dallas* (5)
4 Actor who has starred in *No Angels* and *Casualty*, ------- Sarker (7)
5 BBC Radio 2 and TV presenter, ---- Cox (4)
6 ----- Mullally, actor known for starring in hit American sitcom *Will & Grace* (5)
11 2009-2012 Lynda La Plante TV series starring Ciarán Hinds and Kelly Reilly, ----- *Suspicion* (5)
12 Early hit by Blondie (5)
14 Docuseries, *Special* ---: *Crime Squad UK* (3)
15 Brother of psychiatrist Frasier Crane in sitcom *Frasier* (5)
17 Jodie Comer and Sandra Oh series, *Killing* --- (3)
20 *Parks and Recreation* star, ------- Jones (7)
22 See picture clue: Fred Thursday in *Endeavour*, Roger ----- (5)
24 ----- Moorjani, Kamala in *Never Have I Ever* (5)
25 American Broadway star, ----- LuPone (5)
26 *Star Wars* Jedi (4)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, DISNEY+, BBC, NETFLIX.

Recycle
We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards.

CROSSWORD SOLUTION

ANSWER: Jim Carrey **ACROSS:** 1 Cheers 5 Statham 7 Judi 8 Nora 9 Bright 10 Susanna 13 Moonraker 16 Come 18 Sulu 19 Vic Reeves 21 Cassidy 23 Script 27 Yogi 28 Cats 29 Melinda 30 Azaria **DOWN:** 2 Hauer 3 Ewing 4 Suneta 5 Sara 6 Megan 11 Above 12 Denis 14 Ops 15 Niles 17 Eve 20 Rashida 22 Allam 24 Richa 25 Patti 26 Yoda

Coming soon

Bill Nighy and Sam Claflin as Jonathan and Joel

Lazarus

Bill Nighy and Sam Claflin star in a dark psychological thriller

FIRST LOOK

Here's an early peek at Prime Video's upcoming drama *Lazarus*, co-created by best-selling author Harlan Coben.

The six-part thriller, streaming from 22 October and penned by Coben and Danny Brocklehurst, will see Sam Claflin play forensic psychologist Joel Lazarus, who is deeply troubled by his past.

And when Joel comes home following the suicide of his father Dr Jonathan Lazarus (Bill Nighy), a well-loved fellow psychologist, it's not long before he is haunted by inexplicable events. But as he finds himself looking into a series of cold-case murders, can he get to the bottom of what lay behind his sister's demise 25 years before, as well as Jonathan's tragic death?

MYSTERIES

Alexandra Roach co-stars as Joel's surviving sister Jenna, who is involved in the spiritual world and is battling with secrets, while David Fynn, Karla Crome and Kate Ashfield also appear.

'Do I have to say more than the names Sam Claflin, Bill Nighy, and Alexandra Roach to express my excitement about this series?' says Coben. '*Lazarus* is a story of loss, redemption and the eternal bond between a parent and a child, even after death.'

'*Lazarus* is a psychological thriller with an emotional spine,' adds Brocklehurst. 'It's about fathers and sons, love and loss. We have attempted to bring our trademark wit and warmth as well as twists galore.'

WHAT'S NEXT FOR...

Sue Johnston

In 5's drama **Big Winners**, part of the channel's revival of the *Play for Today* anthology, the actor will portray Edith, who shocks her husband (played by Paul Copley) when she wants a divorce after they win the lottery.

Reverend Richard Coles

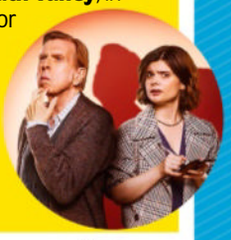
More4's four-part series **Sailing the Shipping Forecast** will see the presenter travel around the British Isles to explore the maritime communities in the Faeroes, Lundy, Thames and Wight shipping areas.

Julia Roberts

The Hollywood star will narrate BBC2 and BBC1 Northern Ireland's comedy drama **Leonard and Hungry Paul**, which follows two board-game fans (Alex Lawther and Laurie Kynaston) as their lives change.

Coming Back

Filming is underway on a second series of BBC1's Welsh-set comic crime drama **Death Valley**, in which retired actor John (Timothy Spall) teams up again with cop Janie (Gwyneth Keyworth) to solve more baffling crimes.



TV&Satellite week

121-141 Westbourne Terrace, London W2 6JR
Email tv&satweek@futurenet.com
For subscriptions inquiries, call 0330 333 1113
email help@magazinesdirect.com

Printed by Walstead UK Ltd

International Licensing and Syndication
TV&Satellite Week is available for licensing and syndication. Contact us at **licensing@futurenet.com** or view our available content at **futurecontenthub.com**

Head of Print Licensing
Rachel Shaw **licensing@futurenet.com**

FUTURE
Connectors. Creators. Experience Makers.

Future plc is a public company quoted on the London Stock Exchange (symbol: FUTR)
www.futureplc.com

Chief Executive Officer **Kevin Li Ying**
Non-Executive Chairman **Richard Huntingford**
Chief Financial Officer **Sharjeel Suleman**

Tel +44 (0)1225 442 244

Standard Subscription rates (1 year): UK $174.99, Europe 539 Euros, USA $610, Rest of World £469. For inquiries, contact TV&Satellite Week Subscriptions, Freepost Future Plc, or email help@magazinesdirect.com. If you require any other issues of Future Plc magazines, these are available online at magazinesdirect.com.

Next week On sale Tuesday 16 September

Slow Horses

In the fifth run of Apple TV+'s spy drama, the team investigate strange events across London.

House of Guinness

Netflix's period drama follows the brewing family's fortunes after the death of their patriarch.

Strictly Come Dancing

Claudia Winkleman and Tess Daly host once more on BBC1.

Brassic

Sky Max's comedy sees Vinnie (Joe Gilgun) and the gang face one last escapade.

WORDS: CAREN CLARK. PHOTOS: APPLE TV+, BBC, GETTY, NETFLIX, PRIME VIDEO, SHUTTERSTOCK, SKY

ipso. Regulated

Editorial Complaints *TV&Satellite Week* is a member of IPSO (Independent Press Standards Organisation), which regulates the UK print and digital news industry. We abide by the Editors' Code of Practice and are committed to upholding the highest standards of journalism. If you think that we have not met those standards and want to make a complaint, please email us at tv&satweek@futurenet.com or write to The Editor, *TV&Satellite Week*, 121-141 Westbourne Terrace, London W2 6JR. If we are unable to resolve your complaint, or if you would like more information about IPSO or the Editors' Code, contact IPSO on 0300 123 2220 or visit ipso.co.uk

GPSR EU RP (for authorities only)
eucomply OÜ Pärnu mnt 139b-14 11317, Tallinn, Estonia
hello@eucompliancepartner.com +3375690241

General Product Safety 2023/988: The use of our product under normal or reasonably foreseeable conditions of use, including the actual duration of use, does not present any risk or only the minimum risks compatible with the product's use, which are considered acceptable and consistent with a high level of protection of the health and safety of consumers.

SAVE 50% TODAY!

Subscribe to the voice of modern rugby with this incredible offer

CHOOSE YOUR PACKAGE

PRINT & DIGITAL

- 6 months for **JUST £16.50***
- **FREE DELIVERY** straight to your door
- **NEW** Full digital access to 120 + back issues when you subscribe to print!**

DIGITAL MAGAZINE ONLY

- 6 months for **JUST £13.20***
- **SAVE** money on the shop price
- **PLUS** instant access anytime, anywhere

Subscribe today

www.magazinesdirect.com/yrw/DH44G or call **0330 333 1113** and quote **DH44G**

(Lines are open Monday-Friday 8:30am-7pm, Saturday 10am-3pm UK Time)

Offer closes 1st November 2025. Price is guaranteed for the first 6 months, please allow up to 6 weeks for the delivery of your first subscription issue (up to 8 weeks overseas) the subscription rate includes postage and packaging.*Savings are based on the cover price. Payment is non-refundable after the 14-day cancellation period. **Access to the digital library will end with your subscription. For full terms and conditions, visit www.magazinesdirect.com/terms. For enquiries and overseas rates please call: +44 (0) 330 333 1113. Lines are open Monday-Friday 8:30am-7pm, Saturday 10am-3pm UK Time (excluding Bank Holidays) or email: help@magazinesdirect.com. Calls to 0330 numbers will be charged at no more than a national landline call, and may be included in your phone provider's call bundle.

"BRILLIANT & HEARTFELT... A GREAT SEND OFF"
NICKY MORRIS, HELLO!
IT'S ALMOST TIME TO BID FAREWELL
DOWNTON ABBEY
THE GRAND FINALE
IN CINEMAS SEPTEMBER 12
CARNIVAL
FOCUS FEATURES
BOOK TICKETS NOW
© 2025 UNIVERSAL PICTURES
UNIVERSAL

9001

9000